

The Taylor Gazette



Taylor Community Breaks Ground on Presidential Cottages

Beneath a cloudy sky that gave way to glorious sunshine, Taylor Community's Board of Trustees, staff, residents, local community dignitaries and architect and construction members came together to celebrate the ground-breaking of Taylor's newest cottages.

The Presidential Cottages will consist of six 1,950 square foot custom homes located in a new neighborhood near the Woodside Building. Construction is scheduled for completion near the end of 2019.

After welcoming attendees, Kirk Beswick, VP of Facilities Management, introduced David Pearlman, Taylor Board Chairman. "The board tries to find ways to make life better for people. Thanks to President/CEO Michael Flaherty's leadership, Taylor has been able to fill the community and now expand it with six beautiful, new cottages. This is a tribute to everything offered here, making this an even better place to live."

The street for the new neighborhood will be known as Volpe Way in recognition of H. Thomas Volpe's nearly 40 years of Taylor Community involvement. Pearlman said, "As well as being a leader in the local community, Tom symbolizes enthusiasm and service to Taylor. His contributions are beyond description."







Taylor Community 2019 Music Series Hannah Murray, lyric coloratura Dan Perkins, collaborative pianist Sunday, June 9 at 3pm

Selections will include Berlioz, Schubert, Gautier, von Goethe and more.



Taylor Community's 2019 Music Series is generously supported by Bank of New Hampshire.

Donations from Taylor Residents Barbara & Herbert Lauterwasser and Joan Allison helped to make this concert possible.

Besides Bank of New Hampshire, which financed the project, Flaherty recognized a number of those in attendance who assisted in making the day possible. Included were David Laurin Architects, Conneston Construction, Inc., Nutter Enterprises, Steven J. Smith Associates, Turf Pro Landscaping, and Terrain Planning & Design.

For more information about the new cottages, or Taylor Community in general, the Lakes Region's premiere Continuing Care Retirement Community, contact the Marketing Office at 366-1400.

Above left, left to right: Chris Walkley, Bank of NH VP Commercial Loan Officer; Michael Flaherty, Taylor Community President/CEO; David Pearlman, Chairman, Taylor Community Board of Trustees; Tom Volpe, local community leader; Chris Volpe, Taylor Community Board of Trustees; Scott Myers, Laconia City Manager; Karmen Gifford, President, Lakes Region Chamber of Commerce; and Kirk Beswick, Taylor Community VP, Facilities Management.

At left, from left to right Michael Flaherty, Taylor Community President/CEO; David Pearlman, Chairman, Taylor Community Board of Trustees; Tom Volpe and Ellie Volpe. (More on Page 2)



Another Groundbreaking: The Woodside Pavilion Recreation Area

Groundbreaking for a long-anticipated area for residents took place on May 23. The Woodside Pavilion's two-year project will feature a vast array of amenities when complete.

Taylor Board Chairman David Pearlman said along with the wonderful lifestyle Taylor offers, including events and activities, the community was ramping up peoples' expectations with this newest addition to the campus. "Thank you to Bank of New Hampshire for helping finance the project," he said. Pearlman added, "It's rare people are so passionate about something that they feel they could contribute," he said of an anonymous donor, who gave a generous donation toward the pavilion's building.

Besides the pavilion with seating, the area will consist of restrooms, a cooking area, gas fireplace, putting green, horseshoes, shuffleboard, bocce courts, a walking trail, garden beds for residents and beautiful landscaping.



Left to right above, President/CEO Michael Flaherty; Wellness Committee Members: John Larson, Bryan Walker, Jim Doherty, and Allan Clemow; VP—Facilities Management Kirk Beswick. At right, the event was followed by an enjoyable and delicious picnic on the lawn.



The gardens outside Woodside have enjoyed the Spring rains, and the grounds department is doing a top-notch job keeping things looking good. Pat Woodward's green thumb has quite a lot to do with this beauty too!



Here's Resident Adrienne Johnson, with helpers, planting one of the newly relocated raised garden beds. Her small dog-friend seems to look on with tepid interest, "I'll look, if you like, but I'll not soil my pretty pink tutu."





A Thank you Salute:

As I wind down my last days at Taylor, I could not miss the opportunity to send a heartfelt tribute to the amazing team I have so closely worked with over the past 3-1/2 years. These amazing individuals are the Health Care Team Directors and have reported to me as the VP of Clinical Operations/Administrator; they embody excellence from each of their respective disciplines. These directors and departments that they lead have modeled and molded are what the *Power of Yes* and *Taylor spirit* is all about: Together, Taylor is and will continue to be the best it can be. Simple words will not do them justice.

<u>Charlene Santoro</u>: Your clinical leadership has driven, shaped, and developed the best in professional nursing and resident-focused care practices. Every day you exemplify and promote care, compassion, respect and responsibility for residents and others.

<u>Hank Offinger</u>: You epitomize the best in Social Work standards as well as respect, regard and belief in the dignity of every human being. "Unless someone like you cares a whole awful lot, nothing is going to get better." (Dr. Seuss) Hank, you make it all better.

<u>Diane Poh</u>: Your knowledge of residents and strong advocacy for their voice when needed promotes quality of life and living.

<u>Brenda Kean</u>: Enjoying life, creating smiles, laughter, beauty, new adventures, enthusiasm—always saying YES and making it happen. Life is good and you make it so.

<u>Rita Krupa</u>: Never giving up—you hearten people to work hard, stay motivated and believe. Knowing you care and understand is the inspiration for success.

<u>Caralyn Russell</u>: The engagement, music and creativity make Taylor Home and Ledgeview joyful places to visit and to live.

<u>Moe Memmolo</u>: Diligence, attention to detail, addressing concerns and suggestions, as well as pride in your work, promotes the ideal of striving for excellence every day. Delicious food.

<u>Tammy Levesque</u>: Who, although not at Taylor now, challenged us all with her indomitable spirit and showed us all how to reach for the moon, believe in our dreams and not be afraid. It's fun out there!

So many more people I admire and am grateful to have shared this road with, and I cannot possible list them all here, but just a few:

<u>Kirk</u>: You are the backbone, and yes, sometimes the glue, nuts, bolts and duct tape, that makes and keeps Taylor Community always improving for the residents that live here. You, JoAnn, Art, Leah, Sue D., Brenda P., and Ann Marie and co-workers are as incredible as you are invaluable in what you do, and I admire how you perform every task with genuine caring.

Ed, Lori and Paula: Your knowledge and your willingness to share it has been so instrumental in Taylor's success and my joy in coming to work each day.

Glendale-Jim Hecker: Cheers to you and your associates! In a little over a year on campus, dining is now an experience not to be missed at Taylor.

(Continued at Right)



Staff Spotlight Matt Bragdon

Looking for a change, Matt joined Taylor Community's Facilities Renovation crew in January 2019 with over 23 years experience in carpentry and remodeling. He has been off and running ever since.

As the owner of a sole proprietorship remodeling service, GID Builders (GID stands for Get It Done), Matt has always found creative ways to get jobs done with only his two hands and ingenuity to get him through, which has led to some interesting experiences! He says the most challenging job he experienced was installing 16' x 1" x 12" rough-sawn soffits almost 40' in the air by himself! That teaches you how to be creative!

Matt's forte is in finish carpentry, which he really enjoys, but he is well versed in almost every area of construction. Roofing, siding, cabinetry, tile work, framing, sheetrock and everything else in between, he has done it!

Matt currently lives in Bridgewater, NH with his wife and two children and when not working, spends time with them or at the firearms range, where he is most proficient. Hunting and fishing are his other two passions.

In his short time here, Matt has worked with a few of our residents and has enjoyed them tremendously! He explained that Taylor residents have so many stories and experiences to share it would be a shame not to get to know them!

After working solo for so many years, working as a team in Facilities makes Matt very happy, and has allowed him to expand his knowledge base substantially. As part of the M & M team (Matt Bragdon & Matt Whitney) residents and staff alike have come to appreciate the quality of the work Matt produces every day.

Please join me in welcoming Matt to the Taylor team, and please say hello when you see him in passing!

~ Kirk Beswick VP—Facilities Management

Residents that call Taylor Community home: I owe you all so much. You have taught and inspired me every day. You have blessed me with your friendship and wisdom every day. You have enlightened me every day. You are in my heart.

Michael Flaherty: Thank you for this opportunity and especially for sharing your vision, leadership, support and regard. Taylor is where it is today because of you... it starts at the top.

This parting of our paths reminds me of the last episode of the MASH TV show (Ed will remember, and Moe!). 'Goodbye, Farewell and, Amen'.

I will be cheering for you.

~Susan Denopoulos

FITNESS NEWS AND EVENTS

Gentle Arthritis Aqua-Cize has changed from Mondays at 10am to Wednesdays at 1pm.

Welcome Group Fitness Instructor Robert Schmidt!



Thursday, June 20 — Central NH VNA & Hospice presents "The Live Well, Die Well Tour"— Their talk will touch upon how people view the end of life and stories behind this. Free and open to the public, no RSVP is required. Birch Room, 2pm.

Friday, June 28 — 2019's First Fire Pit Social! — Are you ready to have some fun?!

Michael will provide FREE pizza, beer and wine! Time to be determined, stay tuned. **See you there!**



New Class Offering!



Russ Jones will be starting a new meditation class on Friday, June 14 at 1pm in the Wet Craft Room at Woodside. No registration is required.

A habitual process of training your mind to focus and redirect your thoughts, the popularity of meditation is increasing as more people discover its benefits.

Benefits of meditation may include stress reduction, reduced anxiety, improved emotional health, enhanced self-awareness, lengthened attention span, and improved sleep. Join Russ at Woodside on the 14th and try it for yourself!



Hike with Us!

OASC hikes have begun! See Page 5.

The All Staff Step Challenge winners will be announced June 17. 1st, 2nd, and 3rd Place prizes will be awarded!

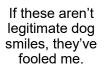




2019 Dog Obedience Class Graduates Two

Two handlers and their dogs successfully completed the Dog Obedience Classes led by Henry Bird and Marge Anderson. Pat French and Willow, and Don Foudriat and Lacey received certificates, pats, and lots of love!





Don's Lacey is shown at left, and that's Pat's Willow at right.





Lacey enjoys a pat from Heather's handsome boy, Mason.

Willow enjoys some silly time with Pat.



Wellness Committee Meeting: Tues., June 18 at 1pm Pool Committee Meeting: Tues., June 18 at 2pm



See Heather in the Fitness Center for updated Pool and Fitness Calendars!

Be Well!



Welcome, New Resident:
Glen Haney
6/3 Taylor Home

We're Happy You're Here!

Dear Residents,



The new resident directory including email addresses will be published on June 15. Residents with email addresses on file who **do not want** their email address published in the directory **must opt out** by contacting Maureen Ballester before

June 14, mballester@taylorcommunity.org or 366-1236.

Residents are reminded that this is an internal document for Taylor Community Residents only, and as such, should not be shared with others.

Good idea!

One resident (who didn't opt out) suggested it might be a good idea for a short piece on email etiquette. You'll find this article on Page 12.





Welcome New Staff

Ugebe Patrick Okinedo, Laconia, joins us as LNA. Patrick attended college in Nigeria-Africa/UK. He holds a Masters Degree in Infectious Diseases. Previous work experience includes counseling residents about the fear of the unknown and belief in God. Patrick works very hard to be honest in all his life endeavors. He likes to serve both residents and colleagues, and likes to always be nicely dressed. Patrick enjoys the serenity of beaches, and the game of soccer; his favorite team is his son's high school team.

Robert Schmidt, Laconia, joins us as Group Fitness Instructor. Robert attended Plymouth State University and Muskingum College in New Concord, OH. He holds a BS in Physical Education & Health, K-12 Certification, MED in Health Education, and is a USA Archery Level III Instructor with the National Archery Association. He is very interested in helping people attain an optimum level of health and overall wellness. He enjoys playing guitar, reading, kayaking, hiking, snowshoeing, and cross county skiing. He also loves to travel and meet new people. He would like to visit Israel, Scotland and China one day. Robert also likes to laugh, and enjoys cooking and spending time with his family.

Taylor Community's Outdoor Adventure Social Club (OASC) Begins Anew!

Here's the group June 3 at Ramblin' Vewe Farm in Gilford. What a beautiful day for a hike! For more information on joining these fun outings, contact Heather in the Fitness Center, hipubert@taylorcommunity.org or 366-1405.







UPCOMING LECTURES AND CAMPUS EVENTS

*For all special events held at Woodside, we will do our best to accommodate rides with 72 hours advance notice.

Please call Dial-A-Ride at 366-1234.





Sunday – June 9 – Taylor Community 2019 Music Series: Hannah Murray & Dan Perkins – Taylor Community's Music Series is generously supported by Bank of New Hampshire. Donations from Residents Barbara & Herbert Lauterwasser and Joan Allison helped make this concert possible. Free and open to the public, no RSVP is required. Woodside, 3pm.

Monday – June 10 – Resident Town Hall and Taylor Resident Association Annual Meeting – Join President & CEO Michael Flaherty for a Town Hall Meeting, to be followed immediately by the Annual Meeting of the Taylor Resident Association. **Woodside, 11am.**







Monday – June 10 – Dr. Cynthia Lawrence, Laconia Eye Associates: Diabetes, and How It Affects the Eyes – Dr. Cynthia Lawrence received her Optometric degree from the New England College of Optometry and then completed a Primary Care residency at the Boston Veterans Affairs Outpatient Clinic in Boston, MA. Board Certified by the American Board of Optometry, she joined Laconia Eye and Laser Center in the summer of 2017 after practicing many years of medically-oriented and primary care optometry at

the Dartmouth-Hitchcock Medical Center. Dr. Lawrence was also an Instructor at the Geisel School of Medicine at Dartmouth throughout her time at DHMC. Join us as Dr. Lawrence discusses diabetes and how it affects the eyes. **Woodside, 2pm.**

Tuesday – June 11 – Foreign Film: *The Song of Sparrows* – When an ostrich-rancher focuses on replacing his daughter's hearing aid which breaks right before crucial exams, everything changes for a struggling rural family in Iran. Karim motorbikes into a world alien to him, incredibly hectic Tehran, where sudden opportunities for independence thrill and challenge him. His honor and honesty, plus traditional authority over his inventive clan, are tested, as he stumbles among vast cultural and economic gaps between his village nestled in the desert, and a throbbing international metropolis. **Woodside, 2pm.**





Wednesday – June 12 – Musical Performance: *William Ögmundson* – Always a crowd pleaser, you don't want to miss the very talented pianist Wil Ögmundson perform. Wil has been travelling and performing world-wide. Join us for this private performance - just for Taylor Community Residents. **Woodside, 6:30pm.**

Thursday – June 13 – June Western: *McLintock!* – George Washington McLintock, "GW" to friends and foes alike, is a cattle baron and the richest man in the territory. He anxiously awaits the return of his daughter Becky who has been away at school for the last two years. He's also surprised to see that his wife Katherine has also returned. She had left him some years before without really explaining what he had done, but she does make the point of saying that she's returned to take their daughter back to the State Capitol with her. GW is highly respected by everyone around him, including the farmers who are pouring into the territories with free grants of land and the Indians who are under threat of being relocated



to another reservation. Between his wife, his headstrong daughter, the crooked land agent and the thieving government Indian agent, GW tries to keep the peace and do what is best for everyone. **Woodside, 3pm.**



Sunday – June 16 – Father's Day Brunch at the Bistro – Happy Father's Day!!! The menu was printed in Vol. 227. RSVP is required by June 12 at 366-1481. Woodside, 11am—2pm.

Sunday – June 16 – TRA Barbecue – Bring your own meat (someone will grill it for you) and a side dish to share, along with your beverages. Plates, condiments and utensils provided. **Woodside Tent Area, Noon.**



Monday – June 17 – Monday Movie: *On Golden Pond* – Cantankerous retiree Norman Thayer and his conciliatory wife, Ethel, spend summers at their New England vacation home on the shores of idyllic Golden Pond. This year, their adult daughter, Chelsea, visits with her new fiancée and his teenage son, Billy on their way to Europe. After leaving Billy behind to bond with Norman, Chelsea returns, attempting to repair the long-strained relationship with her aging father before it's too late. Join us for the viewing of this seasonal favorite filmed on both Squam Lake and Lake Winnipesaukee. **Woodside Theater, 2pm.**

UPCOMING LECTURES AND CAMPUS EVENTS

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Please call Dial-A-Ride at 366-1234.



Monday – June 17 – Author Lecture: Stephen Long, *The Hurricane of '38* – A hurricane will never surprise us again. But that's just what happened to the people of Long Island and New England on September 21, 1938. In 1938, not a single person had ever experienced a hurricane in New England. The previous one had been so long before that people in the Northeast believed that hurricanes only happened down south. Florida, Texas, maybe North Carolina. Not New Hampshire. Then, without warning, the most destructive weather event to ever hit the Northeast blasted its way through all the way to Quebec. Join us as Author Stephen Long

discusses the Hurricane of '38 and shares his book on the subject. Woodside, 6:30pm.

Wednesday – June 19 – One Guy's Perspective: A Theatrical Performance by Hank Offinger – As a rule, men tend to look at life solely from their own point of view. And, typically, they believe that their point of view is the truly correct one. In this one-man performance of comic and dramatic monologues, Hank Offinger takes on a number of different characters who are convinced that their individual perspectives reveal the truth. **Woodside, 2pm.**



Wednesday – June 19 – Author/Artist Lecture: Studios at Crescent Pond – Fine art emerges from the union of talent and inspiration. For more than a quarter of a century, Sandy Sherman and Richard Whitney, two of America's most gifted classical realism artists, have found a boundless source of inspiration in the seclusion of Crescent Pond, surrounded by the natural beauty of thousands

of acres of forest land and its many creatures. Richard Whitney, recognized as one of America's top 12 portrait artists, is equally talented as a landscape artist, mentor, and author. Sandy Sherman is a gifted, award-winning still life and landscape artist, lauded for her masterful use of light and color, and well known for her whimsical "Grotoon" paintings. Join us for this Author/Artist Lecture, sure to inspire the budding artist in you! **Woodside, 6:30pm.**

Thursday – June 20 – Central NH VNA & Hospice: *The Live Well, Die Well Tour* – Their talk will touch upon how people view the end of life and stories behind this. Free and open to the public, no RSVP is required. **Woodside, 2pm.**



Saturday – June 22 – Community Social and Buffet – The Menu for this event appears on Page 16. **Woodside, 5pm.** Please RSVP by June 19 at 366-1449 or rsvps1@taylorcommunity.org.

Monday – June 24 – The Rockin' Daddios – The music of the fifties and sixties conjures up many special memories for those of us commonly referred to as Baby Boomers. The Rockin' Daddios bring back some of the best loved songs of the late fifties and early sixties, with the accent on harmonies and fun. You will hear a variety of songs like: *Book of Love, Little Star, Wake up little Suzie, Lion Sleeps, Walk Like a Man,* and *Sherry,* guaranteed to warm your heart and bring a smile to your face. The Rockin' Daddios consist of Lakes Region residents Jim Rogato, Bo Guyer, Angelo Gentile and Drew Seneca. These gentlemen have been performing



together in various shows and reviews for well over 10 years. Collectively, their community theater experience spans six decades! **Woodside**, **6:30pm**.

Wednesday – June 26 – Celebration of Weddings Event – Our Celebration of Weddings Day is here! This event is meant to bring special memories to mind of this very important day in your lives. Some couples are still whole, some are not, but everyone has this special memory that should be celebrated. This event is open to staff and residents. Make your reservation today for this luncheon and celebration. **Woodside, 11:30am. Reservations are required to Brenda Kean at bkean@taylorcommunity.org or 366-1226.**

Menu

Petit Soup & Salad: Chilled Cucumber Soup Shooter & Watercress and Shaved Fennel Micro Salad with Radishes and Champagne Raspberry Vinaigrette

Land & Sea Entrée: Tenderloin Steak Tips & Shrimp Cocktail, Roasted Tomato Béarnaise Sauce Dessert: Wedding Cake (of course!)

Plated, \$16 per person

UPCOMING LECTURES AND CAMPUS EVENTS

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Please call Dial-A-Ride at 366-1234.

Wednesday – June 26 – Monument Men: The Road to Rushmore – Parts VI and VII – VI: The Making of Mount Rushmore, 21 min. The planning and construction of Mount Rushmore took nearly two decades. In this episode, meet the minds and sculptors behind one of America's most iconic landmarks. VII: Mount Rushmore National Memorial, 23 min. Surrounding Mount Rushmore is a beautiful national park. Explore the landscape, the caves, and the vantages of Mount Rushmore National Memorial. Woodside Theater, 2pm. Reservations required at 366-1226.





Thursday – June 27 – Taylor Community Chorus Concert – Woodside, 2pm.

Thursday – June 27 – June Opera: Les Contes d'Hoffmann at The Met – Bartlett Sher's imaginative production, with sets by Michael Yeargan and costumes by Catherine Zuber, explores all the riches of Offenbach's fantastical tale. Joseph Calleja is the poet Hoffmann who is enthralled by a variety of women—neither of which turns out to be the perfect creature he envisions. Kathleen Kim scales the vocal heights of the mechanical doll Olympia. Anna Netrebko literally sings herself to death as Antonia and also plays the diva



Stella. Ekaterina Gubanova is the sultry courtesan Giulietta. Alan Held's Four Villains foil all of Hoffmann's plans. James Levine conducts with ardor and dramatic energy, bringing out every colorful detail of this rich score. **Woodside Theater, 7pm. Reservations are required for this event to Brenda at bkean@taylorcommunity.org or 366-1226.**



Friday – June 28 – First of the Season Fire Pit Social – All are invited! Michael will provide FREE pizza, beer and wine! Time to be determined, stay tuned.

Sunday - June 30 - TRA Sunday Social & June Birthday Celebration - Woodside, 4:30pm.



UPCOMING TRIPS

Please call 366-1226.

Note: Trip descriptors – **Easy, Moderate, or Independent** – indicate the degree of mobility [walking, standing, stepping, etc.] required in order to safely participate and enjoy the trip. All pick-up times are an approximation.

Non-residents pay a \$10 fee. There is a \$10 fee charged for cancellations within 72 hours of the trip.

Funds for show tickets purchased in advance are due when the order is placed and are non-refundable.

Wednesday – June 12 – Dining Out at T-Bones [Easy] – Join us for lunch at T-Bones, the "Great American Eatery" right here in Laconia. **Bus pick-up begins at 11:30am.**







Thursday – June 13 – Hobo Railroad Bike Week Train Ride [Moderate to Independent] – Join us as we participate in Laconia Bike Week 2019. We will board the Hobo Railroad in Meredith and travel to the Weirs to have a look around. Picnic Lunches will be provided. Train tickets are \$20 CASH ONLY; no checks or credit/debit cards are accepted. Bus pick-up begins at 8:45am.

Friday – June 14 – Tour of Franklin Falls Dam [Moderate—Walking] – The Franklin Falls Dam federal flood control lands are located on both sides of the Pemigewasset River between Bristol and Franklin, NH. The property consists of more than 2,500 wooded acres and spans five towns. It is managed by the US Army Corps of Engineers. Join us as we participate in a Ranger-led tour of the Franklin Falls Dam Facility followed by a picnic lunch in the beautiful park surrounding the dam. **Bus pick-up begins at 9:15am.**



UPCOMING TRIPS

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Thursday – June 20 – *Are you ready for some baseball?!* It's **Muskrats Season!** [Easy] – The Winnipesaukee Muskrats are an amateur baseball team playing in the New England Collegiate Baseball League, a wood bat summer baseball league operating in the northeastern United States region of New England. The team's home field, Robbie Mills Field, is located right here in Laconia. Hotdogs, Hamburgers, Beer and Soda are served on-site. First pitch is at 6:05pm, and **admission is just \$2. Bus pick-up begins at 5pm.**





Gundalow COM FANY

Friday – June 21 – Sail with the Gundalow Company [Independent] – For centuries, gundalows connected up-river Seacoast towns to Portsmouth, the region's seaport and primary market town. Harnessing the wind and riding the tide, the sailing barges moved bricks, hay, firewood, and goods crucial to the economy and everyday life. The Gundalow Company in Portsmouth celebrates this history, protecting the Piscatagua region's

maritime heritage and environment through education and action.

A full-scale replica of the last commercially operated gundalow — the *Capt. Edward H. Adams*, built in 1886 — was constructed in Portsmouth in the 1980s. A second, named *Piscataqua*, after the river, was constructed in 2011 after a five-year fundraising and planning effort.

Operated by the nonprofit Gundalow Company, the *Piscataqua* provides sailing excursions and dockside programs up and down the Piscataqua River and around Great Bay.

Participants will enjoy a picnic lunch prior to departure. Tickets are \$30 per person. Bus pick-up begins at 9am.

Monday – June 24 – Hampton Beach Sand Sculptures [Moderate—Walking] – Join us as we tour the amazing sand creations from the Hampton Beach Sand Sculpture Competition. The group will enjoy lunch while in Hampton. Bus pick-up begins at 9am.





Tuesday – June 25 – Laconia Muskrats at Robbie Mills Field [Easy] – Hotdogs, Hamburgers, Beer and Soda are served on-site. First pitch is at 6:05pm, and **admission is just \$2**. **Bus pick-up begins at 5pm**.

Wednesday – June 27 – Third Annual Pontoon Tours of Lake Winnisquam [Easy] – Climb aboard as we tour Lake Winnisquam. There will be two tours — 9am and 1pm. Seating is limited to 15 passengers per trip. Tickets are \$10 per person.





Tuesday – July 2 – Laconia Muskrats at Robbie Mills Field [Easy] – Hotdogs, Hamburgers, Beer and Soda are served on-site. First pitch is at 6:05pm, and **admission is just \$2. Bus pick-up begins at 5pm.**

Thursday – July 11 – Laconia Muskrats at Robbie Mills Field [Easy] – Hotdogs, Hamburgers, Beer and Soda are served on-site. First pitch is at 6:05pm, and **admission is just \$2. Bus pick-up begins at 5pm.**

Go Muskrats!

(More Upcoming Trips Next Page)



JULY AND AUGUST TRIPS to BARNSTORMERS THEATRE OPEN FOR SIGN-UP NOW

Please call 366-1226.

All ticket fees are due in advance (show tickets are \$24.50) and are non-refundable. 2PM Shows; Transportation details to be announced.

Saturday – July 6 – Damn Yankees [Easy] – Book by George Abbott and Douglas Wallop. Lyrics and Music by Richard Adler and Jerry Ross. The classic musical tale of what happens when you sell your soul to the devil—all for the love of the game (and the gal...).





Saturday – July 20 – *Laughter on the 23rd Floor* **[Easy] –** By Neil Simon. Fast-talking, sharp-witted T.V. comedy writers fight for what it means to be funny in this wonderful commentary on timeless current events.

Saturday – August 3 – The Man Who Came to Dinner [Easy] – By George S. Kaufman and Moss Hart. What do you get when you combine great literature with crazy, funny farce? The most beloved comedy of American theatre. A Barnstormers best-seller.





New July and August Transportation to Hampshire New Hampshire Music Festival at PSU SILVER CENTER OPEN FOR SIGN-UP NOW

Please call 366-1226.

Bus pickup on the Laconia Campus begins at 5pm.

Transportation is available for the following presentations at PSU Silver Center:



Friday – July 5 – Orchestra in Action — 2019 Opening Night: Brilliant Thrills [Easy] – Andres Cardenes plays Tchaikovsky – Polivnick leads a colorful opening to Season 67.

Thursday – July 11 – *Orchestra in Action — Carnivals & Clarinets* [Easy] – Frank Cohen plays Mozart, Polivnick conducts a Carnival Duo and the Miraculous Mandarin Ballet Suite.





Thursday – July 18 – Orchestra in Action — Composer Portrait: Ittai Shapira [Easy] – Shapira's Chunhyang, Soprano Hila Plitmann and Prokofiev's Romeo and Juliet.

Thursday – July 25 – *Bach, Strauss & Mozart* [Easy] – A Festive Suite, Horn Concerto and Mozart's Great Mass in C minor.





Thursday – August 1 – Season Finale: Orchestral Murmurings [Easy] – Conductor Wang debuts, Dichter performs Rachmaninoff's Rhapsody, and Polivnick closes with the dramatic Pines of Rome.

JULY TRIPS to INTERLAKES THEATER OPEN FOR SIGN-UP NOW

Please call 366-1226.

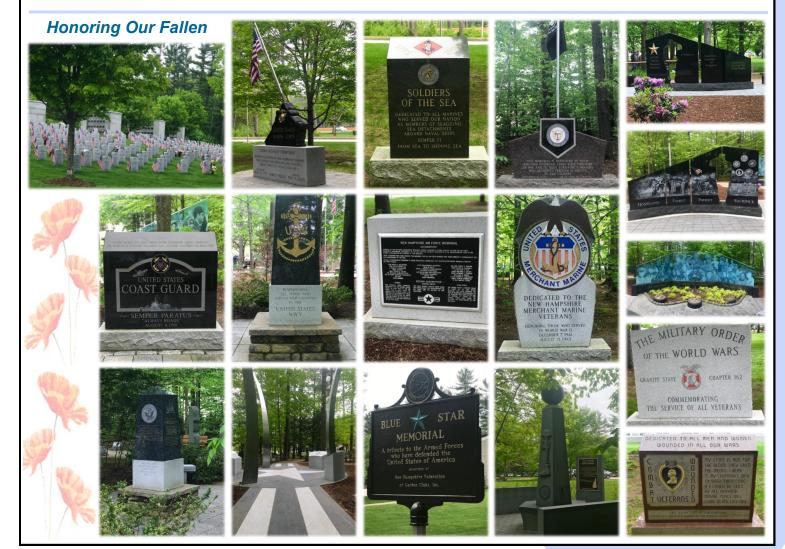
All ticket fees are due in advance (show tickets are \$24.50) and are non-refundable.



Thursday – July 11 – Funny Girl at Interlakes Theater [Easy] – Funny Girl is the story of beloved comedienne Fanny Brice, following her from her youth in New York's Lower East Side, to burlesque and vaudeville, her big break with the Ziegfeld Follies and her relationship with Nick Arnstein. A triumphant story of starry success and a bittersweet story of love, Jule Styne and Bob Merrill's *Funny Girl* is a musical theatre classic which celebrates the exuberant and elegant flavor of Broadway in the 1910s and 20s and the comic genius of Fanny Brice. Featuring such beloved songs as "People." "Don't Rain on My Parade," and "Sadie, Sadie." **Tickets are \$25 per person and are non-refundable. Bus pick-up begins at 12:45pm.**

Thursday – July 25 – *Ragtime* **at Interlakes Theater [Easy] –** *Ragtime* is a compelling epic capturing the American experience at the turn of the 20th century. Tracking three diverse families in pursuit of the American dream in the volatile "melting pot" of turn-of-the-century New York, Ragtime confronts experiences of wealth and poverty, freedom and prejudice, hope and despair. Featuring many of the historical figures that built and shaped turn-of-the-century America, including J.P. Morgan, Emma Goldman, Harry Houdini, Evelyn Nesbit and Henry Ford, this musical sweeps across the diversity of the American experience to create a stirring epic that captures the beats of the American experience: the marches, the cakewalks and – of course, the ragtime. **Tickets are \$25 per person and are non-refundable. Bus pick-up begins at 12:45pm.**







A Short Primer on Email Etiquette

Addressing Your Email: 'To', 'Cc', or 'Bcc'?

To is used for the main recipient, or anyone who needs to take action. Always use **To** when you have only one recipient.

Cc is used for the people who need to see the email, but do not need to take action as a result.

Bcc is used for people who need to see the email, but where you do not need/want everyone to see who has received the email. It is also used where you have the responsibility to protect people's privacy and not provide their email addresses to everyone. (Note that if all your recipients are **Bcc**, you will need to sent the email **To** yourself.)

Using 'Reply to All'

Please think carefully about whether you need to **Reply** or **Reply to All**. You should only use **Reply to All** when your response really needs to be seen by everyone, and not just the original sender.

The Email Subject

The **Subject** is the way people with a full inbox filter their emails, deciding whether to read them now, later, or not at all. The **Subject** is used to briefly describe what the email is about. If your email is either urgent, or for information only, say so in the Subject box.

'Topping and Tailing' your Email

It is generally a good idea to start your email with a greeting, such as 'Dear [Name]' or 'Hi [Name]'. Dear is more formal and better if you don't know the recipient. It's also nice to sign off with a greeting, such as 'Best Wishes' or 'Kind Regards'. In addition to being good for future relationships, this also shows you've finished the email and the recipient has received all the content.

Attachments

Use attachments to share large amounts of text, especially if not everyone needs to read it. Explain the content in the body of the email, so that recipients can decide whether to read it or not. Do not use attachments for short notes or letters placed easily in the body of the email. Of course you can attach other files to emails such as pictures, spreadsheets or PDF files, but be aware that some file types may be blocked by security software.

Tone and Language

Emails don't have the advantage of body language, facial expression or tone of voice to help recipients to interpret them. Getting the tone and language right is essential to avoid offending people.

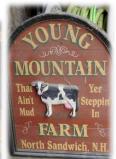
Skillsyouneed.com

More from editor: It's always good to Cc people you mention. Avoid use of all capitals; THIS IS CONSIDERED SHOUTING! Please don't email confidential information or offensive remarks, or forward chain letters or spam. And remember, don't open attachments from strangers!

Residents Tour Sandwich Farms

What a wonderful Farm Tour Taylor Community Residents participated in May 31! Thanks so much to the Krotz Family at Chestnut Meadow Farm, Young Mountain Farm and the Sandwich Community School where we were led around their campus by talented student guides and enjoyed an amazing luncheon also prepared by the students. We feel very lucky to have visited these three locations where they took time from their busy days to provide us with tours and information about their farms, animals and various projects. We are looking forward to our next visit for sure! Many thanks to Chris Krotz for his help coordinating such an amazing day!

























Volunteer Activities

Thank you to all volunteers as we total the number of volunteer hours at Taylor Community for the fiscal year 2018-2019. To date, the total number of volunteer hours is 4,938!

There are many opportunities to volunteer at Taylor Community, and we plan a more regular update though the Gazette to share the needs. These listed below are just the beginning:

Taylor Community Opportunities:

Ledgeview – Coffee Hour 9:45 - 11am daily
Assist with other activities
Concierge and mail 11am—1pm

Drivers for long distance medical appointments

Many of our residents and staff are also contributing their time in support of a variety of local organizations including:

Central NH VNA and Hospice Got Lunch! Laconia Lakes Region General Hospital Laconia School District WOW Trail

If you have an interest in volunteering and would like to learn more about how to get started, please let us know. We would love to help connect you with a meaningful volunteer opportunity.

Charlotte Leavitt
Taylor Community Volunteer Coordinator
charlotte Leavitt
Taylor Community Volunteer Coordinator
charlotte Leavitt
Taylor Community Volunteer Coordinator

charlott4@gmail.com
or 556-9967

Brenda Kean
Director of Resident Life
bkean@taylorcommunity.org or 366-1226

Gretchen Gandini
Director of Development & Community Outreach
ggandini@taylorcommunity.org or 366-1482



Taylor Community 2019 Music Series Sneak Preview — Mark your calendar!

July 14 —
New Hampshire Music Festival
(program to be determined—classical)

July 28 —
New Hampshire Music Festival
(program to be determined—classical)

August 11 — Sharon "Sugar" Jones (jazz)

> September 15 — Meadowlark Trio (classical)

October 13 — Vintage Vocal Quartet (jazz)

Nov 10 — Tenor Sax Summit (jazz)

Back Bay News and Events

Coffee Hour: Thursday, July 25 at 10am





Care Management Hours

Care Management Nurse Heather Bell will be available at the Community House the third Thursday of each month from 8am to 2pm. Contact Heather at 366-1340 or hbell@taylorcommunity.org



High Tea with Queen Victoria, Moultonborough Women's Club

Recurring Campus Events

Sundays:

Sunday Brunch

Sundays, 11am—2pm, Woodside Please RSVP @ 366-1481 by 8am.

Sunday Movie Matinee

Sundays @ 2pm, Woodside Theater

Church Services

Sundays @ 2:30pm, Ledgeview

IRA Sunday Social & Monthly Birthday Celebration Last Sunday of the Month @ 4:30pm, Woodside

Mondays:

Stitch Witchery Quilters Mondays, 8am, Woodside

Cozy Caps Knitters

Mondays @ 10am, Woodside

Taylor Home Bingo

Mondays @ 10am, Taylor Home

Taylor Playreaders

1st and 3rd Mondays @ 1pm, Woodside

Tuesdays:

Resident Cracker Barrel Coffee Hour Tuesdays @ 10am, Fireside Room at Woodside

Worship Services

Tuesdays @ 10:30am, Ledgeview

Laconia Public Library Runs

Every Other Tuesday @ 10:30am (Call 366-1234)

Prayer Shawl Ministry Meeting at Taylor

1st & 3rd Tuesdays of the Month @ 1pm **Woodside Dry Craft Room**

Optional: Meet in the Bistro for lunch first at Noon!

Shopping Bus to Belknap Mall Tuesdays @ 1pm (Call Dial-A-Ride)

Non-Fasting Blood Draws

Tuesdays @ 1pm

Woodside Wellness Office

(Fasting Blood Draws by appointment only: please call Care Management Nurse Heather Bell at 366-1340)

Blood Pressure Clinic

Tuesdays, 2-3pm, Woodside Wellness Office

Wednesdays:

Men's Breakfast

1st Wednesday of the Month @ 7:45am, Woodside RSVP @ 524-7131 by Monday at Noon

(Wednesday is continued above right)

Recurring Campus Events

Wednesdays (Cont.):

Cribbage Games

Wednesdays @ 10am, Woodside Card Room

Veterans Coffee Hour

3rd Wednesday of the Month @ 10am Lake Room at Ledgeview

Care Management Nurse Office Hours

Wednesdays, 2—3pm, Woodside Wellness Office

Wine Socials — Wednesdays @ 3pm Taylor Home and Ledgeview 3rd Floor

Woodside/Ledges Food Forum

2nd Wednesday of the Month @ 2pm, Woodside

Thursdays:

Woodcarvers

Thursdays @ 9am, Woodside Wet Craft Room



Shopping Bus to Hannaford's/Walmart Thursdays @ 9am (Call Dial-A-Ride)

Bridge Games — Thursday @ 1pm, Woodside

Taylor Community Chorus Rehearsals 1st and 3rd Thursdays at 2pm, Taylor Home Atrium (Performances in June, then break until September)

Fridays:

Le Cercle Français de Laconia Fridays @ 10am, Fireside Dining Room

Taylor Home Bingo — Fridays @ 10am, Taylor Home

Oasis Pub Night

First Friday of the Month, 4:30pm, Woodside

Saturdays:

Saturday Breakfast Buffet

Saturdays, 8—10am, Woodside

Continental Breakfast available at 8am Hot Line Breakfast Buffet from 9—10am

Saturday Entertainment at Ledgeview

Saturdays @ 2:30pm, Second Floor

Community Social & Dinner

4th Saturday of the Month @ 5pm, Woodside RSVP at rsvps1@taylorcommunity.org or at 366-1449

by Noon the Wed. prior to the Dinner.

Saturday Night at the Movies Saturdays @ 7pm, Woodside Theater

Dial-A-Ride operates Monday — Friday, 8am to 4pm, with extended hours Tuesday and Thursday evenings (until 7) and Sunday morning transportation to church. Please plan ahead to assure your ride: RSVP Monday to Friday from 8am to Noon at 366-1234.



Woodside Theater

Saturday Night Movies 7:00PM Sunday Matinees 2:00PM

Trip Reminders

RSVP is required; please call Brenda at 366-1226.

Dining Out at T-Bones
Wed., June 12 @ 11:30am

Hobo Railroad Bike Week Train Ride
Thurs., June 13 @ 8:45am

Franklin Falls Dam Tour Fri., June 14 @ 9:15am

Sail with the Gundalow Company Fri., June 21 @ 9am

Meeting Reminders

TRA Executive Committee

Mon., June 10 @ 9:30am, Woodside

Resident Town Hall

Mon., June 10 @ 11am, Woodside

TRA Annual Meeting

Mon., June 10 at Woodside, after Resident Town Hall

Wellness Committee Meeting Tues., June 18 @ 1pm, Woodside

Pool Committee Meeting

Tues., June 18 @ 2pm, Woodside

Note from Facilities:



There will be no shopping bus to Hannaford's and Walmart on Thursday, June 13. We have instead scheduled this shopping trip for Monday, June 10,

and apologize for any inconvenience caused.

Note from the Taylor Resident Association:

The Annual Meeting of the Taylor Resident Association will be held immediately subsequent to the Resident Town Hall meeting on June 10th.



More from the TRA:

The Taylor Resident Association would like to thank everyone who has contributed to our annual dues drive. This is very much appreciated.

For those of you who may have forgotten to donate, it's not too late to do so. Make your check out to "Taylor Resident Association" and send it to me: Sharon Guild, Treasurer, at Ledgecroft Place, Laconia, NH 03246. Alternately, you may leave it with Helen at Woodside or Maureen at the Taylor Home. Once again, thank you to all of you.

~Sharon Guild TRA Treasurer Lectures, Programs & Special Events
Check out Recurring Campus Events on Page 14!

2019 Music Series: Hannah Murray & Dan Perkins Sun., June 9 @ 3pm, Woodside

Dr. Cynthia Lawremce, Laconia Eye Associates:

Diabetes, and How it Affects the Eyes

Mon., June 10 @ 2pm, Woodside

Foreign Film: *The Song of Sparrows* Tues., June 11 @ 2pm, Woodside Theater

Musical Performance: William Ögmundson Wed., June 12 @ 6:30pm, Woodside

June Western: McLintock!
Thurs., June 13 @ 3pm, Woodside Theater

New! Meditation with Russ Jones
Fri., June 14 @ 1pm, Woodside Wet Craft Room

Father's Day Brunch at the Bistro Sun., June 16, @ 11am—2pm, Woodside Please RSVP at 366-1481 by June 12.

TRA Barbecue

Sun., June 16 @ Noon, Woodside Tent Area

Monday Movie: *On Golden Pond*Mon., June 17 @ 2pm, Woodside Theater

Author Lecture: Stephen Long, *The Hurricane of '38* Mon., June 17 @ 6:30pm, Woodside

Theatrical Performance by Hank Offinger:
One Guy's Perspective
Wed., June 19 @ 2pm, Woodside

Author/Artist Lecture: Studios at Crescent Pond Wed., June 19 @ 6:30pm, Woodside

CNH VNA&H: The Live Well, Die Well Tour Thurs., June 20 @ 2pm, Woodside

Community Social & Buffet
Sat., June 22 @ 5pm, Woodside
Please RSVP at rsvps1@taylorcommunity.org
or 366-1449 by June 19.

Taylor Community Chorus Concerts

Thursday, June 13 at 12:30pm Belmont Senior Center

Tuesday, June 18 at 11am St. Francis Nursing Home

Thursday, June 20 at 10:30am Belknap County Nursing Home

Thursday, June 27 at 2:00pm Woodside

Practices resume in September.







Bistro

Monday to Friday 11:30am—2pm

Hot Lunch Specials, Salad Bar, Deli Bar, Grab & Go

Tuesday and Thursday Dinner 5—7pm Please RSVP for Dinner by 2pm at 366-1481 — Be sure to ask about Chef's Featured Entrees

Saturday Breakfast Buffet 8—10am \$10 (\$5 continental) — No RSVP required; please sign in

Sunday Brunch 11:00am - 2:00pm Please RSVP for Brunch by 8am at 366-1481

We appreciate your input. Please let us know how we can improve your dining experience.

Moe Memmolo, General Manager, 366-1231 taylorhome@glendaleseniordining.com

Jason Seavey, Chef de Cuisine, 366-1481 woodside@glendaleseniordining.com

Community Social & Buffet Saturday, June 22 at 5pm

Appetizers: Variety of NH and VT cheeses with classic crackers and flatbreads; fresh fruit display with yogurt dip; tempura vegetables with edamame

Plated Salad: Caprese Salad over seasonal greens with balsamic drizzle and basil oil



Entrees:

Grilled Ranch Turkey Tenderloins with Chimichurri Sauce Seared Salmon with Beet Gastrique (Sweet & Sour Sauce) Black Bean Stuffed Pepper with Pico de Gallo Sauce

Sides: Citrus Orzo: Pea Tendril Panzanella Salad (light stuffing): Riced Cauliflower: Steamed Carrots:

Desserts: Lou's Lemon Mousse Martini; Lou's Seasonal Feature (to be determined); Assorted Cupcakes (Zucchini, Chocolate, Vanilla, Coconut Cream); Sugar-and Gluten-Free Option Available

\$22.95 per person

Please RSVP by June 19 at 366-1449 or via email at rsvps1@taylorcommunity.org

fried vegetables \$8.95

Tuesday 6/11: National Corn-on-the-Cob Day! Turkey Meatloaf served with riced cauliflower and corn-on-the-cob \$7.95

Wednesday 6/12: Food Forum, BBQ Beef Brisket & Pork Rib Plate, traditional sides \$8.95

chef's choice side \$7.95

Friday 6/14: National Bourbon Day! Benjamin's Bourbon Beef Tips, scalloped potatoes, and chef's choice vegetable \$9.95

and Gluten-Free Lasagna made with zucchini and summer squash noodles, garlic breadstick \$7.95

Tuesday 6/18: Beef American Chop Suey, chef's choice vegetable \$7.95

stewed tomatoes and garbanzo beans \$6.95

the hunter) with mushrooms, sausage, onions and peppers, chef's choice sides \$8.95

chef's choice sides \$9.95

Daily Lunch Specials

Monday 6/10: Town Hall, National Egg Roll Day! Grilled Teriyaki Chicken Thigh with egg roll and stir-

Thursday 6/13: Lamb Sloppy Joe on a potato bun,

Monday 6/17: National Vegetable Day! Vegetarian

Wednesday 6/19: Turkey & Orzo Stuffed Peppers.

Thursday 6/20: Chicken Cacciatore (in the style of

Friday 6/21: Fried "Market Available" Fish Sandwich,

Always-Available Tuesday/Thursday **Dinner Selections:**

Simply Delicious Seared Salmon Filet \$17 Carved Sirloin Steak Entrée \$16

A Note Regarding Reservations

We suggest that when reservations are required, you make them as soon as possible; you can always cancel if you change your mind. This assures proper set-up and the order of adequate supplies. Thank You!

Dinner Specials - Tuesday, June 11

Oven Fried Catfish with Pickled Cucumber Aioli. and Succotash \$18

Veal Cordon Bleu Napoleon (layered with Swiss and Ham), Riced Cauliflower and Steamed Carrots \$19

Seasonal Vegetarian Pasta Feature \$15*

*All-inclusive upgrade: Add starter and dessert, \$2 additional charge Starter: Fresh Fruit Plate

Dinner Specials - Thursday, June 13

Brunch Inspired!

Tableside Omelet Cart, Hand-Cut Home Fries, Fresh Fruit \$16 Monte Cristo Croque Monsieur (Ham. Turkey and Swiss on French Toast) with Grilled Asparagus \$17

Seasonal Vegetarian Pasta Feature \$15*

*All-inclusive upgrade: Add starter and dessert, \$2 additional charge Starter: Shrimp Cocktail

Dinner Specials - Tuesday, June 18

Shrimp Kabob with Citrus & Herb Orzo and Summer Vegetables \$18

Grilled Bison Burger on a Brioche Bun served with Sweet Potato Wedges and Jicama Coleslaw \$17

Seasonal Vegetarian Pasta Feature \$15*

*All-inclusive upgrade: Add starter and dessert, \$2 additional charge

Starter: Garden Salad

Dinner Specials - Thursday, June 20

Grilled Pineapple Salmon with Citrus Butter, Baked Potato, Zucchini & Summer Squash \$19 Lamb Lollipops with Mint & Fennel Chutney, Five-Grain Pilaf, and Steamed Broccoli \$18 Seasonal Vegetarian Pasta Feature \$15*

**All-inclusive upgrade: Add starter and dessert, \$2 additional charge

Starter: Crab & Sausage Stuffed Mushrooms