



## The Newest Muppet, Larry!



Several years ago at a fabric trade show, Jim Henson, creator of the Muppets, saw a fleece fabric Resident Larry Guild's company was producing. He tried some samples and adopted it in several of his characters. First there was Kermit the Frog and Miss Piggy and then other characters. The fabric later became known as "Muppet Fleece" with creators of puppets

and full-sized characters. People like Disney, Universal Studios, Custom Characters and Rainbow Productions of England became major users. As the construction changed, it was known as "Puppet Fleece."

Today, 40 years later, the fabric is still used worldwide by major puppet creators. In Larry's retirement, the Henson people acknowledged his relationship by building him a one-of-a-kind look-alike puppet especially for him.

## Taylor Community 2019 Music Series Lakes Region Wind Quintet Sunday, February 10 at 3pm



Taylor's 2019 Concert Series, sponsored by Bank of New Hampshire, continues Sunday, February 10 at 3 p.m. with the Lakes Region Woodwind Quintet. The musical event is in Taylor's Woodside Building and is free and open to the public.

The group is comprised of Doris Henney, Flute; Kenda Corcoran, Oboe; Debbi Gibson, Clarinet; Nancy Goldenhar, Bassoon, and Robin Jackman, French Horn.

Music will include selections from Mozart, Oscar Hammerstein and Jerome Kern, and Scott Joplin.

*This performance kindly sponsored by Taylor Residents Nixon and Sandra Bicknell.*

## Elvis?

Activities arranged some fun for Elvis' birthday, combining the event with some Hawaiian luau-style treats and activities.

Adam Boehner works for our Facilities Department, but is obviously invested in our team's tagline:

## The Power of Yes

We're not sure who put Adam up to this, but residents really appreciated the fun.

*Elvis lives!*



## Save the Date!

## Saturday, July 20 has been selected for the Taylor Community Campus-Wide Yard Sale

It's time to start thinking about all those still-useful things you don't need!

Stay tuned for future notices regarding this event.

## Treat Yourself on Valentines Day



Don't miss Resident Spa Day, Thursday, February 14 from 9:30—11:30am at Woodside. We'll have treatments for men and women, and the cost to enjoy the event is only \$5,

which will cover the cost of the students' lunches.

Come meet these up-and-coming beauticians and help them with some hands-on experience; you'll look great for the Valentines Dinner and Jazz Concert later on.

Glendale's cooking up a "sweet" meal, and *Now's The Time* will entertain us with American standards, blues and soul. Please remember that this is a BYOB event and bring along your beverage of choice as the bar will be closed. Be sure to RSVP with Brenda Kean at 366-1226 by February 11 and indicate whether you'd like the Lobster Ravioli or Prime Rib entrée at that time. **See you there!**



## Continuing Care vs. Lifestyle Do you have the right contract for you?

Paul Charlton, Ed Soucy

Those of you who moved to Taylor with a Continuing Care contract or who later converted to continuing care already know the important benefits that only come with this contract type. Among them:

1. Never having to leave your community
2. Access to the best quality nursing care available
3. Access to temporary nursing if needed
4. Assured care even if you outlive your financial resources
5. Tax advantages

Perhaps the biggest benefit of all is the peace of mind that comes from knowing that if you or your loved one need nursing care in the future, you will have access to that care right here in your own community. Those without a continuing care contract must move out of the community if nursing-level care is needed, or if they can no longer afford their care. And you're probably aware that the quality of our nursing care is second to none in the Lakes Region and beyond.

Both the Lifestyle contracts and Continuing Care contracts have their own benefits. The Lifestyle contracts have lower entrance fees and the financial requirements for approval for residency are considerably less. Continuing Care contracts assure you can stay here at Taylor regardless of changes to your health or ability to pay.

While most who are interested in Continuing Care enter into that contract when they first move to Taylor, it's not uncommon for residents to move in under Lifestyle and convert to Continuing Care; after they've moved in they realize they want to be able to stay here and never have to move elsewhere. In most cases the full amount of the Lifestyle entrance fee paid is credited toward the payment of the Continuing Care entrance fee upon conversion.

If you have a Lifestyle Contract but would like to explore the benefits and peace of mind that come with Continuing Care, call VP of Finance Ed Soucy at 366-1229 or the Marketing office at 366-1400. There is a simple application process that you can complete to see if you qualify. To be clear, a Continuing Care Contract is not financially viable for some people but for those who qualify, the benefits are undeniable.

Call for more information and to find out if converting to Continuing Care is right for you.



### Kindness Abounds in Neighbor-to-Neighbor Group!

Monday, Jan. 21, the Resident Association sponsored a pizza party to express their appreciation for the ongoing work of our Reps in the Neighbor to Neighbor program. Michael Flaherty thanked the group especially for helping integrate new residents into our community. Quantities of pizza were consumed, lots of laughter enjoyed, and stories shared about former neighbors in different places we've lived.



This picture of a barred owl was taken on Taylor Home Drive just prior to the recent snow. What do you think? Waiting for an unsuspecting squirrel or taking a break before the storm?

### Recent Additions to the Woodside Library

#### Biography:

**A. Lincoln**, Ronald C. White, Jr.

#### Non-Fiction:

**The New Hampshire Century**, Concord Monitor; Belman and Pride, Editors

**The Impossible Rescue**, Martin Sandler

#### Fiction:

**The Gods of Guilt**, Michael Connolly

**Let the Great World Spin**, Calum McCann

**Invisible**, James Patterson

**Unlucky 13**, James Patterson



The Library's donation box is located in the Library on the left side. Thanks for your donations!

Enjoy a good book!

### Need Help with your Taxes?

VITA (Volunteer Income Tax Assistance) is a **free** tax preparation program designed for low-to-moderate income households with an income of \$66,000 or less.

There are two easy ways to file:

1. Call 2-1-1 or visit [NHTaxHelp.org](http://NHTaxHelp.org) to schedule an appointment at a local site with an IRS certified tax preparer. Toll free outside NH: 1-866-444-4211
2. Visit [MyFreeTaxes.com](http://MyFreeTaxes.com) to prepare your own return, for free online, with guidance from a toll-free helpline.



## Facilities News

Over the next few weeks, Bolstridge Logging will commence a select harvest of the Taylor Community forest. Why, you ask? Simple. The Taylor woodlot has become over-mature, diseased, and over the last 2 years sustained significant blow downs and tree damage from windstorms. With the rocky soil of New Hampshire, trees often grow in infertile and poor soil conditions, and over ledge outcroppings, both of which lead to shallow root balls and dense tree growth. Bolstridge will be harvesting our woodlot with future growth, trail opportunities and wildlife in mind, with a focus on encouraging valuable timber such as oak and maple while discouraging other species that are more disease- and damage prone.

I expect that we will also harvest the area where our new cottages will be built (about 3 acres) once we have obtained all necessary approvals. In the meantime, we will open up a portion of this area as a log landing, which is an area that will hold the trucks, logs and other equipment necessary for this work. Please be aware that the parking lot to the north of Woodside (nearest the loading dock) will be closed off to all use while the logging operation is here!

I would ask for your patience and understanding as harvesting is likely to be loud and inconvenient to the community as we work through the process. All slash (treetops and broken branches) will be brought to the log landing and chipped, which will leave our woodlot much neater and available for use faster than the old logging methods. In addition, the chipped material will be used to make electrical power through biomass plants. The forest will certainly look different after this process is complete, however the forest is resilient and will start to re-grow almost immediately, and after a year or two will have an abundance of saplings and shrubs popping up.

All told, we should expect about 6 weeks of harvest activity on our campus, with the primary focus being the woodlot behind Woodside to Cottonwood Ave.

Please reference the recent article by Dave Anderson, reprinted with his permission on Pages 4 and 5 of this Gazette, which addresses all the good reasons forests should be properly managed. And feel free to reach out to me with any questions or concerns!

~ Kirk Beswick, VP — Facilities  
366-1214



### Staff Spotlight Michelle Dion

Stop by the Welcome Center or call our office and chances are you'll be greeted by Michelle Dion, the newest member of the marketing team. Michelle came to us in June 2018 after working five years at Franklin Regional Hospital. In her position here as Marketing Assistant, she performs many duties that help to make the department function smoothly. Michelle serves as the front receptionist for visitors and those who call in or submit requests for information, and she inputs and maintains information about all prospects in our database, scheduling appointments and follow-up activity for others in the department. Incidentally, Michelle is also a Notary and will happily help with any documents that need to be notarized.

Michelle grew up in the Lakes Region and graduated from Gilford High School. She now lives in Belmont with her boyfriend and four children — ages 21, 19, 17 and 11— as well as three dogs and three cats! Michelle is one of those people who takes living a healthy life very seriously. Each morning before work she hits the gym at 5am for her daily workout. Healthy eating is also part of her routine (which we really appreciated over the holidays because it meant more goodies for the rest of us at the Welcome Center).

Her other interests include weight training, art, reading, music and spending time with her loved ones, especially her 16-month-old granddaughter, Novaleigh.

Michelle enjoys working at Taylor because of the many wonderful people who live and work here, and cites the positive team atmosphere and the busyness with lots going on as some of the things she enjoys most here at the Welcome Center.

~ Paul Charlton



### Welcome New Staff!

**Mary Fernald**, Meredith, joins us as RN, having earned her degree at New Hampshire Community Technical College — Berlin. Prior to Nursing School, she worked for 20 years as a UPS Driver. Mary has two children and four grandchildren, and is heavily into fitness and crochet!

### Welcome to Taylor Community!

Several openings!

## Taylor Community JOB FAIR

Wednesday, February 6

10am — 3pm

Woodside

Tell your friends!

FROM THE DESK OF KIRK BESWICK



## Forest Journal

Dave  
Anderson

### Dave Anderson's Forest Journal: How do you save forests by cutting trees?

January 12, 2019

Mid-winter is traditionally high season for timber harvesting. The realities of volatile wood markets, vagaries of incomplete freezing of wet ground and fluctuating weather now squeeze timber harvest operations into a smaller window of frozen ground flanked by spring and fall mud seasons.

At the Forest Society, our mission as both a land trust and a forestry organization includes protecting and managing a network of 185 permanent Forest Reservations in New Hampshire totaling 56,000 acres.

Part of that management includes sustainable timber harvesting — each year, on approximately 1.5 percent of the land we own.

This winter, we are hosting tours of two active logging operations. Forestry experts will detail the roles of landowner, consulting forester and logging contractor. We will visit the timber sales to see the trees being cut and learn why. We'll share information on wood markets, log volume, timber value and share how non-timber features including water quality are protected and how wildlife habitats and recreational trails can be enhanced.



*Winter logging operations on Forest Society Reservations make good education opportunities. All photos by Emily Lord*

in the nation. Another important statistic to understand is who owns that forest. In NH, 76% of forestland is owned by private individuals and families. Decisions that these private landowners make – including periodic cutting of trees – helps to sustain forests in the face of economic pressure to subdivide and sell.

We also enjoy a wealth of public forestland including the nearly 800,000 acre USFS White Mountain National Forest, 201,000 acres of State-owned State Forests and State Parks and NH Fish and Game Wildlife Management Areas totaling 53,000 acres.

Overall, forests statewide grow more wood than is annually harvested. Growth exceeds rate of harvest by 49%. The US Forest Service projects NH forest growth to continue to exceed rate of harvest for the next five years through 2023, the extent of the projections.

We share our timber harvest philosophy on harvest signs that read, in part: “We are conducting a timber harvest on this property. The goal of the harvest is to improve the overall health and quality of the forest, increase vigor of the remaining stand, and enhance wildlife habitat. Wood from this harvest will provide lumber, paper, renewable energy and firewood. Revenues generated help to support our conservation work. We appreciate your patience during this temporary interruption.”

We recognize it is not always pretty. Timber harvests are disruptive and create temporary visual chaos of limbs, branches and twigs called “slash.” Skidding logs, even on frozen ground, exposes bare mineral soil and can create mud. Long-term, our goal is to grow more, higher quality trees.

New Hampshire is a vast tree-covered realm: 84% of NH is forest making us the second-most forested state



*Overall, NH forests grow more wood than is harvested each year by a margin of 49%.*



*A hardwood thinning at Foster Conservancy in Henniker*

Timber harvest income is an important tool to help sustain the economics of owning private forestland. It is ok to cut trees where the land regenerates as young forests of seedlings and saplings following logging. Forest is preferable to asphalt. Periodic timber revenue is exactly how cutting trees can save forests.

NH is blessed with a resilient forest. Our forests grow back. If you stop mowing your lawn for a few years, it will become a young forest. That resilience coupled with a prevailing ethic of land stewardship allows landowners to harvest trees, provide wood for the manufacture of wood products and continue to grow healthy, young forests.

It is fortunate that NH forestland has economic value greater than its potential value for development. The more significant and insidious threat to our State's forests is not logging, but permanent hard conversion. Careful, sustainable timber harvesting is preferable to bulldozers and excavators followed by signs reading "Lots For Sale."

Yet in some of the fastest-growing communities in southern New England, forestland has become too valuable for its own good. When surrounded by communities who assess "open space" more as "empty space," remaining forests seem doomed. Like others originally from the Garden State, I experienced loss of farms and forests I had remembered from childhood. That disappearance was due to hard conversion, a permanent change to pavement, roofs, roads, curbing and lawns or parking lots with catchment basins that do not provide wildlife habitat or clean drinking water.

Yes, New Hampshire needs homes, neighborhoods, communities with good schools and good roads on which to commute to good jobs. We also need healthy, working forestland for wood products, clean drinking water supplies, wildlife habitats and recreation and scenic tourism. The balance of land conservation and land available for growth and development will continue to be determined by individual landowners and communities – values informed and influenced by our collective New Hampshire sense of place.



*We recognize that timber harvesting isn't always pretty.*



*A 2-stage shelterwood above timber landing on Standke Woodlot in Deering*

### **For more information on upcoming timber harvest tours, visit [www.forestsociety.org](http://www.forestsociety.org)**

Timber harvest tour at Mount Monadnock in Jaffrey. Saturday January 19th. Click here: <https://forestsociety.org/event/winter-hike-timber-harvest-monadnock>

Timber harvest tour at Heald Reservation in Wilton. Saturday February 9th. Click here: <https://forestsociety.org/event/winter-hike-heald-timber-harvest>

**Permission to reprint granted by  
Dave Anderson, Sr. Director of Education,  
Society for the Protection of NH Forests,  
Forest Journal.**

## FITNESS NEWS AND EVENTS

### Pool Usage Notice

*Martha McIntire has had numerous parents of Water Babies participants asking to have a little window of time to practice what they have learned with their children. Families of current Water Babies participants will be allowed a one-hour window on Sundays from 1—2pm, one of our quietest times for pool use. The parents are very grateful for this use of time.*



I'm doing the



whole30.com

**February 5 — Guest Speaker Kelly Lang, Owner Green Life Wellness —** Guest Speaker Kelly Lang discusses the radical changes that happen to your body when you clean up your diet. She will talk about food allergies and discuss the hot topic “Leaky Gut.” Grab some lunch in the Bistro and join us in Woodside’s Maple Room at Noon for a fantastic presentation.

<http://www.livefreekelly.com/about/>



**February 1 — The Biggest Loser 10-Week Challenge —** We have many Taylor employees requesting a weight loss program to shed those winter pounds. This program will focus on percentage of weight loss. Each participant will need to register and weigh in with the Wellness Team

by February 1. **The cost is \$10 per person.** We are opening this up to residents as well! Loss Stations will be in the Woodside Wellness Office and on the Nursing Floor at Ledgeview. Goals will be established with each participant. For more details, see the posters provided in each building or call Tammy at 366-1206 or Heather at 366-1405. All the winners (those hitting their personal goals) split the kitty!! You will also have opportunity to win some fun prizes along the way, just by moving!

**February 5 to April 9 — Hike Conditioning is back! —** Have you thought about walking and hiking trails this year? Now is the time to get your body ready for this activity. Challenge yourself by setting some new outdoor goals. This class will use weights, bands, stairs and chairs to build stamina and strength before the hiking season begins. Residents and staff are welcome to participate! Come join the fun even if you don't plan on any hiking! Woodside, 9:00am.



**February 7 — Drumming with Jared —** Jared Steer has been coming every Thursday to share his skill and love for the drum with Taylor Community Residents. We've had over 20 people attend his sessions, loving the beat-pounding energy of rhythm and song. The final session with Jared will be February 7 at 11:45am.

**Friends Program**  
FOUR PROGRAMS - ONE MISSION



**February 5 — Jennifer Curtis, Friends Program, presents a Bone Builders Demonstration Class —** Join Jennifer and the Friends Program at 9:30am for this Mentoring Program which instructs volunteers to teach a strength class. We are looking

for a few good Resident Volunteers to lead the strength class. Join the class for a workout or to learn more about volunteering. Anyone interested in becoming an instructor is encouraged to attend!

**Save the date!**  
**Spa Day is February 14!**



Students from Empire Beauty School will be here from **9:30am — 11:30am** to pamper our Taylor Community Residents on Valentines Day. Treat yourself (or a friend!) to a special day with make-up, nail treatments, hair, paraffin dips, massage, chocolate treats and champagne at the 4th Annual Spa Day event on Valentines Day. Men are welcome as well to receive haircuts and treatments. The cost is only a \$5 donation to cover the students' lunches. Come and enjoy the day, and allow these students to get some hands-on experience. Plus you'll be looking great, all ready for the Valentines Day Theme Dinner at the Bistro!

# FITNESS NEWS AND EVENTS

**February 8 — Rock Steady Boxing is Back, at Taylor Community!** — Join the crew from Downtown Gym in our very own Woodside Fitness Center for a fantastic 4-week program, each Friday at 2:00pm from February 8 through March 1. We'll need 6 "fighters" to make this work. Rock Steady Boxing is a special class targeted at improving range of motion, mobility, strength and balance for those who are living with the challenges of Parkinson's. The cost of the program is \$75 for former members or \$100 for new participants. Call 366-1206 to register.



## Cross Country Skiing at Bolduc Park

Residents Bryan Walker and Bob Lindstrom joined Tammy Levesque and her new intern Megan for a Cross Country trip to Bolduc Park, with ski rentals from Piche's. It costs just \$5 to ski at the Park and \$20 for day-long ski rentals. Megan is introduced on Page 8.



## February 18 — TED Talks: The Biology of Gender, from DNA to the Brain

— How exactly does gender work? "It's not just about our chromosomes," says Karissa Sanbonmatsu. Learn about the latest research as this visionary biologist and speaker shares her insights on how DNA is now being studied. Woodside Theater, 2:00pm. Join us!

**February 19 — Wellness Committee Meeting** — 1:00pm at Woodside



**February 19 — Pool Committee Meeting** — 2:00pm at Woodside

**February 20 — Gail Lary, RN, presents a program on Hospice Care** — Gail Lary, RN has been a registered nurse for 46 years, specializing in hospice care for the past 15 years. She currently works for Bayada Hospice out of Concord, and has founded and directed two hospice programs in the Lakes Region. Gail will speak about what hospice is, and what qualifies a person for hospice care. She will also talk about family support systems and share stories from past patients she has helped. Gail is currently writing a book on her experiences in hospice care. Her program will begin at 11:30am in the Elm Room at Woodside, with lunch provided by Bayada Hospice.



Above, Residents Charlotte McKinnon and Diane Beman enjoy snowshoeing behind Taylor's Woodside building.

**Please turn to Page 8 for more Fitness News.**



Jen Woods' recent WHOLE 30 Nutritional Diet presentation at Woodside

**Tammy Levesque, Wellness Director: 366-1206**

## FITNESS NEWS AND EVENTS

### Meet Megan!

Megan Newcomb (friends and family call her Meg) is Tammy Levesque's new Wellness Intern. The youngest of four siblings, Megan hails from Quincy, Massachusetts, and is currently studying Health Education and Promotion at Plymouth State University. She loves to dance, and has done tap, jazz and ballet for 14 years. She also loves to be active outside and to go on new adventures with her friends, and always enjoys time spent with family. In addition to her many other endeavors, Megan became a human biology tutor at the beginning of this year. She enjoys this a lot, and finds it very satisfying to help others.



**Sure it's cold out.  
Let's go bowling at  
Funspot!**

Looks like Diane Beaman is a force to be reckoned with!



**Pilates, Etc.**  
NOLA ROCCO PILATES, LLC

**February 20 — Pilates, Etc.** Take a trip with us to Pilates, Etc. in Tilton, for a hands-on Pilates Class with owner Nola Rocco. Nola is a classically-trained dancer, who says "Pilates is about finding your inner strength and breath. It's about the process. It takes a

long time for chronic habits to be embedded in the body and to change those habits. Pilates can improve balance, posture, strength and overall health. If you can embrace change, it will be a lot of fun!" Join this fun, exploratory class on Reformers, Barre and Pilates Chair. Space is limited; cost is \$20 per person. Men and Women are welcome. Bus departs Woodside at 1:30pm.



Embrace each new day!

February is  
Heart Health  
Month



Did you know that Heart Disease is the leading cause of death for both men and women? Every year, 1 in 4 deaths are caused by heart disease.

The good news? Heart disease can often be prevented when people make healthy choices and manage their health conditions.

You can make healthy changes to lower your risk of developing heart disease. Controlling and preventing risk factors is also important for people who already have heart disease. To lower your risk:

- Watch your weight.
- Quit smoking and stay away from secondhand smoke.
- Control your cholesterol and blood pressure.
- If you drink alcohol, drink only in moderation.
- Get active and eat healthy.

## June... The Wedding Month



Brenda is planning a special Celebration of Weddings in June. The date and time are yet to be determined and more information will follow prior to the event.

As part of the celebration, Brenda is creating a slide show of Resident and Staff wedding photos. Please stop by the Resident Life Office at Woodside with your photo and we will scan it in, so you can be included in the Celebration of Taylor Community Weddings!

## SCAM ALERT!

**THIS JUST HAPPENED**  
January 22:



A Resident of Taylor Home received a call on her land line from a person claiming to be from Bank of America. He informed her he'd "accidentally" put \$10,000 into her account and would get fired for the error. He was in the process of talking the Resident through logging onto her bank account when a family member called her on her cell phone. The family member was fortunately able to get the Resident to hang up on the scammer, *but had the family member not called*, he very likely could have tricked the resident into handing over her bank account information.

**As a reminder, please, NEVER GIVE OUT PERSONAL INFORMATION ON THE TELEPHONE. YOUR BANK OR CREDIT CARD COMPANY WILL NOT CONTACT YOU ON THE TELEPHONE AND ASK FOR PERSONAL INFORMATION.**

Do you have questions or concerns? Please call Ed Soucy — VP Finance at 366-1229.

### Important Note from the Taylor Resident Association regarding Monthly Community Socials

The monthly Community Social and Dinner will be held on the fourth Saturday of the month February through June. This change was made to put more space between the Bistro's theme meals and our monthly socials, in order to avoid two large events within the same week.



### Red Cross Blood Drive

Friday, March 1  
2:00 — 7:00pm, Woodside



Pre-registration saves time: Call 1-800-RED-CROSS (1-800-733-2767) to schedule your appointment or search online for sponsor code: TAYLOR

**Thank you for your support!**

## 2018 Tax Preparation

A letter from Taylor's VP-Finance, Ed Soucy, went out January 22 regarding possible medical deductions for residents' 2018 Income Tax returns.

In summary, residents who purchased Continuing Care contracts in 2018 may be able to deduct a certain and substantial portion of the entrance fee and monthly fees paid as a medical deduction. Residents with new Taylor Connection at Home contracts in 2018 may also be able to deduct a portion of the entrance fee paid.

Residents who've purchased Lifestyle contracts are advised to discuss deductions with their tax advisors.

Assisted living, memory care and nursing residents are subject to different tax rules and the deductibility of your monthly fees should be discussed with your tax preparer. But if you moved here in 2018 and purchased a Continuing Care contract, you may be able to deduct a portion of your entrance fee.

Mr. Soucy's letter is not intended as tax advice and he recommends you discuss these matters with your tax advisor or preparer.

Provider tax payments for 2018, which were also mailed with Ed's letter to residents, are shown at right:

### Provider Tax Charged by Resident per Month

Jan-18	\$ 30.00
Feb-18	\$ 30.00
Mar-18	\$ 30.00
Apr-18	\$ 30.00
May-18	\$ 30.00
Jun-18	\$ 31.00
Jul-18	\$ 31.00
Aug-18	\$ 31.00
Sep-18	\$ 31.00
Oct-18	\$ 31.00
Nov-18	\$ 31.00
Dec-18	\$ 31.00

**\$ 367.00**

### Back Bay Notes

**Next Coffee Hour**  
Thursday, February 7 at 10am  
Community House



### Care Management Hours



Care Management Nurse Heather Bell will be available at the Community House the third Thursday of each month from 8:00am to 4:00pm. Contact Heather at 366-1340 or [hbell@taylorcommunity.org](mailto:hbell@taylorcommunity.org)



### Note from the Sunshine Committee

The Sunshine Committee would like to thank the many residents and groups for the gifts given to make this fund successful again this year. Because of your contributions, we were able to provide our 186 employees with a bonus in lieu of tips.

We wish to remind you it is possible to contribute to the Sunshine Fund on a monthly basis. Ed Soucy can arrange to add a sum to your monthly Taylor billing (call 366-1229 to make arrangements).

**Thank you again on behalf of the Sunshine Committee:**

~Peg Petrie, Barbara Miles, Bryan Walker, Sharon and Larry Guild

## UPCOMING LECTURES AND CAMPUS EVENTS

\*For all special events held at Woodside, we will do our best to accommodate rides with 72 hours advance notice.  
Please call Dial-A-Ride at 366-1234. *Find additional fitness events on Pages 6 and 7!*

**Monday – February 4 – AARP Smart Driver Program, Bob Slavin** – This 6-hour program developed by AARP is a classroom refresher course to ensure that drivers 50 years of age and older stay safe behind the wheel. Upon successful completion, participants may be eligible for a discount on their automobile insurance (check with your provider). Lunch in the Bistro will be available. **Woodside, 9:00AM. There is limited space for this program; please register ASAP with Brenda at 366-1226.**



**MT. KEARSARGE  
INDIAN MUSEUM**

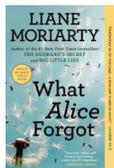
**Monday – February 4 – Lecture Program: Mt. Kearsarge Indian Museum** – In 1929 Grand Chief Sachem Silverstar visited a second grade classroom and delivered a message that transformed the life of one young boy, Charles “Bud” Thompson. Silverstar emphasized the uniqueness of each individual and their interconnectedness to all other life. He told the children that within each of them was a special power, a talent, that could make the world a better place and that he hoped to someday hear how each and every one of them had made a positive difference. That same year, while on summer vacation at his grandfather’s farm in Connecticut, Bud found an arrowhead and his lifelong love of American Indian artifacts was cemented. Mt. Kearsarge Indian Museum, Education and Cultural Center, is dedicated to connecting people of today with 20,000 years of ongoing Native American cultural expression. The Museum embraces cultural diversity and encourages responsible environmental action based on respect for nature. Through exhibitions and programs, the Museum seeks to challenge and inspire all of us to improve the quality of our lives and our world. Join us as we are introduced to the Mount Kearsarge Indian Museum and view some of their amazing artifacts. **Woodside, 6:30PM.**

**Tuesday – February 5 – Foreign Film: A Royal Night Out** – On V.E. Day in 1945, as peace extends across Europe, Princesses Elizabeth and Margaret are allowed out to join the celebrations. It is a night full of excitement, danger and the first flutters of romance. **Woodside Theater, 2:00PM.**



**Wednesday – February 6 – Men’s Breakfast: Dave Connor, Hiking the Western National Parks** – Please RSVP to John Larson by February 4, and join us at Woodside, 7:45AM.

**Wednesday – February 6 – New Resident Meet & Greet – Woodside, 2:00PM.** From 2—2:30pm, new residents will have opportunity to meet each other, and then will be joined at 2:30pm by others in the Community. Join us for this opportunity to celebrate new friends.



**Thursday – February 7 – Laconia Public Library Book Club** – Members will receive the Club’s next book selection, *What Alice Forgot*. If you are a new member, please contact Brenda at 366-1226 so that we can reserve a copy for you! **Woodside Library, 10:00AM.**

**Thursday – February 7 – New Beginnings – New Beginnings** — *Without Violence and Abuse* is dedicated to ending sexual, domestic, and stalking violence through the provision of safe and effective services, including emergency refuge and support; and works toward social change by promoting an effective community response to violence. Join us as we learn more about this local organization and the services they provide to our community. **Woodside, 2:00PM.**



**Friday – February 8 – Friday Movie: The Notebook** – An epic love story centered around an older man who reads aloud to an older, invalid woman he regularly visits. From a faded notebook, the old man’s words bring to life the story about a couple that is separated by World War II, and then passionately reunited seven years later, after they have taken different paths. Though her memory has faded, his words give her the chance to relive her turbulent youth and the unforgettable love they shared. **Woodside, 7:00PM.**

**Monday – February 11 – Resident Town Hall with Michael Flaherty – Woodside, 11:00AM.**



**Monday – February 11 – Hans Hug, Jr: Wrecks of Winnepesaukee** – An avid diver for 30 years throughout New England, Hug enjoys lobster and scallop diving, searching for shipwrecks and artifacts, including bottles, guns, ceramics and more. He has dived all over Winnepesaukee using sophisticated side scan sonar equipment and has located more than 80 wrecks in the lake including large pieces of the original steamer Mt. Washington, has captured hundreds of images on side scan sonar and photographed and videotaped all of the wrecks. A brief video will be played of one of his ship wreck dives along with photographs and sonar images of wrecks. The presentation is free and will last approx. 80 minutes with lots of time for questions. **Seating is limited and we ask that you RSVP to Brenda at 366-1226. Woodside, 6:30pm.**

## UPCOMING LECTURES AND CAMPUS EVENTS

\*For all special events held at Woodside, we will do our best to accommodate rides with 72 hours advance notice.  
Please call Dial-A-Ride at 366-1234. [Find additional fitness events on Pages 6 and 7!](#)



**Tuesday – February 12 – February Documentary: *Lincoln*** – A 2012 American historical drama film directed and produced by Steven Spielberg, starring Daniel Day-Lewis as President Abraham Lincoln. The screenplay by Tony Kushner was loosely based on Doris Kearns Goodwin's biography *Team of Rivals: The Political Genius of Abraham Lincoln*, and covers the final four months of Lincoln's life, focusing on his efforts in January 1865 to have the Thirteenth Amendment to the United States Constitution passed by the United States House of Representatives. Run time 2:29.

**Woodside Theater, 2:00PM.**

**Tuesday – February 12 – February Ballet: *Sleeping Beauty*** – Maina Gielgud's Production with the Australian Ballet Company. **RESERVATIONS ARE REQUIRED — Please call Brenda at 366-1226. Woodside Theater, 7:00PM.**



**Thursday – February 14 – Resident Spa Day with Empire Beauty School – Woodside, 9:30—11:30AM.** [Find information for this event on Page 6.](#) **Call Tammy for more info at 366-1206.**

**Thursday – February 14 – Valentines Dinner and Jazz Concert: *Now's The Time*** – *Now's The Time* is comprised of piano, played exquisitely by Randy Zielinski, guitar by aficionado Tom Kesel, stand-up bass by the one-and-only music veteran George Blodgett, with two vocalists, Stephen Naifeh and Peg Chaffee. They play American standards like *Ain't Misbehavin'* and *Blue Skies*, along with a sprinkle of blues and soul. Throw in some amazing harmonica by Stephen, horn by Randy, and light percussion, and you have *Now's The Time!* **Please feel free to bring along your beverage of choice as the bar will be closed for this event. Dinner will be served at 6:00PM (menu on Page 12). Entertainment begins at 7:00PM. RESERVATIONS WITH CHOICE OF ENTRÉE ARE REQUIRED BY 2/11 by calling Brenda at 366-1226.**



**Friday – February 15 – Friday Movie: *The American President*** – Politics, the press and deeply held values collide in this intelligent romantic comedy when Andrew Shepherd falls in love with the beautiful environmental lobbyist Sydney Wade. Run time 1:54. **Woodside Theater, 7:00PM.**

**Tuesday – February 19 – Lecture Program: *The World Famous Hawk Migration, Eric Masterson*** – Are you a *Snowbird*, living part of the year in Florida? Do you think of yourself as a migrant? You might have more in common with our birds than you realize. Eric Masterson has been fascinated with Bird Migration since he started birding at age 11. He boarded a flight in Manchester in October, 2015 bound for Kekoldi, Costa Rica to witness the world famous hawk migration that passes south through the Central American isthmus, but quickly realized that the story was in the journey, not the destination. Thus, he began to plan his own journey following several GPS-tagged birds on their flight south, leaving NH by bicycle in September 2016, final destination unknown. Eric is working on a book about bird migration as told through the hawks and his journey. **RESERVATIONS ARE REQUIRED BY CALLING 366-1226. Woodside, 2:00PM.**



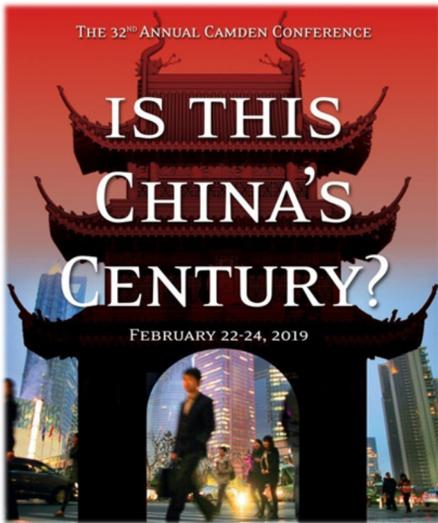
**Wednesday – February 20 – Putnam Fund Event: *Author David Brody*** – Ever wonder why the sails of Christopher Columbus' ships featured crosses from the outlawed Knights Templar? Was the explorer using ancient Templar sailing charts when crossing the Atlantic? If so, what was his true mission? Top Vatican officials, it turns out, have been wondering the same thing: A Vatican team in the early 1980s spent years searching the Catskill Mountains for Templar treasures relating to these sailing charts, apparently relying on a coded treasure map carved on the blade of a mysterious swagger stick sword. "The Swagger Sword," a modern-day thriller based on actual sites and artifacts, is book #8 in David S. Brody's "Templars in America" series. **Join us at Woodside for this Putnam Fund Author's presentation at 6:30PM.**

**Thursday – February 21 – February Opera: *The Magic Flute*** – You will be enchanted by the whimsical humor and breathtaking puppetry of Julie Taymor's hit production, presented in a shortened English-language version. Under the baton of Maestro James Levine, a winning ensemble cast – including Nathan Gunn, Ying Huang, Matthew Polenzani, Erika Miklosa, and René Pape – brings fresh life to Mozart's timeless fairy tale. Stars Matthew Polenzani as Tomino. Please feel free to bring along your beverage of choice for this event. Run time 1:52. **Woodside Theater, 7:00PM. RESERVATIONS ARE REQUIRED by calling Brenda at 366-1226.**



## UPCOMING LECTURES AND CAMPUS EVENTS *Continued*

\*For all special events held at Woodside, we will do our best to accommodate rides with 72 hours advance notice.  
Please call Dial-A-Ride at 366-1234. *Find additional fitness events on Pages 6 and 7!*



**Friday, Saturday and Sunday – February 22, 23, 24 – 32nd Annual Camden Conference** – As China emerges as a major global power, it faces complex challenges in its domestic economic, social, environmental and political affairs and its relations with Asian neighbors, the United States and the broader international community. Chinese investment on all continents is both welcomed and regarded with some anxiety, while Chinese diplomatic intervention has been essential to stability on the Korean peninsula. Taking an active role in shaping global dialogues, China is now attracting European as well as Asian nations to new multilateral institutions. In Beijing, the absolute authority of the Chinese Communist Party has been reconfirmed, and President Xi now has the option to remain his country's leader for as long as he wishes. "Chinese wisdom and a Chinese approach to solving the problems facing mankind" can help solve global problems, says President Xi. But is China ready for global leadership? And as its global role expands, by intention or by default, what will that mean for the United States, for Japan, India, Russia and other neighboring nations?

Expert presenters from China, East Asia, Europe, and the U.S. will describe and analyze these challenges. Drawing on their extensive professional and personal experiences, the speakers will explore a wide range of topics: issues and expectations within Chinese society today; the dramatic reduction in overall poverty and the rise of a middle class; the roles of the Chinese Communist Party and its leadership; the outlook for China's economy, long fueled by exports and substantial foreign investment; China's aspirations in technology and innovation; the environmental impact of China's industrial expansion and its role in addressing climate change worldwide; relations with neighboring countries in North-east and Southeast Asia; and current and future U.S.-China relations, including controversies over trade, human rights, and the U.S. role in the stability and security of the Asia-Pacific region.

For detailed information and schedule of speakers, visit [camdenconference.org/2019](http://camdenconference.org/2019)

**Friday, February 22**  
Program begins at 7:30PM  
Keynote Speaker TBA

**Saturday, February 23**  
Program begins at 8:45AM  
Lunch Break 11:45AM—1:30PM

**Sunday, February 24**  
Program begins at 8:30AM  
Speakers TBA  
Adjourns 12:30PM

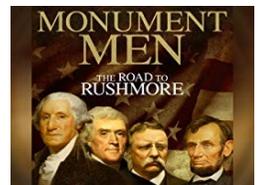
**THIS IS A CLOSED EVENT AND OPEN TO TAYLOR COMMUNITY RESIDENTS ONLY. THANK YOU TO BERYL AND ERIC CHARLTON FOR SPONSORING THIS PROGRAM.**  
Reservations are required by calling Brenda at 366-1226.

**Saturday – February 23 – Community Social & Buffet** – Join your friends and neighbors. The menu for this event is provided on Page 15 of this Gazette. **Reservations are required by February 20 at 366-1449 or [rsvps1@taylorcommunity.org](mailto:rsvps1@taylorcommunity.org). Woodside, 5:00PM. See you there!**



**Sunday – February 24 – TRA Sunday Social & February Birthday Celebration – Woodside, 4:30PM.**

**Wednesday – February 27 – Added due to popular demand! Mount Rushmore: Monument Men Part II** – Witness the rich and tumultuous history behind our nation's Shrine of Democracy in this stunning new documentary series. Chip into the history of the men whose faces are sculpted and the men who sculpted them in this 7-part chronicle containing detailed biographies and virtual tours of Rushmore and the nearby Crazy Horse Memorial. Thomas Jefferson: Author of the Declaration of Independence, a strong voice for the defense of liberty, and the architect behind the largest territorial expansion in United States history. This episode examines Jefferson's rightful place on Mount Rushmore. **Reservations are required to Brenda at 366-1226. Woodside Theater, 2:00PM.**



**Dirty Harry**



**Thursday – February 28 – Movie: Dirty Harry** – *Dirty Harry*, is a 1971 American action crime thriller film produced and directed by Don Siegel, the first in the Dirty Harry series. Clint Eastwood plays the title role, in his first outing as San Francisco Police Department (SFPD) Inspector "Dirty" Harry Callahan. The film drew upon the actual case of the Zodiac Killer as the Callahan character seeks out a similar vicious psychopath. **Woodside Theater, 3:00PM.**

## UPCOMING TRIPS

Please call 366-1226 unless otherwise noted.

**Note:** Trip descriptors – **Easy, Moderate, or Independent** – indicate the degree of mobility [walking, standing, stepping, etc.] required in order to safely participate and enjoy the trip. All pick-up times are an approximation.

Non-residents pay a \$10 fee. There is a \$10 fee charged for cancellations within 72 hours of the trip.

**Funds for show tickets purchased in advance are due when the order is placed and are non-refundable.**

**Wednesday – February 6 – Lunch with Friends at Lyons’ Den [Easy] –** *Come for the view, stay for the food!* With a stunning view of Gilford islands, Lake Winnepesaukee and the Ossipee Mountains, and unarguably some of the best food around, it’s easy to see why we frequent the Den. Join us! **Bus pick-up begins at 11:00AM.**



**The New Hampshire Orchid Society**

**Friday – February 8 – 28th New Hampshire Orchid Society Show and Sale [Moderate — walking] –** This show opens at 1:00PM. Prior to the Show, we’ll enjoy lunch at Lilac Blossom in Nashua. So many beautiful sights to see at this beautiful show: exhibits, plants, supplies, jewelry, artwork and more. **Admission is \$8.00. Bus pick-up begins at 9:45AM.**

**Friday – February 15 – Laconia World Championship Sled Dog Derby [Easy to Moderate]** This event will be held at Laconia Country Club with lunch served on-site. Join us to watch the Six-Dog Classic in the warmth of the Laconia Country Club. The dogs will start at 10:00am at the start line in the field at the corner of Parade Road and Old North Main Street across from the Lakes Region Correctional Facility. It will take approximately 10 minutes for the first 6-dog team to get to the Country Club and each team should be roughly two minutes apart. You can view the trail from inside and will have the option to view outside close to the trail. Race runs 40 minutes to an hour depending on number of entries. Lunch available on site. **Bus pick-up begins at 9:15AM.**



*Pilates, Etc.*

**Wednesday – February 20 – Pilates, Etc. [Moderate — Independent] –** Join Tammy for this trip to *Pilates, Inc.*, in Tilton. Owner Nola Rocco, a trained dancer, hosts. More info. on Page 8. Call Tammy to be included at 366-1206. **Bus departs Woodside at 1:30PM.**

**Friday – February 22 – White Mountain Museum [Moderate — walking] – Person of Interest.** What is personhood? How is identity constructed and how does it travel across time and space and memory? What are the echoes of a life? How are we all connected? Artists from multiple genres and media will share found objects and archival materials from a common source, as well as new individual and collaborative work created around/in response to those objects and materials. This collaborative exhibit features four PSU faculty members who are practicing artists: poet Liz Ahl, composer Jonathan Santore, ceramic artist Nick Sevigney, choreographer/dancer Amanda Whitworth. We will enjoy lunch at the Italian Farmhouse following the Museum Exhibition. **Admission to the Museum is free. Bus pick-up begins at 8:45AM.**



**March Trip Opportunity! Friday – March 1 – Squam Lakes Natural Science Center Bird Banding Program [Moderate] –** Join us for this hands-on experience as Senior Naturalist Dave Erler introduces us to the details of the Bird Banding Program. He will demonstrate how and why they capture, band and release birds that gather at their winter feeding station. We will have the opportunity to actively participate in all aspects of this demonstration. **Tickets are \$10 per person.** Following this program, we will enjoy lunch at Walter’s Basin. **Bus pick-up begins at 8:45AM.**



**Photos from Brenda that made me smile... You too? 😊**

### Recurring Campus Events

#### Sundays:

##### Sunday Brunch

Sundays, 11:00am to 2:00pm, Woodside  
.....

##### Sunday Movie Matinee

Sundays @ 2:00pm, Woodside Theater  
.....

##### Church Services

Sundays @ 2:30pm, Ledgeview  
.....

##### IRA Sunday Social & Monthly Birthday Celebration

Last Sunday of the Month @ 4:30pm,  
Fireside Room at Woodside

#### Mondays:

##### Stitch Witchery Quilters

Mondays @ 8:00am, Woodside  
.....

##### Cozy Caps Knitters

Mondays @ 10:00am, Woodside  
.....

##### Taylor Home Bingo

Mondays @ 10:00am, Taylor Home  
.....

##### Taylor Playreaders

1st and 3rd Mondays @ 1:00pm, Woodside

#### Tuesdays:

##### Resident Cracker Barrel Coffee Hour

Tuesdays @ 10:00am  
Woodside Birch Room  
.....

##### Worship Services

Tuesdays @ 10:30am, Ledgeview  
.....

##### Laconia Public Library Runs

Every Other Tuesday @ 10:30am (Call 366-1234)  
.....



##### Shopping Bus to Belknap Mall

Tuesdays @ 1:00pm (Call Dial-A-Ride)  
.....

##### Non-Fasting Blood Draws

Tuesdays @ 1:00pm  
Woodside Wellness Office

(Fasting Blood Draws by appointment only: please call  
Care Management Nurse Heather Bell at 366-1340)  
.....

##### Blood Pressure Clinic

Tuesdays from 2:00 - 3:00pm  
Woodside Wellness Office

#### Wednesdays:

##### Cribbage Games

Wednesdays @ 10:00am  
Woodside Card Room  
.....

##### Veterans Coffee Hour

3rd Wednesday of the Month @ 10:00am  
Lake Room at Ledgeview

(Wednesday is continued above right)

### Recurring Campus Events

#### Wednesdays (Cont.):

##### Care Management Nurse Office Hours

Wednesdays 2:00 - 3:00pm  
Woodside Wellness Office  
.....

##### Wine Socials

Wednesdays @ 3:00pm  
Taylor Home and Ledgeview 3rd Floor  
.....

##### Woodside/Ledges Food Forum

2nd Wednesday of the Month @ 2:00pm, Woodside

#### Thursdays:

##### Woodcarvers

Thursdays @ 9:00am  
Woodside Wet Craft Room  
.....



##### Shopping Bus to Hannaford's/Walmart

Thursdays @ 9:00am (Call Dial-A-Ride)  
.....

##### Bridge Games

Thursday @ 1:00pm, Woodside  
.....

##### Taylor Community Chorus Rehearsals

1st and 3rd Thursdays at 2:00pm  
Taylor Home Atrium

#### Fridays:

##### Le Cercle Français de Laconia

Fridays @ 10:00am, Fireside Dining Room  
.....

##### Taylor Home Bingo

Fridays @ 10:00am, Taylor Home  
.....

##### Oasis Pub Night

First Friday of the Month, 4:30pm, Woodside

#### Saturdays:

##### Saturday Breakfast Buffet

Saturdays, 9:00—11:00am, Woodside  
.....

##### Saturday Entertainment at Ledgeview

Saturdays @ 2:30pm, Second Floor  
.....

##### Community Social & Dinner

**4th** Saturday of the Month @ 5:00pm, Woodside  
RSVP at [rsvps1@taylorcommunity.org](mailto:rsvps1@taylorcommunity.org) or at 366-1449  
by Noon the Wed. prior to the Dinner.  
.....

##### Saturday Night at the Movies

Saturdays @ 7:00pm, Woodside Theater  
(No Movie on Community Social & Dinner Nights)



### Assure your ride!

**Dial-A-Ride** operates Monday — Friday, 8am to 4pm, with extended hours Tuesday and Thursday evenings (until 7) and Sunday morning transportation to church. Please plan ahead to assure your ride: **RSVP Monday to Friday from 8am to Noon at 366-1234.**



**Woodside Theater**  
**Saturday Night Movies 7:00PM**  
**Sunday Matinees 2:00PM**

*Glendale*  
 SENIOR DINING

**Community Social & Dinner**  
**Saturday, February 23 at 5pm**



**Chinese New Year Inspired!**

*Thanks for your feedback! This Dinner continues as a buffet in the Bistro; appetizers will now again be located in the lounge social area prior to the meal.*

**Social Hour Station:** Variety of Cheeses from VT and NH with flatbreads and crackers; Crab Rangoon Dip with Wonton Chips; Ahi Tuna Buns; Fresh Fruit Display with Yogurt Dip

**Plated Salad:** Mandarin Orange & Iceberg Salad with Ponzu Vinaigrette

**Main Course Buffet:**  
**Turkey Roulade with Cranberry Stuffing and Pan Gravy**  
**Sesame Beef Tips**  
**Vegetarian Entrée: Braised Stuffed Tofu**

**Sides:**  
 Jasmine Rice; Mashed Japanese Yams;  
 Glazed Carrots; Steamed Bok Choy

**Desserts:** Seasonal Selection, including Lou's Cake du Jour (Sugar-Free and Gluten-Free Option Available)

**\$22.95 per person**

**Please RSVP by February 20 at 366-1449 or via email at [rsvps1@taylorcommunity.org](mailto:rsvps1@taylorcommunity.org)**

**See you there!**

**In Memoriam**

**Luann Ketcham**  
 September 17, 1930 – January 16, 2019  
 Taylor Resident Since 2006

**Amy Jones**  
 February 12, 1928 – January 16, 2019  
 Taylor Resident Since 2002

**Patricia Webster**  
 April 18, 1933 – January 19, 2019  
 Taylor Resident Since 1996

**Helen Chervenak**  
 October 26, 1922 – January 19, 2019  
 Taylor Resident Since 2016

**Ethel Burton**  
 July 20, 1919 – January 25, 2019  
 Taylor Resident Since 2014

**Cecile St. Gelais**  
 February 4, 1931 – January 27, 2019  
 Taylor Resident Since 2017




**Lectures, Programs & Special Events**  
 Check out Recurring Campus Events on Page 14 and additional Fitness Events on Pages 6 and 7!

**AARP Safe Driver Course**  
 Mon., Feb. 4 @ 9:00am, Woodside

.....

**Lecture Program: Mount Kearsarge Indian Museum**  
 Mon., Feb. 4 @ 6:30pm, Woodside

.....

**Foreign Film: A Royal Night Out**  
 Tues., Feb. 5 @ 2:00pm, Woodside Theater

.....

**New Resident Meet & Greet**  
 Wed., Feb. 6 @ 2:00pm, Woodside

.....

**Laconia Public Library Book Club**  
 Thurs., Feb. 7 @ 10:00pm, Woodside Library

.....

**Lecture Program: New Beginnings**  
 Thurs., Feb. 7 @ 2:00pm, Woodside

.....

**Friday Night Movie: The Notebook**  
 Fri., Feb. 8 @ 7:00pm, Woodside Theater

.....

**2019 Music Series: Lakes Region Wind Quintet**  
 Sun., Feb. 10 @ 3:00pm, Woodside

.....

**Wrecks of Winnepesaukee, Hans Hug**  
 Mon., Feb. 11 @ 6:30pm, Woodside

.....

**February Documentary: Lincoln**  
 Tues., Feb. 12 @ 2:00pm, Woodside Theater

.....

**February Ballet: Sleeping Beauty**  
 Tues., Feb. 12 @ 7:00pm, Woodside Theater

.....

**Resident Spa Day**  
 Thurs., Feb. 14, 9:30 — 11:30am, Woodside

.....

**Valentines Theme Dinner and Concert**  
 Thurs., Feb. 14 @ 6:00pm, Woodside

.....

**Friday Night Movie: The American President**  
 Fri., Feb. 15 @ 7:00pm, Woodside Theater

**Trip Reminders**

**RSVP is required; please call Brenda at 366-1226.**

**Lunch with Friends at Lyons' Den**  
 Wed., 2/6 @ 10:30am

**28th New Hampshire Orchid Society Show**  
 Fri., 2/8 @ 9:45am

**Laconia World Championship Sled Dog Derby**  
 Fri., 2/15 @ 9:15am

**Meeting Reminders**

**TRA Executive Committee**  
 Mon., 2/11 @ 9:30am, Woodside

**Resident Town Hall**  
 Mon., 2/11 @ 11:00am, Woodside



## Visit us in the Bistro!

### Monday to Friday 11:30am—2pm

Hot Lunch Specials, Salad Bar, Deli Bar, Grab & Go

### Tuesday and Thursday Dinner 5—7pm

Please RSVP for Dinner by 2pm at 366-1481 —  
Be sure to ask about Chef's Featured Entrees

### Saturday Breakfast Buffet 9—11am

\$10 (\$5 continental) — No RSVP required

### Sunday Brunch 11:00am - 2:00pm

Please RSVP for Brunch by 8am at 366-1481

We appreciate your input. Please let us know how we can improve your dining experience.

Moe Memmolo, General Manager, 366-1231  
[taylorhome@glendaleseniordining.com](mailto:taylorhome@glendaleseniordining.com)

Jason Seavey, Chef de Cuisine, 366-1481  
[woodside@glendaleseniordining.com](mailto:woodside@glendaleseniordining.com)

## Daily Lunch Specials

Lunch Specials priced according to market cost.

**Monday 2/4: National Homemade Soup Day** —  
Clam Chowder or Beef Chili in Bread Bowl with Side Salad **\$8.95**

**Tuesday 2/5:** Chicken Parmesan with Marinara, Herbed Risotto and Chef's Choice Vegetable **\$8.95**

**Wednesday 2/6:** Chef's Choice BBQ Selection with Traditional Sides **\$Market**

**Thursday 2/7: National Fettuccini Alfredo Day** —  
Served w/ Grilled Chicken, Steamed Broccoli **\$6.95**

**Friday 2/8:** Crab Cake Slider with Lobster Spread, Chef's Choice Side, and Side Salad **\$8.95**

**Monday 2/11: Town Hall Day** — Carved-to-Order French Onion Eye Round Roast, Mashed Potatoes & Gravy, Chef's Choice Vegetable **\$8.95**

**Tuesday 2/12:** Lamb Gyro with Regionally-Inspired Sides **\$7.95**

**Wednesday 2/13: National Tortellini Day** — Tri-colored Pasta filled with Cheese and tossed with Pesto & Artichokes, served with Garlic Bread **\$6.95**

**Thursday 2/14:** Classic Tomato Soup with Hot Mortadella & Saurkraut Sandwich **\$6.95**

**Friday 2/15:** Fried Shrimp with Coleslaw and Chef's Choice Side **\$9.95**

## Always-Available Tuesday/Thursday Dinner Selections

Simply Delicious Seared Salmon Filet **\$17**

Carved Sirloin Steak Entrée **\$16**

Each selection is served with an evening menu side.

Ask us about our newly-revised easy-to-order catering menu and expanded grocery options!



## Valentines Day Dinner and Entertainment Thursday, February 14 at 6pm

**Scarlet Beet Soup**  
with Citrus Crème Fraiche

### Sweet Heart Salad

Marinated Hearts of Palm, Artichoke Hearts and Olives served over Romaine Hearts with Blood Orange Vinaigrette and Focaccia Crouton

### Main Course Selections:

**Lobster Raviolis with Sherry Cream Sauce, Shaved Fennel and Watercress**

**Prime Rib au Jus, Duchess Potatoes, Steamed Carrots & Caulinini**

### Desserts:

Heart-Shaped Petit Fours  
Chocolate & Raspberry Cup  
French Macaron



**\$22.00 per person**

Please RSVP to Brenda Kean by February 11 with your choice of entrée at 366-1226.

## Dinner Specials – Tuesday, February 5

Turkey Meatballs Tetrazzini with Cream Sauce, Gnocchi and Peas **\$17**

Grilled Halibut with Sun-Dried Tomato Butter, Grain Medley and Eggplant Caponata **\$19**

Seasonal Vegetarian Pasta Feature **\$15\***

\*All-inclusive upgrade: Add starter and dessert, \$2 additional charge  
Starter: Mushroom & Goat Cheese Strudel Appetizer (Vegetarian)

## Dinner Specials – Thursday, February 7

Bolognese Meatballs (pork, veal and beef) served with Spaghetti and Marinara **\$17**

Lemon Pepper Sole Florentine (filled with spinach) served with Wild Rice **\$18**

Seasonal Vegetarian Pasta Feature **\$15\***

\*All-inclusive upgrade: Add starter and dessert, \$2 additional charge  
Starter: Classic Caesar Salad

## Dinner Specials – Tuesday, February 12

Lamb Rack Lollipop Duo with Mint & Fennel Chutney, Baked Potato and Steamed Carrots **\$20**  
Boneless Pork Chop with Apple Compote, Potato Pancake and Brussels Sprouts **\$17**

Seasonal Vegetarian Pasta Feature **\$15\***

\*All-inclusive upgrade: Add starter and dessert, \$2 additional charge  
Starter: Tomato Bisque



## Thursday, February 14 Valentines Day Dinner and Entertainment



## Community Social & Dinner Saturday, February 23 at 5pm Menu on Page 15

## LATE ADDITIONS TO FEBRUARY CALENDAR

**Wednesday – February 13 – *New!* “LOVE CONCERT” by Mountain Lake Chorale** – Join us as this talented group performs a number of “Love” selections, sure to put you in the mood for Valentines Day! **Please join us at Woodside at 6:30PM.**



**Monday – February 25 – *Rescheduled!* The Lakes of New Hampshire: The Good, Bad and the Really Neat** –

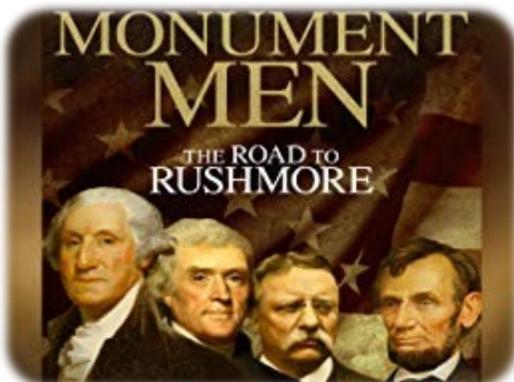
Amy Smagula, Limnologist and Exotic Species Program Coordinator for the NH Department of Environmental Services, will be our guest speaker. The NHDES Exotic

Species Program coordinates activities associated with the control and management of exotic aquatic plants, as well as activities associated with the implementation of education programs and volunteer plant monitoring programs. **Please join us at Woodside at 6:30PM.**

**Tuesday – February 26 – *Rescheduled!* Ballet: La Bayadere** –

As for the plotline of the production, La Bayadere takes place in the Royal India of long ago. As the ballet begins, the audience learns that Nikiya, a beautiful temple dancer, is in love with a young warrior named Solor. However, Solor is engaged to the Rajah's daughter. During the betrothal, Nikiya is forced to dance, after which she receives a basket of flowers from the Rajah's daughter. The basket contains a deadly snake and Nikiya dies. Solor dreams of reuniting with Nikiya in the Kingdom of the Shades. He then awakens, remembering that he's still engaged.

At his wedding, however, he sees a vision of Nikiya. He mistakenly says his vows to what he believes is her, instead of his bride-to-be. The gods become infuriated and destroy the palace. Solor and Nikiya reunite in spirit, in the Kingdom of the Shades. **Reservations are required at 366-1226. This event will be held at Woodside beginning at 7:00PM.**



**Wednesday – February 27 – *New!* Monument Men Part II, The Road to Rushmore** –

Witness the rich and tumultuous history behind our nation's Shrine of Democracy in this stunning new documentary series. Chip into the history of the men whose faces are sculpted and the men who sculpted them in this seven-part chronicle containing detailed biographies and virtual tours of Rushmore and the nearby Crazy Horse Memorial. Thomas Jefferson: Author of the Declaration of Independence, a strong voice for the defense of liberty, and the architect behind the largest territorial expansion in United States history. This episode examines Jefferson's rightful place on Mount Rushmore. **Reservations are required to Brenda at 366-1226. Woodside Theater, 2:00PM.**



## Notes from Dining Services

January 2019

### Hello from the Woodside Bistro!

We have more to talk about than fits on the Dining Page of your Gazette!

Local. Innovative. Compassionate.

#### Reservation Policy

Approaching Glendale's one-year anniversary at Taylor we have made some changes in service and maintained what still works. With this, some procedures need to be clarified and one is the reservation policy.

Due to the fluctuating attendance, a need for standard has arisen. Although we've prior required reservations as a courtesy, until now there was not a definite cut-off time.

As discussed in the most recent Food Forum with residents & Taylor management, including Michael Flaherty and Moe Memmolo, we will now have a cut off of three hours prior to a plated bistro service such as the Tuesday-Thursday 5pm meals and Sunday 11am Brunch. The Tuesday & Thursdays 5pm plated dinner service reservation cut off time will now be 2pm; 11am Sunday Brunch service, cut off at 8am. Please call 366-1481.

This being said, if we are able to accommodate a last-minute reservation due to a lack of attendance or cancelations we will; if you call to inquire it is helpful not to expect there will be an opening. When considering your attendance, the earlier you know you may want to come the better, preferably the evening prior to the meal. If we are not able to answer the phone, please leave a clear, detailed message with your name and phone number. If you are interested but unsure, please make a reservation in case, and if there is no longer the need just call and cancel. This will allow us to prepare, order and staff accordingly. In the event there is a last-minute opening we can call any resident on a waiting list.

Lastly, in the event of a special occasion or program that is facilitated by someone other than Dining Services, please contact them directly as opposed to us; this will help to avoid double bookings & miscommunications. Though it may seem intuitive to call us directly, there could be other information the facilitator needs. This includes resident socials, some holidays such as Christmas and other special occasions. Dining Services will have detailed information for any events we put on in the Gazette.

Thank you for your cooperation and understanding as these policies are in place for your benefit.

#### What's In Me?



Due to the diverse population here at Taylor Community, the Woodside Bistro menus are also extremely unique, ranging from casual to fine dining options as well as comfort foods and regional selections. As a result, some residents miss out due to lack of clarification and others may be intimidated and misunderstand some offerings. Keeping this in mind after listening to some concerns, but also hearing others say they don't want the menus to change, we have come up with the "What's in Me?" info-sheets. In an effort not to over inform and muddle the posted menus with deep descriptions, we will now offer a separate sheet available at the cash register in the Bistro with this added information. These new info-sheets will be available when the weekly menus are posted.

#### Grocery Section

In addition to the Grab & Go items the Bistro now offers, a limited selection of convenience items are now available for purchase. Items include loaves of bread, sticks of butter, 1/2 & full dozen eggs, cups of sugar & flour, creamers, various sizes of milk and more. Due to growth and demand, the selections may be updated. For a complete list, brochures are available from the cashier in the Bistro with more detailed information and pricing.



(over)



# Notes from Dining Services (Continued)

## Brunch Buffet and Community Social Date Changes

Due to holidays and predetermined regularly occurring events conflicting with others, the current resident counsel has voted to change the Monthly Social from the third Saturday to the fourth of each month. As a result, and in an effort to have an event every week of the month, Glendale has decided to move the once-a-month Sunday Brunch Buffet from the last Sunday of the month to the third. This will help to avoid the need to choose one event over another and we will have fewer scheduling conflicts. This will start in February and continue through June when it will be revisited.



### WHOLE 30

In an effort to meet the interests of as many of our potential guests as possible, the Bistro will now offer at least one "WHOLE 30" menu option per week at lunch time, and will denote any other items that may already be "WHOLE 30" as they are. We will work closely with Tammy Levesque to select recipes that appeal to as many people as possible.

## Food Forum

As a reminder, in an effort to serve you better, Glendale hosts a "Food Forum" open to ALL residents & employees once per month in the Fireside Room at Woodside, at 2pm on the Wednesday of the same week as the Resident Town Hall. Join the conversation! Many ideas are expressed and corrective actions decided upon; there's a lot of conversation at this meeting and we want your input! February's Food Forum will be held Wednesday, February 13th at 2pm. See you there!



### Meal Delivery

We have not been consistently enforcing the set delivery charge for Meal Deliveries. Going forward, this previously established \$2 fee will be added to all Meal Deliveries.

## Resident and Family Recipes

We still would like to compile resident and family recipes for a future Theme Meal. These recipes will also help in the menu-writing process for the daily menus, to dial in on resident preferences. The recent survey conflicted somewhat with our sales and verbal feedback as the more upscale offerings have been well received at night and we are full often. We will continue to work hard to be more diverse in our lunchtime menus to please all palates.



## NH Food Bank Steel Chef Challenge with Food Network Star Chef Alex Guarnaschelli



On Monday, March 11th at the Doubletree Hotel & Event Center, Chef Jason will be representing Taylor Community & Glendale Senior Dining. As a former contestant of the 4th annual event, he was requested to join all other alumni in catering the V.I.P. Cocktail Hour where each Chef will serve one appetizer of their choosing. The event is attended by over 600 guests and is the New Hampshire Food Bank's largest fundraiser. WMUR covers it as well as other local newspapers. Jason was one of four Chefs to compete in the second year of the event. He was chosen out of dozens of Chefs who applied, which was an honor as his peers were fine dining restaurant Chefs and Jason represented the retirement community population. Although Jason did not win,

he felt as though just being on stage, given the caliber of his competition, was a win in itself. As a side note, Jason was victorious four out of the five years he competed in a similar competition called Concord's Iron Chef, also competing against area restaurant Chefs as well as fellow retirement communities.

**We appreciate your input. Please let us know how we can improve your dining experience.**

Moe Memmolo, General Manager, 366-1231  
[taylorhome@glendaleseniordining.com](mailto:taylorhome@glendaleseniordining.com)

Jason Seavey, Chef de Cuisine, 366-1481  
[woodside@glendaleseniordining.com](mailto:woodside@glendaleseniordining.com)