



*Shortly, it will look like this at Taylor Community. And we can hardly wait! Please drive carefully as our grounds crew is out and about and working hard to make our campus beautiful!*

### **Tell your friends to give us a call!**

Now that Spring is upon us, more people will emerge from hibernation and actively look at options for retirement living, including here at Taylor Community. Some will be listing their home for sale after the snow melts and the lawns and gardens come to life. Others may be just beginning to explore. This is the beginning of what traditionally is a busy season for us here in marketing and, in fact, we need to get off to a strong start to the fiscal year as we know activity really slows down when you get into November, the holidays and the worst of the winter weather.

We have several marketing events coming up which provide various opportunities for people to come and learn more about Taylor. There's usually food involved, and who doesn't enjoy a free lunch?! Attending a scheduled event is a great way to learn and to get a feel for what it's like living here. At the same time, some prefer to schedule a meeting or tour on their own instead of a group setting. Many do both.

Either way, the experience is not that of some typical sales presentations. No pressure. Simply an opportunity to learn more about what we offer, the choices available, how it all works, the cost, and anything else they want to know to help them decide if a move to Taylor is in their future.

One of the best things you can do to help in our ongoing efforts to attract more new residents is to encourage others to give us a call to learn more. Have them call us at the Welcome Center at 366-1400 for information, to find out more about upcoming events, or to schedule a visit and tour on a day and time convenient for them. Thank you to all of you who have referred friends and neighbors in the past and thanks in advance for all your help filling up independent living on our main campus in Laconia as well as our Back Bay campus in Wolfeboro.

*~ The marketing team: Paul Charlton, Lu Winsor, Tammy Stevens, Danielle Bertagna & Cathy Landroche*

### **Taylor Community 2018 Music Series**



**Matthew Marsit, Clarinet  
and  
Annemieke McLane, Piano  
Sunday, April 29 at 3:00pm**

Generously supported by Bank of New Hampshire, Taylor Community's Music Series performances are free and open to the public.

This performance is kindly sponsored by John Earley, Bev Martin, Harriett Morse, Carolyn Parker and Margery Steady.



### **Activities Department Goes Green for Earth Day**

Taylor Home and Ledgeview residents enjoy getting ready for planting season with the help of Activities Staff.



### Walkie Talkies Quilt Displayed in Woodside Fitness Center



The Vermont Quilt Festival has a challenge theme this year: "Circle of Friends." I created this quilt to enter the contest in June.

My "circle of friends" are a group of women who walk every weekday morning. I met them about the time I retired in 2011. They helped me establish an exercise pattern and lose 70 pounds, but they have done much more than that. We hug, talk, encourage, advise, help at times of crisis, laugh, tell stories, observe nature, and have become special friends. I chose to represent them with pictures of their walking shoes. The background reflects the changing seasons as we walk winter, spring, summer and fall with views of Lake Winnisquam in Laconia, New Hampshire.

Exercising with friends is **the best** and it continues with the folks at Taylor!

~ Taylor Resident Diane Beaman

### It PAY\$ to Ask!

Did you know that several local fast food restaurants offer discounts to seniors? They do... but you have to ask!

- **Dunkin' Donuts:** 5% off
- **Friendly's:** 10% off meals; free coffee with breakfast; free small dessert sundae during non-breakfast hours
- **Kentucky Fried Chicken:** 10% off orders \$20 and under
- **McDonald's:** small coffees and beverages discounted 15%
- **Subway:** 10% off
- **Taco Bell:** free beverages
- **Wendy's:** free beverages



### Staff Spotlight Paul Charlton

Taylor Community is lucky to have Paul Charlton as the VP – Marketing; he brings not only a ton of marketing experience and knowledge, but also compassion, kindness and love to our residents for the 12+ years he has been here.

Paul was born in Canada to Beryl & Eric Charlton (now Taylor Community residents) and is still a Canadian resident, which he is very proud of. His family moved to York, Pennsylvania where he was raised. Paul then attended Bethany College in Bethany, WV. It is rumored that he dated Francis McDormand, who is a 2-time Academy Award Winner, for a couple of years in college.

Paul and his beautiful wife Kim will be married for 17 years this July, and together they have 7 children; when Paul talks about his children he never points out which ones are his step-children, just that they are his. Sons, Henry (and his wife) and Edward (the twins), along with Samuel live in Boulder, Colorado; Paul and Kim try to visit often and always enjoy their trip visiting the boys. Son Ryan and daughter Molly (and her family) live in Laconia, while daughter Allison and her husband live in Andover, and Adam and his family live in Gilmanton.

Some of the interesting things that I know about Paul – he loves to putter around his house, he can build anything and can fix just about anything. His favorite place to vacation is the Isla Mujeres, Mexico, where his speaking Spanish fluently comes in very handy.

I count myself very lucky to know Paul, but also to call him my friend.

~ Paula



*Congratulations to all of our nurses on National Nurses Day May 6th. It is a wonderful feeling to have such dedicated nurses here at Taylor. They are so kind, thoughtful and concerned about our medical issues. It is comforting to know that we as residents are carefully looked after and receive prompt attention to our needs as they arise. Again thank you for being here for us as we know we are in good hands every day.*

~ Barbara Miles

## Good Old Days Video Project



This will be fun... We are going to create our very own Taylor Community Rock Video to the tune of "Good Old Days" by Macklemore and Kesha. We will be working with Laconia High School Media students to video record staff and residents singing

the words to this song. Included for Laconia residents as an insert to your Gazette are the words to the song, along with the buildings and locations on campus where the video crew will record each section.

This is a May project to bring our entire community, both residents and staff, together for a very fun opportunity with Laconia High School students. Please contact Tammy at 366-1206 to join in the fun.

## We're going to miss you, Lovely Lu!

After more than ten years at Taylor Community, Lu has decided it is time to start the next chapter in her life. Lu's last day at Taylor will be Friday, April 20<sup>th</sup>.



Over her years as an integral part of our Marketing Team, Lu has helped hundreds of families navigate the path to Taylor. Her knowledge, warmth, follow-through (and decorating skills!) made a huge difference to so many Taylor residents. Lu will be greatly missed and we're sorry to see her go, but we wish her well as she embarks on the new travel adventures she and her husband, Bill, have looked forward to for a long time.

We will be having a farewell coffee hour on **Monday, April 16<sup>th</sup> from 10 — 11 a.m.** in the Fireside Room at Woodside. This is an informal gathering, and we invite residents and staff to stop by to congratulate Lu and share well wishes. **We hope you can join us.**

## Glendale Senior Dining's Easter Brunch

These folks jumped right in, providing residents with a sumptuous Easter Brunch on their very first day in operation at Taylor. **Well done!**



So look who made the Sun last week! It was submitted just before Easter with a subject line, "Happy Easter... I guess..." He's really not terribly upset, just not quite sure what to do about the ears.

"Bruce is happy to greet anybunny who visits Taylor Home, but is somebunny missing their ears?"



## Computer Corner Internet Browsing Safety

Did you know that simply opening a web page or clicking on a pop-up (even clicking to close it) can make you fall into a spyware trap, and allow it to be installed on your computer?

Certain sites are more prone than others, such as adult sites, file-sharing sites, and social-networking sites.

Here's some things you can do to surf more safely:

- Avoid questionable web sites
- Only download software from sites you trust
- Update your operating system regularly
- Increase your browser security settings
- Type in a trusted URL for a company's site directly into the address bar of your browser (bypass links)
- Make sure your security software is up-to-date. Use antivirus software protection and a firewall, as well as antispyware software.

Firewalls monitor Internet traffic in and out of your computer and hide your PC from scammers looking for easy targets. Antivirus and spyware protection guard your PC, and if a threat is detected, quarantine questionable content until it's deleted.

Source: [webroot.com](http://webroot.com)

## Earth Day 2018

The first Earth Day, April 22, 1970, activated 20 million Americans and is widely credited with launching the modern environmental movement. The passage of the landmark Clean Air Act, Clean Water Act, Endangered Species Act and many other groundbreaking environmental laws soon followed. Twenty years later, Earth Day went global, mobilizing 200 million people in 141 countries and lifting environmental issues onto the world stage.

Earth Day 2018 will focus on fundamentally changing human attitude and behavior about plastics and catalyzing a significant reduction in plastic pollution.

The invention of plastic in 1907 was considered a breakthrough. For many years we perceived only the benefits and knew little of the damaging consequences for human health, natural ecosystems and the climate. Plastics are a problem mostly due to their un-biodegradable nature, the materials used for plastic production (hydrocarbon molecules—derived from the refining of oil and natural gas), and the challenges behind properly discarding them.

From poisoning and injuring marine life to disrupting human hormones, from littering our beaches and landscapes to clogging our waste streams and landfills, the exponential growth of plastics is now threatening the survival of our planet. Currently about 300 million tons of plastic are produced each year to make bags, bottles, packages, and other commodities for people all over the world. Unfortunately, only about ten percent of this plastic is properly recycled and reused. The rest ends up as waste in landfills or as litter in our natural environment, where it leaches dangerous chemicals into the nearby soil and water, endangering humans and wildlife alike.

In fact, according to a BBC article, 8.3 billion metric tons (that's 9.1 billion US tons!) of virgin (non-recycled) plastic has been produced to date, generating 6.3 billion tons (6.9 US tons) of waste. With 9% recycled, and 12% incinerated, that leaves 79%, or 5.5 billion US tons of waste in landfills and in the environment. If the current trend continues, we will have 13.2 billion tons of waste in landfill by 2050.

**We can all help some, with these actions, the 5 R's: Reduce, Refuse, Reuse, Recycle and Remove:**



### In the News!



Dick Calvert, you've been spotted in New York State's Oneida Daily Dispatch! An excerpt from the March article titled **WWII 10th Mountain Division Skiers Meet Modern Soldiers** and written by Holly Ramer here:

NORTH CONWAY, N.H. (AP) >> Given the choice between turning soldiers into skiers or skiers into soldiers during WWII, the U.S. government decided the latter was easier. And anyone who watched 91-year-old veteran Richard Calvert easily outpace a bunch of young servicemen in New Hampshire last weekend likely would agree.

"I was intimidated a little bit. I knew I wasn't going to keep up with him," said Spc. Sebastian Gaitan, a 21-year-old snowboarder. "He was haulin' ass."

Gaitan finished 80 spots behind Calvert in the Hannes Schneider Meister Cup Race at Cranmore Mountain on Saturday. But the day was more about connections than competition for the former and current members of 10th Mountain Division, which is credited with hastening both the end of World War II and the rise of the American ski industry.

*The picture shown top left is Dick at the 2015 Hannes Schneider Meister Cup Race.*

### The 5 R's

**Reduce:** Many plastic products we use are generally unnecessary. Do you really need a straw to drink a glass of water? Can you buy the same product without consuming plastic?

**Refuse:** Refuse plastic whenever possible. Much of the most frequently discarded plastic is given to us for free: straws, grocery bags, plastic utensils. Avoid purchasing those products with excessive plastic packaging.

**Reuse:** A majority of the items we use once and then dispose of are plastic. Select products designed for multiple uses, and make sure they don't get thrown away before their usefulness is spent. Buy a reusable water bottle. Get creative; find another use for an item. Donate used items.

**Recycle:** Recycling isn't the final solution, but is a part of it. Educate yourself on proper recycling. The Laconia 2018 Curbside Recycling Calendar provides full instructions for Laconia residents. Call Maureen, 366-1236, if you need a copy.

**Remove:** Be an active part of the clean-up effort! Consider joining Tammy's trip to help clean up Leavitt Park on the 19th, or other similar endeavors. If we all help a little, it will help a lot.

*Source: [earthday.org](http://earthday.org)*



### Living with Grief



Central NH VNA & Hospice welcomes you to join them to learn about the grief process, to discuss ways of coping with losses, and to gain the support of others in a safe and caring environment.

Grief is a unique experience through which each person finds their own path, yet there are common threads we all may share. Sharing and hearing each other tell our stories can itself be healing. Topics will include how grief affects our bodies, minds, emotions, social life, and spiritual life as well as ideas for good self-care and how to approach difficult times of day or year.

**Please join us on May 17, 24, 31 and June 7, in the Maple Room at Woodside from 2:30 to 4:00PM.**

If you'd like to join the group, please register with Hank Offinger at 366-1207.



### Medicare ID Card Scam



This month Medicare will start replacing all current Medicare cards to convert to alphanumeric ID numbers (right now, it's your social security number).

\*Your new Medicare card will come in the mail; you do not need to request it, and there is no charge for the new cards. **Medicare will not call you on the phone.**

There is a scam going around involving these new Medicare Cards. It is true that these new cards will be sent out from April 2018 to April 2019. However, scammers are taking advantage.

So what's the scam? A caller purporting to be from Medicare calls and tells you that you will need a temporary card until your new card arrives. They want personal information, bank account or credit card information so that they can process this new temporary card. **Do not be fooled by this scam. Hang up.**

### Tax Scam Reminder

With the close of tax season near, scammers have been stepping up their game.



**Phishing:** Please be on guard against fake emails looking to steal your personal information. The IRS will never initiate contact with taxpayers via email regarding a bill or refund. **Do not** click on an email purporting to be from the IRS.

**Phone scams** by criminals impersonating IRS agents remain a serious threat, with individuals threatening taxpayers with police arrest and license revocation among other things. **These calls are a scam.** The IRS will always make initial contact via US Mail. **Do not interact with the caller and hang up.**

Reminder: If you are threatened by someone telling you that you must pay a fine via a **pre-paid debit card, it is always a scam.**

**Not sure if it's a scam?** Perhaps better to assume it is. Need help deciding? Please call Care Management Director Hank Offinger at 366-1207 or VP—Finance Ed Soucy at 366-1229. Either of them will be happy to assist you.

## Fitness News and Events

### Ongoing Events

**April 2, 9, 16, 23, 30 — Tai Chi with Russ Jones: 10am.** Tai Chi has been shown to lessen depression, stress and anxiety, to improve energy and stamina, and provide enhanced flexibility, balance and agility. Cost per class for residents is \$8 and can be billed to your account if you wish. Non-residents \$12. Give it a try! No registration is necessary.

**Mondays beginning April 2, ongoing — Mindful Movement and Meditation through Chi Kung: 6:00pm.** Rick Hochsprung, who previously worked on campus with Genesis, will lead this class. Rick has been teaching this class at Laconia Adult Education, and has offered to provide it next at Taylor Community. Chi Kung, AKA Internal energy work/exercise, is the basis for Tai Chi, AKA Medical Chi Kung, for health and healing. Rick uses a card system to track payments: Punch cards have 5 punches (5 classes) and cost \$40 for residents, \$50 for non-residents. Two cards may be purchased by residents for \$75, \$90 for non-residents. **\*Please bring loose, comfortable clothing.**

**April 8, 12, 17, 19 — Dog Obedience Lessons with Henry Bird and Marjorie Anderson — 3:00pm at Woodside.** Free of charge for Taylor Community Residents.

**April 19 — Earth Day Clean-Up of Leavitt Park: 12:45pm.** Details on Page 8.

### Meeting Reminders

**April 17 — 1:00pm Wellness Committee Meeting**

**April 17 — 2:00pm Pool Committee Meeting**



**Savannah Barden**, senior seminar student from Laconia, spoke to resident retired nurses Harriette Bourdon, Freda Whittemore and Lois Wilson, to get a better understanding of what it was like 20-30 years ago in the industry.

**Laconia Fire Chief Erickson** visited us at Woodside to discuss current safety and evacuation protocol for the campus. If you have questions about what you should do in case of emergency, please contact Hank, Diane or Tammy for more information.



**Students from Elm Street School**, led by Physical Education teacher Mitzi Tucker, demonstrated their jumping skills at Taylor Home and Ledgerview. **The students raised \$9,000 for Jump Rope 4 Heart!**



Residents are more active now than ever, and we love it! Look what we got, because you asked! **Taylor Home now has a NUSTEP!** Tammy is setting up educational training sessions for residents and staff to learn how to use this piece of equipment properly. If interested in learning, please contact Tammy at 366-1206 or sign up on the clipboard located by the NUSTEP. **\*Please consult your physical therapist and/ or doctor before adding a new exercise to your schedule.**

### Be Well!

**Tammy Levesque, Staff & Resident Wellness Director: 366-1206**

**Lena Nirk, Fitness & Aquatics Coordinator: 366-1405**

## Welcome New Residents

**Russell Lukes**  
3/29 Ledges

**Jane Roosevelt**  
4/12 Woodside

**We're glad you're here!**



## Welcome New Staff

**Christina Dutton**, Northfield, joins us as LNA. Christina earned her LNA credentials at the Huot Tech Center, and is currently working toward her RN. This is her first job as an LNA! Christina loves going to the gym, and spending time with her family. She has an Australian Shepherd at home, is a big fan of the Red Sox, and is very eager to meet everyone at Taylor!

**Corey Descoteaux**, Laconia, also joins us as LNA, earning his credentials through the American Red Cross. Corey worked as a cook prior, for 13 years. He has two small children at home, ages 3 and 4, a ball python and a cat. His favorite color is blue.

**Welcome to Taylor Community!**

## American Red Cross Blood Drive

**Tuesday, April 17**  
**2:00 — 7:00pm, Woodside**



Pre-registration saves time: Call 1-800-RED-CROSS (1-800-733-2767) to schedule your appointment or search online for sponsor code: TAYLOR

**Thank you for your support!**

The last Blood Drive held registered 33 donors (one first-time) and collected 31 pints of blood.

**OnSite**  
**DERMATOLOGY**  
Convenient Skin Care and Treatment Services

**Need a Spot  
Check?**

OnSite Dermatology provides convenient mobile dermatology services to seniors in independent, assisted living and skilled nursing facilities nationwide, and is a Medicare participating provider.

OnSite will be on the Laconia campus **Wednesday, April 18, with appointments beginning at 9:00am.** If you would like to schedule an appointment, please call 1-877-345-5300.

## We Love Our Taylor Community Nurses!

May 6 is National Nurses Day, coming right up. We know you love your nurses, tell us why! We want to hear it! Residents, family and friends, please call, email, write, send inter-office; I'll be happy to hear from you as I'd like to publish some of your responses in The Taylor Gazette. Call 366-1236, email mballester@taylorcommunity.org or send to Maureen at Taylor Home, 435 Union Avenue, Laconia, NH 03246.



## Taylor's String Band... coming soon!



Have you ever wanted to be a part of a band? Now is your chance... No experience necessary!

Call Tammy if you're interested at 366-1206.  
More details coming in May.

## Recent Additions to the Woodside Library

**Pathology of Alzheimer's Caregiving: A Decade of Prose and Poetry**, by David R. Cook, a good friend of Taylor resident David Hart.

### Non-Fiction:

**The Little Way of Ruth Leming**, Rod Dreher

### Fiction:

**Patriot Threat**, Steve Berry

**The Reversal**, Michael Connelly

**Mirage**, Clive Cussler

**The Cutthroat**, Clive Cussler

**X**, Sue Grafton

**Y**, Sue Grafton

**The Snow Child**, Eowyn Ivey

**Mitford Bedside Companion**, Jan Karon

**Lake Shore Limited**, Sue Miller

**Political Suicide**, Michael Palmer

**Shrink Wrap**, Robert B. Parker

### Large-Print Fiction:

**Jessica Fletcher** (Donald Bain brings back two Sunday Night TV "Murder She Wrote" stories)



**Enjoy a good book!**

## UPCOMING TRIPS

**SIGN-UP NOW!** Please call 366-1226 unless otherwise noted.

**Note:** Trip descriptors – **Easy, Moderate, or Independent** – indicate the degree of mobility [walking, standing, stepping, etc.] required in order to safely participate and enjoy the trip. All pick-up times are an approximation.

Non-residents pay a \$10 fee. There is a \$10 fee charged for cancellations within 72 hours of the trip. **Funds for show tickets purchased in advance are due when the order is placed and are non-refundable.**

**Thursday – April 19 – Earth Day Clean Up at Leavitt Park with Elm Street School Students [Independent]** Fresh air, gloves, “picker-uppers” and lots of fun await you! We will partner with these bright young students to clean up our community and make connections with a younger generation. *Get outdoors and join the effort!* Please call Tammy at 366-1206 to join the group. The bus will depart Woodside at 12:45PM.



**Friday – April 20 – Nashua National Fish Hatchery with lunch at Lilac Blossom [Moderate – walking]** The Nashua National Fish Hatchery was established in 1898. A working part of the Eastern New England Fisheries Resource Complex, it is one of 11 national fish hatcheries in the Northeast Region and one of 70 in the National Fish Hatchery System (NFHS). The NFHS works to conserve rare imperiled species, as well as common game fish to strengthen ecosystems and economies. Work at the hatchery supports Atlantic salmon, American shad and other aquatic species restoration efforts in the Merrimack and other New England rivers. The station provides Atlantic salmon eggs for fry release programs and retired broodstock for Atlantic salmon recreational fisheries. **The Lilac Blossom Restaurant** offers always fresh, always delicious, award-winning Chinese cuisine, cooked fresh to order using the finest ingredients. **Admission to the Hatchery is FREE. Laconia Campus pick-up begins at 9:00AM.**

**Friday – April 25 – Ciao Pasta [Easy]** Welcome to Ciao Pasta, where “designer dishes” are their specialty! Just pick your pasta, choose a sauce and add on the goods. Select from 10+ sauces and pastas along with add-ons from Parmesan Crusted Veal, Cajun Salmon, Sausage and Meatballs, plus many more. At Ciao Pasta you will be serenaded with the aroma of garlic and Italian herbs in a great atmosphere, making you feel as if you’ve been transported to Tuscany. **The bus will begin picking up residents at 4:45PM.**



**Friday – April 27 – New Hampshire State House Tour with lunch at Red Blazer [Moderate – walking]** The New Hampshire State House is the oldest state capitol building in the United States where the legislature meets in its original chambers. Its gilded dome, which rises approximately 150 feet into the air, is still the highest architectural point in the City of Concord. The building is largely made up of granite blocks quarried locally in the north end of the city, its most notable features the portico at its main entrance and its large central dome. Originally designed by Stuart J. Park in 1814, construction took place from 1816 through 1819 and the

General Court (New Hampshire’s legislature) held its first session at the building in 1819. In addition to the General Court, the Capitol was designed to house the Governor, the Secretary of State, the State Treasurer, and the State Library. Join us as our guide leads us through the State House providing historic details along the way. **The Red Blazer** is known for its work in the area of environmental responsibility, and has received several awards. They were certified by the NH Department of Environmental Services as an Environmental Champion in 2011. Since then the Red Blazer has continued to raise the bar and set the standard for environmental responsibility in our industry. **Admission to the State House is FREE. The bus will begin picking up residents at 10:00AM.**

**Saturday – April 28 – Winnepesaukee Playhouse: Same Time, Next Year [Easy]** A humorous yet touching comedy about lasting love. Doris and George love each other. Incidentally, they are both married to other people. Yet over the course of several decades they maintain their once-a-year weekends together, proving that true love comes in all different packages. By Bernard Slade - **Tickets are \$27 per person. The bus will begin picking up residents on the Laconia Campus at 12:45PM.**



# UPCOMING LECTURES AND CAMPUS EVENTS

**Note:** Transportation is available for most **ON-CAMPUS** events.

Ensure your seat on the bus: **Transportation Reservations are required 24 hours in advance by calling 366-1234.**



**Wednesday – April 18 – *Lost in Laconia: History of the Laconia State School*** – Join us as Gordon Dubois shares his documentary entitled *Lost in Laconia*, which traces the history of the Laconia State School from its initial beginnings as the New Hampshire School for the Feeble-minded in the early 1900's until its closure in 1991. **This program will be held at Woodside beginning at 7:00PM.**

**Saturday – April 21 – *Community Social & Buffet*** – A sumptuous menu is provided on Page 12 of this Gazette. Join your friends and neighbors for this fun social event. **Please be sure to RSVP at 366-1449 by April 18, and then join us at Woodside beginning at 5:00PM. See you there!**



**Monday – April 23 – *Woodside Lunch, Tour, and Theater Presentation of Michael Bublé*** – What does Woodside have to offer Taylor Community Residents? Come and see at this informative tour; enjoy lunch and Michael Bublé in Concert, the Canadian crooner whose jazz vocals pay reverent duty to Frank and Dino, but with a majestic, modern twist. **Please call Ann at 366-1238 to sign up for this event, which will take place beginning at 11:00AM.**

**Thursday – April 26 – *Swenson Granite Lecture with David Dufour*** – Join us as David Dufour shares the history of Swenson Granite, a business that has been quarrying and cutting granite in New England since 1883. Founded by Swedish immigrant John Swenson, the company is now headed by the fourth generation of the Swenson family. For more than a century, the Swenson name has remained synonymous with a steadfast commitment to quality and service. It is this commitment, combined with adaptability in the marketplace, which Swenson credits for its longevity, growth and prosperity. **This program will be held at Woodside beginning at 7:00PM.**



***Have you enjoyed a Taylor Community Trip? No? Well, I wonder why not?!*** Your Taylor friends and neighbors had such fun at Anheuser-Busch last month!



### Recurring Campus Events

#### Sundays:

##### Sunday Brunch

Sundays, 11:00am to 2:00pm  
Community Bistro, Woodside  
.....

##### Church Services

Sundays @ 2:00pm, Ledgeview  
.....

##### Sunday Movie Matinees

Sundays @ 2:00pm, Woodside Theater  
.....

##### IRA Sunday Social & Monthly Birthday Celebration

Generally the 4th Sunday of the Month @ 4:30pm,  
Fireside Room at Woodside

#### Mondays:

##### Stitch Witchery Quilters

Mondays @ 8:00am, Woodside  
.....

##### Cozy Caps Knitters

Mondays @ 10:00am, Woodside  
.....

##### Taylor Home Bingo

Mondays @ 10:00am, Taylor Home  
.....

##### Taylor Playreaders

1st and 3rd Mondays @ 1:00pm, Woodside

#### Tuesdays:

##### Resident Cracker Barrel Coffee Hour

Tuesdays @ 10:00am  
Fireside Dining Room  
.....

##### Worship Services

Tuesdays @ 10:30am, Ledgeview  
.....

##### Laconia Public Library Runs

Every Other Tuesday @ 10:30am (Call 366-1234)  
.....



##### Shopping Bus to Belknap Mall

Tuesdays @ 1:00pm (Call Dial-A-Ride)  
.....

##### Non-Fasting Blood Draws

Tuesdays @ 1:00pm  
Woodside Wellness Office  
.....

##### Blood Pressure Clinic

Tuesdays from 2:00 - 3:00pm  
Woodside Wellness Office

#### Wednesdays:

##### Fasting Blood Draws

Wednesdays @ 6:30am  
Woodside Wellness Office  
.....

##### Cribbage Games

Wednesdays @ 10:00am  
Woodside Card Room

*(Wednesday is continued above right)*

### Recurring Campus Events

#### Wednesdays (Cont.):

##### Veterans Coffee Hour

3rd Wednesday of the Month @ 10:00am  
Lake Room at Ledgeview  
.....

##### Book Discussion with Lois Brady

1st Wednesday of the Month @ 10:30am  
Woodside 3rd-Floor Lounge  
.....

##### Care Management Nurse Office Hours

Wednesdays 2:00 - 3:00pm, Woodside Wellness Office  
.....

##### Wine Socials

Wednesdays @ 3:00pm  
Taylor Home and Ledgeview 3rd Floor  
.....

##### Woodside/Ledges Food Forum

2nd Wednesday of the Month @ 2:00pm  
Woodside

#### Thursdays:

##### Woodcarvers

Thursdays @ 9:00am, Woodside Wet Craft Room  
.....

##### Shopping Bus to Hannaford's/Walmart

Thursdays @ 9:00am (Call Dial-A-Ride)  
.....



##### Bridge Games

Thursday @ 1:00pm, Woodside  
.....

##### Taylor Community Chorus Rehearsals

1st and 3rd Thursdays @ 2:00pm, Taylor Home Atrium

#### Fridays:

##### Le Cercle Français de Laconia

Fridays @ 10:00am, Fireside Dining Room  
.....

##### Taylor Home Bingo

Fridays @ 10:00am, Taylor Home

#### Saturdays:

##### Saturday Entertainment at Ledgeview

Saturdays @ 2:00pm, Second Floor  
.....

##### Community Social & Dinner

3rd Saturday of the Month @ 5:00pm, Woodside  
(Please RSVP at 366-1449 by Noon the Wed. prior)  
.....

##### Saturday Night at the Movies

Saturdays @ 7:00pm, Woodside  
(7:30pm on Community Social & Buffet Nights)



### Assure your ride!

**Dial-A-Ride** operates Monday — Friday, 8am to 4pm, with extended hours Tuesday and Thursday evenings (until 7) and Sunday morning transportation to church. Please plan ahead to assure your ride: **RSVP Monday to Friday from 8am to Noon at 366-1234.**

**Trip Reminders**

Advance RSVP is required; unless otherwise indicated, please call Brenda at 366-1226.

**Earth Day Clean-Up, Leavitt Park**  
Thurs., 4/19 @ 12:45pm

**Nashua National Fish Hatchery**  
Fri., 4/20 @ 9:00am

**Ciao Pasta**  
Wed., 4/25 @ 4:45pm

**NH State House Tour**  
Fri., 4/27 @ 10:00am

**Winni Playhouse: Same Time Next Year**  
Sat., 4/28 @ 12:45pm

**Lectures, Programs & Special Events**  
Check out Recurring Campus Events on Page 14!

**Musical Entertainment: Dave & Trish**  
Sun, Apr. 15 @ 2:00pm, Taylor Home Atrium

**Lu Winsor's Retirement Coffee**  
Mon, Apr. 16 @ 10:00am, Woodside

**NH Humanities: From Troy to Baghdad**  
Mon, Apr. 16 @ 6:30pm, Woodside

**American Red Cross Blood Drive**  
Tues., Apr. 17, 2:00—7:00pm, Woodside  
Pre-register at 1-800-RED-CROSS (1-800-733-2767)  
or search online for sponsor code: TAYLOR

**Gordon Dubois presents Lost in Laconia: History of the Laconia State School**  
Wed., Apr. 18 @ 7:00pm, Woodside

**April Community Social & Dinner**  
Sat., Apr. 21 @ 5:00pm, Woodside  
Menu on Page 12.

Please RSVP to 366-1449 by 4/18.

**Woodside Lunch & Tour with Theater Presentation of Michael Bublé**  
Mon., Apr. 23 @ 11:00am  
Please RSVP to Ann at 366-1238.

**NH Humanities: From Troy to Baghdad**  
Mon, Apr. 23 @ 6:30pm, Woodside

**David Dufour presents: Swenson Granite**  
Thurs., Apr. 26 @ 7:00pm, Woodside

**Woodside Theater**



**Saturday Nights at 7:00PM**

April 21: (No Movie tonight)  
April 28: Lawrence of Arabia

**Sunday Matinees 2:00PM**

April 15: The Quiet Man  
April 22: Chicago  
April 29: (No Matinee today)

**Musical Entertainment at Ledgerview**  
Saturdays at 2:00pm

April 21: Bob Rutherford  
April 28: Dennis Allard

**In Memoriam**

**E. Chadwick "Chad" Squires**  
June 4, 1936 – April 2, 2018  
Taylor Resident Since 2016

**Beverly Martin**  
September 21, 1935 – April 6, 2018  
Taylor Resident Since 2007



**Meeting Reminders**

**Wellness Committee Meeting**  
Tuesday, April 17 @ 1:00pm, Wellness Center

**Pool Committee Meeting**  
Tuesday, April 17 @ 2:00pm, Wellness Center

**Back Bay Care Management Hours**



Heather Bell, Care Management Nurse, will be available at the Back Bay Community House on the **third Thursday of each month from 8:00am — 4:00pm.** Contact Heather at 366-1340 or hbell@taylorcommunity.org.

**Free Paper Shredding Day**



Bank of NH's Gilford Operations Center at 10 Mutual Way is offering free paper shredding on Saturday, April 21st from 9am until Noon. All papers will be shredded on location safely and confidentially in the mobile truck. Documents should be free on large binder clips (staples and paper clips are okay). **A limit of 3 boxes per person is allowed.**

## The Community Bistro

Glendale Senior Dining  
Welcomes You!

Monday, Wednesday and Friday - 11:45am - 6:45pm  
Tuesday and Thursday: 11:45am - 3:45pm and  
5:00 - 7:00pm for Dinner

**(Please RSVP for Dinner at 366-1481)**

Grab & Go - from 11:45am

**Sunday Brunch - 11:00am - 2:00pm**

**Delivery Available for Lunch and Dinner  
Monday through Friday**

## Daily Lunch Specials

**Monday 4/16:** Sizzling Steak Fajitas, Mexican Rice and Pico de Gallo

**Tuesday 4/17:** General Tso's Chicken with Lo Mein Noodles

**Wednesday 4/18:** Home-Style Meatloaf, Garlic Mashed Potatoes and Vegetable Medley

**Thursday 4/19:** Spaghetti with Italian Sausage and Roasted Peppers in a Creamy Tomato Sauce

**Friday 4/20:** Fried Fish & Chips with Creamy Slaw and Tartar Sauce

**Monday 4/23:** Ginger Pork Stir Fry over Steamed Rice

**Tuesday 4/24:** Vegetable Lasagna Roulades with Basil Cream Sauce, Caesar Salad and Breadsticks

**Wednesday 4/25:** Carolina Pit BBQ

**Thursday 4/26:** Beef and Mushroom Stroganoff over Buttered Noodles

**Friday 4/27:** Oven-Roasted Parmesan Flounder with Two Sides

## The Lake Room at Ledgeview

Breakfast and the Noon Meal are served daily in **The Lake Room**, 7:30 – 9:00am and Noon – 1:00pm.

Supper is served on Monday, Wednesday, Friday, Saturday and Sunday, 5:00 – 6:30pm (please join us at The Bistro on Tuesday and Thursday nights).

Please make Lake Room reservations at 366-1202.

**For Weekly Lake Room menus call 366-1231.**

## We care about your dining experience.

Please assist us as we strive to provide the best possible service to you, our customers!

**When you RSVP**, you ensure that enough food has been prepared and proper staffing is available for an excellent dining experience for all.

**Please RSVP for dinner at 366-1481.**

## Community Social & Dinner Saturday, April 21

**Cheese Board:** Variety of Cheeses from Vermont and New Hampshire with Flatbread Crackers

**Appetizers:** Pork Pot Stickers with Sweet Chili Sauce; Hawaiian Poke with Ginger Soy and Fried Wonton Strips; Wild Mushroom Medley Crostini with Herb Boursin; Breaded Cheese Curd with Brew Pub Mustard Sauce

**Mixed Greens** with Grape and Yellow Cherry Tomatoes and Shaved Fennel, with Blood Orange Shallot Vinaigrette

**Entrées:** Cast Iron Statler Chicken Breast with Pan Gravy; Oven-Roasted Sole with Sautéed Baby Spinach, Local Tomatoes and Lemon; **Carvery:** Roasted Ribeye with Merlot Demi

**Sides:** Roasted Sunset Fingerling Potatoes; Basmati Rice Pilaf; Herb-Roasted Tri-Color Cauliflower; Steamed Green Beans

**Desserts:** Berry Shortcake Shooter; Chocolate Mousse with Shaved White Chocolate Shooter; Selection of GF/SF Options



**\$22.95 per person**

**Please RSVP for this event, 366-1449 by Apr. 18.**

## Dinner Specials – Tuesday, April 17

**Roasted Pork Tenderloin w/ Blueberry Demi Glace \$16**

**Grilled Swordfish w/ Lemon Caper White Wine Sauce \$18**

**Sides:** Quinoa Pilaf, Roasted Yukon Gold Potatoes, Steamed Broccoli, Vegetable Medley  
Mixed Greens w/ Grape Tomatoes, Shaved Red Onion and Almonds with Balsamic Vinaigrette or Soup du Jour

## Dinner Specials – Thursday, April 19

**Chicken Piccata \$14**

**Wild Mushroom Ravioli topped with Braised Short Ribs in a Cabernet Demi \$16**

**Sides:** Lemon Orzo, Mashed Red Bliss Potatoes, Roasted Baby Tri-Color Carrots, Asparagus  
Caesar Salad w/ Parmesan Ciabatta Bread or Soup du Jour

## Dinner Specials – Tuesday, April 24

**Roasted Sirloin with Wild Mushroom Sauce \$18**

**Grilled Faroe Island Salmon \$16**

**Sides:** Mashed Potatoes, Jasmine Rice, Summer Squash with Red Peppers and Roasted Mushrooms  
Roasted Beet and Baby Kale Salad with Champagne Vinaigrette or Soup du Jour

## Dinner Specials – Thursday, April 26

**GF Chicken & Kale Ravioli with Sautéed Plum Tomatoes, Basil and White Wine Garlic Sauce \$14**

**Grilled Lamb Lollipops \$18**

**Sides:** Roasted Red Potatoes, Wild Rice, Sautéed Rainbow Swiss Chard, Roasted Zucchini  
Fresh Mozzarella with Tomatoes & Balsamic or Soup du Jour