

Dear Taylor Community,

Last Friday at his weekly press conference, Governor Sununu said that New Hampshire is prepared for an expected and very aggressive spike in COVID-19 cases in the coming weeks. He announced 323 new cases the day before, and predicted that in two weeks he expects the State of New Hampshire will see 1,000 positive cases per day. While we do not have a confirmed COVID-19 case at Taylor Community, we recognize that we are simply very lucky, as the numbers are rising in the Lakes Region at an alarming level. It is for this reason that we have announced the return of some proactive safety measures for our Independent Residents. Effective Monday, November 16 all group activities have been canceled on This includes fitness classes, dining at the campus. Woodside Bistro, movies in the theater, and programming in the Woodside Conference Rooms and game rooms. Independent Residents remain welcome to come and go from campus as you please, though we are issuing a stay-at-home advisory, reminding you that home remains the safest place to be. You are also asked to stop at the gate for a symptoms check upon your return to campus. Residents are also free to welcome visitors to your cottages and apartments, but we ask that you limit their visits between the hours of 8am – 4pm (these visiting hours do not apply to essential caregivers, however, please provide Hank Offinger with the name of your caregiver so that we can provide their contact information to the people at the front gate). The Woodside Bistro doors and dining room are closed, but the kitchen remains in full operation, seven days per week, with free delivery service to your doorstep. Transportation services remain open, as are the Woodside Library, Gym, Pool, and Locker Rooms. We are also announcing the return of free grocery shopping for those who wish to utilize this service. Please note that we do not anticipate a return to a campus lock down situation like the Spring, but it is reasonable to assume that the roll back of activities and programming will likely remain in effect through the holidays. As this remains a fluid situation, and we want to keep you well-informed in real time, the Taylor Messenger along with Brenda's Resident Life programming LINK LETTER e-mail will once again return to a Monday—Friday schedule. Please know that Team Taylor is well-prepared to meet any challenges that may come our way-including if COVID-19 were to arrive on our campus. Our team is as skilled, capable and as compassionate as they come. We consider our residents members of our extended family, and as such we will do whatever it takes to keep you well-informed and well cared for as we navigate this uncertain time together. As always, please feel free to contact me with any questions, concerns or suggestions. We are here for you. Be safe, wear a mask, and please keep washing your hands,

~ *Michael Flaherty* President and CEO 366-1219, <u>mflaherty@taylorcommunity</u>



Happy Thanksgiving

This year will be different, given that most of us won't be gathering with our loved ones to celebrate. Please be sure to let your people know that you love them and are grateful for them.



However you choose to celebrate, you have our best wishes for a wonderful holiday.

The following offices will be closed on Thursday, November 26: Taylor Home Administrative Offices, Business Office, Facilities and Dial-A-Ride, Sales & Marketing, and Care Management.

The Administrative and Business Offices, Facilities and Dial-A-Ride will also be closed Friday, November 27.

Please call 366-1399 for Maintenance Emergencies only.



Tree Lighting at the Woodside Pavilion Wednesday, December 2 4pm

See Page 10 for details.



Understanding the Continuum of Care at Taylor Community A Discussion Monday, November 23 at 2pm

Please join Hank Offinger, Director of Care Management, for a presentation of the various levels of care within Taylor Community. As part of that discussion, we will address how Residents can transition through the continuum of care to access the supports that promote their safety and comfort.

This is a pre-recorded event — To submit questions ahead of time, please contact Gretchen Gandini at 366-1482 or ggandini@taylorcommunity.org.

The presentation will be posted to touchtown (Channel 98) and to the Resident Section of the Taylor Community website within 24 hours of production.



More Amazing Drone Photos

We really appreciate that Resident Forrest Seavey keeps them coming. Taylor Sunset on November 8.



Care Management Returns to Fee-Free Shopping Service

With the stay-at-home advisory issued for independent residents, Care Management has brought back free shopping service for

you. His group will shop at the grocery store, pick up your medications at the pharmacy and items from the liquor store. Residents should refer to the insert included with this gazette for full instructions.



Welcome New Staff

Abe Abear, Belmont, joins us as Maintenance Tech. Prior work experience includes being a paid on-call firefighter for close to ten years.

In his spare time, Abe enjoys hunting and working on his boat, cars, and bikes.

Welcome to Taylor Community!

Resident Surveys Results of the 2020 Resident Surveys are available online on the Taylor website's Resident's Login, under Town Hall Meetings.





New Residents:

David & Mary Rivers 11/9 Ledges Winona Witham Blake 11/16 Taylor Home

Janet Cooke 11/17 Ledges

We're Happy You're Here!



In Memoriam

Frederick Smith June 28, 1929 — November 10, 2020 Taylor Resident Since 2018 Harriet Terkelsen September 17, 1940 — November 10, 2020 Taylor Resident Since 2014



Time to Spiff Things Up? Call the Woodside Salon at 366-1468

The Woodside Salon remains open for business.

Please Plan Ahead for Transportation During the Holiday Season

Thanksgiving • Thursday, November 26

Dial-A-Ride will be closed Thanksgiving Day. Buses will run Wednesday, November 25 and Friday, November 27, but the office will be closed and no ride requests taken.

Christmas • Friday, December 25

Dial-A-Ride will be closed Christmas Day. Buses will run Wednesday, December 23 and Thursday, December 24, but the office will be closed and no ride requests taken.

New Year's Day • Friday, January 1

Dial-A-Ride will be closed New Year's Day. Buses will run Thursday, December 31, but the office will be closed and no ride requests taken.

Please be sure to plan ahead for your transportation needs.





Team Taylor Gives Thanks

Taylor Community resident Patricia Woodward was recently recognized for her dedication to the Woodside gardens by Taylor's CEO Michael Flaherty and the Grounds Team.

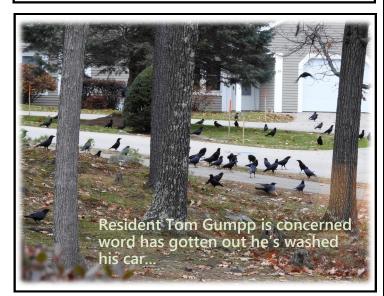
Pat and her late husband Joe moved to Taylor in 2006, taking an active role in the planning and care of the rock gardens next to Woodside.

The recognition reads:

To Pat Woodward with Heartfelt Thanks

For Your Many Years of Dedication to the Beauty of the Woodside Gardens 2006 — Today





TRA Executive Committee Members

Volume 265 of The Gazette incorrectly listed the Vice-Chair of the Taylor Resident Association. Chris Faller is the current Vice-Chair. Sorry about that!

> John Ford, Chair candjford1@verizon.net, 556-9176 Chris Faller, Vice-Chair ironbar@metrocast.net, 527-8897

Charlotte Leavitt, Secretary <u>charlvt14@gmail.com</u>, 556-9967

Sharon Guild, Treasurer sharonguild06@gmail.com, 524-0198



Front Page Follow-Up...

Second Lieutenant Thomas E. Dellinger March 6, 1918 – March 4, 1945 Father of Community Resident Susan (Dellinger Maypenny) Davies

> Bio by Russ Pickett, <u>findagrave.com</u>

Thomas served as a Second Lieutenant, 11th Combat Cargo Squadron, 3rd Combat Cargo Group, U.S. Army Air Force during World War II.

He resided in Lucas County, Ohio prior to the war.

Thomas was a passenger on C-47 #41-18554 which was also assigned to the 11th Combat Cargo Squadron, 3rd Combat Cargo Group.

C-47 #41-18554 took off, with a crew of 2 and 25 passengers that included 15 female nurses, from Dinjan, India on a flight to Ledo, India. When approaching Ledo for a landing the C-47 made a low turn, due to fog, and crashed and burned near the India-Burma border. All 27 on the flight perished in this accident.

Thomas was "Killed" in the "Line Of Duty" in this accident during the war.

He was originally interred in Kalaikunda, India and was later repatriated here on January 10, 1949.

Service # O-715731

This crash was the single highest fatality of American female nurses during World War II.

The remains of two of those on this flight, 2nd Lt. Erard and 2nd Lt. Launier, were never recovered from the wreckage due to the intensity of fire.

Reference: MACR #1013

Susan shared these additional details:

It happened just before he was due to come home after flying eight months as pilot over "the hump."

I have not been to the military cemetery in Honolulu, but our daughter was there on her honeymoon in 1991 and took photos for Janet and me. It's amazing now how the internet can bring so much information into our lives from long ago and far away!

The lovely part of the story that's missing is that Tom's last letter home talks about the birth of my baby sister just days before. Then in 1947, my mother married my Dad (a Navy vet), their best man; all three had been great friends at Ohio Wesleyan. So my sister and I ended up with three sets of grandparents who all knew and loved us and each other! We are honored and truly blessed.

Thank You, Veterans, for your patriotism, love of country, and willingness to serve and sacrifice for the common good.

We salute you.

Tage 4



Jack Armstrong US Air Force



Howard Bacon US Army



Robert L. Barker US Air Force



Rob Berry US Navy US Marine Corps



Henry Bird US Air Force



Dave Bogar US Air Force



Leopold Bourgault US Navy



William Carter US Navy



Donald Chapman US Air Force



Russ Cooper US Army



Charlie Coulter US Navy US Marine Corps



Tom Cullen US Army



Eliot Davis US Army HR Director



Jean Davis Civil Air Patrol



Paul Davis US Navy



Jim Doherty US Air Force



Rock Drouin US Army



Frank Dudman US Navy



Jim Eggers US Air Force



Ted Faller US Navy



Lester H. Fogg US Army



Jack Foley US Marine Corps



Don Foudriat US Navy



Bob Gouette US Air Force

Thank You, Veterans, for your patriotism, love of country, and willingness to serve and sacrifice for the common good.

Tage 5



Tom Gumpp US Army



Dave Hart US Army



Vince Lunetta **US Army**



Frank Judge **US Marine Corps**



Bill Martin US Army



Cathy Landroche **US** Air Force Marketing / PR



US Army



10th Mtn. Div.



Peter Millham Caesar Meledandri **US Army** National Guard



Albert LeComte US Army



Walter Misavage **US Marine Corps**



Rich Legassie

US Air Force

Fred Neinas US Air Force



Carl Nelson US Air Force



Bob Nolan US Army



Rita O'Connor Women Airforce Service Pilot



Richard Ogden US Navy



Joe Picard **US Army**



Chuck Sanborn US Army



Richard Sanderson US Air Force



Linda Shanley US Navy RN, Health Svcs.



Fred Smith US Navy



Millard Smith US Navy



Pete St. Pierre US Army





Stew Stringfellow US Navy



Bill Webster US Army



Bill Wiebe US Navy



William Sullivan Dennis Swett US Navy US Army



Ernest Wiswell US Navy



Bob Thistle US Air Force



Richard Wolfe US Air Force



Bryan Walker US Navy



Win Wood US Army



Ed Warfield US Air Force



Joe Woodward US Army



Veterans Not Pictured:

Richard Carrier — US Navy Alan Cash — US Army Curtis Endee — US Air Force John Glenn — US Air Force David Greenhoe — US Navy Richard Groux — US Army Bob Harrington — US Naval Reserves David Kraft — US Marines Charlie Kuehn — US Army John Larson — US Army Herbert Lee — US Navy Bob Lindstrom — US Army Tommy McBreen — US Navy James O'Brien — US Air Force Donald Spring — US Army

THANK YOU ALL for your service.

Special thanks to our Veterans. Thanks to Resident Life Director Brenda Kean, for making our Veterans Day Event special. To Dining Services, for a wonderful meal. To Maintenance Supervisor Ryan Fogg, for his deep respect, for playing Taps at each building and taking the time to connect with residents. To the children of Pleasant Street School for their lovely artwork, so kind! We hope we haven't missed anyone... Thank You!



First Thanksgiving Of All

Peace and Mercy and Jonathan, And Patience (very small), Stood by the table giving thanks The first Thanksgiving of all. There was very little for them to eat, Nothing special and nothing sweet; Only bread and a little broth, And a bit of fruit (and no tablecloth): But Peace and Mercy and Jonathan And Patience, in a row, Stood up and asked a blessing on Thanksgiving long ago. Thankful they were their ship had come Safely across the sea; Thankful they were for hearth and home, And kin and company; They were glad of broth to go with their bread, Glad their apples were round and red, Glad of mayflowers they would bring Out of the woods again next spring. So Peace and Mercy and Jonathan, And Patience (very small), Stood up gratefully giving thanks The first Thanksgiving of all.

~ Nancy Byrd Turner

Thanksgiving Day

Over the river, and through the wood, To grandfather's house we go; The horse knows the way To carry the sleigh Through the white and drifted snow. Over the river, and through the wood— Oh, how the wind does blow! It stings the toes And bites the nose As over the ground we go.

Over the river, and through the wood, To have a first-rate play. Hear the bells ring "Ting-a-ling-ding", Hurrah for Thanksgiving Day!

Over the river, and through the wood Trot fast, my dapple-gray! Spring over the ground, Like a hunting-hound! For this is Thanksgiving Day.

Over the river, and through the wood, And straight through the barn-yard gate. We seem to go Extremely slow,— It is so hard to wait!

Over the river and through the wood— Now grandmother's cap I spy! Hurrah for the fun! Is the pudding done? Hurrah for the pumpkin-pie!

~ Lydia Maria Child

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12,	/2	George	Snaith	Ledges
12,	/2	Joni	Stover	Ledges
12,	/3	Barbara	Eggers	Ledges
12,	/5	Gini	Wakeman	Ledgeview
12,	/5	William	Mountford	Ledges
12,	/5	Morris	Harrison	Taylor Home
12,	/6	Carol	Baldwin	Taylor Home
12,	/7	Jack	Weeks, Jr.	Ledges
12,	/7	Lorraine	Warfield	Taylor Home
12,	/7	Thomas	Gumpp	Ledges
12,	/8	Sis	Wiley	Taylor Home
12,	/9	Don	Foudriat	Woodside
12/	10	Kathryn	Lacroix	Ledges
12/	11	Sharon	Guild	Ledges
12/	11	Walter	Flinn	Woodside
12/	13	Frank	Dudman	Ledgeview
12/	13	Anita	Wiswell	Ledges
12/	14	Michael	Matthews	Ledges
12/	15	Donald	McKinnon	Ledges
12/	17	Richard	Houle	Ledges
12/	19	Anne	Dustin	Ledges
12/	19	Mel	Greenberg	Ledges
12/	20	Walter	Misavage	Ledges
12/	20	Beryl	Charlton	Woodside
12/	22	Tom	Madden	Ledges
12/	22	Esther	Gouette	Ledges
12/	23	Sylvia	Quackenbush	Ledges
12/	23	Christine	Klostermann	Taylor Connection
12/	28	Fred	Bowden	Ledges
12/	28	Sharon	Tyler	Woodside
12/	28	Bill	Birch	Woodside
12/	28	Edna	Schroeder	Woodside
12/	28	Mary Anna	Blandford	Woodside
12/	30	Мо	Marsh	Back Bay
12/	31	Zeke	Ettelson	Taylor Connection

2021 Calendars are rolling in... Would you like one?

As usual, let me know if you need one and I will be happy to share! Call or email me at 366-1236 or mballester@taylorcommunity.org



~ Maureen



WOODSIDE BISTRO Phone # 366-1481



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FEATURED	ENTREES

Your Safety is Important to Us. Food Delivery. Please Ask About our Sundry	Mon. 11/23/2020Sweet & Sour Pork\$8.95Tender Pork with Pineapple, Tri Colored Peppers & Broccoli over Jasmine RiceTue. 11/24/2020Shredded Beef Enchiladas\$8.95		
Supplies.	Three Corn Tortilla filled with Shredded Beef & Black Beans topped with Enchilada Sauce. Served with Spanish Rice, Lettuce, Tomato, Olives, Scallion & Sour Cream Wed. 11/25/2020		
Diagon shock the Taylor Mersonger for Weskly	Brown Sugar Glazed Chicken \$8.95 Served with a Harvest Quinoa & California Vegetable Blend		
Please check the Taylor Messenger for Weekly Sandwich & Soup Specials	<u>Thurs. 11/26/2020</u> Happy Thanksgiving		
AII Sandwiches come with Housemade Chips & Pickle	Fri. 11/27/2020 BBQ Glazed Salmon \$9.95 Faro Island Salmon topped with St. Louis Style Sauce. Served with Whipped Potatoes, Collard Greens & Fresh Baked Roll		
GRILLED CHEESE SANDWICHES Classic \$2.	50 Chicken Ala King \$8.95		
Just like Mom's, Made with American Cheese & Grilled to Perfection	Served over Egg Noodles & with a Small Harvest Salad		
Fresco \$4. Roasted Red Peppers, Pesto, Mozzarella & Provolone Cheese	Cheese Omelet, Seasoned Homefries, Apple Maple - Chicken Sausage, Blueberry Pancake & Fresh Fruit Salad		
BCT \$4. Applewood Bacon, Vermont Cheddar & Backyard Farm Tomatoes	75 Mon. 11/30/2020 Mediterranean Bowl \$8.95 Brown Rice & Quinoa with Grape Tomatoes, Kalamata Olives, Diced Cucumbers, Red Onion, Hummus, Feta Cheese & Greek Vinaigrette. Topped with Citrus Grilled Chicken		
Virginia Ham & Cheese \$4." Shaved Thin & Trim Virginia Ham and Provolone Cheese	75 Tue. 12/1/2020 BBQ Pork Burros \$8.95		
PANINI SANDWICHES	Pork with a Zesty BBQ Salsa with Cheese. Served with Poblano Chili's, Avocado, Roasted Corn & Black Beans Wed. 12/2/2020		
Garden \$4. Grilled Zucchini, Squash, Bell Peppers, Mushrooms, Tomato, Pesto & Provolone Cheese	75 Yankee Pot Roast \$9.95 Classic Dish served with a dumpling Thurs. 12/3/2020		
Woodside \$5. Shaved Thin & Trim Turkey, Bacon, Backyard Farms	Stuffed Shells \$7.95 With Sweet Sausage, Caesar Salad & Garlic Bread Fri. 12/4/2020		
Tomatoes & Vermont Cheddar Chicken Parmesan \$5.	Haddock Marsala \$9.95 Shallots, Wild Mushrooms, Lemon and Marsala Wine, Nested over Sauteed Gnocchi Sat. 12/5/2020		
Breaded Chicken Cutlet, Marinara & Provolone Cheese Pastrami & Swiss \$6.	Chicken Cordon Bleu \$8.95 With Rice Pilaf & Chef's Vegetable Blend		
Old Neighborhood Pastrami, Kraut, Pub Mustard & Swiss Cheese	Brunch Plate \$8.95 Quiche Lorraine, French Toast, Fresh Fruit Salad & Cinnamon Roll		

Your Safety is Important to Us		Woodside Phone # 366	-1481	flendale.
SIGNATURE SALADS	Food Deliv	very	Full Size	HALF SIZE
Wedge		Change Drawing	\$4.95	\$3.50
Iceberg Wedge, Tomato, Applewood Bacon & C	reamy Blue	Cheese Dressing.		
Woodside House Salad Baby Green Leaf, Grape Tomatoes, Shav English Cucumbers, Grilled Chicken & Ba			\$5.95	\$4.50
Apple & Spinach Salad Baby Spinach, Thin & Trim Diced Turkey, L and Fat Free Raspberry Vinaigrette	ocal Apple	es, Strawberries	\$6.95	\$5.5 0
Asian Chicken Salad			\$6.95	\$5.50
Romaine, Red Cabbage, Matchstick Ca Grilled Chicken & Asian Vinaigrette	rrots, Corn,	, Edamame,		
Chef Salad			\$6.95	\$5.50
Romaine Lettuce, Grape Tomatoes, Englis Hard Boiled Eggs, Shredded Cheese, Dice				
WOODSIDE GRILL MENU		Woodside Ph		and the second s
BURGERS		STEAK SA		
Burgers are served on a toasted brioche roll		Steak Sandwich toaste	es are served c d sub roll	
Woodside Classic Bibb Lettuce, Maine Sliced Tomatoes & Shaved Red Onion	\$5.75	The Original Shaved Sirloin Steak American Cheese	topped with M	\$6.00 lelted
Shroom Burger Sautéed Mushrooms & Vermont Cheddar Chee	\$6.50 se	Western Shaved Sirloin Steak, Onions, BBQ Sauce		
Bacon Blue Great Hill Blue Cheese, Bacon, Bibb Lettuce, Sliced Maine Tomatoes & Shaved Red Onion	\$6.95	Deluxe Shaved Sirloin Steak, Peppers, Mushrooms		
SANDWICHES			SIDES	
Vegetable Burger Brown Rice & Vegetables on a Brioche Roll	\$4.75	French or Sweet	Fries	\$1.75
The Larson	¢4.75	Onion Rings		\$2.50
Two Eggs, Bacon & Cheese on Brioche Roll	\$4.75	Housemade Chi	ps	\$1.25
* Consuming raw or undercooked meats, poultry, seafood, or eggs, may increase your risk of foodborne illness, especi- have certain medical conditions.		* Before placing your orc person in your p	er, please inform y arty has a food all	



GLENDALE DINING IS COMMITTED TO PROVIDING THE BEST FOOD & SERVICE POSSIBLE TO OUR RESIDENTS & GUESTS. YOUR SAFETY IS IMPORTANT TO US

December Programming

Contact: Brenda Kean, 366-1226 or bkean@taylorcommunity.org

Cracker Barrel Coffee Hours Each Tuesday at 10am via teleconference



Please contact Brenda for the number and access code.

Tree-Lighting Event at the Woodside Pavilion Wednesday, December 2 at 4pm



Tage 10

Join us for this fun outdoor event. We will gather around our beautiful Pavilion as the tree is set aglow. Cocoa and cookies will be served. Attendees are asked to bring a wrapped gift (with a value of \$5 or less) to add to Santa's bag. In turn, Santa will be distributing these gifts to everyone in attendance.

Instructional Session with Gingerbread Amy Monday, December 7 at 2pm

Gingerbread Amy loves helping people learn the easy way to design and build gingerbread houses. Her presentation is called "The Tao of Gingerbread House Design and Construction" not "How to Make the Prettiest



Gingerbread House." It's all about finding the fun, sunny way and learning to enjoy the "mistakes." Join us as Gingerbread Amy provides instruction and shares her techniques so that you can feel confident in creating your own Gingerbread House Masterpiece. This event will be presented via ZOOM, details to follow.

Heather Pierson — A Charlie Brown Christmas Special Monday, December 7



Heather Pierson is an award-winning pianist, multi-genre singer/songwriter, arranger, bandleader and performer. Her

memorable performance will feature her virtuosity on piano, her bel-tone vocals and her commanding stage presence.

This Holiday classic resonates with both children and adults of every generation. The musical score for *A Charlie Brown Christmas*, composed

by the late Vince Guaraldi, is just as poignant and touching as the story and includes the hugely popular hit "Linus and Lucy." Don't miss this very special evening which will also include other jazzy holiday favorites! This will be a virtual program — details to follow.

Hank Offinger — Truman Capote's A Christmas Memory Thursday, December 10 at 2pm



"Buddy, it's fruitcake weather!" In Truman Capote's wistful holiday masterpiece about his childhood, that exclamation meant the Christmas season had officially begun. Every year Cousin Sook and young Truman, known affectionately as Buddy, would make fruitcakes together as their special holiday ritual. That tradition, and this story, is a perfect symbol of their love and admiration for each other. Join us as our talented in-house Thespian, Hank Offinger presents this beautiful story. This will be a virtual presentation details to follow.

Wil Ögmundson Holiday Special Monday, December 14

Please join us as this always popular performer shares music from his most recent album *Mystic Winter*.

Mystic Winter was recorded in 2020 during COVID at William's studio in New London, and then produced, enhanced and improved in Sweden by Rikard Mathisson. It is a classic, ambient Christmas album which can be enjoyed by everyone! This may be a virtual presentation — details to follow.



Dan Szczesny — *The Nepal Chronicles* Wednesday, December 16





When travel writer Dan Szczesny and his wife, Meenakshi, traveled to Nepal to marry in Kathmandu and trek to Everest base camp, they knew the journey would be difficult. What they didn't realize was how life-changing their time in the land of mountains would be.

From the chaos of Kathmandu's super-charged streets to the tranquil but challenging trails of the Himalayas, *The Nepal Chronicles* is a deeply felt exploration of the

culture and history of one of the world's most complex places, and is a meditation on the author's own personal journey into a new family and relationship unlike any he's ever experienced. This event will be presented via ZOOM, details to follow.

MIRA

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Program Update!



Prescott Farm Presentation November 30 at 6:30pm

ZOOM presentation https://zoom.us/ j/91038077529.

There is no passcode for the event; you will be admitted to a "waiting room" prior to the meeting.

Aimee Fogg — Henri-Chapelle American Cemetery Monday, December 21

A trip to Belgium to learn about her great-uncle's death in World War II gave Aimee a new appreciation for life... and a growing collection of adopted relatives. The men and women she now considers family share one thing in common: a loved



one buried at Henri-Chapelle American Cemetery in Hamburg.

By the end of the war, it was the largest temporary American cemetery in Europe. May of the 17,000 soldiers have been returned to the United States for burial, but nearly 8,000 remain.

Fogg, who lives in Gilford, has collected stories and photographs about the 40 New Hampshire men and the 24 from Vermont buried at Hrenri-Chapelle and has published them in a pair of books. She is now documenting the accounts of 54 soldiers from Maine. This event will be presented via ZOOM, details to follow.



Christmas Cookie Exchange Tuesday, December 22

Join us for this special holiday tradition. This year our group can't really "meet," but we can still share recipes and cookies! Participants will be asked to prepare their family-favorite Christmas Cookie and drop off pre-packaged cookie packs for Brenda to share with your Taylor Community Friends. Reservations (and Recipes) are required no later than December 14 so that

participants will know how many cookie packages to prepare. In addition to the cookie packages, we will be delivering a light brunch for those participating in the Cookie Exchange. Packages and brunch will be delivered beginning at 11am. Contact Brenda Kean for details at <u>bkean@taylorcommunity.org</u> or 366-1226.

New Writing Group, Led by Resident John Davies Begins Monday, November 23 at 10am

Before moving from Sandwich, John Davies greatly enjoyed participating in a weekly group of people who wrote a variety of items, ranging from their own life stories to the challenge of learning to operate their new washing machine, on to reflections on a recent walk in the woods and whatever else would strike them.

He would like to offer a similar Writing Group here at Taylor which will meet weekly via teleconference, with members taking turns presenting what they have written, followed by discussion and feedback.

Members are encouraged to write whatever they prefer:

- Stories from their earlier years to pass on to younger generations in their families.
- Events that occurred recently in their lives when they were out shopping, talking with family, or whatever.
- What their imagination discovers.
- Poems.
- Reflections on current events.

Dial in with your phone to this teleconference event; the number and access code are the same as for the Resident Cracker Barrel Coffee Hour. Please contact Brenda Kean if you need it!

Focused Book Group, Led by Resident Joan Mountford Begins April 23



Did you read J.R.R. Tolkien's *The Hobbit* and *The Lord of the Rings* for the first time years and years ago? Have you reread it time and again over the decades? Or have you wanted to see if the magic was still there but somehow have never gotten around to opening the books again? Or have you never read Tolkien, but you have wondered what there is about Middle Earth that engenders such loyalty in its visitors?

If any of the above apply to you, please consider joining other Tolkien aficionados — they called us "Tolkien freaks" in the 60's and early 70's, remember? — in, well, a fellowship in rereading Tolkien's master fantasy. We'll start on April 23, 2021 with *The Hobbit* and continue on the fourth Friday of each month, doing each of the six books in *The Lord of the Rings* in turn until the last ship sails from the Grey Havens in late October.

We'll meet each month in the Woodside Fireside Room for an hour or so, starting at 10am (1hr), each time masked and socially distanced unless otherwise informed by the Council of the Wise. Please let Brenda Kean know if you're interested in attending so we can plan seating and such. Tage 12

TAXA

Group Fitness Classes Suspended

Due to the rise in confirmed cases of COVID-19, all group fitness activities have been suspended. The Pool and Fitness rooms remain open for use by one resident/family at a time, with sign-ups required.

Virtual Fitness Classes

Several of the fitness classes are now available on Touchtown Television Channel 98. Chair Yoga and Tai Chi will alternate each morning at 8am; and Strength & Stretch and Functional Strength will alternate each morning at 9am. Strength & Stretch will play each afternoon at 1pm. You can also find these Taylor fitness videos on our YouTube page at:

https://www.youtube.com/channel/ UCk84K5PusF_a5Aq2lbO2-aA?view_as=subscriber

You do not need to subscribe to watch the videos. If you have any questions, please contact Heather at <u>hjoubert@taylorcommunity.org</u> or 366-1206.

Looking for a TED Talk?

Check out *How to Disagree Productively and Find Common Ground*, by Julia Dhar. Some days, it feels like the only thing we can agree on is that



we can't agree — on anything. Drawing on her background as a world debate champion, Julia Dhar offer three techniques to reshape the way we talk to each other so we can start disagreeing productively and finding common ground — over family dinners, during work meetings and in our national conversations.

<u>https://www.ted.com/talks/</u> julia dhar how to disagree productively and find common_ground

Preventing Falling on Snow and Ice

Fitness News and Events

Select proper footwear. No single shoe sole material is perfect under all conditions, however, footwear with rubber or neoprene composite soles provides



better traction on ice and snow than leather or plastic.

Walk consciously. Be alert to the possibility that you could quickly slip on an unseen patch of ice. Avoid the temptation to run to catch a bus or beat traffic when crossing a street. You can test your travel path by sliding your shoe or boot on it to see if it is slick.

Walk cautiously. Your arms help keep you balanced, so keep hands out of pockets and avoid carrying heavy loads that may cause you to become off balance.

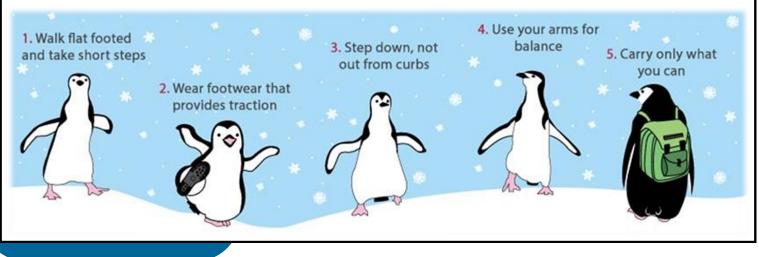
Walk "small." Avoid an erect, marching posture. Look to see ahead of where you step. When you step on icy areas, take short, shuffling steps, curl your toes under and walk as flatfooted as possible. Spread your feet our slightly like a penguin. Walking like a penguin on ice increases your center of gravity.

Many injuries occur when entering or exiting a vehicle. Be particularly careful and hold onto you vehicle to help support yourself.

Be sure you remove snow immediately, before it becomes packed down and turns to ice. Pay special attention to your porch stoops, steps, sidewalk and driveway by applying ice melt. This is the best way to prevent the formation of ice patches.

The most common injuries we see due to winter slips and falls are neck and back strain and broken wrist, elbow or hand. While falling, it is instinctive to try and catch yourself, which is why so many patients we see have landed on their hand incorrectly, causing the wrist, hand or elbow to break. If you experience an injury while falling, or develop pain that persists after falling, it is important to see a doctor to determine the type of injury and its severity.

Source: Orthopaedic Associates of Michigan





Back Bay News and Events

Tree-Lighting Event — Community House Tuesday, December 1 at 4pm

Join us for this fun outdoor event. We will gather around as the Campus tree is set aglow. Cocoa and cookies will be served. Attendees are asked to bring a wrapped gift (with a value of

\$5 or less) to add to Santa's bag. In turn, Santa will be distributing these gifts to everyone in attendance. RSVP is required to Brenda at <u>bkean@taylorcommunity.org</u> or 366-1226.

Resident Town Hall: Thursday, December 3 at 10am via teleconference

Join Taylor Leadership for this phone-in meeting. Please contact Paula Glaude at <u>pglaude@taylorcommunity.org</u> or 366-1240 for the phone number and access code.

Taylor Care

Fee-Free Shopping Service Resumes

Taylor's Care Management group is ready to assist with your shopping needs free of charge, including groceries, medications and liquor store purchases.



Please place your list in your newspaper tube

no later than 9am Tuesday mornings. Blank shopping forms can be found in the Community House or obtained via email.

Back Bay Nurse Visits



Care Management RN Heather Bell is available for nursing consultations and blood pressure checks at the Community House on the last Wednesday of each month from 2—4pm. There is no charge for these services.

366-1340 or hbell@taylorcommunity.org

Virtual Programming • Channel 98 at 6:30pm touchtown



Wed., Dec. 2 – Nat. Geo. Documentary — *Nova: Secrets Beneath the lce* – 2020 HD — <u>https://www.youtube.com/watch?</u> <u>v=sDD54JVCSE8</u> 0:57

Thurs., Dec. 3 – *Rent* – <u>https://www.youtube.com/watch?</u> <u>v=Lo8CmwlKiDw&list=PLEHuU-</u> R7wf6oSovpstrjXmgEAOg8KuRJ&index=3 2:31

Tues., Dec. 8 – Disney's *Little Mermaid* – <u>https://</u> www.youtube.com/watch?v=xECIRjlxM3U</u> 2:05

Wed., Dec. 9 – A Christmas Carol – <u>https://www.youtube.com/</u> results?search query=oHi7k Iba-w 1:39

Thurs., Dec. 10 – *The Legends of Santa* – <u>https://</u><u>www.youtube.com/watch?v=crocEiyluyk</u>

Tues., Dec. 15 – Hallmark Christmas Movie: *Christmas on the Range* – <u>https://www.youtube.com/watch?v=IotHtEoRxKI</u>

Wed., Dec. 16 – *Falling for Christmas* – <u>https://</u> www.youtube.com/watch?v=AYOVMctAtgE 1:27

Thurs., Dec. 17 – Big Band Holiday Music – <u>https://</u> www.youtube.com/watch?v=Z6nKzMHBV8Y

Tues., Dec. 22 – Michael Bublé: *Home for Christmas* – <u>https://</u> www.youtube.com/watch?v=TGTTvvIWbgU

Wed., Dec. 23 – Christmas in Vienna – <u>https://</u> www.youtube.com/watch?v=L-A4Maw6Jn0

Thurs., Dec. 24 – 'Twas the Night Before Christmas – <u>https://</u> www.youtube.com/watch?v=74qhil1RxKg 0:06

Thurs., Dec. 24 – Christmas Through the Decades – <u>https://</u> www.youtube.com/watch?v=5jZFjNtzGS8 <u>7pm</u>!

Fri., Dec. 25 – 4 Hours of Christmas Music – <u>https://</u> www.youtube.com/watch?v=4zsCeYOSvK0





When the Light's Just Right

This photo was originally set to appear in the last issue, but the necessity to print in black and white due to a copier issue caused it to be pulled.

It was shared by resident Diane Beaman, and looks almost afire in the early morning sun, doesn't it?



Sharing in Marriage ~shared by resident June Miller

The old man placed an order for one hamburger, French fries and a drink.

He unwrapped the plain hamburger and carefully cut it in half, placing one half in front of his wife.

He then carefully counted out the French fries, dividing them into two piles and neatly placed one pile in front of his wife.

He took a sip of the drink, his wife took a sip and then set the cup down between them. As he began to eat his few bites of hamburger, the people around them were looking over and whispering.

Obviously they were thinking, "That poor old couple — all they can afford is one meal for the two of them."

As the man began to eat his fries a young man came to the table and politely offered to buy another meal for the old couple. The old man said they were just fine — they were used to sharing everything.

People closer to the table noticed the little old lady hadn't eaten a bite. She sat there watching her husband eat and occasionally taking turns sipping the drink.

Again, the young man came over and begged them to let him buy another meal for them. This time the old woman said "No, thank you, we are used to sharing everything."

Finally, as the little old man finished and was wiping his face neatly with the napkin, the young man again came over to the little old lady who had yet to eat a single bite of food and asked "What is it you are waiting for?"

She answered —

"THE TEETH."



Taylor Home and Ledgeview Visiting Update

COVID-19 is on the rise in the state of New Hampshire. We are closely monitoring the situation and have taken action to ensure we are still vicite

able to offer window visits.

Enclosures have been constructed outside of Taylor Home and Ledgeview that will allow us to offer window visits throughout the winter months in a heated, comfortable space, regardless of the status of COVID-19.

With the addition of the heated enclosures, we have made the decision to postpone in-person visits. This was not an easy decision to make, but we feel that it is the safest decision for all for the time being.

Fear is a reaction. Courage is a decision.

~Winston Churchill

A "Useful Tool" from Resident Bryan Walker

Today I sat.

Today I breathed.

Today I listened.

Today I thought.

Today I sat in the sun.

I sat on a mica flecked rock in the pale autumn sun.

I felt the warm rays touch my face and the hard stone beneath me.

Today I breathed in cool, fresh air.

I breathed and I felt my chest rise and release.

Today I listened to the woods.

I heard the rustle of dry leaves, the flutter of wings and the scold of a squirrel.

I allowed my thoughts to wander to the challenge of the here and the now, the uncertainty of the future, the sweet and the bitter of the past.

I sat.

I breathed.

l listened.

And I smiled.





find them at the dollar store).

Set them out at dusk on Decem-

ber 21, about two feet apart, making a trail up one side of

vour driveway.

Now have a walk or drive around campus!

Did You Order Treats from the Bistro's Thanksgiving Bake Sale?

Order deadline was Friday, November 20, but if you missed it, please call the Bistro at 366-1481 and they will accommodate you if they possibly can!



Introducing the new dinner menu at Woodside.

Woodside Bistro Dinner Menu Fresh Bread, One Starter, Two Sides, Dessert & Coffee

Starter

Please Ask Your Server About Tonight's Featured Soup

Woodside Bistro Signature Salad

Baby Greens, Candied Walnuts, Dried Cranberries, Crispy Fried Onions, Gorgonzola Cheese & Maple Sherry Vinaigrette

Entrees

Cauliflower Steak 💅

Oven Roasted Cauliflower with Olive Oil, Fresh Herbs, Manchego & Parmesan Cheese Basil Pesto or Plum Tomato Sauce

\$16.95

Pain de Viande

Seasoned Ground Veal, Pork & Beef Slow Baked to Perfection & Topped With a Wild Mushroom Demi Sauce

\$16.95

Chicken Piccata

Pan Seared All-Natural Chicken Breast

In a White Wine Lemon Caper Sauce

\$17.95

Faroe Island Salmon

North Atlantic Faroe Island Salmon Baked with a Panko Pecan Crust & Honey Mustard Or Broiled with Lemon Butter & Herbs

\$23.95

Sides

Please Ask Your Server About Tonight's Featured Potato, Grain & Seasonal Vegetable Offering

Please Ask To See Our Dessert & Tonight's Featured Special Menu

🚮 – Vegetarian Option

* Please Inform Your Server If A Person In Your Party Has A Food Allergy Before Ordering undercooked MEATS, POLETRY, SEAFOOD, SHELLFISH or EGGS May increase your risk of foodborne illness, especially if you have certain medical conditions

For your safety we offer delivery for dinner every Tuesday & Thursday







Glendale Dining is Committed To Providing The Best Food & Service Possible to Our Residents & Guests. Your Safety Is Important To Us

Taylor Community Grocery Shopping Service during the Coronavirus Pandemic

Given Taylor Community's stay-at-home advisory to Independent Living Residents for the foreseeable future, Care Management is expanding our shopping service to Residents.

In order to efficiently provide this service, as of **Monday, November 16**, we are organizing shopping according to a daily schedule. We will now be shopping Monday through Friday, and will focus on specific neighborhoods on each specific day.

What follows is the schedule we have set up to meet our Residents' shopping needs. We will shop for Residents living in these neighborhoods on their designated day:

Monday

Amadeus Drive Bois Circle Boulder Lane Cinnamon Lane Ledges Drive Nutmeg Circle Volpe Way

Tuesday

Back Bay

Wednesday

Ledgeview Building Kinsman Drive Ledgecroft Place Greystone Place 80 Cottonwood Avenue

Thursday

Taylor Home Taylor Home Drive

Friday

Woodside Apartments

PLEASE NOTE:

Due to the Thanksgiving holiday and Care Management staff unavailable for shopping on Thursday and Friday next week, we will be shopping for Residents living on Taylor Home Drive, in Taylor Home and Woodside as follows:

> Tuesday, November 24 Taylor Home and Taylor Home Drive

> > Wednesday, November 25 Woodside

We will resume our normal shopping schedule the following week. Please call Hank Offinger (366-1207) with any questions.

Residents requiring groceries should **complete the shopping list by the evening before the designated shopping day.** Residents in cottages should place their list in their newspaper tube by their mailbox. Woodside Residents should place their list in the envelope pinned to the bulletin board in the mailroom. Residents in Ledgeview and Taylor Home should turn their lists in to Health Services staff in their respective buildings. As a result, **you no longer need to contact us that you have a list ready.** We will be going through each neighborhood to collect lists on the morning of the designated day.

Notes about the shopping lists

- There is a limit of 15 items per list. For example, 5 containers of various flavors of Chobani yogurt constitute 1 item.
- Please organize your list by grouping similar items together: list all produce together, all dairy products together, all frozen items together, etc.
- Please provide an alternative to your choices, as grocery shelves are limited. If we cannot find exactly what you have requested, we will not make the purchase.
- We will be going to the **New Hampshire State Liquor Store on Tuesdays**. You may put your request for liquor purchases on your grocery shopping list, and we will deliver your purchase on the following Tuesday.
- You may make requests for over-the-counter pharmacy items on your shopping lists. **Do not write prescription pick up requests on your shopping list.** (see below for prescription pick-ups).
- We will be charging the cost of your groceries to your next monthly Taylor statement.

Prescription pick-ups

We will be picking up prescriptions from your pharmacies Monday through Friday. If you have a prescription ready for pick up, please contact Hank Offinger (366-1207) or Heather Bell (366-1340). Please let us know your date of birth and whether you have pre-paid the pharmacy for your prescription. Be aware that, due to volume and scheduling, we may deliver your prescription up to 48 hours after you have contacted us.