



## Tell your friends to get a move on!



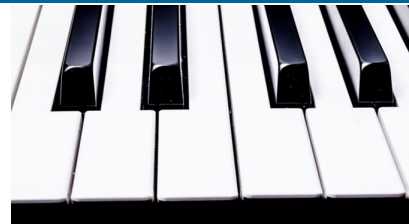
Many move here after hearing from residents who are friends or past neighbors who share how much they enjoy living here. Referrals and word of mouth are by far the most effective means of marketing Taylor Community. We encourage

you to keep telling friends and acquaintances to look into living at Taylor but the message now has more urgency than in the past.

“The problem or situation we now find ourselves in is we have limited cottages and apartments available and our Waitlist is growing,” said Marketing VP Paul Charlton. “This is great news for all of us who live and work here but not so good for those wanting to make the move but unable to find the place they want.”

“If the current trend continues, the shortage will only increase so it’s important to get the word out whenever and wherever you can,” Charlton said. “I think there are two related messages to share. Things have never been better at Taylor, and, don’t wait!”

Those who would like more information, and to set up a visit, should call the marketing team of Lu Winsor, Tammy Stevens, Cathy Landroche, Danielle Bertagna and Paul Charlton at the Welcome Center at 366-1400.



## Taylor Community 2018 Music Series



**Pianist George Lopez**  
**Artist-in-Residence,**  
**Bowdoin College,**  
**Brunswick, ME**  
*with a history of*  
**popular music from the**  
**early 19th Century**  
**through today**

**Sunday, March 25 at**  
**3:00pm**

Generously supported by Bank of New Hampshire, Taylor Community’s Music Series performances are free and open to the public.

This performance is kindly sponsored by Taylor Residents Bonnie and James Doherty and Carol and John Ford.

## Love Your Pollinators



Last season we began adding additional pollinator habitats to our Taylor campus. With honey bees and butterflies in decline, we hope this to be a win-win and that our gardens flourish this year.

As you plan your gardens for the upcoming season, be mindful of where you might incorporate a few ways to give pollinators a boost. Choose a spot that is sunny, easily accessible, and near a water source. Test your soil and augment it if necessary. Use existing features, such as a row of shrubs, for a wind break when possible.

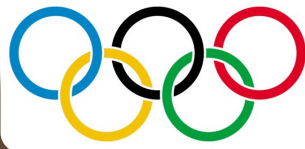
The USDA’s Natural Resources Conservation Service has a long list of preferred pollinator species for the Northeast here: [www.nrcs.usda.gov/Internet/FSE\\_DOCUMENTS/nrcs144p2\\_027028.pdf](http://www.nrcs.usda.gov/Internet/FSE_DOCUMENTS/nrcs144p2_027028.pdf), complete with pictures and additional resources, that may help you to choose a few varieties for your home garden or perhaps a raised one at the Woodside garden area.

If at all possible, avoid the use of pesticides. If you feel you must use one, read the label carefully as many are particularly harmful to pollinators and will eliminate beneficial insects as well as pests. It’s always good to remember that pests attack sickly plants first. Healthy soil makes for healthy plants!

## Taylor Winter Olympics Continue

We’re having some really silly good fun with this 15-day Walking and Social Challenge!

More on Page 4.



Team Switzerland, suited, capped, and ready, contemplates the event before entering the “pool.”

# Taylor Community



## General Meeting for CURRENT AND POTENTIAL VOLUNTEERS

Join us as we provide updates on our Volunteer Program and discuss important subjects including Elder Adult Services, Communication and Safety.

**Tuesday, February 27, 11:00AM — Noon  
Woodside**

**Thanks for all you do!**

~ Brenda Kean, Director of Resident Life and  
~ Charlotte Leavitt, Volunteer Coordinator

## Attention, Woodside Residents!

Watch for the Woodside Satisfaction Survey form in your wooden mailboxes on or about February 24.



The rejuvenated Woodside Council would like to know how satisfied you are with living at Woodside so that we may aid communication with the Taylor administration. We are asking each Woodside resident to fill out the survey form anonymously and return it by the requested date. Information regarding when and where to return the survey form is in the form itself.

We will have a meeting of all interested Woodside residents regarding the results of the survey after they have been compiled.

Thank you in advance for participating in the survey.

## Know the Signs of Stroke

Strokes occur whenever blood flow to the brain is interrupted for any reason. Without the oxygen the blood carries to the brain, brain cells can't function. And even a brief cutoff can cause lasting damage.

Face or arm weakness that occurs only on one side of the body is usually the biggest stroke warning sign. Other signs may include sudden confusion, sudden loss of vision, problems with balance or coordination, or sudden severe headache.

Certain stroke symptoms are seen more often in women, including fainting or loss of consciousness, nausea or vomiting, hallucination, shortness of breath or difficulty breathing, hiccups, pain or seizures.

The American Stroke Association encourages all to know the signs of stroke, and suggests the acronym **FAST** as a good way to remember. If you notice **F**ace drooping, **A**rm weakness or **S**peech difficulty, it's **T**ime to call 911.



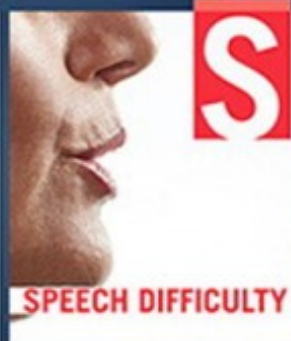
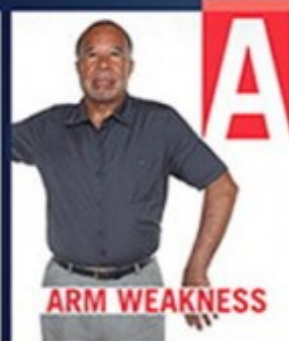
## American Heart Month Know the Signs of Stroke

Did you know that every 40 seconds an American has a stroke? Or that 8 out of 10 strokes could be prevented by healthy lifestyle habits?

Did you know that one extra daily serving of fruits and vegetables will lower your risk of stroke by 6%? Or that drinking coffee lowers your risk by 10% and drinking soda raises it by 16%?

*(Continued at right)*

*Source: Harvard Pilgrim Health Care*





*Pub Night at Taylor Home transformed the Community Room and proved to be a huge success February 12.*

### Welcome New Staff

**Hayley Johnson**, Laconia, joins us as LNA. She earned her credentials through the American Red Cross, and she also holds an Esthetics degree from Blaine Beauty School in Waltham, MA. Hayley has two children: Cassidy, 11, and Nehemiah, 6, and two mixed breed dogs. She enjoys arts and crafts, painting, scrapbooking and journaling, and likes to spend a little time each day coloring in her adult coloring books. Driving trips up north to take in the beautiful views are fun in her spare time.

**Welcome to Taylor Community!**

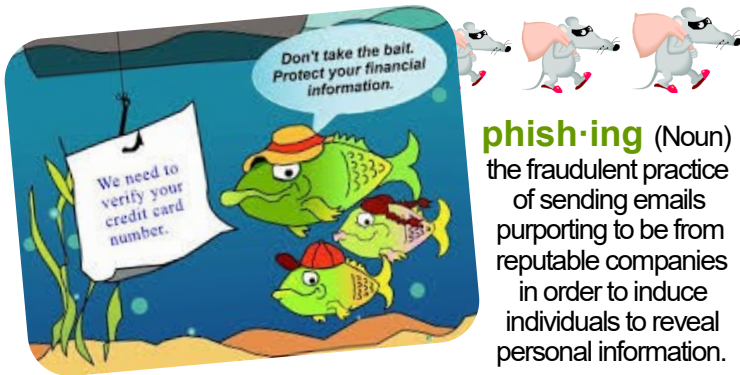
# ACTIVITY FAIR

**You Didn't Miss It!**

**The Taylor Community Activity Fair, postponed due to inclement weather, is rescheduled for Wednesday, February 21.** The Annual Activity Fair is a chance for Taylor Community residents to learn about the various groups and clubs currently existing at Taylor Community, as well as an opportunity to form new groups and clubs with residents with common interests. Do you want to find a new hobby? Do you have an interest you would like to share with others? This is one of the best opportunities to get involved with all that goes on at Taylor. Hosting an information table about your group is a great way to share information about your programs, activities, services or causes. Whether Hosting or Searching, I hope to see YOU at the Activity Fair.

**If you would like to host a table, please call Brenda at 366-1226. This event will be held at Woodside from 10:00AM until Noon.**

### Scam Alert



**phish-ing** (Noun) the fraudulent practice of sending emails purporting to be from reputable companies in order to induce individuals to reveal personal information.

A Taylor Home resident received an email from **VISA Checkout** this week, with the subject **Important Update to Visa Checkout Privacy Policy and Terms of Service.**

Suspecting fraud (her name was spelled incorrectly), she contacted her credit card company directly and confirmed it to be fraud. The email had several links, which she was wise to not click on.

Remember, if you're not certain of an email's origin, leave it alone. Call your company directly to verify before you click! And never, ever give out personal information without being absolutely certain you are speaking with a legitimate contact.

**Just not sure? ASK!** Contact Ed Soucy at 366-1229 if you suspect fraud. He'd be happy to speak with you.

### Computer Corner

#### Windows Program Key Combinations

If you're at all like me, on some days just finding the computer mouse on your desk can be a challenge. Then there's getting it to click in just the right place... so I like that there are quite a few things you can do easily with just your keyboard. Here are a few easy key combinations for you that just may save you some time, and possibly some aggravation!



**Want to copy something?** Holding the **Ctrl** key and pressing **C** will copy it to your clipboard.

**Cut?** That's **Ctrl + X**

**Paste?** **Ctrl + V**

**Undo?** **Ctrl + Z**

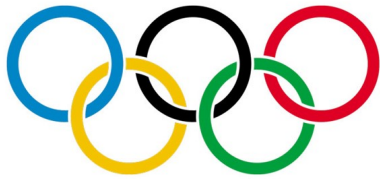
**Type in Bold type, or Bold a selection?** **Ctrl + B** (this one and the next two below are "toggles." Use the combination before you type to turn "bold" on, then again after to turn it off. No mouse!)

**Underline?** **Ctrl + U**

**Use Italics?** **Ctrl + I**

~ Maureen

### Fitness News and Events



### Taylor Community Winter Olympics

Taylor Home = New Zealand  
Opechee Harbor = Australia  
Ledgview Nursing = United Kingdom  
Ledgview Assisted Living = Switzerland  
Woodside and Ledges = Jamaica

**Who Will Win the Gold?**  
Winners announced 2/23/2018 at 3:00pm

### More February Events

**February 19 — Aquatic Exercise Class Demonstration for Breast Cancer Survivors: 10am and 2pm.** Designed for those thriving and living the new normal, a supportive exercise group to teach mindful movement in the therapy pool. **Free and open to the public.**



**February 20 — Bowling at Funspot:** Back by popular demand! \$8.00pp includes bowling, shoes, and pizza with beverage. Bus departs Woodside at 11:30am. Please call Tammy to reserve at 366-1206.



### Strength Training As We Age

As we age it's important to continue to exercise regularly to decrease the risk of developing age-related loss of muscle, strength and function. Strength training can boost confidence, brighten your mood, help to fight mild to moderate depression, and can also preserve vitality and independence in daily living. Join us in the Elm Room at Woodside on **February 21st at 10am** to learn more about how strength training may benefit you. We will discuss different types of strength training, equipment that is used, how to monitor your heart rate and blood pressure during exercise, and how physical and occupational therapy can play a role in developing an exercise program that is right for you!

**TED February 21 — TED Talks: Powerful Talks from Olympians.** Join us in the Woodside Theater at 2:30pm.

<https://blog.ted.com/10-powerful-talks-from-olympians-and-paralympians/>

**February 22 — Hallway Bocci Tournament:** 2:15pm in the Woodside Library Hallway.



Be Well!



### Who Will Win the Gold?



Taylor Home residents prepare torches for the Olympic Games above. At right, Bruce proudly sports his New Zealand Team badge. It made me laugh when I inserted and lined up these pictures... If you look closely, I've reattached Marge Thompson's arm. These pictures were taken the same day in different rooms!

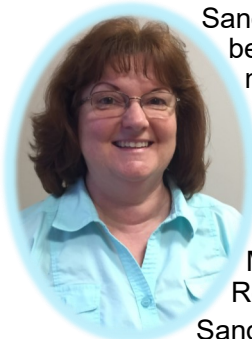


The Tally Sheets are up and ready, and the teams are conditioning for the opening bell.



Getting ready for Opening Ceremonies.

**Bring it on!**



Sandra Berry (everyone calls her "Sandy") has been a familiar and friendly face at Taylor Community since 1999. For close to nineteen years, Residents in both Taylor Home and Ledgeview have enjoyed the care, energy and good humor that Sandy brings to her work as a Licensed Nursing Assistant. Starting in December of 2017, Sandy transitioned to Care Management, and now serves our Independent Residents as our first TaylorCare caregiver.

Sandy is a New Hampshire native and has always lived in the Granite State. She was born and raised in Nashua. After graduating from Nashua High School, she immediately went to work in the electronics manufacturing sector with organizations such as Sprague Electric and the Beede Electrical Instrument Company. During that time, she met and married her husband Steve. For nine years, the Berrys ran their own bread baking company: Steve's Country-Style. They have two children, Cassandra (33) and Jacob (28). Sandy and Steve now live in Sanbornton in the in-law apartment they built off Cassandra and her husband's home. Their residence allows them lots of time to spend with their three grandchildren, ages 7, 5 and 20 months.

Service to others has always been important to Sandy. She and Steve are active members of their local church, where she has been the treasurer for years. Sandy is extremely active in helping other parishioners and being of service in the community. In fact, it was her desire to be of help to others that prompted Sandy to enter the nursing profession. After twenty years in manufacturing and bread-making, Sandy entered the LNA training program at Mountain Ridge Nursing Home in Franklin. She graduated in 1999, and began her career in health care. Five months after graduation, Sandy came on board at Taylor Community.

Sandy was drawn to Taylor after her husband told her what a great reputation the Community had. She says it was a perfect fit for her because, as she says, "I love working with people. I am always looking to understand our Residents' needs, and I want to go that extra mile to help them." Sandy likes a challenge, and she feels that her move to home health care with TaylorCare provides that. "It's an exciting position, because I get to spend more one-on-one time with Independent Residents. I am able to really get to know my clients because I can spend even more time with each one."

In addition to her church work, when Sandy is not at Taylor, she loves to work in her raised bed and container gardens (tomatoes and flowers are specialties). She loves the Maine coast, and walking along the beach with Steve. Ogunquit (Perkins Cove and the Marginal Way) is a favorite destination, as is Old Orchard Beach.

In the short time Sandy has been working with TaylorCare, she has already made a huge difference in our Residents' lives. She brings the care, compassion and humor to her work with each individual, which makes her not just a caregiver, but a friend. Sandy is a super addition to the Care Management staff, and has set the bar high for TaylorCare's home health care services. Residents and staff alike are so lucky to have Sandy on board!

~Hank Offinger



*Resident Jim Brewer reports that in a winter which has seen little variety at the feeders, it was pleasant to have this white-throated sparrow drop by for a few days.*

### **"These are the people in our neighborhood..."**

Ledgecroft and South Kinsman neighbors held their annual Valentines party on Saturday, the 3rd. Those attending were Mary Orton, Elaine Swanson, Larry and Sharon Guild, Larry Federhen and Melodie Rogers, Cook and Marge Anderson, Fred Neinas, Barbara Miles, Stu and Denny Stringfellow, Dwight Williams, Bryan Walker, and Clifford Ireland. It was nice being all together and it helped with "Cabin Fever." There was plenty of food and a good time was had by all. We were sorry that Maggie and Jerry Bourgeois could not attend. Best wishes to Jerry and a speedy recovery.

~Sharon and Larry Guild  
Neighborhood Reps



## UPCOMING LECTURES AND CAMPUS EVENTS

**Monday – February 19 – Now That We're Here... Downsizing** – You “downsized” before your move, but now that you're here, you realize that you still have a way to go. Join us as professional Downsizer Sarah Lopez from Tailored Transitions offers helpful advice about the process. **This event will be held at Woodside beginning at 2:00PM.**



**Tuesday – February 20 – Theater DVD Presentation: Michael Bublé in Concert** – Join us for this fun viewing of the very talented Michael Bublé, the Canadian crooner whose jazz vocals pay reverent duty to Frank and Dino, but with a majestic, modern twist. We will be joined by our friends from The Belknap County Nursing Home. **This presentation will be held at Woodside beginning at 2:00PM. Please make reservations with Brenda at 366-1226.**



**Wednesday – February 21 – Taylor Community Activity Fair** – Woodside from 10:00AM until Noon. Full details and sign-up info. are provided on Page 3.



**Wednesday – February 21 – TED Talks: Powerful Talks from Olympians** – Join us in the Woodside Theater at 2:30pm.

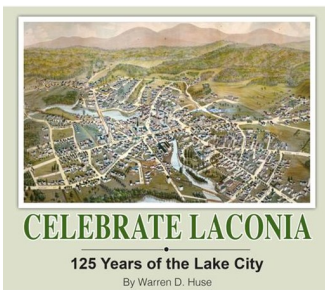
**Wednesday – February 21 – Gordon DuBois presents: Walking With Winter**

At the end of the warm weather hiking season too many trampers stow away their gear, recall fond memories of the season past and wait with great anticipation for next summer's trips. However, there's a whole new world waiting to be discovered: hoarfrost covering rocks and trees, layers of snow blanketing spruce boughs, crystal blue skies arching overhead, biting winds blowing snow into odd shapes and no bugs to torture you. This is the season of winter, three months out of the year when the mountains offer the adventurous hiker an opportunity to experience the beauty of the cold weather season. Using photos and stories from three decades of winter hiking in the mountains of the Northeast, Gordon will take you on a winter journey. **This event will be held at Woodside beginning at 7:00PM.**



**Monday – February 26 – Musical Entertainment: The Home Folks** – The Home Folks will have you singing, clapping your hands and tapping your feet to familiar tunes. “Discovered” by Taylor Home Resident Freda Whittemore, the group includes her son Mark and his wife. **This program will begin at 3:00PM in the Taylor Home Atrium.**

**Monday – February 26 – A Photographic Journey to Japan** – Join us as Karen and Bob Delgado bring us along for a photographic journey to Japan. We will have the opportunity to see Tokyo, Kyoto, Nara and Himeji, Japan through the eye of their lens. The presentation will be about an hour in length and will show about 355 photos taken during a trip they made to Japan in May 2016. The presentation, accompanied by various types of Japanese music, will show photographs of Buddhist temples and Shinto shrines, ancient castles and palaces, various types of Japanese gardens, several Shinto weddings, traditional Japanese clothing, a prominent museum, sumo wrestling, Shinto festival parades, and lots of friendly deer. **This event will take place at Woodside at 6:30PM.**



**Wednesday – February 28 – Celebrate Laconia** – Local historian and author Warren D. Huse will be available to present his newest publication, “Celebrate Laconia: 125 Years of the Lake City.” Illustrated with 270 photographs, maps and other images, the hardbound book also devotes about a quarter of its space to historical text about the evolution of today's city. Warren will be available following the presentation for book purchases and/or signings. **This event will be held at Woodside beginning at 6:30PM.**



**Calling All POKER Players!**

We are starting up a **Taylor poker group** and anyone wishing to join in the fun is welcome to sit in. We have the cards and chips, now all we need are the players.

**Tuesdays from 2:00 — 4:00pm  
Maple Room at Woodside**



**Pub Night at The Oasis**

Come join us at The Oasis for the beginning of March. We plan to bring March in like a lion; we don't care how it goes out. We will have the usual fellowship and fun as we greet and chat with each other over a friendly libation and the Bistro's delicious 'Pub Grub' offerings. As always, beer, wine, and soft drinks are available at a nominal cost. Join us **March 2 at Woodside at 4:30pm** for this fun, resident-led event.



**Tara Little Irish Dancers**

**Saturday, March 17, 2:00pm at Woodside**

Local performers, aged 5 to 18, from Tara Little Dance Studio will perform Irish Step to help us celebrate St. Patrick's Day Taylor Style!! Come enjoy the fun!



3/1	Millard	Smith	Ledgeview
3/2	Betty	Derby	Woodside
3/2	Bill	Beebe	Ledges
3/4	Davie	Pace	Woodside
3/5	Bonnie	Doherty	Ledges
3/5	Margie	Kelley	Meeting House
3/5	Priscilla	Bourgault	Ledges
3/7	Doris	Citron	Ledges
3/7	Betty	Kemper	Meeting House
3/7	Jim	Doherty	Ledges
3/8	Magdalene	Livingston	Back Bay
3/9	Vincent	Kuharic	Woodside
3/9	Ida	Cacici	Ledgeview
3/9	Philip	Goddard	Meeting House
3/10	Ginny	Peterson	Ledges
3/11	Claire	Boardman	Ledges
3/12	Bill	Martin, Jr.	Taylor Connection
3/12	Paul	Krampfert	Taylor Connection
3/13	Joan	Allison	Ledges
3/13	Sandi	Greenberg	Ledges
3/13	Peter	Millham	Ledges
3/14	Werner	Doehner	Taylor Connection
3/14	Cook	Anderson	Ledges
3/14	Bob	Kereage	Woodside
3/17	Priscilla	George	Meeting House
3/17	Jim	Cunningham	Ledgeview
3/17	Ginny	Anthony	Ledges
3/19	Bob	Ilgenfritz	Ledges
3/19	Jean	Pearson	Ledgeview
3/22	Virginia	Daigle	Ledges
3/23	Hutch	Taylor	Ledgeview
3/25	Harriette	Bourdon	Taylor Home
3/25	Woolsey	Conover	Taylor Connection
3/25	Richard	Ogden	Ledges
3/27	Laura	Whitworth	Ledgeview
3/28	Dawn	Mooney	Ledges
3/29	Gail	Dyer	Ledges
3/31	Gloria	Wood	Meeting House
3/31	Paula	Kuehn	Taylor Home

**Resident Association's  
March Birthday Celebration**

The Resident Association's birthday celebration for March will be held on **Sunday, March 18 at 4:30pm** at Woodside, in conjunction with the Afternoon Social. All residents are invited. Please feel free to bring along refreshments to share! If anyone would like a ride, please call me at 524-3035 and I will be glad to pick you up.

~ Melodie Rogers

## ***Did you miss it?***

I bet you are asking, "Miss what?"

...the Development Coffee Hour at Woodside.

While we had a great turnout, with lots of sharing and thoughtful questions, we didn't have EVERYONE there.

So, because you may have missed out, let me share with you a few highlights about what has been going on in fundraising for Taylor Community.

Many of you know that I was hired back in August of 2017 to assist Taylor Community with its fund development efforts.

Since that time, I have audited past fundraising activities. I presented the results of this audit to Michael and the Senior Leadership Team in October. From there, I developed a long-range Strategic Fund Development Plan for the next two years. The major goals and objectives of this plan were presented to the Taylor Community Board of Trustees in December.

Following the December board meeting, we purchased a dedicated fundraising database to track all of our giving records. Since we had records in another system, we went through an extensive conversion process. Thanks to Maureen and her assistant, Bruce, we converted the data with flying colors. Now, we are better able to track our charitable giving history for future efforts.

In December, we sent out our appeal letter to our community. Although we still have a ways to go, this appeal is performing significantly better than prior years' efforts. It has also surpassed the \$20,000 goal mark, an improvement from the last two years' fundraising appeals. These numbers are important because the money raised through this appeal goes directly to support all of the residents who are now in need of care beyond which their financial resources will provide. Uncompensated care this year alone will total over \$1.7 million.

Yes, \$1.7 million. Taylor Community takes care of its residents!

How can you help?

1. Consider giving your time to Taylor Community's Development Program. Do you know how to do grant and foundation research? Perhaps you can craft a winning grant proposal? Maybe you can design a newsletter? Whatever your expertise, Charlotte Leavitt, resident Volunteer Coordinator, will make that connection.
2. If you know of any grants, foundations, or businesses that should be on our list of prospective donors, please email me their names at [rcabral@taylorcommunity.org](mailto:rcabral@taylorcommunity.org).
3. You may want to review the list of names we have developed. Then let's schedule a cup of coffee to go over the list together.
4. Be a TAYLOR AMBASSADOR! Share Taylor's story with everyone and anyone to help spread awareness of who we are.
5. And, if you haven't had a chance to contribute to the Annual Appeal, to support folks who depend on Taylor's charitable care mission, there is still time. Please stop over and see Helen at the front desk in Woodside or Maureen at Taylor Home.

As always, don't hesitate to stop by and see me with any suggestions, comments, or thoughts that you may have. My door (closet) is always open!

Robin Cabral, Taylor Community Development  
[rcabral@taylorcommunity.org](mailto:rcabral@taylorcommunity.org)



## UPCOMING TRIPS

**SIGN-UP NOW!**

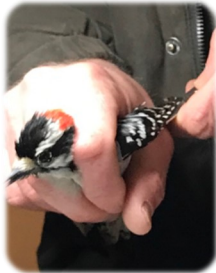
**Note:** Trip descriptors – **Easy, Moderate, and Independent** – indicate the degree of mobility [walking, standing, stepping, etc.] required in order to safely participate and enjoy the trip. All pick-up times are an approximation.

Non-residents pay a \$10 fee. There is a \$10 fee charged for cancellations within 72 hours of the trip. If a trip requires pre-paid tickets or entry fees, you cannot be reimbursed if you cancel from the trip OR if Taylor needs to cancel the trip due to weather conditions that make driving unsafe.



**Tuesday – February 20 – Bowling at Funspot – [Moderate]** Back by popular demand! **\$8.00pp** includes bowling, shoes, and pizza with beverage. **Bus departs Woodside at 11:30AM.** Call Tammy for this one at 366-1206.

**Wednesday – February 21 – Lunch with Friends at the Brick Front Restaurant – [Easy]** Join us at this popular family-style restaurant right over on Church Street. **Reserve your place on the bus and at the table with Ann at 366-1238.** **Bus pick-up begins at 11:30AM.**



**Friday – February 23 – Winter Bird Banding at Squam Lakes Natural Science Center, Holderness – [Moderate]** Join us for this hands-on experience as Senior Naturalist Dave Erler introduces us to the details of the Bird Banding Program. He will demonstrate how and why they capture, band and release birds that gather at their winter feeding station. You will have the opportunity to actively participate in all aspects of this demonstration. **Tickets are \$10pp.** Following the program we will enjoy lunch at always-popular

Walter's Basin. **The bus will begin picking up residents on the Laconia campus at 8:45AM.** **Please RSVP with Brenda at 366-1226.**

**March Trip Opportunity!**

**Snowmobiling at Bretton Woods**

**(Guided Tour)**

**Wednesday, March 7**

**Let Tammy know right away  
if this trip interests you:  
366-1206**

We will enjoy a 2-hour guided cruise over Jefferson Notch through the Presidential Range provided by Northern Extremes Snowmobiling.

**The cost of our 2-hour cruise is \$95 for single snowmobiles or \$125 for doubles. Helmets are included, and outerwear is available if needed.**

**Call Now!**



### Recurring Campus Events

#### Sundays:

##### Sunday Brunch

Sundays, 11:00am to 2:00pm  
Community Bistro, Woodside  
.....

Church Services: Sundays @ 2:00pm, Ledgeview  
.....

##### Sunday Movie Matinees

Sundays @ 2:00pm, Woodside Theater  
.....

##### IRA Sunday Social & Monthly Birthday Celebration

Generally the 4th Sunday of the Month @ 4:30pm,  
Fireside Room at Woodside

#### Mondays:

##### Stitch Witchery Quilters

Mondays @ 8:00am, Woodside  
.....

Cozy Caps Knitters: Mondays @ 10:00am, Woodside  
.....

##### Taylor Home Bingo

Mondays @ 10:00am, Taylor Home  
.....

##### Taylor Playreaders

1st and 3rd Mondays @ 1:00pm, Woodside

#### Tuesdays:

##### Resident Cracker Barrel Coffee Hour

Tuesdays @ 10:00am, Fireside Dining Room  
.....

##### Worship Services

Tuesdays @ 10:30am, Ledgeview  
.....

##### Laconia Public Library Runs

Every Other Tuesday @ 10:30am (Call 366-1238)  
.....



##### Shopping Bus to Belknap Mall

Tuesdays @ 1:00pm (Call Dial-A-Ride)  
.....

##### Non-Fasting Blood Draws

Tuesdays @ 1:00pm, Woodside Wellness Office  
.....

##### Blood Pressure Clinic

Tuesdays 2:00 - 3:00pm, Woodside Wellness Office  
.....

Poker Group: Tuesdays 2:00 - 4:00pm, Woodside

#### Wednesdays:

##### Fasting Blood Draws

Wednesdays @ 6:30am  
Woodside Wellness Office  
.....

##### Cribbage Games

Wednesdays @ 10:00am, Woodside Card Room  
.....

##### Veterans Coffee Hour

3rd Wednesday of the Month @ 10:00am  
Lake Room at Ledgeview

*(Wednesday is continued above right)*

### Recurring Campus Events

#### Wednesdays (Cont.):

##### Book Discussion with Lois Brady

1st Wednesday of the Month @ 10:30am  
Woodside 3rd-Floor Lounge  
.....

##### Memoirs Group

Wednesdays @ 11:00am, Woodside Library  
.....

##### Care Management Nurse Office Hours

Wednesdays 2:00 - 3:00pm,  
Woodside Wellness Office  
.....

Wine Social: Wednesdays @ 3:00pm, Taylor Home  
.....

##### Woodside/Ledges Food Forum

2nd Wednesday of the Month @ 2:00pm, Woodside

#### Thursdays:

##### Woodcarvers

Thursdays @ 9:00am, Woodside Wet Craft Room  
.....



##### Shopping Bus to Hannaford's/Walmart

Thursdays @ 9:00am (Call Dial-A-Ride)  
.....

Bridge Games: Thursday @ 1:00pm, Woodside  
.....

##### Taylor Community Chorus Rehearsals

1st and 3rd Thursdays @ 2:00pm  
Taylor Home Atrium

#### Fridays:

##### Le Cercle Français de Laconia

Fridays @ 10:00am, Fireside Dining Room  
.....

##### Taylor Home Bingo

Fridays @ 10:00am, Taylor Home

#### Saturdays:

##### Saturday Entertainment at Ledgeview

Saturdays @ 2:00pm, Second Floor  
.....

##### Community Social & Dinner

3rd Saturday of the Month @ 5:00pm, Woodside  
(Please RSVP at 366-1449 by Noon the Wed. prior)  
.....

##### Saturday Night at the Movies

Saturdays @ 7:00pm, Woodside  
(7:30pm on Community Social & Buffet Nights)

### In Memoriam

#### Constance Ketchum

March 10, 1932 – February 5, 2018  
Taylor Resident Since 2015

#### Stefania "Stevie" Caverly

August 4, 1928 – February 9, 2018  
Taylor Resident Since 1993



**Trip Reminders**

Advance RSVP required; call Brenda at 366-1226.

**Bowling at Funspot** (call Tammy, 366-1206)

Tues., 2/20 @ 11:30am

**Lunch with Friends at the Brick Front**

Wed., 2/21 @ 11:30am

**Winter Bird Banding at SLNSC**

Fri., 2/23 @ 8:45am



**Woodside Theater**

**Saturday Nights at 7:00PM**

February 17: **Good Will Hunting** (7:30PM tonight!)

February 24: **Freedom Writers**

**Sunday 2:00PM Matinees**

February 18: **Justice Video Series: Time Out of Mind**

February 25: **Augustus Saint Gaudens**

**Musical Entertainment at Ledgeview Saturdays at 2:00pm**

February 17: **Red Gallagher**

February 24: **Rich Araldi**

**Meeting Reminder**

**General Meeting for Taylor Community Volunteers**

Tues., February 27

11:00am — Noon

Woodside



**Do you want to go back to work?**

The Building & Property Committee of the Board of Trustees is looking for some additional members. Some of you, my fellow residents of Taylor, must have spent your careers in construction, as a manager, engineer, architect, or as a facilities manager, or some other building/grounds related occupation.



If so, and you're interested in bringing your experience and expertise back to work, think about joining our committee. Please call me and we'll discuss.

Thanks,

**Allen Gable**

Chair of the Building & Property Committee and member of the Board of Trustees

524-7563

**Lectures, Programs & Special Events**

**Lecture Program:**

**Now that I'm Here - Downsizing after the Move**

Sarah Lopez, Tailored Transitions

Mon., Feb. 19 @ 2:00pm, Woodside

**Theater DVD Presentation: Michael Bublé**

Tues., Feb. 20 @ 2:00pm, Woodside

Please RSVP to Brenda at 366-1226.

**Rescheduled!**

**Taylor Community Activity Fair**

Wed., Feb. 21 from 10:00am — Noon, Woodside

**Lecture Program:**

**Walking with Winter, Gordon Dubois**

Wed., Feb. 21 @ 7:00pm, Woodside

**American Red Cross Blood Drive**

Fri., Feb. 23 from 2:00 — 7:00pm, Woodside

Pre-registration saves time!

Please visit [www.redcrossblood.org](http://www.redcrossblood.org)

or call 1-800-RED-CROSS to register to donate.

**Independent Residents' February Birthday Social**

Sun., Feb. 25 @ 4:30pm, Woodside

**Musical Entertainment: The Home Folks**

Mon., Feb. 26 @ 3:00pm, Taylor Home

**Lecture Series: Photographic Journey to Japan**

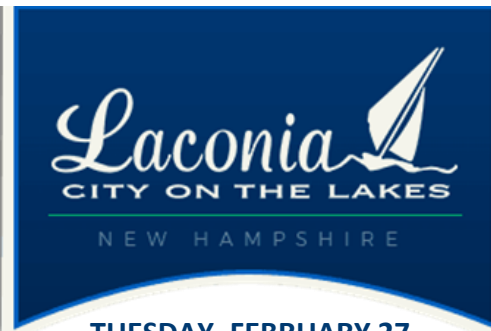
Mon., Feb. 26 @ 6:30pm, Woodside

**Lecture Series: Celebrate Laconia, Warren Huse**

Wed., Feb. 28 @ 6:30pm, Woodside

**Pub Night at The Oasis**

Fri., Mar. 2 @ 4:30pm, Woodside



**TUESDAY, FEBRUARY 27**

**SPECIAL STATE PRIMARY ELECTION**

There will be a Special State Election held Tuesday, February 27, 2018 for State Representative for Belknap County District No. 3. All polling locations will be open from 7 AM to 7 PM. The candidates will be Les A. Cartier, Republican, and Philip Spagnuolo, Jr., Democrat. All parties will be able to vote. Absentee ballots are now available in the Clerk's Office.

For questions or additional information, please call the City Clerk's Office at 527-1265.

## The Community Bistro

Daily Specials  
More Choices!

Grab & Go Meals  
Sunday Brunch!

Monday, Wednesday and Friday - 11:45am - 6:45pm

Tuesday and Thursday: 11:45am - 3:45pm and  
5:00 - 7:00pm for Dinner (Please RSVP for  
Dinner at 366-1481).

Grab & Go - from 11:45am

Sunday Brunch - 11:00am - 2:00pm

Delivery Available for Lunch and Dinner  
Monday through Friday!

### Daily Specials

**Monday 2/19:** Dijon Crusted Cod, Wild Rice and Carrots

**Tuesday 2/20:** Meatloaf, Mashed Potatoes and Herbed Corn

**Wednesday 2/21:** Pork Loin, Roasted Potatoes and Green Beans

**Thursday 2/22:** Vegetable Quiche with Potato Pancakes and Mixed Greens Salad

**Friday 2/23:** Fried Shrimp with French Fries and Peas

**Monday 2/26:** Cheese Ravioli with Marinara, Vegetable Medley and Garlic Bread

**Tuesday 2/27:** Sliced Hot Roast Beef and Gravy with Mashed Potatoes and Corn

**Wednesday 2/28:** Tuna Noodle Casserole, Egg Noodles and Peas

**Thursday 3/1:** Roasted Turkey, Bread Dressing, Mashed Potatoes and Carrots

**Friday 3/2:** Fried Chicken Tenders with French Fries and Coleslaw

Enjoy 10% OFF  
at the Bistro if you have a  
February Birthday!

### Community Social & Dinner Saturday, February 17

**Appetizers:** BLT Bites; Smoked Salmon Spread with Assorted Crackers; Dynamite Shrimp; Artisan Cheese Tray

**Caesar Salad** with Shaved Parmesan and House-Made Croutons

**Entrées:** Boneless Pork Chops with an Apple Chutney; BBQ Shrimp and Cheddar Grits; New England Pot Roast

**Sides:** Mashed Potatoes; Mashed Sweet Potatoes; Candied Carrots; Braised Greens; Roasted Squash

**Desserts:** Eclairs and Crème Puffs; Assorted Bars and Cookies; Pumpkin Pie; GF/SF Options

\$18 per person

Please RSVP at 366-1449 by Feb. 14.

See you there!



### Dinner Specials – Tuesday, February 20

**Battered Haddock \$16**

**Chicken Cordon Bleu \$15**

**Sides:** Wild Rice, Buttered Linguini, Steamed Carrots, Smashed Butternut Squash  
Caesar Salad or Soup du Jour

### Dinner Specials – Thursday, February 22

**Prime Rib \$18**

**Roasted Pork \$14**

**Sides:** Scalloped Potatoes, Roasted Potatoes, Broccoli Au Gratin, Roasted Mushroom Medley  
Iceberg Wedge or Soup du Jour

### Dinner Specials – Tuesday, February 27

**Roasted Turkey \$15**

**Carved Pit Ham \$14**

**Sides:** Mashed Potatoes, Bread Dressing, Smashed Sweet Potatoes, Buttered Corn, Vegetable Medley  
Spinach Salad or Soup du Jour

### Dinner Specials – Thursday, March 2

**Corned Beef Hash \$14**

**Seafood Extravaganza \$17**

**Sides:** Roasted Potatoes, Wild Rice Legume Blend, Sautéed Spinach, Roasted Spaghetti Squash  
Garden Salad or Soup du Jour

## The Lake Room at Ledgeview

Breakfast and the Noon Meal are served daily in **The Lake Room**, 7:30 – 9:00am and Noon – 1:00pm.

Supper is served on Monday, Wednesday, Friday, Saturday and Sunday, 5:00 – 6:30pm (please join us at The Bistro Tuesday and Thursday nights).

Please make your reservations at 366-1202.

For Weekly Lake Room menus call 366-1231.



**Dial-A-Ride** operates on the Laconia Campus Monday through Friday from 8am to 4pm, with extended hours Tuesday and Thursday evenings (until 7) and Sunday morning transportation to church.

**Please plan ahead to assure your ride:** RSVP Monday through Friday from 8am to Noon at 366-1234.