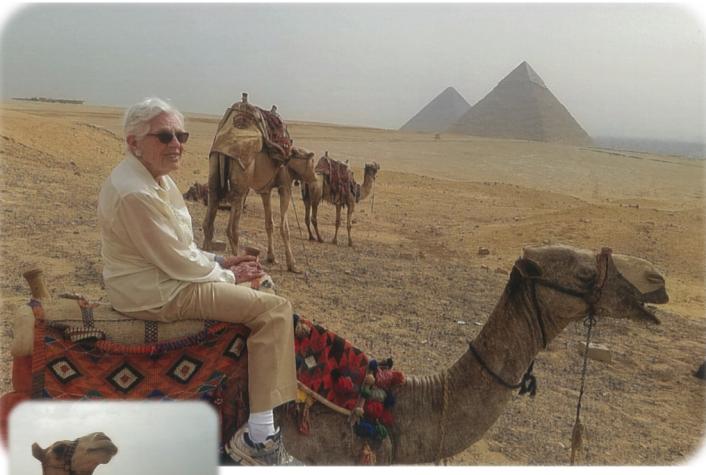


The Taylor Gazette

95-Year-Old Woodside Resident Hops Camel in Egypt!



Resident Doris Duff never dreamed that she would still be traveling at this late age. She recently returned from a two-week trip to Egypt with her sister, Ginny Lovett. The ladies made the trek to attend the graduation of her great-nephew Michael Fitzgerald from Cairo American College, where he graduated as Valedictorian of his class. Doris had a wonderful time, and advises everyone to go see the wonders of the pyramids. She's shown here braving the sway of a camel at the Giza Pyramids.

When asked about her longevity, Doris attributes it to keeping active, doing volunteer work and helping others. She stays very active and walks regularly. A huge fan of Wellness Director Tammy Levesque, Doris is always quick to give her credit, and regularly attends several of her classes in the Fitness Center. "Tammy is just so wonderful. Sometimes others fill in for her classes, and they're very good, but you know... Tammy is simply irreplaceable!" Both ladies certainly have a zest for life!



Volume 204

July 8 to July 21, 2018



Taylor Community 2018 Music Series

New Hampshire Music Festival Woodwind Quintet Sunday, July 15 at 3pm

Featuring Valerie Watts, Flute; Shawn Welk, Oboe; Bill Kalinkos, Clarinet; Nicolasa Kuster, Bassoon; and David Saunders, Horn, with the classical music of Beethoven, Nielsen and Paquito D'Rivera.

Generously supported by Bank of New Hampshire, Taylor Community's Music Series performances are free and open to the public.

This concert is generously sponsored by Residents Zeke and Mary Ettelson, Doris Duff, and Kit and John Peterson.



Mt. Rowe: 1680' No Problem!



Resident Trustee Nomination Forms with Bios are due to Paula Glaude at Taylor Home by July 9.

Who Doesn't Love Daisies?!

Taylor Home Residents experimented with adding food coloring to the water of fresh-picked daisies and were delighted with the results. They drained and rinsed them several hours later to be able to bring them inside for Cocktail Social and not jeopardize the cream-colored carpet, but wondered how much more they'd have changed color if we'd left them. I tried it at home with interesting (and somewhat alarming) results. They're shown on Page 7 after having been in the color for 36 hours.

~ Maureen



Nursing Residents enjoy the addition of a "Chair Chi" class led by Russ Jones.

Benefits of Chair Chi include balance, flexibility, range of motion, strength, energy, pain relief, tranquility, stress reduction, and peace of mind.



Resident Larry Guild Honored for Service to Laconia Rotary Club



Larry was honored on June 28 for his many years of dedicated service to the Laconia Rotary Club.

Rotary is a worldwide organization of business and professional leaders that provides humanitarian service, encourages high

ethical standards in all vocations, and helps build goodwill and peace. The main objective of Rotary is service – in the community, in the workplace, and throughout the world. Clubs are nonpolitical, nonreligious, and open to all cultures, races, and creeds. Laconia Rotary is part of this international network that values service above self.

We also commend Larry for his service to Rotary, as well as the myriad of ways he supports us at Taylor Community!

Welcome New Staff

Ernie Liakas, Belmont, joins our transportation team as Driver. Ernie attended SNHU and holds a BS degree in Business. He likes to travel, and enjoys sports and wood-working projects.

Alyssa Berg, Belmont, joins our Health Services team as LNA, having earned her credentials at LRCC. Alyssa was a dancer for 10 years. She has one sister and a cat, and loves the ocean and being outside.

Ian Edwards, Laconia, joins Team Taylor as Groundskeeper. Ian describes himself as a good guy with a positive attitude. He's run his own lawn care service, and enjoys working with tools and bicycle riding. He has a cat at home named Bobcat.

Welcome to Taylor Community!



Looks like a postcard, doesn't it?!

Resident Forrest Seavey took this photo with his drone, providing a new perspective of Taylor Home.



Welcome New Residents!

Earl & Nancy Ellis

6/27 Woodside

John Quinnam

6/29 Woodside

Peter Staib & Shirley Felong

7/2 Back Bay

editor's note

I will be out of the office from July 23 to August 3.

Paula Glaude has graciously offered to produce The Gazette Volume 206 (August 5–18) in my absence. The content deadline for this issue is July 27. Please provide *ready for print information* (we're not holding Paula responsible for errors) and be sure to send to her at pglaude@taylorcommunity.org before deadline.

Thank you!

We're glad you're here!

Resident Roy Kincade Honored for 60 Years of Service to Freemasonry

Did you see Roy in the Daily Sun? He was honored for **60 years** of service to the esteemed Freemasons Fraternity, and received a certificate commemorating the attainment of his Master Mason degree on March 23, 1957.



Freemasonry is the oldest, largest, best known, and most widespread Fraternity in the world; it is generally agreed that it predates any written records available today. A system of morality and ethics that transcends political, racial, financial and secular boundaries, Freemasonry is a belief that all men are created equal, and all deserve respect, love, relief and charity.

and ethics that transcends political, racial, financial and secular boundaries, Freemasonry is a belief that all men are created equal, and all deserve respect, love, relief and charity.



Scam Central: Health Care Scams



Here's how they work: You see an ad on TV, telling you about a new law that requires you to get a new health care card. Maybe you get a call offering you big discounts on health insurance. Or maybe someone says they're from the government, and she needs your Medicare number to issue you a new card.

Scammers follow the headlines. When it's Medicare open season, or when health care is in the news, they go to work with a new script. Their goal? To get your Social Security number, financial information, or insurance number.

Take a minute to think before you talk: Do you really have to get a new health care card? Is that discounted insurance a good deal? Is that "government official" really from the government? The answer to all three is almost always: No.

Here's what you can do:

1. **Stop. Check it out.** Before you share infor-

Citizens Count NH® Live Free or Die Alliance

**Your Vote Counts...
Stay Connected!**

Ledges resident Dave Hart came upon some useful information regarding voting, candidates and elected officials (including where they stand on issues and how to contact them) and wanted to share.

Citizens Count, NH's Live Free or Die Alliance is a nonpartisan, 501(c)3 nonprofit organization created to make it easier for NH citizens to get informed, exchange opinions, and connect with their elected officials.

Citizens Count NH's website can be found here:

www.lfda.org

mation, call Medicare (1-800-MEDICARE), do some research, and check with someone you trust. What's the real story?

2. **Pass this information on to a friend.** You probably saw through the requests. But chances are you know someone who could use a friendly reminder.

Please Report Scams to the Federal Trade Commission:

- Call the FTC at 1-877-FTC-HELP (1-877-382-4357) or TTY 1-866-653-4261
- Go online: ftc.gov/complaint

Your complaint helps others. By filing a complaint, you can help the FTC's investigators identify the imposters and stop them before they can get someone's hard-earned money. It really makes a difference.

Source: ftc.gov/PassItOn

UPCOMING TRIPS

SIGN-UP NOW! Please call 366-1226 unless otherwise noted.

Note: Trip descriptors – **Easy, Moderate, or Independent** – indicate the degree of mobility [walking, standing, stepping, etc.] required in order to safely participate and enjoy the trip. All pick-up times are an approximation.

Non-residents pay a \$10 fee. There is a \$10 fee charged for cancellations within 72 hours of the trip. **Funds for show tickets purchased in advance are due when the order is placed and are non-refundable.**



Monday – July 9 – DATE CHANGE!! Ramblin' Vewe Farm and Trail Walk [Moderate] This is an extremely well-groomed easy-to-moderate trail right in the heart of Gilford. Please wear good shoes and bring insect repellent and water, and a jacket in case of inclement weather. **The bus will begin depart Woodside at 1:30PM and return around 3:00PM. Call Tammy at 366-1206 to be included in this outing.**



Tuesday – July 10 – Blueberry Picking at Stone Brook Hill Farm, Gilford [Moderate]

Enjoy some gentle outdoor exercise and pick some nutritious blueberries! All are welcome. Please bring insect repellent, good shoes, a carrying bag and some money for blueberries. **The bus will depart Woodside at 1:30PM. Call Tammy at 366-1206 to be included in this outing.**

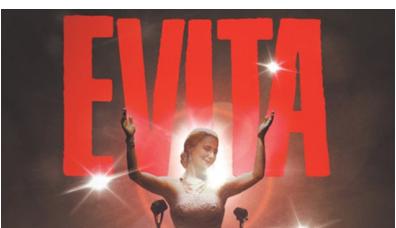


PLEASE NOTE MULTIPLE DATES! July 10, 12, 17, 19, 24, 26, 31 – **New Hampshire Music Festival [Easy]** The New Hampshire Music Festival is a summer festival that honors the tradition of classical music while exploring new artistic paths. For nearly 20 years, the Festival has been in residence at Plymouth State University at the Silver Center for the Arts. The festival was founded in 1952 as a small chamber orchestra performing on Melody Island in Lake Winnipesaukee and has grown to be a highly-valued community asset. Every summer during July and August, musicians from around the country

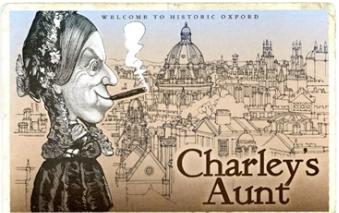
come to Plymouth to perform well-known classics and contemporary works. **Please call Brenda to reserve a seat on the bus and order tickets as necessary. The bus will begin pick-up at 6:00PM.**



Wednesday – July 11 – Christa McAuliffe Planetarium [Moderate] The Christa McAuliffe Planetarium presents two floors of interactive exhibits and their Full-Dome Digital Sky-Skan Theater. The Sky Planetarium shows run approximately 35-45 minutes. The theater is “looped” with a magnetic loop system that enables individuals with Telecoil-equipped hearing aids to fully enjoy planetarium shows. You will view *Tonight's Sky*, a live show about what's visible in the sky at night the day of your visit, and a tour of all the wonders of the night sky, with a member of the Discovery Center's Education Team serving as your guide. **Admission is \$10.50 for Regular Admission and \$5.00 for the Planetarium Show. The bus will begin pick-up at 9:30AM.**



Thursday – July 12 – Interlakes Summer Theatre: Evita [Easy] By Andrew Lloyd Webber with lyrics by Tim Rice, *Evita* concentrates on the life of Argentine political leader Eva Perón, second wife of Argentine president Juan Perón. The story follows Evita's early life, rise to power, charity work, and eventual death. Directed and choreographed by Gustavo Wons, a native Argentinian. Starring Ashley Whalley as Eva Perón, Maria Castro as Che, and Mikey LoBalsamo as Juan Perón. **Ticket sales are closed and all payments of \$32.00 are due to the Resident Life Office. The bus will begin pick-up at 12:45PM.**



Monday – July 16 – Winnipesaukee Playhouse: Charley's Aunt [Easy] By Brandon Thomas. Cataclysmic cross-dressing confusion! Widely regarded as one of the most sensational and entertaining farces of all time, *Charley's Aunt* centers on two Oxford undergraduates in search of a chaperone for a proper visit from their girlfriends. Jack and Charley manage to persuade fellow undergraduate Fancourt “Babbs” Babberley to impersonate a millionaire aunt in this hilarious tale of young love and preposterous deception. **RESERVATIONS ARE NOW CLOSED. The bus will begin pick-up at 12:45PM.**



Monday – July 16 – DATE CHANGE!! Whiteface Mountain Hike [Independent] Whiteface Mountain Trail bears right through a gap in a stone wall and descends slightly, passing an unmarked path that descends left, to an open meadow with a view of the summit ahead. The trail swings right across the meadow, then turns left to join a rocky jeep road, badly eroded by ATV use, and follows it along the ridge, crossing an intermediate hump with partial views. It makes a short, steep ascent to open ledges on the north side of the summit, with excellent views north and west, then continues to a large clearing at the true summit, where there are views to the south. Box lunches will be available. **The bus will depart Woodside at 8:15AM. Call Tammy at 366-1206 to be included in this outing.**

Thursday – July 19 and Tuesday – July 24 – Pontoon Boat Tours of Lake Winnisquam [Easy] All Aboard! Join Captain Paul Cotton as he navigates beautiful Lake Winnisquam. **Tickets are \$10.00 per person. The bus will begin pick-up at 9:00AM.**



Friday – July 20 – Rock of Ages, Graniteville, VT [Moderate] This guided quarry tour takes you to an overlook of the Smith Quarry. At nearly 600 feet deep, it is the largest operating deep-hole, dimension Granite quarry in the world. The tour is approximately 40 minutes in length and typically runs rain or shine. We will also participate in a self-guided factory tour where we will experience a 160,000-square-foot factory from an observation deck. The factory is an exercise in contrasts, combining the new with the old. You can see artisans using hand tools in much the same way as Michelangelo did centuries ago. These little-changed, artistic endeavors are mingled with computer-guided, diamond-tipped saws and precision grinders. **Admission is \$4.50 per person. The bus will begin pick-up at 8:00AM.**

Friday – July 20 – WOW Trail Walk [Moderate] This Rail Trail conversion path runs from Belmont to Laconia. We will walk the trail from Belmont heading into Laconia. There will be multiple opportunities to be picked up along the route if you get tired. Please wear comfortable footwear, bring water, sunscreen and insect repellent. A wonderful trail for all! **Please call Tammy to reserve your space at 366-1206. The bus will depart Woodside at 10:30AM.**



Monday – July 23 – Hiking Mt. Anna [Independent] Mt. Anna is a small hill in the Belknap Range. Its view can't be compared to the panoramas of the more popular mountains in the range like Belknap Mountain or Mount Major, but it is a pleasant hike and there are no crowds. This is a 3.8 mile round-trip loop. Box lunches will be available. **The bus will depart Woodside at 8:15AM. Call Tammy at 366-1206 to be included in this outing.**



Friday – July 27 – Cruise Aboard the Mount Washington [Moderate] Join us for our annual voyage aboard the Mount Washington, a first-class, 230-ft. excursion ship, as we cruise across the lake to Wolfeboro where we will enjoy shopping and lunch before our return to the Weirs. **Tickets are \$32.00 per person. The bus will begin pick-up at 9:00AM.**



Monday – July 30 – Hiking the Red Trail (Mt. Klem-Mt. Mack loop) [Independent] This loop trail, part of which is a segment of the Belknap Range Trail, runs from the shore of Round Pond to a point just east of the summit of Mt. Mack (missing the wooded, viewless summit of Mt. Klem by about 100 yds. and 50 ft. of elevation), then descends back to the shore of Round Pond. It is blazed in red (with one section blazed in red and orange) and is fairly easy to follow, although some care is needed, particularly in the open areas. Box lunches will be available. **The bus will depart Woodside at 8:15AM. Call Tammy at 366-1206 to be included in this outing.**

UPCOMING LECTURES AND CAMPUS EVENTS

Note: Transportation is available for most **ON-CAMPUS** events.

Ensure your seat on the bus: **Transportation Reservations are required 24 hours in advance by calling 366-1234.**



Music Theory Lessons

Wednesday – July 11 – Resident Lecture Series: Music Theory Lessons with Sylvia Quackenbush – For anyone interested — listeners, performers of all levels. We will cover the basics of notation, symbols and terms: the science of music; the construction of scales and chords; harmony; form and style; musical instruments and transposition; and interesting bits of history as we go along. **This is planned to be an 8-week series. Lessons begin on July 11 at 10:00AM and will be held in the Elm Room at Woodside.**

Registration is required; please call Brenda at 366-1226.



Wednesday – July 11 – Musical Entertainment: Bob Rutherford – Back by popular demand, Bob Rutherford plays easy listening, classic rock, country, pop, standards, blues and jazz and is always open to requests. Presently employed as an entertainer by the Mount Washington Hotel and resort, Rutherford is a published songwriter with Columbia Records. Don't miss this event, a Taylor Community favorite! **Join us at Woodside at 6:30PM.**



Friday – July 13 – Photographic Journey to Antarctica with Dan Robusto – Dan Robusto spent several years of his working career managing multinational companies. His responsibilities required extensive domestic as well as international travel. Despite the demanding travel requirements of his work, he hasn't shied away from continuing to jump on airplanes. Only now he has traded in his briefcase for a carry-on bag filled with photography equipment. Since his retirement, he has taken up the challenge of improving his nature photography skills. When he and his wife, Sheila, are not enjoying

summers on Lake Winnipesaukee or escaping the New Hampshire winters in Florida, they spend their time traveling the world in search of new experiences and opportunities for interesting photography. To appease their love of nature, they have traveled long distances to some very remote locations. Their recent voyage to Antarctica was both stimulating and educational. Dan has agreed to share some of the photos and experiences of their recent trip to the bottom of the world. **This presentation will be in the form of a Breakfast meeting, held at Woodside beginning at 8:00AM.**



Monday – July 16 – Lecture Program: Christy Day presents

El Camino – Author Christy Day walked El Camino de Santiago de Compostela when she was 66. In pictures and in stories, she shares the spiritual joys and physical challenges of this 500-mile pilgrimage across northern Spain. There will be ample time for questions and answers, and her book about the experience, *Walking From Here to There: Finding My Way on El Camino*, will be available. **Join us at Woodside at 6:30PM.**



Wednesday – July 18 – Resident Lecture Series: Resident George Hurley presents Climbing the Colorado Plateau – Join us as Back Bay Resident George presents his picture tour and lecture about climbing on sandstone towers on the Colorado Plateau, mainly South East Utah, between 1922 and the 1980s. **This event will be held at Woodside beginning at 2:00PM.**

Wednesday – July 18 – Musical Presentation: New Horizons Band – The Mission of the New Horizons Musical Organization of the Lakes Region is to promote "music for life" by creating band performance opportunities for mature adult musicians who seek to make beautiful music together, for the enjoyment of members and audiences alike. Join us as this always popular band brings music to our ears. **This event will be held at Woodside beginning at 6:30PM.**





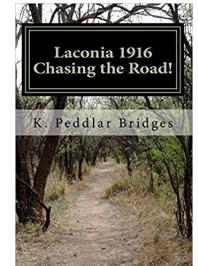
Saturday – July 21 – Community Social & Dinner – Join your friends and neighbors for this fun social event. The menu is provided on Page 9 of this Gazette. **Please RSVP at 366-1449 by July 18, and join us at Woodside beginning at 5:00PM. See you there!**



Tuesday – July 24 – Northeast Passage Archery Program – Northeast Passage is an adaptive therapeutic recreation program based out of UNH. Please join us from 11:30AM to 1:00PM at Woodside, where therapists will set up the target range, provide bows and arrows for all abilities, and teach us proper form and technique. It's great fun participating or just watching! A **special BBQ luncheon** will be provided under the tent for those who come to participate or watch. **Please contact Tammy to confirm attendance at 366-1206.** (Tammy says the best part is trying to hit the apple at the end...)



Wednesday – July 25 – TED Talk: It's Okay to Feel Grief and Loss – Jason Rosenthal presents "You May Want to Marry My Husband," a journey through an uncomfortable conversation about death and life after death. We all know it will happen, but being able to talk about it can be liberating. **Join us in the Woodside Theater at 2:00PM.**



Wednesday – July 25 – K. Peddler Bridges presents: Laconia 1916 — Chasing the Road! – Join us as K. Peddler Bridges chronicles the story of the road from Boston, Massachusetts to Weirs Beach, New Hampshire with exciting side trips and the evolution of the different forms of transportation that helped write the history of that road. K. Peddler Bridges is a long-time resident of New England, former Editor of New England Power Sports Post and present Laconia Motorcycle Week Poet Laureate and Archivist. Join us as Peddler discusses *Laconia 1916 — Chasing the Road!* **This event will be held at Woodside beginning at 6:30PM.**



Friday – July 27 – Captain Tim Dunleavy, NH Marine Patrol, Glendale – Captain Dunleavy will speak on the Lakes and the history of the NH Marine Patrol. **This event will be held in the Taylor Home Library at 2:00PM.**



Friday – July 27 – Fire Pit Social! – Bring your chair, snacks and beverages and join us behind Woodside at the Fire Pit for some serious good fun. **This event will be held at Woodside from 5:00 — 7:00PM. See you there!**



THE SUNSHINE FUND

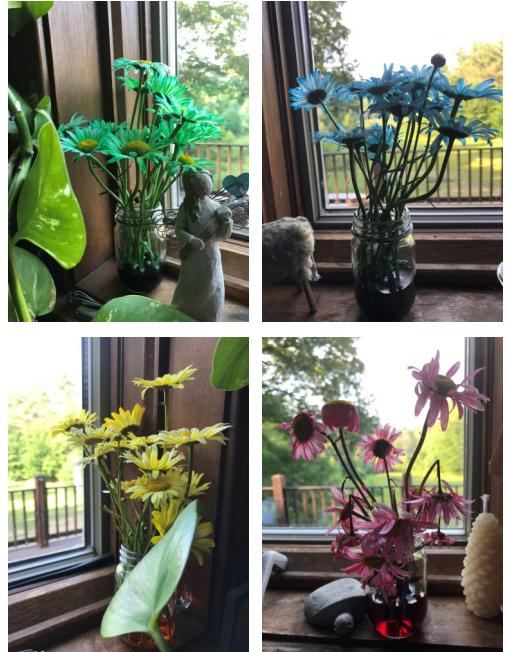
To the Residents of Taylor, both established and new:

We wish to keep the importance of the Sunshine Fund on your radar. As you are hopefully aware, this fund is money raised during the year to provide a nice Christmas bonus to all of our Taylor staff in lieu of tipping, which is prohibited at Taylor Community. The money comes from several sources: profits from the Woodside Store, monies from the Oasis pub nights, the Community Social 50/50 raffle, a gift from the Taylor Resident Association, and from staff auctions, held in-house with donated items.

Sunshine Fund auctions are "silent bid" auctions held throughout the year for staff, with all monies going to the Sunshine Fund. This is a great time of year to contribute to these auctions. Do you have large items in good condition that you no longer use or need? Call Paula Glaude at 366-1240 if you have items you would like to donate.

We appreciate the strong support in the past, and look forward to your help now and when we hold our major fund drive later in the year.

~ The Sunshine Fund Committee



Look carefully at the red, *dead* ones...
Food coloring! Makes you think!

Fitness News and Events

Wellness Theme of the Month: HYDRATION!

On hot summer days, it can be tough to stay cool — and hydrated. The average person can lose as many as 10 cups of fluid from daily activities and exercise, which can be staggering on hot days. Watch for the Wellness Team distributing cool beverages on campus.



July 1 — July 30:

Want to win some prizes for saying HELLO?

Get out and meet your neighbors! Every building and neighborhood will have a checklist of residents. All you need to do is say "hello" and get their initials. Independent Living Residents can get their cards from Helen at Woodside. Ledgeview Residents can get their cards from Casey or Becky on 2nd floor. Taylor Home residents can get their cards from Ann in Activities. You can choose to do all buildings and cottages or just your neighborhood. The more people you meet, the bigger the prize. Neighbor Cards will be available July 1st and need to be turned into Tammy Levesque from Wellness by July 30th. Have fun!!! The person meeting the most people could win a \$100 gift card to a restaurant of their choice!

July 30: INTERNATIONAL DAY OF FRIENDSHIP

According to the United Nations, the official sponsor of this special day, the International Day of Friendship is a day set aside to promote friendship among peoples, cultures and countries. The day is a time to encourage efforts towards peace, and to build bridges among people. It is a day of respect for others, and a day to celebrate diversity. According to the United Nations, on this day people, groups and governments should hold events and activities to promote mutual understanding and reconciliation. **It's a great day to reach out and say hello to your neighbor!**

PROGRAMS

Please Note!!! Monday Tai Chi classes will move from 10:00am to 8:00am beginning July 9.



Tuesdays and Thursdays at 2:00pm — Ukulele Lessons! Fun and Free! Ukuleles available to try before you decide to buy one. Residents and staff welcome!

Mondays beginning July 9, 3:00 — 3:30pm — Couch to 5K Training: This program is also open to residents and staff. Our goal is to complete the Tanger Outlet 5K Road Race on September 30 at the Tanger Outlets in Tilton. We will walk-jog for 30 minutes using the Couch to 5K app. There is no charge, just come move your body and let's do this together to stay motivated! We will meet at Woodside and run on campus. If you have questions, please call Tammy at 366-1206. See you there!



EVENTS AND PROGRAMS

July 9 at 1:30pm — Ramblin' Vewe Farm and Trail Walk — Details on Page 4.

July 10 at 1:30pm — Blueberry Picking at Stone Brook Hill Farm, Gilford — Details on Page 4.

July 17 at 1:00pm — Resident Wellness Committee Meeting — This group is open to new members looking to improve wellness, recreation and lifestyle at the Taylor Community. All are welcome to join.

July 17 at 2:00pm — Pool Committee Meeting — This group focuses on programs, challenges or ideas surrounding the pool area. All are welcome to attend.

July 24 at 11:00am — Today's Balance Class will be held outdoors in the Woodside Tent Area.

July 24 at 11:30am — Northeast Passage Archery Program: This program, detailed on Page 7, is always a popular event. No experience is necessary, and all abilities are encouraged to attend.



July 25 at 2:00pm — TED Talk: It's Okay to Feel Grief and Loss

July 27 at 5:00pm — Fire Pit Social — You bring the snacks and beverages; we provide the fire!

Outdoor Adventure Social Club (OASC)



Hikes continue... as residents endeavor to conquer 12 Belknap Range Mountains and earn a completion patch.

- **July 16 — 8:15am — Whiteface Mountain**
- **July 23 — 8:15am — Mt. Anna**
- **July 30 — 8:15am — Red Trail (Klem-Mack loop)**

<http://belknaprangetrails.org/belknap-range-trail-map/>

Bob Martin vs. Eliot Davis Weight Loss Challenge

Counting down to the finish! The challenge is soon over, and a winner will be chosen. **Who's the biggest loser? Wonder who's winning?** Collectively, the pair has lost 24 pounds... **Place your bets!:** \$1 per person maximum bid. Bets can be placed with Tammy (Woodside), Maureen (Taylor Home), or Casey (Ledgeview). All proceeds go to the biggest loser's charity of choice! **Lose — Win!!**



Don't Wait... HYDRATE!

*How to celebrate the first day of Summer?
An outdoor picnic in the garden!*



Squirt Gun Fun



Residents embraced the heat and engaged in some squirt gun fun June 29, and lots of us got wet! The Wellness Dept. put them up to it, and even provided the golf cart so they could "cool off" more people...



Red Cross Blood Drive



The next Blood Drive at Woodside will be held on **Friday, July 13 from Noon — 5:00pm.**

To register to donate, please visit:

www.redcrossblood.org and enter sponsor code:
TAYLOR or call 1-800-RED-CROSS.



We are here to support you and your pets!



We offer dog walking! Are you going to be away for the day? Just not feeling well? We will walk your dog for you. 30 minute minimum.

Community Social & Dinner Saturday, July 21 at 5pm



Cheese Board: Variety of Cheeses from Vermont and New Hampshire with Flatbreads and Crackers

Appetizers: Smoked Salmon Mousse Deviled Eggs

Dip Station: House Fried Wonton and Rice Wrappers; Chicken Rangoon Dip; Edamame Hummus; Coconut Yogurt Curry; Fresh Fruit Display and Yogurt Dip

Plated Salad: Baby Iceberg Wedge with Crumbled Bacon and Blue Cheese, Roasted Tomato Ranch Dressing, Red Onion and Croutons

Entrées: Citrus Marinated Chicken Breast (Antibiotic-Free Coleman Chicken Breast); Grilled Faro Island Salmon with Cucumber Salsa

Carvery: Roasted Beef Tenderloin with Madeira Demi Glace or Horseradish Cream

Sides: Yukon Whipped Potatoes; Ancient Grain Medley; Honey Roasted Baby Carrots; Peas & Tendrils

Desserts: Lemon Cream & Blueberry Shooters; Strawberry Rhubarb Cobbler Shooters; Chocolate Mousse & Balsamic Fig Shooters; Sugar-Free and Gluten-Free Items Available

\$22.95 per person

**Please RSVP for this event,
366-1449 by July 18.**

See you there!



Just a reminder: Taylor Community's TaylorCare offers a shopping service to any Resident living in Taylor Home or Ledgeview. We will go to Walmart each Wednesday and purchase items on Residents' behalf. Ask your Nurse for more information.

Recurring Campus Events

Sundays:

Sunday Brunch
Sundays, 11:00am to 2:00pm, Woodside

Sunday Movie Matinee
Sundays @ 2:00pm, Woodside Theater

Church Services
Sundays @ 2:30pm, Ledgeview

IRA Sunday Social & Monthly Birthday Celebration
Generally the 4th Sunday of the Month @ 4:30pm,
Fireside Room at Woodside

Mondays:

Stitch Witchery Quilters
Mondays @ 8:00am, Woodside

Cozy Caps Knitters
Mondays @ 10:00am, Woodside

Taylor Home Bingo
Mondays @ 10:00am, Taylor Home

Taylor Playreaders
1st and 3rd Mondays @ 1:00pm, Woodside

Tuesdays:

Resident Cracker Barrel Coffee Hour
Tuesdays @ 10:00am
Woodside Birch Room

Worship Services
Tuesdays @ 10:30am, Ledgeview

Laconia Public Library Runs
Every Other Tuesday @ 10:30am (Call 366-1234)

 **Shopping Bus to Belknap Mall**
Tuesdays @ 1:00pm (Call Dial-A-Ride)

Non-Fasting Blood Draws
Tuesdays @ 1:00pm
Woodside Wellness Office

Blood Pressure Clinic
Tuesdays from 2:00 - 3:00pm
Woodside Wellness Office

Wednesdays:

Cribbage Games
Wednesdays @ 10:00am
Woodside Card Room

Veterans Coffee Hour
3rd Wednesday of the Month @ 10:00am
Lake Room at Ledgeview

(Wednesday is continued above right)

Recurring Campus Events

Wednesdays (Cont.):

Care Management Nurse Office Hours
Wednesdays 2:00 - 3:00pm
Woodside Wellness Office

 **Wine Socials**
Wednesdays @ 3:00pm
Taylor Home and Ledgeview 3rd Floor

 **Woodside/Ledges Food Forum**
2nd Wednesday of the Month @ 2:00pm
Woodside

Thursdays:

Woodcarvers
Thursdays @ 9:00am
Woodside Wet Craft Room

 **Shopping Bus to Hannaford's/Walmart**
Thursdays @ 9:00am (Call Dial-A-Ride)

 **Bridge Games**
Thursday @ 1:00pm, Woodside

Taylor Community Chorus Rehearsals
1st and 3rd Thursdays @ 2:00pm
Taylor Home Atrium

Fridays:

Le Cercle Français de Laconia
Fridays @ 10:00am
Fireside Dining Room

Taylor Home Bingo
Fridays @ 10:00am
Taylor Home

 **Oasis Pub Night**
First Friday of the Month @ 4:30pm, Woodside

Saturdays:

Saturday Entertainment at Ledgeview
Saturdays @ 2:30pm, Second Floor

 **Community Social & Dinner**
3rd Saturday of the Month @ 5:00pm, Woodside
(Please RSVP at 366-1449 by Noon the Wed. prior)

 **Saturday Night at the Movies**
Saturdays @ 7:00pm, Woodside Theater
(No Movie on Community Social & Dinner Nights)



Assure your ride!

Dial-A-Ride operates Monday — Friday, 8am to 4pm, with extended hours Tuesday and Thursday evenings (until 7) and Sunday morning transportation to church. Please plan ahead to assure your ride: **RSVP Monday to Friday from 8am to Noon at 366-1234.**

Trip Reminders

Advance RSVP is required; unless otherwise indicated, please call Brenda at 366-1226.

Ramblin' Vewe Farm and Trail Walk

Mon., 7/9 @ 1:30pm

(Call Tammy for this one: 366-1206)

Blueberry Picking at Stone Brook Hill Farm

Tues., 7/10 @ 1:30pm

(Call Tammy for this one: 366-1206)

NH Music Festival

Tues., 7/10 @ 6:00pm

Christa McAuliffe Planetarium

Wed., 7/11 @ 9:30am

Interlakes Summer Theatre: Evita

Thurs., 7/12 @ 12:45pm

NH Music Festival

Thurs., 7/12 @ 6:00pm

Whiteface Mountain Hike

Mon., 7/16 @ 8:15am

(Call Tammy for this one: 366-1206)

Winnipesaukee Playhouse: Charley's Aunt

Mon., 7/16 @ 12:45pm

NH Music Festival

Thurs., 7/17 @ 6:00pm

NH Music Festival

Thurs., 7/19 @ 6:00pm

Pontoon Tours of Lake Winnisquam

Thurs., 7/19 @ 9:00am

Rock of Ages, Graniteville, VT

Fri., 7/20 @ 8:00am

WOW Trail Walk

Fri., 7/20 @ 10:30am

(Call Tammy for this one: 366-1206)



Woodside Theater

Saturday Night Movies

7:00PM

Sunday Matinees

2:00PM

Save the Date! Back Bay Coffee Hour

Tuesday, July 26 @ 10am, Community House

Back Bay Care Management Hours

Heather Bell, Care Mgmt. Nurse, will be available at the Community House on the third Thursday of each month from 8:00am — 4:00pm. Contact Heather by phone at 366-1340 or email, hbell@taylorcommunity.org.



Lectures, Programs & Special Events

Check out Recurring Campus Events on Page 10!

TRA BBQ Under the Tent

Sunday, July 8 @ Noon, Woodside Tent Area

Resident Trustee Nomination Forms with Bios due to Paula Glaude at Taylor Home

Mon., July 9

Music Theory Lessons, Sylvia Quackenbush

Wed., July 11 @ 10:00am, Woodside

Bob Rutherford

Wed., July 11 @ 6:30pm, Woodside

Dan Robusto: Antarctica

Fri., July 13 @ 8:00am, Woodside

Christy Day: El Camino

Mon., July 16 @ 6:30pm, Woodside

Music Theory Lessons, Sylvia Quackenbush

Wed., July 18 @ 10:00am, Woodside

George Hurley: Climbing the Colorado Plateau

Wed., July 18 @ 2:00pm, Woodside

New Horizons Band

Wed., July 18 @ 6:30pm, Woodside

Community Social and Dinner

Sat., July 21 @ 5:00pm, Woodside

(Please RSVP at 366-1449 by July 18)

It's TRA BBQ Season!

Here's the rest of this summer's BBQ dates:

- July 8
- July 29
- August 19
- September 9
- September 30



BYOB, a chair, dinnerware, something for the grill and a dish to share, and join us!

See you under the tent at Noon, Woodside!

Meeting Reminders

TRA Executive Committee

Monday, July 9 @ 9:30am, Woodside

Resident Town Hall

Monday, July 9 @ 11:00am, Woodside

Neighbor-to-Neighbor Meeting

Monday, July 16 @ 11:00am, Woodside

Wellness Committee Meeting

Tuesday, July 17 @ 1:00pm, Woodside Wellness

Pool Committee Meeting

Tuesday, July 17 @ 2:00pm, Woodside Wellness



Welcome!

We care about your dining experience.

Please assist us as we strive to provide the best possible service to you, our customers!

When you RSVP, you ensure that enough food has been prepared and proper staffing is available for an excellent dining experience for all.

Please RSVP for Dinner and Sunday Brunch at 366-1481.

Daily Lunch Specials

\$6.95

Monday 7/9: Brookwood BBQ Beef Brisket or Pulled Pork with Sides

Tuesday 7/10: Sesame Crusted Salmon with Soba Noodles and Zucchini & Squash Zoodles

Wednesday 7/11: Home Style Meatloaf and Gravy with Mashed Potatoes and Green Beans

Thursday 7/12: Sweet & Sour Chicken, Stir Fried Rice, Oriental Vegetables and Egg Roll

Friday 7/13: New England Style Baked Haddock with Rice Pilaf and Fresh Vegetable Medley

Monday 7/16: Tandoori Chicken, selection of Sides

Tuesday 7/17: Beef Soft Tacos with Rice & Beans and Pico de Gallo

Wednesday 7/18: Carved Lemon Herb Turkey, Yukon Gold Mashed Potatoes and Roasted Butternut

Thursday 7/19: BBQ Pork Ribs with Potato Salad and Coleslaw

Friday 7/20: Shrimp Scampi with Pappardelle Pasta and Breadstick

The Bistro at Woodside

Monday to Friday 11:30am—3pm

Hot Lunch Specials, Salad Bar, Deli Bar and Grab & Go

Tuesday and Thursday Dinner from 5—7pm

Please RSVP for Dinner at 366-1481 — Be sure to ask about Chef's Featured Entrees

Saturday Breakfast Buffet 8—10am

Sunday Brunch 11:00am - 2:00pm

Please RSVP for Brunch at 366-1481

We appreciate your input. Please let us know how we can improve your dining experience.

Moe Memmolo, General Manager, 366-1231
taylorhome@glendaleseniordining.com

Jason Seavey, Chef de Cuisine, 366-1481
woodside@glendaleseniordining.com



Asian Theme Meal

Friday, July 13

Please join us for our first casual, themed meal at Woodside. The theme this month will be Asian. We will have a buffet set up in the dining room for your convenience. Chef Jason has come up with some Asian favorites such as Teriyaki Beef & Broccoli, General Tso's Chicken, Fried Rice, Lo-Mein, Edamame Beans & Sprouts, Vegetable Stir Fry, Ginger Ice Cream and Coconut Lemongrass Pudding.

\$14 per person

Please RSVP for this event, 366-1481.



Community Social & Dinner

Saturday, July 21

This menu is provided on Page 9.

Please RSVP for this event, 366-1449 by July 18.

Dinner Specials – Tuesday, July 10

Garlic Scape Crusted Salmon with Rhubarb Sweet & Sour Sauce, Jasmine Rice and Sautéed Peas & Tendrils \$19

Brined & Crisped Half Chicken with Whipped Yukon Potatoes and Sautéed Pepper Medley \$16

Chef's Meat Feature

Seasonal Caprese Pasta Feature (Vegetarian)

Tomato & Fennel Panzanella or Soup du Jour

Dinner Specials – Thursday, July 12

Mussel Scampi over Pappardelle Pasta \$17

Beef Wellington with Roasted Fingerling Potatoes, Steamed Long Beans and Demi-Glace \$20

Chef's Meat Feature

Seasonal Caprese Pasta Feature (Vegetarian)

Fig & Goat Cheese with Prosciutto over Mixed Greens with Balsamic Vinaigrette or Soup du Jour

Dinner Specials – Tuesday, July 17

Cornmeal Crusted Trout with Lemon Brown Butter Sauce, Herbed Rice and Sautéed Kale \$18

Brie & Spinach Chicken Roulade with Red Pepper Coulis and Warm German Potato Salad \$17

Chef's Meat Feature

Seasonal Caprese Pasta Feature (Vegetarian)

Artichoke & Olive Salad with Mixed Greens and Lemon Vinaigrette or Soup du Jour

Dinner Specials – Thursday, July 19

Hibiscus Pork Belly with Ginger Rice and Snow Peas \$18

Veal Oscar with Lump Crab, Béarnaise, Grilled Polenta Cake and Asparagus \$22

Chef's Choice Feature Entree

Seasonal Caprese Pasta Feature (Vegetarian)

Grilled Stone Fruit & Grain Salad with Baby Greens and Balsamic Vinaigrette or Soup du Jour