

SUN	MON	TUE	WED	THUR	FRI	SAT						
	6:00 AM Fitness Made 4 You (Ch. 25) 8:00 AM Tai Chi with Russ (WS) 9:30 AM TRA Exec. Comm. (WS) 9:45 AM Water Babies (WS) 10:00 AM BINGO (TH) 10:00 AM Cozy Caps Knitters (WS) 11:00 AM Resident Town Hall (WS) 1:00 PM Playreaders (WS) 3:00 PM Fitness Made 4 You (Ch. 25) 3:30 PM Water Exercise Class (WS)	1	5:30 AM Fitness Made 4 You (Ch. 25) 10:00 AM Cracker Barrel Coffee (WS) 10:30 AM Library Bus 10:30 AM Worship Service (LV) 1:00 PM Non-Fasting Blood Draws (WS) 1:00 PM Shopping Bus to Belknap Mall 2:00 PM Ukulele Lessons (WS) 2:00 PM Blood Pressure Clinic (WS) 2:00 PM Fitness Made 4 You (Ch. 25)	2	6:00 AM Fitness Made 4 You (Ch. 25) 7:45 AM Men's Breakfast (WS) 10:00 AM Cribbage Games (WS) 2:00 PM Care Management Nurse Office Hours (WS) 2:00 PM Fitness Made 4 You (Ch. 25) 3:00 PM Wine Social (TH & LV) 6:30 PM How to have your Final Affair (WS)	3	7:30 AM Fitness Made 4 You (Ch. 25) 9:00 AM Woodcarvers (WS) 9:00 AM SQUAM LAKE SCIENCE CENTER 9:00 AM Shopping Bus: Hannaford's/Walmart 9:30 AM MarchFit (WS) 1:00 PM Bridge Games (WS) 2:00 PM Ukulele Lessons (WS) 3:00 PM Fitness Made 4 You (Ch. 25)	4	10:00 AM Le Cercle Francais De Laconia (WS) 10:00 AM Bingo (TH) 3:30 PM Fitness Made 4 You (Ch. 25) 4:30 PM Oasis Pub Night (WS)	5	5:30 AM Fitness Made 4 You (Ch. 25) 8:00 AM Saturday Breakfast Buffet (WS) 9:00 AM Water Babies (WS) 2:30 PM Music & Entertainment (LV) 7:00 PM Saturday Night Movie (WS)	6
11:00 AM Sunday Brunch (WS) 2:00 PM SUNDAY MOVIE - BEVERLY HILLS CHIHUAHUA (WS) 2:30 PM Communion Service (LV)	Columbus Day 6:00 AM Fitness Made 4 You (Ch. 25) 9:15 AM HOBO RAILROAD FOLIAGE TOUR 9:45 AM Water Babies (WS) 10:00 AM BINGO (TH) 10:00 AM Cozy Caps Knitters (WS) 3:00 PM Fitness Made 4 You (Ch. 25)	7	5:30 AM Fitness Made 4 You (Ch. 25) 10:00 AM Cracker Barrel Coffee (WS) 10:30 AM Worship Service (LV) 1:00 PM Non-Fasting Blood Draws (WS) 1:00 PM Shopping Bus to Belknap Mall 2:00 PM Epic Global Adventures Speaker-Africa Tour (WS) 2:00 PM Ukulele Lessons (WS) 2:00 PM Blood Pressure Clinic (WS) 2:00 PM Fitness Made 4 You (Ch. 25) 7:00 PM BALLET - GISELLE (WS)	8	6:00 AM Fitness Made 4 You (Ch. 25) 10:00 AM Cribbage Games (WS) 10:45 AM Stone Brook Hill Farm Hay Ride & Apple Picking (WS) 11:30 AM Ladies' Luncheon (WS) 2:00 PM Care Management Nurse Office Hours (WS) 2:00 PM Ledges/Woodside Food Forum (WS) 2:00 PM Fitness Made 4 You (Ch. 25) 3:00 PM Wine Social (TH & LV) 6:30 PM MUSICAL PERFORMANCE BOB RUTHERFORD (WS)	9	7:30 AM Fitness Made 4 You (Ch. 25) 9:00 AM Woodcarvers (WS) 9:00 AM Shopping Bus: Hannaford's/Walmart 9:30 AM MarchFit (WS) 1:00 PM Bridge Games (WS) 2:00 PM Ukulele Lessons (WS) 3:00 PM Fitness Made 4 You (Ch. 25)	10	8:00 AM RESIDENT TRIP TO COG RAILWAY 10:00 AM Le Cercle Francais De Laconia (WS) 10:00 AM Bingo (TH) 3:00 PM Dog Obedience Lessons with Henry & Marge (WS) 3:30 PM Fitness Made 4 You (Ch. 25) 5:00 PM Theme Dinner: Oktoberfest! (WS)	11	5:30 AM Fitness Made 4 You (Ch. 25) 8:00 AM Saturday Breakfast Buffet (WS) 9:00 AM Water Babies (WS) 2:30 PM Music & Entertainment (LV) 7:00 PM Saturday Night Movie (WS)	12
11:00 AM Sunday Brunch (WS) 2:00 PM SUNDAY MOVIE - BARBRA STREISAND (WS) 2:00 PM SUNDAY MOVIE - BARBRA STREISAND (WS) 2:30 PM Worship Service (LV)	6:00 AM Fitness Made 4 You (Ch. 25) 8:00 AM Tai Chi with Russ (WS) 8:15 AM Straightback Mountain Hike (WS) 9:45 AM Water Babies (WS) 10:00 AM BINGO (TH) 10:00 AM Cozy Caps Knitters (WS) 1:00 PM Playreaders (WS) 2:00 PM MOVIE MONDAY - The Artist (WS) 3:00 PM Fitness Made 4 You (Ch. 25) 3:30 PM Water Exercise Class (WS) 6:30 PM NH LEAGUE OF WOMEN VOTERS LECTURE (WS)	13	5:30 AM Fitness Made 4 You (Ch. 25) 10:00 AM Cracker Barrel Coffee (WS) 10:30 AM Library Bus 10:30 AM Worship Service (LV) 1:00 PM Non-Fasting Blood Draws (WS) 1:00 PM Shopping Bus to Belknap Mall 2:00 PM Ukulele Lessons (WS) 2:00 PM Blood Pressure Clinic (WS) 2:00 PM Fitness Made 4 You (Ch. 25)	14	6:00 AM Fitness Made 4 You (Ch. 25) 10:00 AM Cribbage Games (WS) 10:00 AM Veteran Coffee Hour (LV) 10:00 AM Cribbage Games (WS) 11:15 AM LUNCH WITH FRIENDS - LANNA THAI 2:00 PM Care Management Nurse Office Hours (WS) 2:00 PM Fitness Made 4 You (Ch. 25) 3:00 PM Wine Social (TH & LV)	15	9:30 AM SEAPLANE TOURS OF LAKE WINNIPESAUKEE 10:00 AM Le Cercle Francais De Laconia (WS) 10:00 AM Bingo (TH) 3:30 PM Fitness Made 4 You (Ch. 25)	16	5:30 AM Fitness Made 4 You (Ch. 25) 8:00 AM Saturday Breakfast Buffet (WS) 12:45 PM AIDA at WINNI PLAYHOUSE 2:30 PM Music & Entertainment (LV) 5:00 PM Community Social & Dinner (WS)	17	9:30 AM BEANS AND GREENS CORN MAZE 10:00 AM Le Cercle Francais De Laconia (WS) 10:00 AM Bingo (TH) 3:30 PM Fitness Made 4 You (Ch. 25)	18
9:30 AM Making Strides Breast Cancer Walk (Opechee Park) 11:00 AM Sunday Brunch (WS) 2:00 PM SUNDAY MOVIE - STRIPES (WS) 2:30 PM Worship Service (LV)	6:00 AM Fitness Made 4 You (Ch. 25) 8:00 AM Tai Chi with Russ (WS) 8:15 AM Mount Major Hike (WS) 10:00 AM BINGO (TH) 10:00 AM Cozy Caps Knitters (WS) 3:00 PM Fitness Made 4 You (Ch. 25) 3:30 PM Water Exercise Class (WS) 6:30 PM HAWKINS BROOK NATURE TRAIL LECTURE (WS)	19	5:30 AM Fitness Made 4 You (Ch. 25) 10:00 AM Cracker Barrel Coffee (WS) 10:30 AM Library Bus 1:00 PM Non-Fasting Blood Draws (WS) 1:00 PM Shopping Bus to Belknap Mall 2:00 PM BRAIN GAMES - DOCUMENTARY (WS) 2:00 PM Ukulele Lessons (WS) 2:00 PM Blood Pressure Clinic (WS) 2:00 PM Fitness Made 4 You (Ch. 25)	20	7:30 AM Fitness Made 4 You (Ch. 25) 9:00 AM Woodcarvers (WS) 9:00 AM Shopping Bus: Hannaford's/Walmart 9:30 AM MarchFit (WS) 1:00 PM Bridge Games (WS) 2:00 PM Walking Pole Clinic with Donna (WS) 2:00 PM Ukulele Lessons (WS) 3:00 PM Fitness Made 4 You (Ch. 25) 7:00 PM OPERA - RIGOLETTO (WS)	21	9:15 AM BEANS AND GREENS CORN MAZE 10:00 AM Le Cercle Francais De Laconia (WS) 10:00 AM Bingo (TH) 3:30 PM Fitness Made 4 You (Ch. 25)	22	5:30 AM Fitness Made 4 You (Ch. 25) 8:00 AM Saturday Breakfast Buffet (WS) 2:30 PM Music & Entertainment (LV) 7:00 PM Saturday Night Movie (WS)	23	ROOM KEY LV - Ledgerview TH - Taylor Home WS - Woodside	24
11:00 AM Sunday Brunch (WS) 2:00 PM SUNDAY MOVIE - SPOOKY BUDDIES (WS) 2:30 PM Communion Service (LV) 4:30 PM Community Birthday Social (WS)	6:00 AM Fitness Made 4 You (Ch. 25) 8:00 AM Tai Chi with Russ (WS) 8:30 AM Morning Presentation on the Belknap Range Hikes (WS-Birch) 10:00 AM BINGO (TH) 10:00 AM Cozy Caps Knitters (WS) 3:00 PM Fitness Made 4 You (Ch. 25) 3:30 PM Water Exercise Class (WS) 6:30 PM CROSS COUNTRY TRAVELS WITH JASON SEAVEY (WS)	25	5:30 AM Fitness Made 4 You (Ch. 25) 10:00 AM Cracker Barrel Coffee (WS) 10:30 AM Library Bus 10:30 AM Worship Service (LV) 1:00 PM TED Talk presentation on New Cancer Survival Strategies (WS) 1:00 PM Non-Fasting Blood Draws (WS) 1:00 PM Shopping Bus to Belknap Mall 2:00 PM Ukulele Lessons (WS) 2:00 PM Blood Pressure Clinic (WS) 2:00 PM Fitness Made 4 You (Ch. 25)	26	Halloween 6:00 AM Fitness Made 4 You (Ch. 25) 10:00 AM Cribbage Games (WS) 2:00 PM Care Management Nurse Office Hours (WS) 2:00 PM THE WIZARD OF OZ HOLIDAY PRESENTATION (WS) 2:00 PM Fitness Made 4 You (Ch. 25) 3:00 PM Wine Social (TH & LV) 5:00 PM Halloween Fire Pit Costume Party (WS)	27		28	29	30	31	

October 2018

Independent Living

