



Volume 224 April 14 — 27, 2019

*It is with great pleasure that we make this announcement:*

**Charlotte Leavitt, our very own Taylor Community Volunteer Coordinator, has been selected to receive the Joseph D. Vaughan Award by the State Committee on Aging and EngAGING NH**



The prestigious award recognizes just one individual (or couple) over the age of 60 in each county, who has shown outstanding leadership or achievement as a volunteer on behalf of older citizens and others in New Hampshire. Congratulations, Charlotte, for representing all of Belknap County!!!

An awards ceremony will be held on Monday, May 6 at 1:30pm in the Executive Council Chamber at the

State House in Concord. The Vaughan family will be in attendance and NH Governor John Sununu has been invited to participate. Heather Joubert will be co-ordinating a bus for residents and staff to attend; please notify Heather at 366-1405 if you'd like to be included.



"Charlotte is a beacon of energy and life at Taylor," says Tammy Levesque, who nominated Charlotte for the well-deserved award. "Charlotte, Congratulations... You deserve this honor and recognition!!! Thank you for all you do."

The photo top left shows Charlotte reading her award letter. The one shown above right is a true illustration of Charlotte's energy and zest for life, taken at 2017's Earth Day event where resident volunteers assisted Elm Street School students in a clean-up of Leavitt Park. Some swing time for a volunteer job well done!



*If you weren't at April 7's Concert Series performance, you missed out! The Soggy Po Boys performed for a packed house of 175 delighted attendees. Thank you to Zach Lange and all the members of the group. You made us smile, tap our toes, clap and feel so good. We can't wait to have you back again!*

## Taylor Community 2019 Music Series

**Dr. Sax's Little Big Band**  
**Sunday, May 19 at 3pm**



This concert features Dr. Sax's Little Big Band, playing swing jazz classics made popular by the ensembles of Benny Goodman, Glenn Miller, Artie Shaw, Duke Ellington and the Dorsey Brothers.

Band Leader Jonathan Lorentz (a staff big band arranger for Jazz Lines Publications) calls his band "vibrant, energetic and humorous" and adds "the band is comprised of some of the best professional musicians from around the state."

Besides arranger Lorentz, who also plays Tenor Sax, other group members include: Charlie Jennison, Alto Sax; John Franzosa, Baritone Sax; Tom Robinson, Soprano Sax; Jimmy Clark and Russ Ryan, Trumpet; Mark Taddonio, Trombone; Paul Bourgelais, Guitar; Chris Mega, Piano; John Hunter, Bass; and Tim Gilmore, Drums.

Sponsored by Bank of New Hampshire, Taylor's Music Series performances are free, and open to the public.

This event is kindly sponsored by Taylor Residents John & Carol Ford and Bob & Arlene Ilgenfritz.

**Coming Up! National Nurses Week is May 6—12**  
**We love our Nurses!**

**4million**  
REASONS TO  
CELEBRATE

National Nurses Week is a time for everyone to recognize the vast contributions and positive impact of America's **four million registered nurses**.

The celebration culminates with *National Nurses Day* on May 12, Florence Nightingale's birthday. An English social reformer and statistician, Nightingale is most known as the founder of modern nursing, having opened the first secular nursing school in the world. *International Nurses Day* is celebrated *all around the world* on her birthday.

**THANK YOU Taylor Community Nurses!**

## FITNESS NEWS AND EVENTS

**Good Luck on your next adventure, Tammy!**

### Please Note Pool Schedule Changes:

There will be no Monday 3:30pm Aqua Circuit classes after April 8.

A new Arthritis Aqua-Cize Class will be added Mondays at 10:00am beginning April 22.

### Taylor Home Residents:

Russ Jones will be teaching both the Tuesday and Thursday 1:15pm Balance classes.



### Ballroom Dance Participants:

April 23's class has been canceled, to be rescheduled at a later date. See Heather Joubert for details.

### Monday, April 15 — "Floor-to-Seat" Workshop

— Heather Joubert and Heather Bell will talk about proper ways to get up off the floor if a fall occurs.



The ladies will discuss safety and precautions to have in place to assist you with a fall, when it is appropriate to ring your life alert, and how to prevent future falls from occurring. **Fitness Center, 10am.**



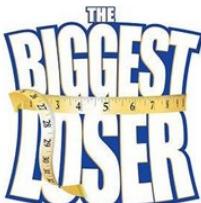
**Monday, April 22 — Arthritis Aqua-Cize begins** — A gentle low-impact workout designed to decrease joint tightness, reduce joint pain, and increase range of movement.



**Monday, April 29 — Improve Your Balance Workshop** — Join Fitness and Aquatic Director Heather Joubert at 10am in the Fitness Center to learn techniques and strategies to improve your balance.



**April 29th's Earth Day Clean-Up with Elm Street students** has been postponed; stay tuned for rescheduled date!.



**The Staff Biggest Loser Challenge** ended April 1, with three reaching their weight loss goals and splitting the \$130 kitty. Congratulations to Leah Smith (13 lbs.), Laura Ryan (13.8 lbs.) and Mary Ford (10 lbs.).

Congrats to all participants on better health!

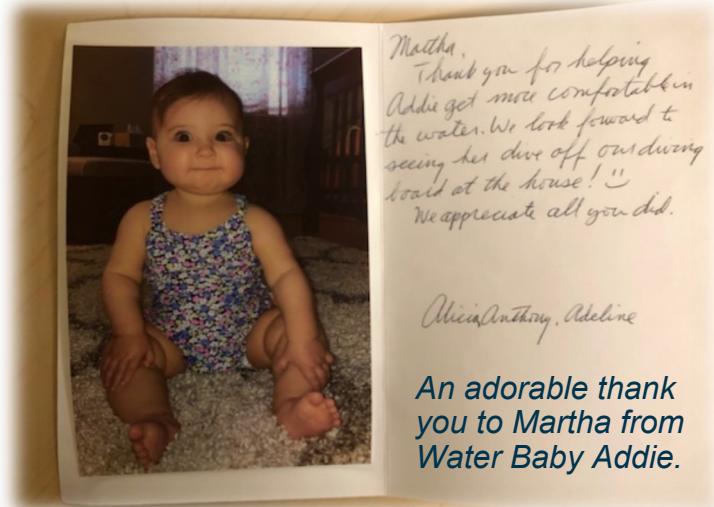
### Popular Dog Obedience Classes Return

Classes start Friday, May 3 with an Orientation Program for handlers at 2pm at Woodside.

The program, with both handlers and dogs, starts Tuesday, May 7 from 3—4pm, Woodside, and run Tuesdays and Thursdays for 3 weeks.



Applications for attendance may be obtained from Heather Joubert in the Wellness Office. They will be reviewed for acceptance by Trainers Henry Bird and Marjorie Anderson.



*Martha,  
Thank you for helping  
Addie get more comfortable  
in the water. We look forward to  
seeing her dive off our diving  
board at the house!  
We appreciate all you did.  
Alicia Anthony, Adeline*

An adorable thank you to Martha from Water Baby Addie.

The note reads, "Thank you for helping Addie get more comfortable in the water. We look forward to seeing her dive off our diving board at the house! We appreciate all you did."

Water Babies classes with Martha McIntyre have been well received by participants and residents. Lessons have now begun for children who've "aged out" of the popular program. Call 366-1405 for more details.

Heather Joubert will be stepping in as our Interim Wellness Director effective April 15th. If you have any questions that pertain to our many Wellness and Aquatic programs, please reach out to Heather at 366-1405 and she will gladly assist you. Thank you, Heather!

~Susan Denopoulos, VP—HS & Administrator

Updated Fitness and Pool Calendars are available in the Wellness Office.



*"In nature, nothing exists alone."*  
~Rachel Carson, 1962



## Welcome, New Residents!

**David Greenhoe**  
3/22 Ledgeview

**Grace Yueh**  
3/29 Woodside

**Patricia Freeman**  
3/29 Back Bay

**John Huysmans**  
4/1 Taylor Home

**Esther Scott**  
4/4 Ledgeview

**Penny Keith**  
4/9 Ledges

*Silent Spring* —Rachel Carson's 1962 NY Times bestseller, later declared one of the 25 greatest science books of all time— documented the adverse environmental effects of pesticide usage and represented a watershed moment, setting the stage and raising public awareness and concern for living things and the environment, and the link between pollution and public health.

The first Earth Day in 1970 gave voice to this rising consciousness, with 20 million Americans taking part in demonstrations. Americans of all political affiliations and all walks of life joined together in support of Earth Day, and by the end of the year, the United States Environmental Protection Agency had been created and the Clean Air, Clean Water, and Endangered Species Acts had been passed.

In 1990, Earth Day went global and hit the world stage, rallying some 200 million people in 141 countries.

International Mother Earth Day is April 22, and is now the largest secular observance in the world, celebrated by more than a billion people every year. The Earth Day Network invites us all to learn more, and to join this year's campaign to **Protect our Species**: bees, coral reefs, elephants, giraffes, insects, whales and more.

Our world is currently facing the greatest rate of extinction since losing the dinosaurs over 60 million years ago. Unlike the fate of the dinosaurs, the extinction of species we are experiencing today is linked to human activity: climate change, deforestation, habitat loss, trafficking/poaching, poor agricultural practices, pollution and pesticides. Sad, right?



## VNA Grief Support Group

The Central NH VNA & Hospice Grief Support group meets on Wednesdays from 2—3pm in the Maple Room at Woodside through April 24.

If you'd like to join the group, please call Hank Offinger at 366-1207.

## Attention All Gardeners!



The raised garden beds will be moved shortly, in time for planting this Spring; they'll be moved again next year back to the Pavilion area. I will be contacting all those who had a raised bed

last year to verify their plans for this year's garden. Any-one else wishing to have a bed this year that did not last year, please let me know at 524-7131. Thanks!

~John Larson

But there are things we can do to help restore the balance, slow down the rate of extinction, and help species recover. Educate yourself and others about the accelerated rate of extinctions, the causes and the consequences. Contact your Congressional representatives and tell them your concerns. And practice and encourage individual actions, such as stopping pesticide and herbicide use, and leaning toward more of a plant-based diet.

*"All things are connected like the blood that unites us. We do not weave the web of life, we are merely a strand in it. Whatever we do to the web, we do to ourselves."*

~Chief Seattle

## APRIL LECTURES AND CAMPUS EVENTS

\*For all special events held at Woodside, we will do our best to accommodate rides with 72 hours advance notice.  
Please call Dial-A-Ride at 366-1234.

**Monday – April 15 – “Floor-to-Seat” Workshop** – Heather Joubert and Heather Bell will talk about proper ways to get up off of the floor if a fall occurs. The ladies will discuss safety and precautions to have in place to assist you with a fall, when it is appropriate to ring your life alert, and how to prevent future falls from occurring. **Fitness Center, 10AM.**



**Monday – April 15 – Laconia Fire Department Lecture** – The Laconia Fire Department works to provide an effective and efficient level of fire, rescue, hazardous material and pre-hospital emergency medical services. Join us as Chief Kirk Beattie visits Taylor Community to share information and answer questions. **Woodside, 2PM.**



**Wednesday – April 17 – David Hill’s 100-Mile Iditarod Bike Race** – David Hill participated in a 100-mile bike race held on the Iditarod Trail in Alaska on Valentines Day; this adventure did not turn out the way David had planned. Please join us for his photographic presentation. **Woodside, 6:30PM.**



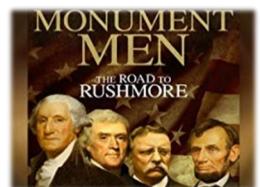
**Thursday – April 18 – April Opera: Madame Butterfly** – Metropolitan Opera. This opera by Giacomo Puccini has become a staple of the operatic repertoire around the world, ranked 6th by Operabase (Puccini's La Bohème and Tosca rank 3rd and 5th). **Woodside, 7PM.**



**Friday – April 19 – Friday Night Movie: Irving Berlin’s Easter Parade** – In this lavish musical, Broadway star Don Hewes' (Fred Astaire) dancing partner (Ann Miller) goes solo, and Don declares that he can make a hit performer out of the next dancer he sees. This turns out to be the inexperienced Hannah (Judy Garland), who bristles as Don tries to make her into his old partner. But as he realizes that he is falling in love with Hannah, Don knows that he must let her grow into her own kind of dancer if he wants her to reach her full potential. Run time 1 hr. 48 min. **Woodside Theater, 7PM.**



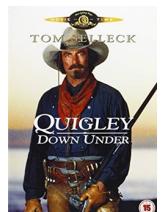
**Sunday – April 21 – Happy Easter! Please join us in the Community Bistro for Brunch!** – The Menu for this event appears on Page 16 of this Gazette. Reservations are required at 366-1481 (any staff member will take your reservation) no later than Wednesday, April 17. **Woodside, 11AM—2PM.**



**Wednesday – April 24 – Monument Men Part IV: The Road to Rushmore** – Part 4 of the series discusses Theodore Roosevelt — a popular President whose respect for natural beauty was unequaled, and whose foreign policy brought several new territories under U.S. control, Theodore Roosevelt takes the final space on Mount Rushmore. **Woodside Theater, 2PM.**



**Wednesday – April 24 – Musical Entertainment: David Lockwood** – David Lockwood has played for over 35 years in the greater New England area with the Attractions, Raccoon Beach, Little Davey and the Aberrations, and various freelance duos and trios, sharing the stage with Bonnie Raitt, Joe Lovano, and Mavis Staples among others. As a solo singer/pianist, he covers a wide range of material from jazz standards to classic pop tunes and one-hit wonders to his own songs. In favorable weather, he travels with his baby grand on a trailer and performs outdoors as Little Davey & The Rolling 88's. He was recently featured on WMUR's New Hampshire Chronicle. **Woodside, 6:30PM.**



**Thursday – April 25 – April Western: Quigley Down Under** – Matthew Quigley (Tom Selleck) is an American rifleman who travels to the Australian outback to answer a help wanted ad calling for a sharp-shooter. When Quigley meets his employer, Elliot Marston (Alan Rickman), he's appalled to discover the job involves killing Aborigines. The two men fight, and when Quigley is knocked out, Marston leaves him and a local crazy woman (Laura San Giacomo) to die in a remote part of the outback. They're rescued, however, by Aborigines, and plot their revenge. Run time 2 hrs. **Woodside Theater, 3PM.**

## APRIL LECTURES AND CAMPUS EVENTS

\*For all special events held at Woodside, we will do our best to accommodate rides with 72 hours advance notice.  
Please call Dial-A-Ride at 366-1234.



**Friday – April 26 – Friday Night Movie: *Top Hat*** – The story centers on wealthy Dale Tremont (Ginger Rogers), on holiday in London and Venice. She assumes that American entertainer Jerry Travers (Fred Astaire) is the husband of her friend Madge (Helen Broderick) — who's actually the wife of Jerry's business manager Horace Hardwick (Edward Everett Horton). Run time 1 hr. 45 min. **Woodside Theater, 7PM.**

**Saturday – April 27 – Community Social & Buffet** – The Menu for this event is shown on Page 12. Please RSVP by April 24 at 366-1449 or [rsvps1@taylorcommunity.org](mailto:rsvps1@taylorcommunity.org), and join us at Woodside at 5PM.



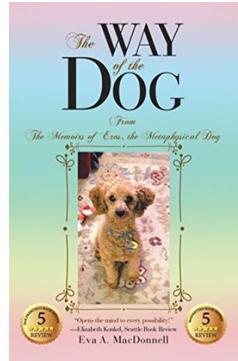
**Sunday – April 28 – TRA Sunday Social and April Birthday Celebration** – Join us! **Woodside, 4:30PM.**

**Monday – April 29 – Author Lecture/Book Signing: Eva A. MacDonnell** – Eva A. MacDonnell is a simple woman who has one gift. The ability to talk to this one dog, Eros, the true author of this book. Here is Eros' biography: Eros lives in the Wild of New Hampshire. Well, not exactly! He lives in a very small house with an elderly couple, minding another dog and a cat, while keeping guard on 20 acres of farmland, chasing deer and wild turkeys away daily. In this dog-world, he is the undisputed alpha-dog, literally. When he is not transcribing his life story to Eva, Eros, now an accomplished philosopher, holds court with squirrels, raccoons, bears, cardinals, and bluebirds, who come by his house to partake in his wisdom. In between these soliloquies he beats off coyote attacks with one paw and a mighty bark. Eva does live with Eros, and on a good day she does what he asks. **Woodside, 2PM.**

**Laughter  
is the  
BEST  
medicine.**



**Monday – April 29 – Spring Vintage Comedy Show** – Join us for some fun and laughs as we look back at some Vintage Comedy Acts that never get old! **Reservations are required to Brenda at 366-1226 or [bkean@taylorcommunity.org](mailto:bkean@taylorcommunity.org). Woodside, 6:30PM.**



**Antique Cloth Doll Aficionados!**

Special thanks to Taylor Resident Kit Peterson and her good friend Peg Farwell for hosting such enjoyable and informative lecture programs on both campuses. Kit and Peg discussed the history and identification of cloth dolls, and invited participants to bring along their own dolls to share as well.







## APRIL TRIPS

**Please call 366-1226 to RSVP unless otherwise noted.**

**Note:** Trip descriptors – **Easy, Moderate, or Independent** – indicate the degree of mobility [walking, standing, stepping, etc.] required in order to safely participate and enjoy the trip. All pick-up times are an approximation.

Non-residents pay a \$10 fee. There is a \$10 fee charged for cancellations within 72 hours of the trip.

**Funds for show tickets purchased in advance are due when the order is placed and are non-refundable.**

**Monday – April 15 – Dining Out: Ellacoya Barn & Grille [Easy]** – Enjoy a unique dining experience in this restored, circa 1843 barn. You may decide to settle into an original stall, nestle in a quiet corner, or pull up to a bright table in their newer addition. Choose from an extensive menu of seafood, steaks and burgers, soups, sandwiches, and flatbread pizzas. Their menu also includes Healthy Choice and Lighter Fare options. Monday is *Burger Day* at the Barn & Grille, and they serve mouthwatering, big beefy, turkey or veggie burgers with hand-cut fries all day for only \$5 (one per guest). **Bus pick-up begins at 4:45PM.**



**Friday – April 19 – New Hampshire State House [Moderate—walking]** – The grand New Hampshire State House is the ideal place to visit to learn about the state's history, government, and state agencies. Built just after the close of the War of 1812, the Concord landmark is steeped in American history. Made of granite in a Greek Revival style, the capitol is topped with a stately gold dome. The State House is the oldest capitol building in the country in which both houses of legislature still meet in their original chambers.

With both permanent and rotating exhibits, there is much to see and do to immerse yourself in New Hampshire's past and present. The main entrance through the Hall of Flags is impressive, as are the many portraits and statues of historic figures including Daniel Webster, John Stark, and President Pierce (who was from New Hampshire). The capitol building furthermore houses the New Hampshire Governor's Office, General Court, and Executive Council. Following the tour, the group will enjoy lunch at The Barley House. **Bus pick-up begins at 8:30AM.**

**Friday – April 26 – Tour of Laconia Fire Department [Moderate—walking]** –

The Laconia Fire Department has been proudly serving the City of Laconia and surrounding communities since 1893. The department is staffed with four shifts and two stations. The members of the department provide fire suppression, emergency medical care, and technical rescue operations to those in need; and their members take pride in their profession, and are ready to respond promptly to any emergency. Join us as Chief Beattie leads a tour of their facility. Following our tour, we will dine at the Water Street Café. **Bus pick-up begins at 9:30AM.**



**Monday – April 29 – Earth Day Clean-Up with Elm Street School's 5th Grade Class, Leavitt Park [Independent]** – Your driver and Wellness Leader will be Russ Jones. Join Russ for a fun day of clean-up! Russ will be providing all the supplies needed to guide and instruct the kids. It's a fun and rewarding day. Call Heather Joubert at 366-1405 to register. Bus departs Woodside at 12:40PM.



*Join us on a Taylor Community trip!*

## Residents Find Their Beat in Jared's Drumming Circle

**Thank you, Jared Steer, for again helping residents (And family! And staff!) to pound out a really good time!**



**The ladies of Taylor Home, Derby ready!**



### **If you think we hang around in rockers in Assisted Living at Taylor Community, think again!**

In fact, there's so much to do at Taylor Home and Ledgeview that those weekly calendars the Activities staff pass out get a lot of use. It's hard to keep track of all the goings on!

Daily exercise groups, balance classes and games, movies, multiple live entertainment opportunities each week, lectures, wine socials, field trips and more. (We DO play Bingo, too...) It's a very good thing that staff takes care of all the necessary chores for folks here. Our residents just don't have time!

Residents run their own games Saturdays and Sundays and have opportunity for live entertainment each and every Saturday at Ledgeview. Some attend Sunday Services at Ledgeview and others ride the bus to their chosen places of worship courtesy of Dial-A-Ride. The monthly Music Series performances have been extremely popular and are enjoyed by many; the recent Soggy Po' Boys performance necessitated bringing in a lot more chairs!

The Kentucky Derby is drawing a lot of attention right now at Taylor Home, with quite the celebration planned, right down to the mint juleps! What a lovely group of residents. Place your bets!



## Who Will Be Crowned Mr. Taylor Community?!

Your Top 3 Mr. Taylor Community contestants:

Matt Whitney, Chris Krotz, and Adam Boehner.



In their "April Outfits, with Ducks." I have no idea why...

But we know they're all good sports.

Mr. Taylor Community will be crowned on April 11 at Noon at the Staff Wellness Fair at Woodside...

**Matt... Chris... or Adam...**

## Taylor Playreaders Ride Again!



Over very own Taylor Playreaders will be offering two very funny short comedies on **Tuesday, May 7 at 2pm in the Elm Room at Woodside**. They hope you will join them!

The first, *A Pill by Any Other Name is the Wrong Dosage* by Jeff Folschinsky, finds a husband returning home to find his wife digging a moat around his apartment building. How did that happen?

In the second play, *Do Over* by Larry Hamm, we meet three souls who have gone through a variety of interesting lives over many centuries.

**Don't miss the fun!**



## Next Red Cross Blood Drive

**Friday, May 3  
1 — 6pm, Woodside**

Please call 1-800-RED CROSS (1-800-733-2767) or visit [RedCrossBlood.org](http://RedCrossBlood.org) and enter: TAYLOR NH to schedule.

**Thank you for your support!**

## Planting Tomatoes: A Beginner's Guide

There are a few things to consider before you decide to plant tomatoes. A minimal amount of planning can make a really big difference in the success of your crop.

There are two basic types of tomatoes: bush type (determinate) or vine type (indeterminate). Bush are less trouble to grow and produce fruit earlier, but are less resistant to disease. They grow to a certain height, then stop. Vine types usually produce later, are tastier, and better resistant to disease. They *do* need to be staked or trellised however, as they will continue to grow until frost!

Variety selection (there's so many!) depends upon use and preference. Slicing and cherry tomatoes are good for eating plain or in salads, and paste tomatoes are generally preferred for making sauces.

Seeds should be planted 6-8 weeks before they are to be transplanted into the garden, and should be kept at 75 to 80 degrees until they germinate. When they are a few weeks old they should be transplanted very carefully and a little bit deeper into larger pots, and may be kept at a slightly lower temperature.

Loam is the ideal soil for planting tomatoes. Soil with too much clay or sand can be improved by adding a large amount of organic matter such as compost, leaf mold, or sawdust, etc. This should be done well prior to planting.

Beds should be prepared by digging compost into the soil. A 1" layer is sufficient. Too much will result in excessive nitrogen, and plants will be larger and leafier and produce less fruit.

Tomatoes are not very fussy about the pH of your soil, and can tolerate anything with a pH of 5.5 to 7.5. If your planting bed is new, a soil test can help to determine the pH. An established bed should be fine, and probably does not need to be tested.

Plants should be hardened off before transplanting outdoors. This involves gradually exposing them to the outdoor environment for increasing lengths of time, while carefully avoiding damage from burning sun, cold or wind. It is important that the soil has warmed up sufficiently before transplanting, to at least 60 degrees.

There are many arguments for how close or far apart plants should be placed in the bed. Some growers say that they should have quite a lot of room, and others argue that they don't need much.

Growers do agree that tomatoes should be transplanted carefully to avoid damage, and that they should be planted lower in the ground than they were in the pot. This allows the plant to form more roots to deliver nutrients to the plant.

Tomatoes like calcium, and for this reason I like to incorporate a handful of crushed egg shells into the soil for each plant.

Transplants should be watered well daily until they begin to grow vigorously.

~Maureen

P.s. Choose some fun varieties and plant some seeds (*or you could buy some plants closer to Memorial Day*), and stay tuned for a future article on growing your crop.



## Staff Spotlight David Engelsen



David was born and raised right here in Laconia, and he's one of a six-pack of boys: Michael, Matt, David, Brian, Dan, and Sean.

When I first started working here, I saw David leave the building as he finished his shift one day; I saw him again fifteen minutes later, going by my office as part of the EMT crew picking someone up on a 911 call..... Of course, I did a double take and went out in

the lobby to say I thought he'd just left, and how could he get to the station that fast? Staff had a good laugh and then explained that David was a twin. David and Brian, the middle of the six-pack, are identical twins.

A graduate of Laconia High School, David decided during his junior year to get his LNA license at the Huot Center. When he graduated in 2015 he came right to Taylor Community, and he's been here ever since.

Brother Brian went through the EMT program and is now a Firefighter / EMT for Pease Air Force Base. David is following down that same path, and graduated from Lakes Region Community College in 2018 with an Associate Degree in Fire Science. He is currently attending Granite State EMS in Concord for his advanced EMT credentials, and is scheduled to graduate in June.

Some of David's hobbies are building model airplanes, running, hiking, camping, and going on spontaneous adventures with his girlfriend, Clara. David also has a two-year-old golden retriever named Legend who has lived up to his title, because the vet knows him by name. I asked David if he has had a chance to travel anywhere and he said when he was younger, the family drove to Yellowstone National Park, a memorable event.

David is blessed with a wonderful family; I know this because his grandmother lives here at Taylor Community and I interact with his mom and aunt when they are here visiting. David is always a perfect gentleman, so polite and humble. It's such a pleasure working with this young man. Taylor is so fortunate to have him working here!

~ Charlene Santoro  
Director, Health Services

## Mark your calendar!

### Lou's Next Bake Sale is May 29th!

Stay tuned for Lou's Menu (he's promised it will be ready by May 9). **Bulk orders or whole cakes will require a pre-order.** With proper notice, you can place a bakery order at any time!



## Welcome New Staff!

**Kathleene Erehart-Knytych, Gilford**, joins us as LNA. She has worked prior in both in-home and facility-care settings and tells us that she truly enjoys getting to know people and being enriched by their life experiences.

Kathleene has an (almost) 1-year-old daughter at home who is very active and keeps her on her toes. She also loves cats and has two, Ezra and Misty, who are both loving companions to her little girl.

## Welcome to Taylor Community!

### Back Bay News and Events

**Movie Night: Wednesday, April 17 at 6:30pm**  
 **Next Coffee Hour: Thursday, May 30 at 10am**



### Care Management Hours

Care Management Nurse Heather Bell will be available at the Community House the **third Thursday of each month from 8am to 2pm**. Contact Heather at 366-1340 or [hbell@taylorcommunity.org](mailto:hbell@taylorcommunity.org)

## Recurring Campus Events

### Sundays:

#### **Sunday Brunch**

Sundays, 11am—2pm, Woodside  
Please RSVP @ 366-1481 by 8am.

#### **Sunday Movie Matinee**

Sundays @ 2pm, Woodside Theater

#### **Church Services**

Sundays @ 2:30pm, Ledgeview

#### **IRA Sunday Social & Monthly Birthday Celebration**

Last Sunday of the Month @ 4:30pm, Woodside

### Mondays:

#### **Stitch Witchery Quilters**

Mondays @ 8am, Woodside

#### **Cozy Caps Knitters**

Mondays @ 10am, Woodside

#### **Taylor Home Bingo**

Mondays @ 10am, Taylor Home

#### **Taylor Playreaders**

1st and 3rd Mondays @ 1pm, Woodside

### Tuesdays:

#### **Resident Cracker Barrel Coffee Hour**

Tuesdays @ 10am, Fireside Room at Woodside

#### **Worship Services**

Tuesdays @ 10:30am, Ledgeview

#### **Laconia Public Library Runs**

Every Other Tuesday @ 10:30am (Call 366-1234)



#### **Shopping Bus to Belknap Mall**

Tuesdays @ 1pm (Call Dial-A-Ride)

#### **Non-Fasting Blood Draws**

Tuesdays @ 1pm

Woodside Wellness Office

(Fasting Blood Draws by appointment only: please call Care Management Nurse Heather Bell at 366-1340)

#### **Blood Pressure Clinic**

Tuesdays, 2—3pm, Woodside Wellness Office

#### **Tea Time Talk**

Tuesdays @ 3pm, Woodside

### Wednesdays:

#### **Men's Breakfast**

1st Wednesday of the Month @ 7:45am, Woodside

RSVP @ 524-7131 by Monday at Noon

#### **Cribbage Games**

Wednesdays @ 10am, Woodside Card Room

(Wednesday is continued above right)

## Recurring Campus Events

### Wednesdays (Cont.):

#### **Veterans Coffee Hour**

3rd Wednesday of the Month @ 10am  
Lake Room at Ledgeview

#### **Care Management Nurse Office Hours**

Wednesdays, 2—3pm, Woodside Wellness Office

#### **Wine Socials**

Wednesdays @ 3pm

Taylor Home and Ledgeview 3rd Floor

#### **Woodside/Ledges Food Forum**

2nd Wednesday of the Month @ 2pm, Woodside

### Thursdays:

#### **Woodcarvers**

Thursdays @ 9am, Woodside Wet Craft Room



#### **Shopping Bus to Hannaford's/Walmart**

Thursdays @ 9am (Call Dial-A-Ride)

#### **Bridge Games — Thursday @ 1pm, Woodside**

#### **Taylor Community Chorus Rehearsals**

1st and 3rd Thursdays at 2pm, Taylor Home Atrium

### Fridays:

#### **Le Cercle Français de Laconia**

Fridays @ 10am, Fireside Dining Room

#### **Taylor Home Bingo**

Fridays @ 10am, Taylor Home

#### **Oasis Pub Night**

First Friday of the Month, 4:30pm, Woodside

### Saturdays:

#### **Saturday Breakfast Buffet**

Saturdays, 8—10am, Woodside

Continental Breakfast available at 8am

Hot Line Breakfast Buffet from 9—10am

#### **Saturday Entertainment at Ledgeview**

Saturdays @ 2:30pm, Second Floor

#### **Community Social & Dinner**

**4th Saturday of the Month @ 5pm, Woodside**

RSVP at [rvpsv1@taylorcommunity.org](mailto:rvpsv1@taylorcommunity.org) or at 366-1449 by Noon the Wed. prior to the Dinner.

#### **Saturday Night at the Movies**

Saturdays @ 7pm, Woodside Theater

(No Movie on Community Social & Dinner Nights)



**Dial-A-Ride** operates Monday — Friday, 8am to 4pm, with extended hours Tuesday and Thursday evenings (until 7) and Sunday morning transportation to church. Please plan ahead to assure your ride: **RSVP Monday to Friday from 8am to Noon at 366-1234.**



## Woodside Theater

**Saturday Night Movies 7:00PM**  
**Sunday Matinees 2:00PM**

### Trip Reminders

RSVP is required; please call Brenda at 366-1226.

**Dining Out: Ellacoya Barn & Grille**  
Mon., Apr. 15 @ 4:45pm

**New Hampshire State House**  
Fri., Apr. 19 @ 8:30am

**Laconia Fire Department Tour**  
Fri., Apr. 26 @ 9:30am

### Meeting Reminders

#### **Neighbor-to-Neighbor**

Mon., Apr. 15 @ 11am, Woodside

#### **Wellness Committee**

Tues., Apr. 16 @ 1pm, Woodside

#### **Pool Committee**

Tues., Apr. 16 @ 2pm, Woodside

#### **VNA Grief Support Group**

Wed., Apr. 17 and 24 @ 2pm, Woodside



**Join us for  
Easter Brunch  
at the Bistro!**

**Sunday, April 21  
11am — 2pm**

**Omelet Station / Benedicts / Bacon and Sausage  
Salad / Fresh Fruit Bar / Assorted Muffins / Pastries  
Carved Ham / Carved Slow-Roasted Lamb  
Grilled Salmon with Caper Butter  
Mashed Potatoes / Candied Yams  
Roasted Asparagus with Lemon and Garlic  
Orange Glazed Carrots  
Coffee, Tea, Juice and Water**

**\$24 per person**

**\$12 per person under 12**

**Please RSVP to 366-1481 by April 17.**

### In Memoriam

**Kathryn "Kitty" Bevington  
June 7, 1937 – March 31, 2019  
Taylor Resident Since 2005**

**Nixon Bicknell  
August 10, 1932 – April 1, 2019  
Taylor Resident Since 2005**



### Lectures, Programs & Special Events

Check out Recurring Campus Events on Page 10!

#### **Floor-to-Seat Workshop**

Mon., Apr. 15 @ 10am, Woodside Fitness

#### **Laconia Fire Department Lecture**

Mon., Apr. 15 @ 2pm, Woodside

#### **David Hill: 100-Mile Iditarod Bike Race**

Wed., Apr. 17 @ 6:30pm, Woodside

#### **April Opera: Madame Butterfly**

Thurs., Apr. 18 @ 7pm, Woodside Theater

#### **Friday Night Movie: Irving Berlin's Easter Parade**

Fri., Apr. 19 @ 7pm, Woodside Theater

#### **Easter Brunch at the Bistro**

Sun., Apr. 21, 11am—2pm, Woodside

Please RSVP at 366-1481 by April 17.

#### **Monument Men Part IV: The Road to Rushmore**

Wed., Apr. 24 @ 2pm, Woodside Theater

#### **Musical Entertainment: David Lockwood**

Wed., Apr. 24 @ 6:30pm, Woodside

#### **April Western: Quigley Down Under**

Thurs., Apr. 25 @ 3pm, Woodside Theater

#### **Friday Night Movie: Top Hat**

Fri., Apr. 26 @ 7pm, Woodside Theater

#### **Community Social & Buffet**

Sat., Apr. 27 @ 5pm, Woodside

Please RSVP by April 24 at 366-1449 or RSVPS1@taylorcommunity.org



For Red Sox Opening Day, the Barbershop quartet *Chefs Blend* serenaded residents during the noon meal at Woodside, Ledgeview, and Taylor Home. The group was put together by Todd Richardson of Glendale.

Todd's father joined as a special guest to make the group a quintet. They dubbed him "Extra Spice."

This was a treat for residents and staff alike; thank you to Todd for making it happen!

*Todd and his Dad are first and second from left.*

**Go Red Sox!**



## Community Bistro

**Monday to Friday 11:30am—2pm**

Hot Lunch Specials, Salad Bar, Deli Bar, Grab & Go

**Tuesday and Thursday Dinner 5—7pm**

Please RSVP for Dinner by 2pm at 366-1481 —

Be sure to ask about Chef's Featured Entrees

**Saturday Breakfast Buffet 8—10am**

\$10 (\$5 continental) — No RSVP required; please sign in

**Sunday Brunch 11:00am - 2:00pm**

Please RSVP for Brunch by 8am at 366-1481

We appreciate your input. Please let us know how we can improve your dining experience.

Moe Memmolo, General Manager, 366-1231  
[taylorhome@glendaleseniordining.com](mailto:taylorhome@glendaleseniordining.com)

Jason Seavey, Chef de Cuisine, 366-1481  
[woodside@glendaleseniordining.com](mailto:woodside@glendaleseniordining.com)

### Daily Lunch Specials

**Monday 4/15:** Dave's Classic Beef Meatloaf, mashed potatoes and chef's vegetable \$8.95 Apple Pie +\$3

**Tuesday 4/16:** National Eggs Benedict Day! Classic: Canadian bacon on grilled English with poached egg and hollandaise, home fries and fresh fruit \$7.95

**Wednesday 4/17:** Lemon Pepper Pork & Vegetable Kabobs, chef's choice sides \$8.95

**Thursday 4/18:** Classic French Dip Roast Beef Sandwich on a crusty roll with Swiss cheese and au jus, chef's choice sides \$8.95

**Friday 4/19:** Shrimp Burger Slider with choice of Remoulade Sauce or Cocktail Mayonnaise, chef's choice sides \$9.95

**Monday 4/22:** Earth Day! Vegetable Primavera with Basil Oil and Petite "Dirt" Cake Trifle \$7.95

**Tuesday 4/23:** National Picnic Day! BBQ Pulled Pork Sandwich with traditional sides \$8.95

**Wednesday 4/24:** General Tso's Chicken served with regionally-inspired sides \$7.95

**Thursday 4/25:** National Zucchini Bread Day! Sooo ... Knife & Fork Grilled Cheese with VT cheddar and NH nitrate-free bacon, chef's choice sides \$8.95

**Friday 4/26:** Arbor Day Showcase: Allan Miles' Herb Garden Plan, a diagram and explanation of heirloom herbs we're growing. Smoked Salmon BLT Croissant, chef's choice sides \$9.95

### Always-Available Tuesday/Thursday Dinner Selections:

**Simply Delicious Seared Salmon Filet \$17**  
Carved Sirloin Steak Entrée \$16

Each selection served with an evening menu side.

**To keep you informed:** Look for our new informational table tents in the dining room.

**See You at the Bistro!**

## Community Social & Buffet

**Saturday, April 27 at 5pm**



**Appetizers:** Local and imported cheeses with classic crackers and flatbreads; fresh fruit display with yogurt dip; Petite Swedish Meatballs with traditional sour cream gravy and pumpernickel toast points

**Plated Salad:** Melon & Radish Salad over mixed baby spring greens with crispy prosciutto and raspberry vinaigrette

### Entrees:

**Baked Ritz Crumble Cod Loin with White Wine Butter Sauce**

**Bourbon Glazed Tenderloin Beef Tips (Medium Rare)**

**Vegetarian Wellington: Vegetable Stuffed Portabella Mushroom Cap captured with Puff Pastry**

**Sides:** Twice-baked Idaho potatoes, pink lentils, carrots & peas with spring onions, roasted cauliflower florets

**Desserts:** Seasonal Selection including Lou's Cake du Jour, (Sugar-Free and Gluten-Free Option Available)

\$22.95 per person

Please RSVP by April 24 at 366-1449 or via email at [rsvps1@taylorcommunity.org](mailto:rsvps1@taylorcommunity.org)

### Dinner Specials – Tuesday, April 16

**Simply Delicious Broiled Sea Scallops, Herbed White Rice and Steamed Asparagus \$Market**

**Grilled Rack of Lamb with Demi Glace, Roasted New Potatoes and Glazed Carrots \$20**

**Seasonal Vegetarian Pasta Feature \$15\***

\*All-inclusive upgrade: Add starter and dessert, \$2 additional charge

**Starter:** Bruschetta Caprese: crusty thick-cut bread, tomato, basil & olive oil relish, fresh mozzarella and balsamic drizzle.

### Dinner Specials – Thursday, April 18

**Salad Niçoise with Grilled Tuna Steak** (hard-boiled eggs, tomatoes, olives, haricot verts, and other seasonally-available greens & vegetables) \$20

**Market-Available Cut of Veal with Seasonally Available Sides** (Menu posted by April 17) \$Market

**Seasonal Vegetarian Pasta Feature \$15\***

\*All-inclusive upgrade: Add starter and dessert, \$2 additional charge

**Starter:** Benjamin's Broiled Gazpacho Soup

### Dinner Specials – Tuesday, April 23

**Petite Pork Osso Bucco with Jardinière Pan Sauce, Mashed Yukon Potatoes and Steamed Green Beans \$17**

**Turkey Cutlet with Cranberry Gastrique, Wild Rice and Roasted Carrots \$17**

**Seasonal Vegetarian Pasta Feature \$15\***

\*All-inclusive upgrade: Add starter and dessert, \$2 additional charge

**Starter:** Classic Caesar Salad

### Dinner Specials – Thursday, April 25

**Beef Knish Dumpling with Apple Gastrique and Braised Cabbage \$18**

**Baked Stuffed Oysters Rockefeller with Wild Rice \$18**

**Seasonal Vegetarian Pasta Feature \$15\***

\*All-inclusive upgrade: Add starter and dessert, \$2 additional charge

**Starter:** Benjamin's Assorted Quick Pickle Plate