





### A Nation's Strength Walt Whitman

Not gold, but only man can make A people great and strong; Men who, for truth and honor's sake, Stand fast and suffer long.

Brave men who work while others sleep, Who dare while others fly --They build a nation's pillars deep And lift them to the sky.



### **Veterans Day** November 11

Thank You, Veterans. for your patriotism, love of country, and willingness to serve and sacrifice for the common good.

### Taylor Community 2019 Music Series Sunday, November 10 at 3pm

### **Tenor Sax Summit**

Charlie Jennison, Tenor Sax Fred Haas, Tenor Sax Richard Gardzina, Tenor Sax Jonathan Lorentz, Tenor Sax Tom Robinson, Piano John Hunter, Bass Tim Gilmore, Drums



The Tenor Sax Summit features some of New England's finest sax players, all with distinct styles, joining in a joyous musical conversation with one another. They'll jam on American Jazz classics while being propelled by a top-shelf rhythm section.

Generously supported by Bank of New Hampshire, our Music Series performances are free and open to the public with no reservations required.

### What's Resident Frank Judge doing with WMUR's Sean McDonald?



Getting ready for NH Chronicle! See Page 4!



The ladies of Taylor's Salon 435 went all out for Halloween, with a "haunted salon" open house and a huge table of treats for all to enjoy. Amy Hoffman, above left, was voted "best costume" among staff.











### FITNESS NEWS AND EVENTS

### Let's All Welcome Ethan White!

Ethan is our new Aquatic & Fitness Coordinator! He lives in Sandown, NH, and enjoys exercise, traveling, movies, and spending time with friends and family. Ethan is excited to join the Wellness Team and looks forward to spending time with all of you!



~ Heather

Mondays at 11am, beginning November 18,
Fitness Center (6-week class)

Robert Schmidt and Ethan
White will collead this new

Robert Schmidt and Ethan White will co-lead this new 30-minute class, designed to have you snowshoe ready so you can hit the snow running when it flies! Please register with Ethan in the Fitness Center or call him at 366-1405.



Please note change in schedule: Gentle Arthritis Aqua-Cize

Beginning Monday, November 11, this class will be held on Mondays and Fridays at 10am.



Here's a great opportunity for you! — Come experience and learn the basics of Tai Chi.

Thursday, November 14 and Thursday, November 21 7—8pm, Woodside Fitness

Master Russ Jones has studied martial arts for over 30 years, is a certified Tai Chi instructor and a student of Master Rick Wong. Russ has taught Tai Chi for 17 years and owns and operates

The Sachem Health Studio in downtown Laconia where he teaches Tai Chi, Yoga and Karate.

Tai Chi movements are light, gentle, and flowing. Practicing Tai Chi can improve balance, agility, leg strength, and flexibility. The cost for this class is \$50, however, there is NO CHARGE for Taylor Residents or staff; they attend for FREE! Please call or text Russ at 524-4780 for more information.

### Circuit Training with Heidi Lehr

Thursdays at 8:30am, beginning November 14 in the Fitness Center



Heidi is a certified Occupational Therapist and teacher at CKO Kickboxing. Her 45-minute class is designed for a full body workout using different stations. Stations will include cardio, weight lifting, core stabilization and strengthening, and balance. No registration is required.

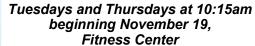
### Device Navigation 101 with Greg Phillips



Sat., Nov. 16 @ 10:30am Woodside Bistro

Do you need help navigating your device or computer? Bring it with you to this class. No RSVP is required.

### And another! Cardio-Fit



Ethan White will lead this 30-minute class designed to increase your heart rate and give you a full-body workout. No registration is required.

New Class! Return to Snowshoeing

# Innovating to Zero — Bill Gates Tues., Nov. 26 @ 1pm Woodside Theater



Access to light and electricity is hugely empowering. How can we rapidly drive down carbon emissions, but also help meet rising global electricity demand? Leading philanthropists Bill and Melinda Gates are looking for an energy miracle to meet global electricity demand for nine billion people in a zero carbon world by 2050.

### December Challenge! — Stair Climbing!

### Register with Heather by Wednesday, November 27 Challenge begins Monday, December 2

Residents, are you ready to be challenged?!! Since all of you now live in a single-story home, you don't use the stairs as much, losing the benefit of the strength and endurance you get from using the stairs. So.... Starting on Monday, December 2,

I am challenging you to a Stair-Climbing Challenge! This is a good way to work off that Thanksgiving feast! For 6 weeks you will track the number of flights of stairs you climb from Monday to Sunday. Each Monday you report your flights, shown on the tracker in the hallway outside the Fitness Room. Please register with Heather by Wednesday, November 27.



Join the Conversation! New Members Welcomed!

Wellness Committee — Tues., Nov. 19 at 1pm Pool Committee — Tues., Nov. 19 at 2pm

Please see Heather in the Fitness Center for updated Pool and Fitness Calendars.

### for St. Vincent de Paul! THANK YOU!!!







We filled our Taylor bus right up, and then filled St. Vincent's warehouse!

We were also pleased to bring along over \$1200 in monetary donations, which they will use to purchase many needed items in bulk: this is really helpful!

The inside of the bus at left; the two empty spots are where Gretchen, Brenda and I squashed in for the ride to the Pantry.



Thank you All, again, for your kindness to others.

Taylor Residents and Staff, your hearts shine bright!

~ Maureen



#### Save the date!

**Proceeds Benefit Resident Programming Donations Gladly Accepted** 

> Local Crafters Bake Sale **Door Prizes** 50/50 Raffle White Elephant Table Silent Auction

Donations to the White Elephant Table will be accepted Tuesdays from 11am—Noon and Thursdays from 10am—Noon in the Woodside Wet Craft Room.

For more information, contact Brenda at 366-1226 or bkean@taylorcommunity.org



Cat in the Hat was not arrested: isn't Kinley the cutest?

enjoyed his very first lollipop much like the Tootsie Roll Owl. 1... 2... 3... bites to the center!

### We Love Our Volunteers!

Resident and Volunteer Coordinator Charlotte Leavitt (right) addresses Taylor's group of current volunteers at their meeting on October 22.

Peg Petrie, shown below Charlotte. was recognized for her many years of service and the establishment of our Neighbor-to-

Neighbor group at Taylor Community.





### Bake Sale at the Craft Fair!

Lou will have a Bake Sale table at the Holiday Craft Fair December 7. Menu coming soon! Pre-order available!

### Christmas is Coming!

The annual TRA Christmas/Holiday Party will be held on Wednesday, December 18. This is just a reminder to save the date. In the next Gazette there will be a menu, price, and instructions on how to sign up if you wish to attend. There are a limited number of seats so only Taylor Community Residents may attend. No guests are permitted. Read your next Gazette carefully for the details.

### To Our Veterans

When I was a little girl,
men I didn't know at all
marched off to foreign countries
to fight for one and all.

They fought for freedom and liberty, they fought for you and me. They fought for Old Glory and a thing called democracy.

Today, now many years later, in a foreign country too, our troops again are defending Old Glory, our Nation's red, white and blue.

I wa<mark>nt to grac</mark>iously say "Thank You" for all you represent and do, and for our great country, May God Bless You!

~Sue Flanders







### Staff Spotlight Ben Hibbard

Glendale Senior Dining is our dining partner at Taylor, and the organization does a great job at the Bistro and at the bi-weekly dinners and special events. One of those responsible for the great dining experience is Ben Hibbard, a cook at Woodside. Ben has been here at Taylor with Glendale for a year and a half, but comes to us with 21 years of experience in the cooking business. He has worked in many kitchens, including stints at The Green Mountain Inn and the famous Trapp Family Lodge in Stowe, Vermont. He says he cooks faster when the Sound of Music is played at 78 RPMs.

Much of Ben's previous experience was working in locally-owned venues, and he really enjoys the friendly residents and wonderful staff at Taylor. He likes working in a small dining room where one can get to know the customers and their food preferences. Ben always has a great smile on his face and loves to interact with our residents. He likes to cook simple things, and his favorite item to cook is roasted chicken. An interesting fact is that Ben has worked previously — for more than 5 years — with our Head Chef Jason, and Ben followed Jason here. You guys make a great team!

Ben is single and moved from Concord to Gilmanton last year. He loves working at Taylor and the only negative thing he has to say is that the commute to work in the winter is tough. Let's hope Ben has nothing but dry and clear roads all winter. We love having him here.

~ Ed Soucy

### Frank Judge (From Page 1)

Frank owns and operates a 28-ton railroad caboose on the Stourbridge Line in Honesdale, PA. The Stourbridge Line, operated by the Delaware Lackawaxen & Stourbridge Railroad Company, offers a seasonal schedule which includes community related event trains from Presidents Day through the Fall Foliage Season, on 25 miles of historic railroad winding through Northeastern PA along the Lackawaxen River Valley.

The Line's website, <a href="https://www.thestourbridgeline.net/">https://www.thestourbridgeline.net/</a>, offers some really interesting history about The Stourbridge Lion and its trial run on the Delaware and Hudson Canal Company's gravity railroad in 1829, beginning a new era in commercial transportation. Check it out!

In addition to Frank's caboose, he also owns a 1933 Fairmont M14-D track car as an active member of Wolfeboro's Cotton Valley Rail Trail Club (CVRTC). Established in 1992, the CVRTC is an association of railway motorcar enthusiasts dedicated to preserving motorcar history and right-of-way maintenance through active operation and stewardship.

A true enthusiast, Frank told me, "I play trains as hard as I can!"

The photos below are of Frank's caboose, and of Frank and wife Carole riding his track car.















### Scam Alert

Someone tried to get ME the other night! How many of you use Facebook and it's associated Messenger app?



Here's what happened:

I received a message on Facebook's Messenger app, which LOOKED very much to be from a known friend, his same name <u>exactly</u> and HIS CURRENT PROFILE PICTURE! His device was hacked! In fact, his message was written just as he might speak to me, very much along the same line as previous messages sent...

When I saw his picture come up, and "Hey, how are you doing," I answered back with a quick response, and told him I was on my way to a drawing session at LRCC. His next message was asking if I'd heard about a certain fund, which struck me odd, and I answered back, "Huh?" The next message was a description of this particular fund, and not written in his usual style... At this point, I knew it was a *phishing* attempt, realizing that I had two message threads from the same person, and contacted my friend to let him know he'd been hacked and to warn other friends. I noticed later that the only difference in the spoofed entity was a note at the top, "Not connected on Messenger," which, if I wasn't in such a hurry, might have clued me in. When you "accept" someone on Messenger, you get a message telling you that you are now connected.

PHISHING is the fraudulent attempt to obtain sensitive information such as usernames, passwords and credit card details by disguising oneself as a trustworthy entity in an electronic communication. (Wikipedia)

Don't be fooled; safeguard your personal information!

~ Maureen

### **Back Bay Happenings**



Movie Night: Waking Ned Devine Wednesday, November 13 @ 7pm

Author Lecture: Thomas W. Farmen Bessie's Story — Watching the Lights Go Out Thursday, November 21 @ 6:30pm





Broadway Musical: CATS Wednesday, November 27 @ 7pm

Next Coffee Hour: Thursday, November 21 at 10am





### Care Management Hours

Care Management Nurse Heather Bell will be available at the Community House the third Thursday of each month from 8am to 2pm. Contact Heather at 366-1340 or hbell@taylorcommunity.org



Taylor Home residents enjoy the company of Carolyn Dorff during an outing to Polly's Pancake Parlor in Sugar Hill, a regular favorite.

Phyllis was sitting at the same table as the others (to the right) but didn't quite fit in the shot. I see everyone else ordered the pancakes, but wow, her waffles look really good!



# LIONS AND TIGERS AND BEARS? NO... GHOULS AND BOY SCOUTS AND LADYBUGS? OH MY! TAYLOR RESIDENTS AND STAFF HAVE THE BEST FUN ON HALLOWEEN!



















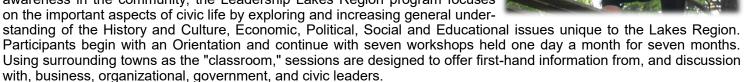


### TAYLOR COMMUNITY DIRECTOR PAULA GLAUDE IS A LEADERSHIP LAKES REGION STAR!

Did you see this picture in the Daily Sun? My boss will jump out of a plane, climb a mountain, compete in a marathon, ride a "fat bike" on mountain trails, and she even used to drive a pink Harley... she does *some really cool stuff*.

Now she's part of this year's class at Leadership Lakes Region, an organization dedicated to community improvement by developing, expanding, promoting and putting in place a network of effective volunteer leaders with a variety of skills and interests. *Very cool stuff.* 

Founded in 1996 by Lakes Region citizens committed to fostering strong civic awareness in the community, the Leadership Lakes Region program focuses on the important aspects of civic life by exploring and increasing general under-



I spoke briefly with Paula about her participation in Leadership Lakes Region and learned she had a lot of fun ziplining. I can also tell you that she is especially excited about next month's program relating to the Region's history, and I look forward to hearing about her sneak-peek experiences at the Colonial Theater and Kimball's Castle in Gilford.

I've worked for Paula for ten years now. She's a pretty cool boss, cond an asset to both the Taylor Community AND the greater Lakes Region.

~ Maureen

It is the desire of Leadership Lakes Region to promote volunteerism and teach people how to become involved in their community as a "lifelong" activity. By the end of the program, participants will be more knowledgeable than most about the Lakes Region Area and will have developed a network of others, like themselves, who are anxious to volunteer and work together to improve our communities.



### Need help with your Thanksgiving Dinner?

The Bistro has you covered!
Ready-to-Reheat-and-Eat
Thanksgiving Family-Sized
Sides in aluminum pans
which feed 10-12 guests
AND Pies!

Orders must be received by Nov. 20; Pick up on Nov. 26 or 27.

House Made Traditional Cranberry Sauce (qt.) \$8
Herbed Whipped Potatoes \$16
Gravy (qt.) \$10
Pecan Brown Sugar Roasted Sweet Potatoes \$18
Green Bean Casserole \$16
Brioche Stuffing \$20
Glazed Carrots \$12
Apple Pie \$10
Pumpkin Pie \$10
Pecan Pie \$14
Coconut Cream \$10

Please place your orders with the Bistro Cashier or via telephone at 366-1481.



### Happy Thanksgiving!

## We're cooking too! Join us November 28 at 1PM for a Thanksgiving Buffet!

Salad Bar with Classic and Seasonal Vegetables
Butternut Squash & Apple Soup
Old Bay & Sage Roasted Turkey with Pan Gravy
Chef Carved Prime Rib au Jus
House Made & Traditional Cranberry Sauce
Herbed Whipped Yukon Potatoes
Pecan Brown Sugar Roasted Sweet Potatoes
Green Bean Casserole
Brioche Stuffing
Glazed Carrots
Assorted Desserts

\$24 per person (\$8 children under 12) RSVP to 366-1481 by Friday, November 22. No evening dinner; we hope to see you at the buffet!



### **NEWS FROM THE COMMUNITY BISTRO**

Veterans Recognition Dinner – Monday, November 11
Reservation Only Dinner — RSVP by November 7

Roughage & Hardtack (salad and dinner rolls)
'By Air' or 'By Sea' (Please indicate choice at RSVP):
Herb Seared Chicken Statler Breast or Citrus Salmon
'By Land': Roasted Fingerling Potatoes

American as Apple Pie

\$24 per person (Veterans and their invited guest will receive a complimentary dinner — Thank You, Veterans!)

### **New Lunch Menu Format!**

The Bistro has just changed its lunch menu format in order for it to be more familiar to residents, with a daily rotation of entrée style:

Monday — Build-Your-Own / Action Station Tuesday — Ethnic / Regional Selection Wednesday — Butcher Block Carvery Thursday — Classics (Comfort Food) Friday — Market Place Seafood

### Regarding Communication:

Our Chef de Cuisine is a working manager with physical duties as well. Please utilize voicemail or email whenever appropriate to do so, especially during meal "crunch times." **Reservation cut-offs** for holiday and evening meals are firm. This is because we make seating charts to better serve our patrons. We really don't like to turn anyone away, so if you are unsure of the number in your party, please give us the most that are likely to attend at RSVP and call us to adjust later if you must. It's simply not fair to inconvenience patrons who have RSVP'd as requested.

### Saturday Grab & Go Groceries



convenience. You can get everything they usually have with the exception of salad bar and made-to – order items! Items are located in the Coke Cooler, the Hershey's Freezer, the Grab & Go Cooler, and on the shelf near the register.

Please document your purchases on the clipboard provided and your account will be charged at a later date. If items are not individually priced, please refer to the pamphlet if necessary. *Thank you!* 



### The Society of St. Vincent de Paul

### Laconia Conference

PO Box 6123 • 1269 Union Avenue Laconia, New Hampshire 03247 603-524-5470 • 603-524-5503 (Fax) 603-528-5683 (Pantry)

October 30, 2019

Taylor CARES Program Taylor Community 435 Union Ave. Laconia, NH 03256

Dear Members of Taylor CARES:

WHAT A SUCCESS. We here at St. Vincent de Paul know you have many charities from which to choose. We are proud to say we have supported families in need for more than 29 years thanks to contributions such as yours. Thank you for taking part in the Taylor CARES food drive.

Every single dollar received goes directly back into the community. Fall presents an added weight due to the significant increase in need due to the upcoming holidays. Your huge volume of food and individual donations totaling \$1219 will be integral to our being able to fulfill our mission.

Thank you so much for your support and know you are in our thoughts and prayers.

Sincerely,

Verna Jo Carignan

President

The Society of St Vincent De Paul is a 501(c)(3) nonprofit organization. Your contribution is tax-deductible to the extent allowed by law. No goods or services were provided in exchange for your contribution. Please retain this with your permanent tax records; this is your tax receipt.



### **Recurring Campus Events**

### Sundays:

**Sunday Brunch** 

Sundays, 11am—2pm, Woodside Please RSVP @ 366-1481 by 8am.

**Sunday Movie Matinee** Sundays @ 2pm, Woodside Theater

**Church Services** 

Sundays @ 2:30pm, Ledgeview

IRA Sunday Social & Monthly Birthday Celebration Last Sunday of the Month @ 4:30pm, Woodside

#### Mondays:

Stitch Witchery Quilters — Mondays, 8am, Woodside

Cozy Caps Knitters — Mondays @ 10am, Woodside

Taylor Home Bingo — Mondays @ 10am, Taylor Home

**Taylor Playreaders** 1st and 3rd Mondays @ 1pm, Woodside

### Tuesdays:

**Resident Cracker Barrel Coffee Hour** 

Tuesdays @ 10am, Fireside Room at Woodside

Worship Services — Tuesdays @ 10:30am, Ledgeview

**Laconia Public Library Runs** 

Every Other Tuesday @ 10:30am (Call 366-1234)

**Prayer Shawl Ministry Meeting at Taylor** 1st & 3rd Tuesdays of the Month @ 1pm **Woodside Dry Craft Room** 



**Shopping Bus to Belknap Mall** Tuesdays @ 1pm (Call 366-1234)

**Non-Fasting Blood Draws** 

Tuesdays @ 1pm **Woodside Wellness Office** 

(Fasting Blood Draws by appointment only: please call Care Management Nurse Heather Bell at 366-1340)

**Blood Pressure Clinic** 

Tuesdays, 2—3pm, Woodside Wellness Office

Wednesdays:

Men's Breakfast

1st Wednesday of the Month @ 7:45am, Woodside RSVP @ 524-7131 by Monday at Noon

**Cribbage Games** 

Wednesdays @ 10am, Woodside Card Room

**Memoirs Group** 

Wednesdays @ 10am, Woodside Library

(Wednesday is continued above right)

### Recurring Campus Events

### Wednesdays (Cont.):

**Care Management Nurse Office Hours** Wednesdays, 2-3pm

Woodside Wellness Office

Wine Socials — Wednesdays @ 3pm **Taylor Home and Ledgeview 3rd Floor** 

Woodside/Ledges Food Forum

2nd Wednesday of the Month @ 2pm, Woodside

### Thursdays:

#### Woodcarvers

Thursdays @ 9am, Woodside Wet Craft Room



**Shopping Bus to Hannaford's/Walmart** Thursdays @ 9am (Call 366-1234)

**Laconia Public Library Book Discussion Group** 1st Thursday of the Month @ 10am **Woodside Library** 

**Bridge Games** — Thursday @ 1pm, Woodside

**Taylor Community Chorus Rehearsals** 1st and 3rd Thursdays at 2pm **Taylor Home Atrium** 

### Fridays:

Le Cercle Français de Laconia Fridays @ 10am, Fireside Dining Room

Taylor Home Bingo — Fridays @ 10am, Taylor Home

**Oasis Pub Night** 

First Friday of the Month, 4:30pm, Woodside

### Saturdays:

Saturday Hot Breakfast

Saturdays, 7—9am, Lake Room at Ledgeview RSVPs recommended at 366-1202

Saturday Entertainment at Ledgeview Saturdays @ 2:30pm, Second Floor

**Community Social & Dinner** 4th Saturday of the Month @ 5pm, Woodside

RSVP at rsvps1@taylorcommunity.org or at 366-1449

**Saturday Night at the Movies** Saturdays @ 7pm, Woodside Theater



church.

**Dial-A-Ride** operates Monday — Friday from 8am to 4pm, with extended hours on Tuesday and Thursday evenings (until 7pm) and also on Sunday mornings with transportation to

Please plan ahead to assure your ride, and RSVP Monday to Friday from 8am to Noon at 366-1234.



### Woodside Theater Saturday Night Movies 7:00PM Sunday Matinees 2:00PM

### **Trip Reminders**

RSVP is required; please call Brenda at 366-1226.

Meredith Sculpture Walk Tues., Nov. 12 @ 8:45am

Andres Institute of Art Sculpture Walk Thurs., Nov. 14 @ 8:15am

Freeport Village Station Fri., Nov. 22 @ 8:15am

Winnipesaukee Playhouse: It's a Wonderful Life Fri., Nov. 22 @ 6pm

Capital Center Bank of NH Stage: Ahknaten Sat., Nov. 23 @ 11:15am

### **Meeting Reminders**

Wellness Committee
Tues., Nov. 19 @ 1pm, Woodside
Pool Committee
Tues., Nov. 19 @ 2pm, Woodside

### The World's First Cog Railway Its Visible Role in NH and the World Beyond

My personal experiences on the Mt. Washington Cog have had an important influence on my life, but more importantly this presentation will remind us of the central role of steam power in the 19th and early 20th Century Industrial Age. It will remind us of the powerful influence of evolving technologies on our lives in New Hampshire and beyond. The Mt. Washington Cog's very challenging and very beautiful setting in the White Mountains can help us consider how we have interacted with our wild and beautiful places in New Hampshire and how we can best do that in years to come. *Vincent Lunetta* 

**Dial-A-Ride** will be closed Sunday, Nov. 10 and Sunday, Nov. 17 (no Church Runs). We apologize for any inconvenience.





### Taylor Home Holiday Open House Sunday, December 1, 2—4pm

**Save the date!** Please join our family at Taylor Home for a Holiday Open House. We would love to share our holiday decorations and a bit of Holiday Cheer in our Community Room. All family members and Taylor Community Neighbors are invited!

### In Memoriam

Edward Warfield May 12, 1934 – October 26, 2019 Taylor Resident Since 2002



### Lectures, Programs & Special Events

Check out Recurring Campus Events on Page 10!

2019 Music Series: *Tenor Sax Summit* Sun., Nov. 10 @ 3pm

Veterans Recognition Dinner Mon., Nov. 11 @ 5pm, Woodside

Lecture Program: Weirs Historic Signs Peddlar Bridges

Tues., Nov. 12 @ 6:30pm, Woodside

Lecture Program: Islands of Winnipesaukee and Squam Lakes, *Ron Guilmette*Wed., Nov. 13 @ 6:30pm, Woodside

November Opera: *Tosca by Puccini* Thurs., Nov. 14 @ 6:30pm, Woodside Theater

Friday Night Movie: *GI Blues with Elvis Presley* Fri., Nov. 15 @ 7pm, Woodside Theater

Device Navigation 101 with Greg Phillips Sat., Nov. 16 @ 10:30am, Woodside Bistro

Resident Lecture Series:

The World's First Cog Railway, Vincent Lunetta

Mon., Nov. 18 @ 6:30pm, Woodside

November Ballet: *Mata Hari* Tues., Nov. 19 @ 6:30pm, Woodside Theater

November Documentary: Love Me Do Wed., Nov. 20 @ 2pm, Woodside Theater

Musical Performance: John and Joanna Byerly Wed., Nov. 20 @ 6:30pm, Woodside Theater

November Western: Paint Your Wagon Thurs., Nov. 21 @ 3pm, Woodside Theater

Friday Night Movie: *My Man Godfrey* Fri., Nov. 22 @ 7pm, Woodside Theater

Community Social & Buffet Sat., Nov. 23 @ 5pm, Woodside

### Happy Thanksgiving

### Our best wishes to you for a wonderful holiday!

The following will be closed on Thursday, November 28: Taylor Home Administrative Offices, Business Office, Facilities and Dial-A-Ride, Sales & Marketing, Care Management.

Administration, Facilities and Dial-A-Ride will also be closed on Friday, November 29.

No Fitness classes will be held on Thanksgiving Day.

Please call 366-1399 for Maintenance Emergencies only.





### **Community Bistro**

Monday to Friday 11:30am—2pm

Hot Lunch Specials, Salad Bar, Deli Bar, Grab & Go

Tuesday and Thursday Dinner 5—7pm Reservation Seating begins at 5pm, Last Seating is at 6pm. Please RSVP for Dinner by 2pm at 366-1481 Be sure to ask about Chef's Featured Entrees!

Saturday Hot Breakfast 7—9am in the Lake Room at Ledgeview \$8 — RSVP suggested due to limited seating, 366-1202

Sunday Brunch 11:00am - 2:00pm Please RSVP for Brunch by 8am at 366-1481

Jason Seavey, Chef de Cuisine, 366-1481 woodside@glendaleseniordining.com

### **Daily Lunch Specials**

Monday 11/11: BISTRO CLOSED today, Veterans Day Recognition Dinner at 5pm (RSVP required)

Tuesday 11/12: Dim Sum Style Chinese Food: Your choice of 5 pieces assorted bite-size offerings with fried rice or lo mein noodles \$8.95

Wednesday 11/13: Carved-to-Order Beef Eye Round Roast dipped in house-made au jus and on a crusty baguette, Chef's choice sides \$8.95

Thursday 11/14: Classic Chicken Parmesan with Chef's choice pasta, vegetable and warm bread \$7.95

Friday 11/15: New England Seafood Boil with Old Bay seasoning, red bliss potatoes, onions and corn Market Availability / Market \$

Monday 11/18: Build-Your-Own Omelet Station (made to order), hash brown potatoes, fresh fruit \$7.95

Tuesday 11/19: Taco Day! Chef's choice regional sides **\$7.95** 

Wednesday 11/20: Smoked Salmon Wellington, filled with asparagus and spinach and served with hollandaise sauce. Chef's choice sides \$9.95

Thursday 11/21: Benjamin's Buttermilk Chicken Tenders, Chef's choice traditional sides \$7.95

Friday 11/22: Baked Stuffed Lobster Tails with Rice Pilaf and Chef's choice seasonal vegetable \$15.95

Tuesday/Thursday Dinners (All entrees include a starter) Always-Available Tuesday/Thursday Dinner Selections: Simply Delicious Seared Salmon Filet \$17 Carved Sirloin Steak Entrée \$16

Grocery Grab & Go Saturday Hours: 11am—2pm

Please refer to Page 8 for additional information from the Community Bistro!

### Community Social & Buffet Saturday, November 23 at 5pm

Appetizers: Sweet & Sour Pork & Apple Kabobs; Petite Assorted Quiche; fresh fruit with yogurt dip.

Plated Salad: Butternut Squash Salad with Orzo

and Arugula



### Entrées:

Baked Stuffed Clams with Scallops and Panko Carvery: Veal Pot Roast

**Vegetarian: Lasagna Cacio e Pepe** (white sauce)

Sides: Roasted Russet Potatoes, Wild Rice Pilaf, Cheesy Broccoli & Cauliflower; Maple Soy Glazed Baby Carrots

**Desserts:** Lou's Seasonal Cake and Features du Jour; Sugar-Free

and Gluten-Free Option Available

\$22.95 per person

Please RSVP by November 20 at 366-1449 or via email at rsvps1@taylorcommunity.org

### Dinner Specials - Tuesday, November 12

Poached Lobster Tail with Baked Stuffed Russet Potato and Charred Scarlet Beets \$Market

> Slow Roasted Rack of Lamb with Rice Pilaf and Baby Carrots \$20

Seasonal Handmade Vegetarian Pasta Feature \$15\* \*All-inclusive upgrade: Add dessert, \$2 additional charge

Starter: Petite Holiday Meat Pie

#### Dinner Specials – Thursday, November 14

Beef Bolognese (classic meat and tomato sauce with ground beef, lamb and veal) served over Pasta du Jour with Wax Beans \$18 Malt Vinegar Brined Chicken Leg with Succotash, Seasonal Root Vegetables and Mustard Pan Jus \$17

Seasonal Handmade Vegetarian Pasta Feature \$15\* \*All-inclusive upgrade: Add dessert, \$2 additional charge

Starter: Fried Green Beans

### **Dinner Specials - Tuesday, November 19**

Trio of Steak Tips, Skillet Fried Potatoes, Roasted Carrots, Wild Mushrooms, Cortland Apples, House Made Steak Sauce \$19 Cornish Game Hens with Garlic and Rosemary. Scalloped Potatoes and Baked Fennel with Parmesan \$17

Seasonal Handmade Vegetarian Pasta Feature \$15\*

\*All-inclusive upgrade: Add dessert, \$2 additional charge

Starter: Hand-Cut Onion Rings with Home Made Dipping Sauce

### Dinner Specials - Thursday, November 21

Pork Loin Roulade filled with Classic Stuffing and Wrapped in Bacon, served with Mashed Potatoes and Gravy \$17 Grilled Market Available Game with Juniper Pickled Onions, Cheesy Broccoli and Campfire Beans \$Market

Seasonal Handmade Vegetarian Pasta Feature \$15\* \*All-inclusive upgrade: Add dessert, \$2 additional charge

Starter: Shrimp Cocktail