

SUN	MON	TUE	WED	THUR	FRI	SAT
						10:30 AM Water Babies Classes (WS) 2:00 PM Musical Entertainment (LV) 7:00 PM Woodside Movie Night (WS) 1
11:00 AM Sunday Brunch (WS) 2:00 PM Communion Service (LV) 2	8:00 AM Stitch Witchery Quilters (WS) 9:00 AM Strength and Stretch (WS) 9:30 AM A Matter of Balance (WS) 3 10:00 AM Latin Dance Moves for Beginners (WS) 10:00 AM Cozy Caps Knitters (WS) 10:00 AM Bingo (TH) 1:00 PM Aqua Strength (WS) 1:00 PM Playreaders Group (WS) 2:00 PM Musical Entertainment - Bob Rutherford (WS) 4:00 PM Gentle Yoga With Gayle (WS)	9:00 AM Shopping Bus to Belknap Mall 4 10:00 AM Aqua Strength (WS) 10:00 AM Resident Coffee Hour (WS) 10:30 AM Worship Service (LV) 11:00 AM 30 Minute Balance (WS) 1:00 PM Non-Fasting Blood Draw (WS) 2:00 PM Golf Conditioning Program (WS) 2:00 PM Adult Art & Coloring Group (TH)	6:30 AM Fasting Blood Draw (WS) 7:45 AM Men's Breakfast (WS) 5 9:00 AM Strength & Stretch (WS) 10:00 AM Chair Yoga (WS) 10:00 AM Belknap Mill Quilters Guild (WS) 10:00 AM Cribbage Games (WS) 10:30 AM Book Discussion w/Lorraine (WS) 12:30 PM Shopping Bus - Tilton 1:00 PM Aqua Strength (WS) 2:00 PM Advance Care Directives Lecture (WS) 4:00 PM Gentle Yoga With Gayle (WS) 6:00 PM Advance Care Directives (WS)	9:00 AM Strength & Balance (WS) 9:00 AM Woodcarvers (WS) 6 9:00 AM Shopping Bus: Hannaford's/Walmart 10:00 AM Aqua Strength (WS) 10:00 AM Gentle Yoga With Gayle (WS) 11:00 AM 30 Minute Balance (WS) 1:15 PM Veteran H2O Fitness (WS) 1:30 PM Campus BINGO (WS) 2:00 PM Taylor Community Chorus Rehearsal (WS) 2:00 PM Needle Arts (TH) 2:00 PM Powerful Tools for Caregivers (WS)	9:30 AM RESIDENT TRIP - Belknap Mill 7 10:00 AM Bingo (TH) 10:00 AM Belknap Mill Quilters Guild (WS) 1:00 PM Aquacize (WS) 4:30 PM PUB NIGHT (WS)	10:30 AM Water Babies Classes (WS) 2:00 PM Musical Entertainment (LV) 7:00 PM Woodside Movie Night (WS) 8
11:00 AM Sunday Brunch (WS) 2:00 PM Worship Service (LV) 3:00 PM 2017 Music Series Performance - Camerata NE (WS) 9	8:00 AM Stitch Witchery Quilters (WS) 10 9:30 AM A Matter of Balance (WS) 10:00 AM J.U.L.I.E.T.'s (WS) 10:00 AM Cozy Caps Knitters (WS) 10:00 AM Bingo (TH) 11:00 AM Resident Town Hall (WS) 1:00 PM Aqua Strength (WS) 2:00 PM Critters & Disease Presentation (WS) 4:00 PM Gentle Yoga With Gayle (WS)	8:30 AM Water Volleyball (WS) 11 9:00 AM Shopping Bus to Belknap Mall 10:00 AM Aqua Strength (WS) 10:00 AM Resident Coffee Hour (WS) 10:30 AM Library Run 10:30 AM Worship Service (LV) 11:00 AM 30 Minute Balance (WS) 1:00 PM Non-Fasting Blood Draw (WS) 2:00 PM Lost in Laconia Documentary Viewing (WS) 2:00 PM Golf Conditioning Program (WS) 2:00 PM Adult Art & Coloring Group (TH)	6:30 AM Fasting Blood Draw (WS) 12 9:00 AM Strength & Stretch (WS) 10:00 AM Chair Yoga (WS) 10:00 AM Cribbage Games (WS) 11:00 AM Memoirs Group (WS) 11:30 AM Women's Luncheon (WS) 12:30 PM Shopping Bus - Tilton 1:00 PM Aqua Strength (WS) 2:00 PM Ledges/Woodside Food Forum (WS) 4:00 PM Gentle Yoga With Gayle (WS) 6:00 PM LECTURE - Healing through Birds (WS)	9:00 AM Strength & Balance (WS) 13 9:00 AM Woodcarvers (WS) 9:00 AM Shopping Trip to Fox Run Mall 9:00 AM Shopping Bus: Hannaford's/Walmart 10:00 AM Aqua Strength (WS) 10:00 AM Gentle Yoga With Gayle (WS) 11:00 AM 30 Minute Balance (WS) 11:30 AM Skin Health Presentation (WS) 1:00 PM Bridge Games (WS) 1:15 PM Veteran H2O Fitness (WS) 2:00 PM Needle Arts (TH) 2:00 PM Powerful Tools for Caregivers (WS)	Good Friday 14 9:00 AM Strength and Stretch (WS) 10:00 AM Bingo (TH) 1:00 PM Aquacize (WS)	10:30 AM Water Babies Classes (WS) 2:00 PM Musical Entertainment (LV) 7:00 PM Woodside Movie Night (WS) 15
Easter Sunday 16 11:00 AM Sunday Brunch (WS) 2:00 PM Worship Service (LV)	8:00 AM Stitch Witchery Quilters (WS) 17 9:00 AM Strength and Stretch (WS) 9:30 AM A Matter of Balance (WS) 10:00 AM Pound Exercise (WS) 10:00 AM Cozy Caps Knitters (WS) 10:00 AM Bingo (TH) 11:00 AM Neighbor to Neighbor Meeting (WS) 1:00 PM Aqua Strength (WS) 1:00 PM Playreaders Group (WS) 4:00 PM Gentle Yoga With Gayle (WS)	9:00 AM Shopping Bus to Belknap Mall 18 10:00 AM Aqua Strength (WS) 10:00 AM Resident Coffee Hour (WS) 10:30 AM Worship Service (LV) 11:00 AM 30 Minute Balance (WS) 11:00 AM DINING OUT at Ichiban 1:00 PM Wellness Committee Meeting (WS) 1:00 PM Prayer Shawl Group (WS) 1:00 PM Non-Fasting Blood Draw (WS) 2:00 PM Pool Committee Meeting (WS) 2:00 PM Golf Conditioning Program (WS) 2:00 PM Adult Art & Coloring Group (TH)	6:30 AM Fasting Blood Draw (WS) 19 9:00 AM Strength & Stretch (WS) 10:00 AM Chair Yoga (WS) 10:00 AM Belknap Mill Quilters Guild (WS) 10:00 AM Cribbage Games (WS) 11:00 AM Memoirs Group (WS) 12:30 PM Shopping Bus - Tilton 1:00 PM Aqua Strength (WS) 4:00 PM Gentle Yoga With Gayle (WS) 6:30 PM MUSICAL PERFORMANCE - Kevin Ayes (WS)	9:00 AM Strength & Balance (WS) 20 9:00 AM Woodcarvers (WS) 9:00 AM Shopping Bus: Hannaford's/Walmart 10:00 AM Aqua Strength (WS) 10:00 AM Gentle Yoga With Gayle (WS) 11:00 AM 30 Minute Balance (WS) 1:15 PM Veteran H2O Fitness (WS) 2:00 PM Taylor Community Chorus (WS) 2:00 PM Needle Arts (TH) 2:00 PM Powerful Tools for Caregivers (WS)	8:45 AM RESIDENT TRIP - CURRIER MUSEUM 21 9:00 AM Strength and Stretch (WS) 10:00 AM Bingo (TH) 10:00 AM Belknap Mill Quilters Guild (WS) 1:00 PM Aquacize (WS) 10:30 PM Earth Day Clean Up with Elm St. School (Leavitt Park)	Earth Day 22 9:00 AM Bank of NH Paper Shredding Event 10:30 AM Aqua Zumba (WS) 2:00 PM Musical Entertainment (LV) 5:00 PM Community Social & Dinner (WS) 7:30 PM Woodside Movie Night (WS)
11:00 AM Sunday Brunch (WS) 2:00 PM Communion Service (LV) 3:00 PM MUSICAL ENTERTAINMENT - New Horizons Band (WS) 4:30 PM Community Birthday Social (WS) 23	8:00 AM Stitch Witchery Quilters (WS) 24 9:00 AM Strength and Stretch (WS) 9:30 AM A Matter of Balance (WS) 10:00 AM J.U.L.I.E.T.'s (WS) 10:00 AM Cozy Caps Knitters (WS) 10:00 AM Bingo (TH) 1:00 PM Aqua Strength (WS) 4:00 PM Gentle Yoga With Gayle (WS) 4:30 PM DINING OUT at Fratello's	9:00 AM Shopping Bus to Belknap Mall 25 10:00 AM Aqua Strength (WS) 10:00 AM Resident Coffee Hour (WS) 10:30 AM Library Run 10:30 AM Worship Service (LV) 11:00 AM 30 Minute Balance (WS) 1:00 PM Non-Fasting Blood Draw (WS) 2:00 PM Golf Conditioning Program (WS) 2:00 PM Adult Art & Coloring Group (TH)	6:30 AM Fasting Blood Draw (WS) 26 9:00 AM Strength & Stretch (WS) 10:00 AM Chair Yoga (WS) 10:00 AM Cribbage Games (WS) 11:00 AM Memoir Group (WS) 12:30 PM Shopping Bus - Tilton 1:00 PM Aqua Strength (WS) 2:00 PM TED Talk- Why Do We Laugh? Laughter! (WS) 4:00 PM Gentle Yoga With Gayle (WS) 6:30 PM LECTURE PROGRAM - Hearing Aids	9:00 AM Strength & Balance (WS) 27 9:00 AM Woodcarvers (WS) 9:00 AM Shopping Bus: Hannaford's/Walmart 10:00 AM Aqua Strength (WS) 10:00 AM Gentle Yoga With Gayle (WS) 11:00 AM 30 Minute Balance (WS) 1:15 PM Veteran H2O Fitness (WS) 2:00 PM Needle Arts (TH) 2:00 PM Powerful Tools for Caregivers (WS)	9:00 AM Strength and Stretch (WS) 28 9:30 AM RESIDENT TOUR - Franklin Falls Dam 10:00 AM Bingo (TH) 1:00 PM Aquacize (WS) 1:30 PM Woodside Movie Party - "Unstoppable" (WS)	10:30 AM Aqua Zumba (WS) 2:00 PM Musical Entertainment (LV) 7:00 PM Woodside Movie Night (WS) 29
11:00 AM Sunday Brunch (WS) 2:00 PM Worship Service (LV) 30						