



The Taylor Gazette

Community

January 2025 / Vol. 323

Calling All Pickleballers

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Resident Town Hall Meetings JANUARY 2025

Laconia Resident Town Hall

Monday, January 6th
11:00 a.m.

Tree Rooms, Woodside Building

Meredith Resident Town Hall

Thursday, January 9th
11:00 a.m.

Bistro, Meredith Bay

Wolfeboro Resident Town Hall

Wednesday, January 8th
10:00 a.m.

Maple Room, Sugar House

As always, please feel free to submit any questions in advance to townhall@taylorcommunity.org or call Sharon Ryba at (603) 366-1400 to submit a question via phone. Additionally, all Town Hall Meetings will now be available for viewing on Community Apps.

We look forward to seeing you!

Gazette Submissions

As a reminder, all content for *The Gazette* is due on the 15th day of each month. Next month, all content will be due on Wednesday, January 15th.

Please send all submissions to gazette@taylorcommunity.org.

Thank you!

In Memoriam

Cheryl Carleton

Nov. 18, 1945 – Dec. 17, 2024

Residence at Back Bay resident since 2024

Paul Cotton

July 7, 1940 – Dec. 2, 2024

Taylor resident since 2012

David Hart

Nov. 14, 1927 – Dec. 9, 2024

Taylor resident since 1997

Ray Moritz

March 23, 1942 – Dec. 4, 2024

Meredith Bay resident since 2024

Richard Ryan

July 1, 1931 – Dec. 13, 2024

Meredith Bay resident since 2021

Denise Stringfellow

Jan. 27, 1940 – Nov. 30, 2024

Taylor resident since 2014

Melvin Van Dyke

Sept. 19, 1931 – Dec. 8, 2024

Taylor resident since 2023



Sunshine Fund Donations

The Sunshine Fund gladly accepts new or gently used household items and furniture. We are unable to take some electronics and computers.

For more information,
please contact the following:

Laconia

Katelyn Bacon at (603) 366-1235

Meredith

Maegan Ambrose at (603) 279-1505

Wolfeboro

Gina Colantuono at (603) 319-1552

Transportation Needs?

Wolfeboro: Call Gina (603) 319-1552

Laconia: Call Kate (603) 366-1234

They will answer all your
transportation questions.



TRA Corner

Dear fellow residents,

As we wrap up 2024 and head into the New Year, I would like to take a moment to thank all of you for your support and participation in the TRA over the past year. Taylor is the special community it is, in large part, because of how active and engaged our residents are in the community. Working with the staff here at Taylor, we are taking an active role in shaping the community we have all chosen to call “home.”

If you have been active in the many resident life offerings on our campuses, I hope you will continue to join your friends and neighbors in enjoying all that Taylor has to offer. If you are newer to Taylor and are just beginning to find

your way here, I hope you will come out and join us—you will find this is a very warm, welcoming community! And if you have ever considered getting more involved in the TRA or other campus committees and organizations, please do—it is fulfilling, rewarding work.

Thank you for a wonderful 2024, and I wish you all the best in 2025. I hope you all enjoyed a joyous holiday season and I look forward to seeing you in the year ahead!

Caesar Meledandri,
TRA Chairman

Calling All Pickleballers!



The Taylor Varsity Pickleball Team (and friends) welcome our first Taylor Connection member and our first Meredith Bay member! We are now filling three courts at the Meredith Rec Center along with a couple of “benchwarmers” so we can rotate in and out, giving everyone a chance to play as well as a chance to rest (and recuperate).

We’d love to have more players! If you can swing a paddle at a whiffle ball, you can play Pickleball. If you are/were a tennis player, you’ll pick it up easily, and we’ll explain the difference in the scoring. All of us were once newbies, and over the couple of years we’ve been playing, we’ve improved with each session.

Not sure if this is something for you? Come and watch for a while and see if you’re a match! All you need to play are comfortable clothes and indoor court shoes. Taylor supplies the paddles.

Our next 6-week session begins on Thursday, January 9th, and will run from 9:00-10:30 a.m. Jim Eggers (jameseggers@comcast.net) arranges carpooling, so please reach out to him if you would like to join us!

Thanks, Jim!

Taylor Community Welcomes New Hires

Welcome!

Austin Castille is joining us as a Groundskeeper. He loves dogs and all animals.

Eddy Chaput is joining us as a Groundskeeper. He attended Great Bay Community College, where he studied music and liberal arts but left to pursue cooking. He loves to travel, recently moving here from Colorado and while driving to New Hampshire, visited nine national parks. He enjoys building “new communities” in video games. He has a snowshoe cat named Norman who is the same breed as “Grumpy Cat.”

Daniel Dube is joining us in Environmental Services. He attended NHTI, where he studied hospitality management.

Fedelina Dungelman is rejoining us as a Licensed Medical Nursing Assistant. She attended Saint Michael’s College in the Philippines, where she earned a Bachelor’s Degree in secondary education and a minor in history. She loves to travel; her favorite destination is Europe. Fedelina has two dogs named Hapi and Tobey who are one-year-old bernedoodles and are already over 80 lbs. She wants her coworkers to know that she is approachable, friendly, and easy to be with.

Sadie Kaplan is joining us as a Resident Assistant. She attended St. Michael’s College in Vermont, where she earned a Bachelor’s Degree in religious studies. She is also working towards becoming a Registered Horticultural Therapist through NHTI. She plays rugby and played throughout college. She is currently also working in a school for special needs people. She has two cats whom she has leash trained. She spent two months traveling out west in a small camper to all five parks in Utah. She grew up as number six in a family with seven siblings.

Kristi Liebau is joining us as a Painter. She has worked as a recovery support worker. She has two cats, loves to do arts, and has had a Vegas Christmas vacation which was the first time she flew.

Rob Savley is joining us as a Groundskeeper. He has an interesting background as a brazier in the US Navy. He enjoys snowmobiling, and his favorite sports team is the Pittsburg Steelers. He has two dogs, Sadie and Duke, who are very gentle pit bulls. He was born in West Virginia.

Gabriella Stearn is joining us as a Resident Assistant. She originally was a landscaper but fell in love with healthcare. She likes puzzles, hiking, and trying new activities—she recently picked up knitting. She has lots of animals around her property. She is excited to get to know everyone at Taylor.

Lisa Shackford is joining us as a Licensed Nursing Assistant. She has fifteen years of medical surgery experience. Her favorite thing is her family—she has five grandchildren.

Courtney Snapp is joining us as an Environmental Services Technician. She has been a Licensed Nursing Assistant and Personal Care Assistant on and off for many years. Courtney likes to fish, which she does while kayaking and usually fishes for small and large mouth bass. She loves everything outdoors, including hiking. She has a dog named Timmy, and two adult children, and she and her fiancé have four grandchildren so far.

Jennifer Trudell is joining us as a Licensed Practical Nurse. She attended college in Virginia, where she graduated from the program in eighteen months and was valedictorian of the class of 1997. She was a truck driver in the 80s when she hauled boats around the country. She loves to travel. Jennifer goes to Las Vegas once a year, and is going to Maui in April. She has a cat named Ranger who rules the home.

Meredith Tuttle is joining us as an Environmental Services Technician. Meredith attended St. Ambrose University in Iowa. She enjoys volunteering, which she has been doing for many years and loves seeing smiles on the faces of the people she helps. She enjoys travelling, and her favorite places are Aruba and Portugal. She enjoys watching her son play soccer and basketball, and enjoys listening to other people’s life stories.

Donna Vlangas is joining us as a Licensed Nursing Assistant. Donna attended LNA Health Careers in Concord. She has done waitressing and interestingly was once the Easter Bunny in the Mall of New Hampshire. Her hobby is crafts, mostly ceramics, and she also enjoys Zumba classes. Donna has three children and one four-year-old granddaughter who are all the loves of her life. She has a cat named Sassy and a grandpup named Bailey.

Welcome!

New Residents

Butch & Donna Castor
 Jerry Fleischman
 Robert & Millie Fay Lee
 Georgia Mosher
 Richard Shavone

Residents who moved to
 Residence at Back Bay:
 Nancy Reynolds

Residents who moved to
 Taylor Home:
 Doris Duff

Happy Birthday!

JANUARY

1	Diane Groux	Ledgeview	16	Dave Reynolds	Sugar Hill
1	Maurice Gouin	Meredith Bay	16	Duncan MacIntyre	Taylor Connection
2	Allen Gable	Ledgeview	17	Ray Chambers	Ledges
3	Judith Berry	Ledgeview	18	Darwin Castor	Woodside
4	Dean Anson II	Ledges	18	Karen Duncan-Moretti	Sugar Hill
4	Connie Seery	Taylor Connection	19	Susan Amlicke	Ledgeview
4	Friedl Scimo	Ledges	19	Judy Dean	Ledges
5	David Eastburn	Ledges	19	Nancy Cladel	Ledges
5	Dennis O'Hern	Sugar Hill	20	Rainer Jansson	Ledges
5	Tom Goulette	Ledges	20	George Hurley	Back Bay
6	Charley Train	Back Bay	20	Katie Fogg	Woodside
6	Arlene Ilgenfritz	Ledges	21	Paula Chambers	Ledges
6	John Perley	Ledges	21	Caesar Meledandri	Woodside
7	Jerry Hopkins	Taylor Connection	21	Nancy Williams	Back Bay
7	Tom Gillen	Woodside	21	Patty Mac Hewitt	Taylor Connection
8	Richard Lamperti	Taylor Connection	22	Halina Stave	Meredith Bay
10	Nelson O'Bryan	Back Bay	23	Anne Stevenson	Meredith Bay
10	Judy MacKinney	Back Bay	25	Patricia Brady	Sugar Hill
10	Maryanne Michaelis	Taylor Home	26	Robert Lindstrom	Ledgeview
11	Keli Douglass	Sugar Hill	26	Linda Ferruolo	Taylor Connection
12	Jack Foley, Jr.	Taylor Home	26	Terri White	Taylor Connection
12	Claire Smith	Taylor Connection	27	Doris Duff	Woodside
13	Jackie Brownell	Meredith Bay	28	Bob North	Ledges
13	Donald Dimick, Sr.	Ledgeview	28	Jo Binette	Woodside
15	Beverly Tinel	Meredith Bay	29	Geraldine Monti	Taylor Connection
16	Russ Cooper, Jr.	Ledges	30	Lee Perkins	Sugar Hill
16	Gerry Long	Ledges	30	Nancy Morrill	Ledges
16	Pete Woodward, Jr.	Ledges			

Welcome Taylor Community Meredith Bay Team

John Adams is a Maintenance Technician. He attended Granite State College and earned a Bachelor's of Science in business management. He was a member of the military. He has also worked on home construction, new and old.

Megan Ambrose is a Transportation Assistant. She has twin fifteen-year-old boys. She loves watching the Patriots and the Celtics. She also enjoys motorcycle rides with her husband.

Samantha Ambrose is a Licensed Nursing Assistant. She is also a Certified Clinical Medical Assistant. She has been a Licensed Nursing Assistant for nine years. A lot of her experience has been in long-term care, Hospice and home health. She has a dog she loves and loves riding motorcycles.

Crystal Avery is a Resident Assistant. She attended Hesser College.

Kenneth Avery is the Maintenance Supervisor. He enjoys many sports, especially the New England teams.

Sharon Bigelow is a Registered Nurse. She attended Fitchburg State University where she received her Bachelor of Science as a Registered Nurse. Her favorite hobbies are kayaking, hiking, skiing, and snowshoeing. She loves all pets, horses being her favorite.

Bonnie Carbary is a Licensed Practical Nurse. She attended St. Joseph's Hospital, School of Nursing. She loves to square dance and take cruises. Aruba is her favorite place. She has a golden retriever, Daisy, and a yorkie poo, Duncan. She loves working with the elderly – give them your best and they always give back.

Amanda Chase is a Resident Care Assistant. She loves to go on motorcycle rides with her husband and spending time with her family.

Gregory Christian is a Maintenance Technician. He worked in the deli at Hannaford and was also a cook at Chick-fil-A and Hart's Turkey Farm. He played basketball throughout high school. He loves making great memories with his family. He enjoys music, hiking and movie nights. He has a dog named Orion that's a great boy who loves to be petted and taken for walks.

Claire Clark is an Activities Coordinator. She currently attends high school in Franklin. She is president of Interact, rotary for kids, and she also tap dances. She has gone to Italy and is going to Morocco, France and Rwanda soon. She has two cats named Simon and Sabrina.

Melaina Dalbec is a Licensed Nursing Assistant. She attended NHTI, where she studied criminal law. She is

a fourth generation farmer, and runs a crop farm with her fiancé, and they have farm animals.

Theresa Decormier is an Activities Coordinator. She was a Union Steward at Belknap County for six years and for seventeen years in New York. She was also a Licensed Nursing Assistant for over twenty years. She is a hardworking, devoted to her job, kind of girl. She has eleven grandchildren, four dogs and one cat. She has been with her husband for fifteen years, seven of which they have been married. She loves flowers, coffee, animals, gardening, and Ireland. She loves to see different places and cultures.

Taylor Durant is a Resident Assistant. She has three cats and enjoys horseback riding. She loves to travel to tropical places and visit the ocean. She used to work in childcare.

Linda Girouard is an Environmental Services Technician. She did child homecare for five years. She got her Medical Assistant/Phlebotomy license and is EKG Certified. She has two amazing children. Her daughter is sixteen and is going to be a nurse. Her son is nineteen and attends NHTI for business. She also has a kitten she adores.

Erin Gorman is an Activities Coordinator. She attended college at UMass Boston, where she earned two bachelor's degrees, one in English literature and one in art. She lived in England and managed the Manchester Cathedral visitor center. She has travelled extensively and has even met the Queen of England. She has a twenty-year-old daughter who is the light of her life, and one cat. She cooks for her elderly neighbors and is a published writer.

Dawn Hamelin is a Medical Records Assistant. She attended Quinnipiac University in Connecticut. She has a Bachelor of Arts degree in social services and a certification in massage therapy from the Southeastern Institute of Massage in North Carolina. She has worked in many different fields such as the airlines, bail bonds, repossessions and was a trainer in the human resources field. She lived in North Carolina, Bradenton, Florida and was born and raised in Moultonborough. She is also a dog sitter.

Kelsey Hoyt is a Resident Assistant. She attended Manchester Phlebotomy Training Specialists and got her phlebotomy license. She loves working with the elderly.

Kelly James is a Licensed Practical Nurse. She attended Rivier University. She loves to travel and play pickleball.

Dawn LaBrie is a Resident Assistant. Dawn loves to

Welcome Taylor Community Meredith Bay Team

travel and has been to many places throughout the United States. She has four children; one son lives in New Hampshire, one son is in the Navy stationed in Mississippi, a daughter in Alaska with her husband in the Air Force, and a son that just moved home from Texas where he attended and graduated from college. She has been with her wonderful husband for 18 years.

Cheryl Maccioli is a Licensed Nursing Assistant. She has two dogs; Peanut, a Maltese, and her dad's dog, Radar, whom she inherited when her dad passed away.

Naella McLaughlin is an Executive Assistant. She attended UMass Lowell, where she graduated with a degree in graphic design. She has worked for Meredith Bay for fifteen years. She is married with two children and a huge family. She and her family travel to Disney World and Hilton Head every year.

Suzanne McLean is an Environmental Services Technician who enjoys walking and bike riding.

Nicole Menard is a Registered Nurse. She attended River Valley Community College in Claremont, where she got her Licensed Practical Nursing, then Registered Nursing degrees. Previously she was a snowmobile salesperson and a transporter for Elliot Hospital. She loves travelling, and her favorite spot is Miami. She also has a dog named Luke.

Michelle Mitchell is a Resident Assistant. She is a grandmother and mother of three. She has two cats, Ozzy, an old man, and Whitney. She likes to travel but doesn't seem to have the time.

Haley Morrill attended college at NHTI where she received her certification in dental assisting. Her favorite part of her profession is helping people and making a difference in their lives. Her husband and she just completed the build of their completely off the grid home. She has a rescue dog named Chopper who is her whole heart. She enjoys hunting and fishing with her husband, working in the garden or anything outside. She enjoys travelling and her favorite destination is Alaska.

Avery Murray is an Activities Coordinator. She plays volleyball for her high school. She likes to do art and crochet and has a dog.

Heidi Murray is the Administrator. She has her Bachelor's Degree in social work, and has been an Administrator for twenty-one years.

Trixia Osier is an Environmental Services Technician.

Ruby Perez is a Resident Assistant. She likes to go on

long walks with her siblings.

Karen Regan is an Activities Coordinator. She attended Curry College, where she earned her Bachelor's Degree in business management. She is a certified death doula. She performed reiki on patients and staff at Lowell General Hospital. She loves dogs, kayaking, pickleball and antiques.

Danielle Rivera is a Licensed Nursing Assistant. Ireland is her favorite place in the world. She loves to travel and is a licensed massage therapist.

Melissa Roy is a Resident Assistant. She attended Hesser College.

Natale Schepis is a Maintenance Technician.

Heidi Smith is a Licensed Medication Nursing Assistant. She loves camping and has a seasonal campsite. She has two children, a daughter and a son, as well as two dogs.

Haley Thayer is a Resident Assistant. She attended NHTI for dental. She has been doing private care, and she recently got a puppy.

Sheila Walker is an Activities Coordinator. She has also been a Licensed Nursing Assistant. She loves working with the residents, bringing them joy and comfort. She enjoys horseback riding and basketball. She has two cats, Whiskey and Tango.

Deborah Walters is a Licensed Nursing Assistant. She loves to travel to different states and visiting family.

Sue Weinreb is a Licensed Practical Nurse of forty-five years. She attended Saratoga School of Practical Nursing in New York. She loves working with the elderly, and enjoys arts and crafts. She lived in Hawaii when she was stationed there. She has two dogs, Miss Beauty and Miss Daisy Mae, and a cat, Cullen, who thinks he is a dog.

Erica Welch is a Registered Nurse and our newest unit manager. She attended LRCC and got her Associates of Science degree in Nursing. Her favorite sports team is the Red Sox. She loves to travel to Germany to visit her stepchildren, and she loves York Beach in Maine. She has a 110-pound American Bulldog with a personality as big as he is.

Bruce Wennerstrom is a Resident Liaison. He attended Barrington College and got his Bachelor's Degree in business administration. He has over forty years in hotel administration. He enjoys playing golf. He has had three dogs and two cats over the years. He has three children and eight grandchildren.

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Nonprofit since 1907

Contact us to learn more about all the things that make Taylor Community such a unique and exceptional place to live. For more information including rates, floor plans, and available options, please call **(603) 366-1400**, or simply use the online form available on our website, **www.taylorcommunity.org**.

Taylor Laconia News & Events

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Announcements



Men's Breakfast

Wednesday, January 8th
Elm Room, Woodside • 7:15 a.m.

Time for our monthly Men's Breakfast. PLEASE NOTE – This month's Men's Breakfast will be held on Wednesday, January 8th, since the first Wednesday of the month falls on New Years Day.

As usual, coffee will be ready at about 7:15 a.m., with food being served at about 7:30 a.m., and the speaker presenting from 8:00 - 9:00 a.m.

Our speaker this month will be Jennifer Lutzen, Resident District Manager for Glendale Dining Services, who is in charge of the dining programs here at Taylor Community. Her presentation will be entitled, "My Path to Taylor Community." Time permitting, Jennifer may answer questions from the floor.

To make a reservation, PLEASE register through Community Apps. For those who can't use Community Apps, please call me at (603) 524-7131 or e-mail me at jelarson234@yahoo.com. Let's hope there are no snafus this month. Mark your calendar and remember to look at it. I look forward to hearing from you, and seeing you there!

Thanks, John Larson



Oasis Pub Night

Friday, January 3rd
Woodside, 4:30 p.m.

Come join us at the Oasis for a nice relaxing break after all the hoopla and celebrating over the holidays. You made it, now sit back and breathe. You all know the drill. Nothing fancy except the pub grub specials from the Bistro folks and they are delicious. The Pub Menu is always a treat and as you know, soft drinks, beer, and wine are available at a nominal cost. Come and sit, grab a refreshing libation, and enjoy a chat with your neighbors. .

- Your Oasis Pub Crew

Salon 435



Our Polar Express Creation.

Call for your appointment today:

Salon 435: (603) 366-1218

Ledgeview Salon: (603) 366-1228



Announcements



Circle Dinner

Saturday, January 11th

The CIRCLE is a universally recognized symbol that encompasses many definitions and applications. One of those representations is inclusion. Circles remind us of those we are connected with, of family, the friends we've gathered around us, of our communities. Circle Dinners on our Taylor Community Laconia campus are based on that premise.

Circle Dinners are small group gatherings, much like mini-potluck dinners, that take place in the cottages or apartments of independent residents. The dinners take place only five times a year on the second Saturday night of the following months: January, March, June, September and November.

The next Circle Dinner will be held on Saturday, January 11th. Why not treat yourself to an evening of great food, interesting conversation, friendship and fun!

Registrations for this event are now open on Community Apps. The last date to sign-up is Friday, January 3rd. Why not give Circle Dinners a try???

BE THERE OR BE SQUARE!

Need more information?
Contact: Liz Cooper
Email: liznhnc@gmail.com
Phone: (603) 344-0344

TRA Monthly Social & Buffet

Saturday, January 18th, 2025
Woodside Fireside Room
5:00 p.m.

ATTENTION: New & Existing Residents

Meet New and Old Friends!
Enjoy Cocktails and Hors d'oeuvres.
Take a chance on the 50/50 Raffle.
Have an Enjoyable Evening!

Drink and raffle tickets available in the lobby.

Delicious buffet dinner prepared
by Glendale Staff.

*Seating is a random mix of
singles and couples.*

\$30 per person



Make your reservations NOW! (Required)
Accepted until January 15th
Call (603) 366-1449 or reserve on
Community Apps (formerly Touchtown.)

Announcements

Ladies Brunch

Wednesday, January 15th • 10:00 a.m. | Woodside Tree Rooms



Ladies, it's January and that means it is time for Ladies Brunch again. We had to make a change in the date because it interfered with the Men's Breakfast and we can't have that! Soooo in January it will be on the 15th, which is the third Wednesday instead of the second. Please remember to wear your nametag!

Our speaker this month will be Mary Carpenter (aka Ruby the hair stylist). Mary spent several years living in Turkey and teaching in Turkish schools.

You must have a reservation and that can be made on Community Apps, or you may call Shana at (603) 366-1200. Menu to be posted closer to event date. Hope to see you there!



Healthy Aging Series – Post-Acute Services at the Concord Hospital Health System: Know the Options

Monday, January 13th • 2:00 p.m. | Woodside Elm Room

Please join us on Monday, January 13th for a presentation by Jane Cipriano, the Director of Post-Acute Services at the Concord Hospital Health System. She will be covering these services as they are offered at Concord Hospital-Franklin.

Concord Hospital-Franklin is a 25-bed hospital that is part of the Concord Hospital Health System. For many patients, it is important to stay within their community for care and to stay within a system that offers a seamless care experience. The Skilled and Restorative Care program located at Concord Hospital-Franklin has the unique opportunity to offer short-term skilled nursing and therapy services for patients needing a bridge between their hospitalization and discharge to home or alternative placement.

Moving from one setting to another can be overwhelming. The team of specialized care

managers, social workers, and the referral specialist team within the Concord Hospital Health System is able to provide guidance and answer questions about the transition to Skilled and Restorative Care at Concord Hospital-Franklin. The program provides an easy transition for patients, as health system providers provide continuity of care with access to the shared electronic medical record.

The Skilled and Restorative Care program focuses on patient-centered care, ensuring a team approach to goal setting that includes the patient and/or representative as part of the care team. The program offers a full complement of services that includes skilled nursing, physical therapy, occupational therapy, speech therapy, respiratory therapy, and recreation therapy—all focused on assisting patients to meet their individualized goals and return back to their prior living arrangements.

Announcements



Pop Up Plant Sale - Black Forest Nursery

**Tuesday, January 21st, 11:00 a.m. - 1:00 p.m.
Woodside Wet Craft Room**

Is it time to grow your plant collection? Elevate your space with this diverse selection of houseplants, stylish accessories, unique pottery, garden art and more with this visit from Black Forest Nursery. Plant pricing starts at \$5.99.

New Library Additions

Woodside:

Biography

One Damn Thing After Another, William P. Barr

Fiction

The First Ladies, Benedict & Murray

The Waiting, Michael Connelly

Swan Song, Elin Hilderbrand

The Grey Wolf, Louise Penny

By Any Other Name, Jodi Picoult

Counting Miracles, Nicholas Sparks

Non-Fiction

Belonging and Betrayal, Charles Dellheim

Large Print Fiction

I've Tried Being Nice, Ann Leary

Recipe for a Charmed Life, Rachel Linden

Ledgeview:

Fiction

Girl, Forgotten, Karen Slaughtor

***A special note of thanks to
Theresa Kelleher for 17 years of
volunteering in the Woodside Library!***

Pet Spotlight



Flicker

I am sure everyone at some point has met Flicker! This sweet girl is a seven-year-old Golden Retriever. Her owners, Gay and John, say she loves catching balls on the first bounce. Flicker LOVES going for walks, but most importantly loves wrestling in the backyard with her best friend, Sam. Flicker is a very happy girl! She is very friendly and has you smiling the second you see her!

Titanic - The Artifact Exhibition, Boston, MA

Friday, January 17th • 8:15 a.m. departure



Visitors embark on an interactive tour of the Titanic with incredible re-creations of the Ship's interior and exterior. Visitors receive a replica boarding pass, assume the role of a passenger and follow a chronological journey through life on Titanic. Walk the halls, explore the galleries, peer into cabins and meet passengers and crew throughout the voyage.

The 15,000 square foot Exhibition features replica interior rooms and a full-scale recreation of the Grand Staircase. Visitors will be able to view authentic artifacts, respectfully recovered from two-and-a-half miles below the surface of the North Atlantic, which tell the real story behind Titanic's journey from construction to eventual recovery. The genuine artifacts on display offer emotional connections to the forever-altered lives of those who were on-board Titanic.

Learn about the real, captivating stories of Titanic's passengers and crew told through their genuine personal items, preserved for over a century. **Tickets for this event are \$35.50/per person and are non-refundable. Bus will begin picking residents up on the Laconia campus at 8:15 a.m.**

Dining Out at Granite Restaurant, Concord, NH

Thursday, January 23rd • 4:15 p.m. departure



Award-winning Granite Restaurant & Bar is a popular dining and socializing spot among Concord locals. Their talented culinary team brings creative sensibility to a sleek dining space enhanced with contemporary spirit and warm service. **The bus will begin picking up residents on the Laconia Campus at 4:15 p.m.**

Tour and Lunch at Taylor Community Meredith Bay

Friday, January 24th • 10:30 a.m.



Join us as we tour the property of our newest location - Meredith Bay! Following the tour, our group will enjoy lunch in the dining room with selections from the menu. **The bus will leave Woodside at 10:30 a.m. and will be around campus to pick you up at your homes.**

RSVP required via Community Apps, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.

Winter Mountain Tour - Lunch and Tour at Mount Washington Hotel

Friday, January 31st • 8:30 a.m.



This is our annual mountain tour through Crawford Notch into Bretton Woods. Bretton Woods is part of a land grant made in 1772 by Royal Governor John Wentworth. The area was named after Bretton Hall, Wentworth's ancestral home in Yorkshire, England. Construction began on the Grand Mount Washington Hotel in 1900 and was completed in 1902. 250 Italian craftsmen, skilled in masonry and woodworking, were brought to Bretton Woods and housed on the grounds during the construction process.

On July 28, 1902, the front doors of this Grand Hotel opened to the public with a staff of 350. The most luxurious hotel of its day, The Mount Washington catered to wealthy guests from Boston, New York and Philadelphia. As many as 50 trains a day stopped at Bretton Woods' three railroad stations. Our group will enjoy lunch in the wonderful Stickney's Restaurant on site and Brenda Kean will lead a tour through the Historic Hotel. **The bus will begin picking up residents on the Laconia Campus at 8:30 a.m.**

Musical Events | LACONIA



Funding for our Music Series Programming is provided by Bank of New Hampshire and Individual Program Sponsors

MUSIC SERIES EVENT - Trio Oko

Sunday, January 5th • 3:00 p.m. | Woodside Elm Room



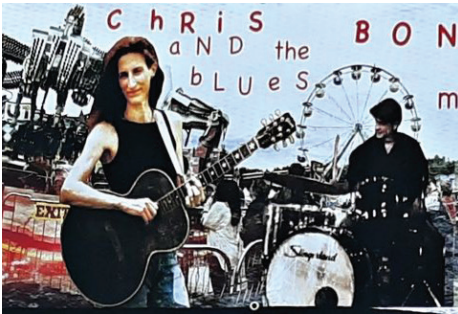
"Three accomplished individuals playing as a seamless ensemble"
— The Boston Musical Intelligencer

Based in Boston, Trio Oko consists of violinist Emma Powell, cellist Mina Kim, and harpist Charles Overton. The three musicians met at Tanglewood Music Center in 2016 and united with a mutual belief in the power of music to create meaningful human connections to form Trio Oko. The ensemble aims to expand the harp trio repertoire by commissioning new works and arrangements. Their intention is to showcase the diverse capabilities inherent to this distinctive instrumentation. Trio Oko shared the Japanese dish okonomiyaki (cooked by the master chef, Emma!) in their first rehearsal along with giggles (hence, Oko—) and happily committed to bringing joy to concert halls through their collaborations and friendship.

RSVP required via Community Apps, or to Brenda at bkean@taylorcommunity.org or (603) 366-1226.

MUSIC SERIES EVENT - Chris Bonoli & The Blues Monsters

Monday, January 6th • 6:30 p.m. | Woodside Elm Room



The Taylor Community Concert Series is pleased to present Chris Bonoli and The Blues Monsters. Chris and her band play a selection of familiar songs including blues, folk, rock and possibly some originals. Her four-piece band features New Hampshire musicians Marty Wintje on electric lead guitar, Lowell Webber on drums and Taylor Community's very own John Clauson on electric bass. Her CDs "Out for the Night" and "I've got Dreams" feature half cover songs with half originals and will both be available by donation only Monday evening during and after the performance.

MUSIC SERIES EVENT - Parker Eastman and the Blues Pirates

Wednesday, January 8th • 6:30 p.m. | Woodside Elm Room



Parker Eastman & The Blues Pirates are a blues trio that plays all kinds of music from artists such as Chuck Berry, Ray Charles, Herbie Hancock, Elvis, The Doors, and many other artists. The personalities and musicianship of the musicians cross over from another band in which they all played together. Since the musicians in The Blues Pirates mesh well both on and off stage, the music is always fun, exciting, and new every time they play together! No two performances are the same and that's what keeps their audiences coming back for more! Whether it's the trio or if they have a guest musician or vocalist, they always want to make sure that everyone in attendance is having a great time.

Pay close attention to the smiles, looks, and non-verbal communication throughout The Blues Pirates' performances; a lot is said in a split second.

MUSIC SERIES EVENT - Rick Clogston and the Red Hat Band

Monday, January 13th • 6:30 p.m. | Woodside Elm Room



The Red Hat Band performs classic rock, country, blues, folk, funk, soul, oldies, newies, jazz-ish, their own original material, and anything else they feel like playing. Scrabble, Clue, canasta, whatever. They've been accused of instigating fun, smiling, dancing, and other enjoyable experiences. They have played all over New Hampshire, Maine, Massachusetts, and Vermont and even opened several times for Annie & the Orphans at the Sandwich Fair. The Red Hat Band has recorded one album, "They'll Never Shut Us Up," which can be found at redhatband1.bandcamp.com. Please join us for the Red Hat Band's first performance on our campus and welcome band members Jonathan "Combat Chaplain" Sindorf (bass and vocals), Ken "Capt. Paradiddle" Sharples (drums) and Rick "Not Pete" Clogston (guitar, vocals and red hat).

MUSIC SERIES EVENT - Bobby Keyes Trio

Monday, January 20th • 6:30 p.m. | Woodside Elm Room



Bobby Keyes is a guitarist whose career spans from American Roots to Pop Music, writing and performing with roots artists like Jerry Lee Lewis to pop artist Robin Thicke. Some of the songs he covers from other artists are Caravan, Brazil, Smile, Nightingale, Yellowbird. But it is with his Trio that Bobby composes and performs the music that he is most passionate about; and where he defines our American musical heritage by blending rhythm and blues, country, jazz, rock, pop and swing. Bobby's guitar playing is inspired and his sound is clean and refreshing. Along with drummer Marty Richards and bassist Marty Ballou, the Bobby Keyes Trio will surely delight audiences.

Paul Hubert and the Dreamers

Wednesday, January 22nd • 2:00 p.m. | Woodside Elm Room



The Dreamers, a husband-and-wife duo, hail from central New Hampshire's Lakes Region. Shows combine old-fashioned folk and pop with brand new original songs and arrangements. Kathi Sheer on flute, vocals, and percussion harmonizes with Paul Hubert's guitar, soulful voice, and harmonica seeking a perfect balance of lyric musicality. Many of the songs in their repertoire are originals written by Paul himself. Styles range from deep blues to simple folk-like compositions.

Miner & Ryan

Monday, January 27th • 6:30 p.m. | Woodside Elm Room



Miner & Ryan Musicians (Susan Ryan and Dan Miner) are a well-known duo playing all around New Hampshire and Maine featuring Folk, Classics ... and fun. Join us for their return visit to Taylor Community.

RSVP required via Community Apps, or to Brenda
at bkean@taylorcommunity.org or (603) 366-1226.

Bree Rossiter - The Forces that Shaped Lake Winnepesaukee

Monday, January 6th • 2:00 p.m. | Woodside Elm Room



This history, spanning hundreds of millions of years, has been shaped by ancient seas, volcanic eruptions, and the powerful forces of glaciation. Join us as Bree Rossiter discusses this interesting history. Bree is the conservation program manager for the Lake Winnepesaukee Association. She manages the water quality monitoring program, cyanobacteria monitoring initiatives, the Winni Blue/Lake Smart program, and assists with watershed management planning efforts.

ART APPRECIATION LECTURE SERIES with Jane Oneil Devil with a Brush: Caravaggio's Dramatic Masterpieces

Wednesday, January 8th • 2:00 p.m. | Woodside Elm Room



Caravaggio's turbulent life story reads like a crime thriller, making him one of art history's most captivating and controversial figures. He was a revolutionary Italian painter of the Baroque era, as famous for his violent temper and criminal behavior as he was for his groundbreaking artistic techniques. Caravaggio's paintings reflect his tumultuous life with dramatic lighting and intense realism. The program provides an overview of the artist's life and body of work. *Image: Caravaggio. The Taking of Christ, 1602. National Gallery of Ireland.*



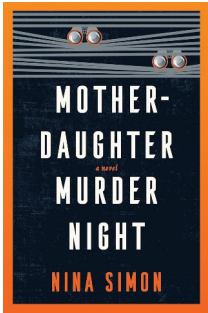
Lucia Brimer Stars & Science

Wednesday, January 15th • 2:00 p.m. | Woodside Elm Room

Experience the wonders of the night sky with Lakes Region Stars and Science. Join us as a Lakes Region Stars & Science-trained astronomy educator discusses all the wonders we see in the night sky above us!



For all events, RSVP required
via Community Apps, or to Brenda at
bkean@taylorcommunity.org
or (603) 366-1226.



Woodside Book Club with Laconia Public Library – Mother-Daughter Murder Night by Nina Simon

Friday, January 17th • 10:00 a.m. | Woodside Elm Room

High-powered businesswoman Lana Rubicon has a lot to be proud of: her keen intelligence, impeccable taste, and the L.A. real estate empire she's built. But when she finds herself trapped 300 miles north of the city, convalescing in a sleepy coastal town with her adult daughter, Beth, and teenage granddaughter, Jack, Lana is stuck counting otters instead of square footage—and hoping that boredom won't kill her before the cancer does.

Then Jack—tiny in stature but fiercely independent—happens upon a dead body while kayaking. She quickly becomes a suspect in the homicide investigation, and the Rubicon women are thrown into chaos. Beth thinks Lana should focus on recovery, but Lana has a better idea. She'll pull on her wig, find the true murderer, protect her family, and prove she still has power. With Jack and Beth's help, Lana uncovers a web of lies, family vendettas, and land disputes lurking beneath the surface of a community populated by folksy conservationists and wealthy ranchers. But as their amateur snooping advances into ever-more dangerous territory, the headstrong Rubicon women must learn to do the one thing they've always resisted: depend on each other.

Woodside Theater Events



JANUARY OPERA - Die Fledermaus

Thursday, January 2nd • 7:00 p.m. | Woodside Theater

The younger Johann Strauss's eternally popular comedy gains new charm in this English-language performance. The madcap action on the outskirts of romantic Old Vienna is headed by Susanna Phillips as Rosalinde, who is determined to teach her philandering husband (Toby Spence as Eisenstein) a lesson, even while she is being pursued by her former beau, the operatic tenor Alfred (Dimitri Pittas).

At the center of the action is Susan Graham as the extremely wealthy, eternally bored Prince Orlofsky, whose lavish masked ball brings everything to a most delicious boil. Tony Award-winner Paulo Szot is Dr. Falke, who cooked up the whole plot just to get back at his friend Eisenstein. Lucy Crowe is Rosalinde's maid, Adele. James Levine's conducting keeps the tuneful score at its effervescent best.

Feel free to bring wine and snacks or a beverage of your choice to enhance this experience! If you have any questions or suggestions for future operas, please call Friedl Scimo at (269) 760-2772. Looking forward to sharing this exceptional broadcast with you! **Run Time 2hrs 22mins. This is a Metropolitan Opera performance from April 26, 2014.**



SPECIAL MUSICAL VIEWING - Titanic

Tuesday, January 7th • 1:00 p.m. | Woodside Theater

Leonardo DiCaprio and Oscar nominee Kate Winslet light up the screen as Jack and Rose, the young lovers who find one another on the maiden voyage of the "unsinkable" R.M.S. Titanic. **Run Time 3hrs 14mins. This is an Amazon Prime Presentation.**

Woodside Theater Events

FRIDAY NIGHT MOVIES

WITH HONORS



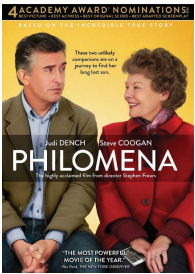
With Honors | Friday, January 3rd • 7:00 p.m.

Armed with a copy of a Harvard student's thesis, a homeless man makes a desperate student an offer. In exchange for food and a place to stay, he will return the thesis one page at a time. **Run Time 1hr 41mins. This is an Amazon Prime Presentation.**



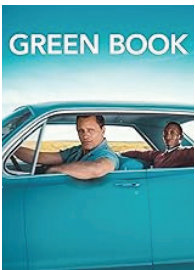
Big Eyes | Friday, January 10th • 7:00 p.m.

From visionary director Tim Burton (Edward Scissorhands) comes the outrageous true story of one of the most extensive art frauds in the 20th century. Starring Christoph Waltz and Amy Adams. **Run time 1hr 41mins. This is an Amazon Prime presentation.**



Philomena | Friday, January 17th • 7:00 p.m.

A world-weary political journalist picks up the story of a woman's search for her son, who was taken away from her decades ago after she became pregnant and was forced to live in a convent. **Run time 1hr 33mins. This is an Amazon Prime Presentation**



Green Book | Friday, January 24th • 7:00 p.m.

Viggo Mortensen and Mahershala Ali star in Green Book, a film inspired by a true friendship that transcended race, class and the 1962 Mason-Dixon line. **Run Time 2hrs 10 mins. This is an Amazon Prime Presentation.**

THE FAMILYSTONE

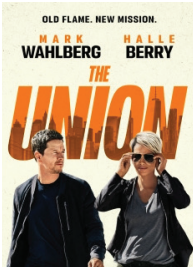


The Family Stone | Friday, January 31st • 7:00 p.m.

Everett Stone wants to bring his girlfriend, Meredith Morton, to meet his bohemian Connecticut family at Christmas. Straitlaced Meredith, feeling she needs backup, asks her sister Julie to come along. Hoping to win the approval of her boyfriend's parents, Sybil and Kelly, and the rest of the family, instead Meredith succeeds only in highlighting her uptight personality and making Everett doubt his intentions. **Run Time 1hr 43 mins. This is an Amazon Prime Presentation.**

Woodside Theater Events

TUESDAY NIGHT MOVIES



The Union | Tuesday, January 7th • 7:00 p.m.

Mike, a down-to-earth worker, is thrust into the world of super spies and secret agents when his high school sweetheart, Roxanne, recruits him to a high-stakes US Intelligence mission. **Run Time 1hr 47 mins. This is a Netflix Presentation.**



The River Wild | Tuesday, January 14th • 7:00 p.m.

A family struggling to stay together decides to take a rafting vacation, only to meet up with a pair of mysterious men whose desperation grows in this intense, white-knuckle ride. With Meryl Streep, Kevin Bacon, David Strathairn and John C. Reilly. **Run Time 1hr 51mins. This is an Amazon Prime Presentation.**



Rez Ball | Tuesday, January 21st • 7:00 p.m.

The Chuska Warriors, a Native American High School Basketball Team from New Mexico must band together after losing their star player if they want to keep their quest for a state championship alive. **Run Time 1 hr 51 mins. This is a Netflix Presentation.**



Midnight Run | Tuesday, January 28th • 7:00 p.m.

An acerbic bounty hunter nabs an accountant—who ripped off a major mobster—after he skipped out on bail. But getting him across the country with the FBI and crooks on their tail isn't going to be easy! **Run Time 2hrs 6 mins. This is an Amazon Prime Presentation.**

For all events, RSVP required
via Community Apps,
or to Brenda at
bkean@taylorcommunity.org
or (603) 366-1226.

Upcoming Events

RESIDENT TRIP to Colonial Theater - Beginnings: A Celebration of the Music of Chicago

Saturday, February 22nd • 7:00 p.m. departure

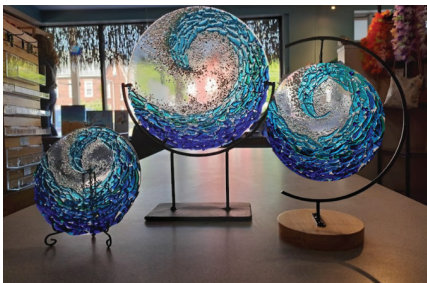


Beginnings: A Celebration of the Music of Chicago brings the magic of a live Chicago performance to life and exceptionally recreates their enormous songbook of contemporary hits. The music of Rock and Roll Hall of Fame inductees Chicago spans more than five decades and includes five #1 albums and over 20 top-ten hits. The band transports the listener back to a time of big arena concerts with all the sound, excitement and emotion generated from Chicago's extensive catalog of gold and platinum recordings.

Tickets are \$59 plus fees and are non-refundable. The bus will begin picking up residents on the Laconia campus at 7:00 p.m. for this 8:00 p.m. show.

RESIDENT TRIP to Art Escape - Fused Glass "The Wave"

Friday, February 28th • 11:00 a.m. departure



Making fused glass is easy and fun. Choose your design and fill it in with your choice of colored glass. You and your friends can make earrings, necklaces, sun catchers and much more. After you have created the fused glass designs, we will fire them in our kiln. We will bring a picnic lunch. Pieces will be ready for pick up in 7-14 days.

Cost is \$42/pp. The bus will begin picking up residents on the Laconia Campus at 11:00 a.m.

RESIDENT TRIP to Interlakes Theater Vienna to Berlin - A Germanic Journey

Saturday, March 22nd • 5:30 p.m. departure



We feature principal violist Sally Wituszynski performing the enchanting "Romanze, Op. 85" by Max Bruch on our visit to the countryside of Austria and Germany. We muse with a Strauss opera, Brahms folk dances, and Robert Schumann's struggles and triumphs symbolizing his personal journey towards stability and artistic expression.

STRAUSS - Die Fledermaus Overture | BRAHMS - Hungarian Dances #5 and #6 | BRUCH - Romanze, Op. 85 | SCHUMANN - Symphony No. 2

Tickets are \$25 and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 5:30 p.m. for this 7:00 p.m. show.

Upcoming Events

RESIDENT TRIP to Colonial Theater Vintage Grooves - Hits from the 70s

Saturday, May 10th • 5:30 p.m. departure



A New Side of LRSO! Hustle back to the 70's with the hits of Earth, Wind & Fire, Chicago, The Doobie Brothers, Carole King, Bee Gees, Billy Joel, Joni Mitchell, ABBA and more! The contemporary, jazz, R&B, classical, and rock roots of vocalists Taylor O'Donnell and Adrian Sicam will transport you back to the disco, soul, and unforgettable timeless grooves that defined 70's radio.

Planned vocal selections include: New York State Of Mind, What A Fool Believes, How Deep Is Your Love, Close To You, Saturday In The Park, Dancing Queen, and many more 70's hits!

Tickets are \$25 and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 5:30 p.m. for this 7:00 p.m. show

RESIDENT TRIP to Interlakes Summer Theater - Cabaret

Thursday, July 3rd • 12:45 p.m. departure



In a Berlin nightclub, as the 1920s draw to a close, a garish Master of Ceremonies welcomes the audience and assures them they will forget all their troubles at the Cabaret. With the Emcee's bawdy songs as wry commentary, Cabaret explores the dark and tumultuous life of Berlin's natives and expatriates as Germany slowly yields to the emerging Third Reich. Cliff, a young American writer newly arrived in Berlin, is immediately taken with English singer Sally Bowles. Meanwhile Fraulein Schneider, proprietor of Cliff and Sally's boarding house, tentatively begins a romance with Herr Schultz, a mild-mannered fruit seller who happens to be Jewish.

Tickets are \$37 per person and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 12:45 p.m. for this 2:00 p.m. show.

RESIDENT TRIP to Interlakes Summer Theater - Tootsie

Thursday, July 17th • 12:45 p.m. departure



New York actor Michael Dorsey is a talented perfectionist who is so hard on himself and others that his agent can no longer find work for him. After a soap opera audition goes poorly, Michael reinvents himself as actress Dorothy Michaels and wins the part. What was supposed to be a short-lived role turns into a long-term contract, but when Michael falls for his castmate Julie, complications develop that could wreck everything.

Tickets are \$37 per person and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 12:45 p.m. for this 2:00 p.m. show.

Upcoming Events

RESIDENT TRIP to Interlakes Summer Theater The Sound of Music

Thursday, July 31st • 12:45 p.m. departure



This heartwarming story is based on the real life story of the Von Trapp Family singers, one of the world's best-known concert groups in the era immediately preceding World War II. Maria is the tomboyish postulant at an Austrian abbey who becomes a governess in the home of a widowed naval captain with seven children, and brings a new love of life and music into the home.

Tickets are \$37 per person and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 12:45 p.m. for this 2:00 p.m. show.

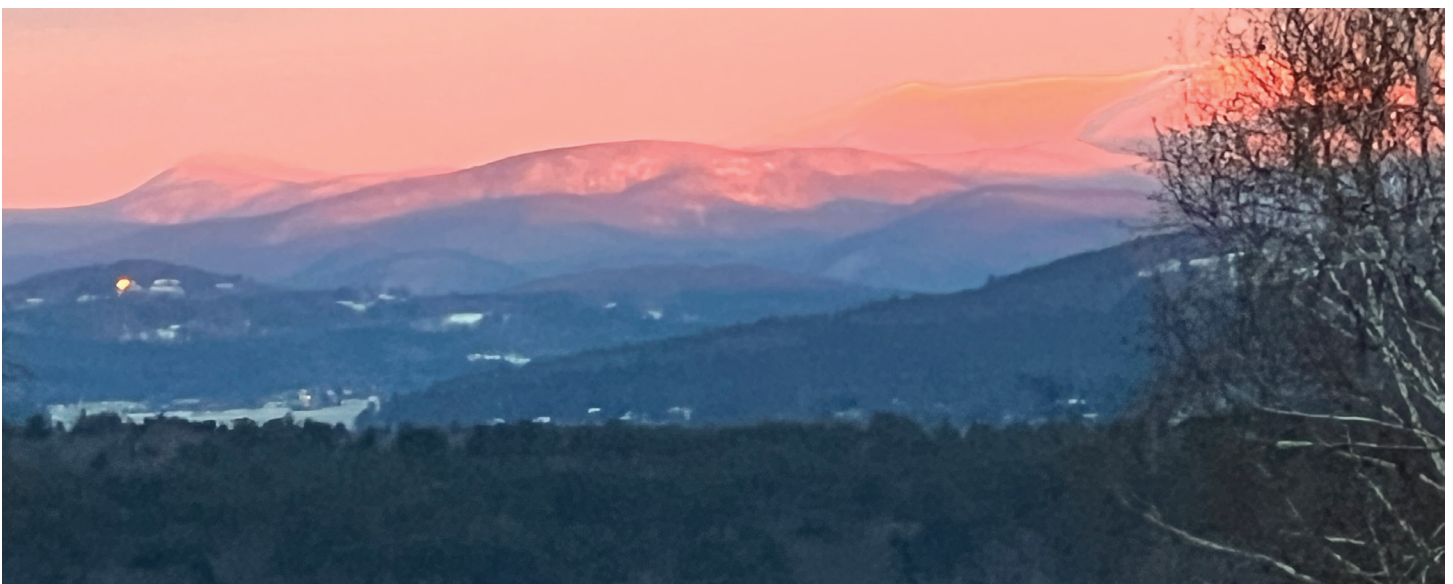
RESIDENT TRIP to Interlakes Summer Theater Menopause The Musical

Thursday, August 14th • 12:45 p.m. departure



Menopause The Musical follows four mature women shopping for lingerie at a Bloomingdale's sale, with lyrics parodying popular music from the baby boomer era to reflect symptoms of menopause.

Tickets are \$37 per person and are non-refundable. The bus will begin picking up residents on the Laconia Campus at 12:45 p.m. for this 2:00 p.m. show.



Also available on demand through the Community Apps Programming App.



That Brennan Girl

Thursday, January 2nd • 6:30 p.m.

<https://www.youtube.com/watch?v=YWo1ONKA64A>

A selfish San Franciscan (Mona Freeman) loses a husband (June Duprez) in the war and marries a reformed racketeer (James Dunn). Run Time 1hr 34mins.

Personal Effects

Friday, January 3rd • 6:30 p.m.

<https://www.youtube.com/watch?v=iiBk6wleCjI>

While working for a wedding planner, a young man struggles to overcome the loss of his sister, who died shortly before her wedding. Based on the story "Mansion on the Hill" by Rick Moody. Drama. Crime. Run Time 1hr 50 mins.

3,000 Miles Around Madagascar: The Ultimate African Journey/Adventure Documentary

Friday, January 3rd • 6:30 p.m.

<https://www.youtube.com/watch?v=PwMzzHCiVhA> Run Time 53mins.

The Way Home

Thursday, January 9th • 6:30 p.m.

<https://www.youtube.com/watch?v=sJKquAZISZI>

An inspirational true story of how a rural community rallied around a distraught family (Dean Cain, Lori Beth Sikes) as they looked for their missing two-year-old son (Pierce Gagnon). Run Time 1hr 30mins.

Lifted

Friday, January 10th • 6:30 p.m.

https://www.youtube.com/watch?v=G3_YU9dPwsQ

13-year-old Henry Matthews struggles with life after his father is deployed to Afghanistan. With the help of a local pastor, the boy decides to take part in a local singing contest. With Nicki Aycox. Run Time 1hr 48mins.

For All Time

Thursday, January 16th • 6:30 p.m.

https://www.youtube.com/watch?v=83DFhC97-_s

A man is magically transported back through time from the 21st century to 1896 after buying an antique watch. Unsatisfied with the ways of the modern world, he is delighted by the community of people he meets there, but after he falls in love with a young widow, he becomes increasingly unsettled by his double life. Run Time 1hr 29mins.

Penny Serenade

Friday, January 17th • 6:30 p.m.

<https://www.youtube.com/watch?v=muSKveUgAul>

Since marrying Roger Adams (Cary Grant), Julie (Irene Dunne) has wanted to start a family. An accident while she's visiting Japan causes a miscarriage and makes Julie incapable of having children. After they adopt a little girl, Trina (Eva Lee Kuney), Roger's small newspaper folds, and the couple has to fight in court to keep her. Even though they succeed, another tragedy strikes out of nowhere. The Adams' marriage looks headed for divorce unless something brings them close again. Run Time 2hrs

The Mummy

Thursday, January 23rd • 6:30 p.m.

https://www.youtube.com/watch?v=5d_wkxeTplo&list=PL30RAv-0lkxHdTcoGGgx5L6eXlHnnrEHC&index=8

Deep in the Egyptian desert, a handful of people searching for a long-lost treasure have just unearthed a 3,000-year-old legacy of terror. Combining the thrills of a rousing adventure with the suspense of Universal's legendary 1932 horror classic, The Mummy, starring Brendan Fraser, is a true nonstop action epic, filled with dazzling visual effects, top-notch talent and superb storytelling. Run Time 2 hrs 4 mins.

continued on page 18

Also available on demand through the Community Apps Programming App.



Annie Hall

Friday, January 24th • 6:30 p.m.

https://www.youtube.com/watch?v=fEsca_3P2VA&list=PL30RAv-0lkxHdTcoGGx5L6eXIHnnrEHC&index=73
Writer-director-actor Woody Allen is in prime form in this celebrated comedy in which he portrays a neurotic, highly insecure and indecisive comedy writer who falls head over heels in love with a naive small-town “girl” (Diane Keaton) who wants to be a singer. The opening rounds of their relationship involve every romantic cliché (hilariously re-created by Allen). Keaton’s horrified parents snub the nerd-ish city slicker who loves their daughter, but they move in together, anyway. Insecure Allen is so sure he will lose Keaton that he interprets her every move as rejection. As Keaton’s self-confidence grows, Allen’s progressively fades. Keaton debuts as a singer, is “discovered” by a record tycoon and agrees to move to Hollywood and live with him. Now Allen has really lost her.
Run Time 1 hr 33 mins.

Shadowlands Anthony Hopkins Full Movie

Thursday, January 30th • 6:30 p.m.

<https://docs.google.com/document/d/1SWhGJCSVxDDOyMfotUIYaS3nEDPCvgz3-DBQt3aYUZs/edit?tab=t.0>
The Shadowlands is a 1993 British biographical drama film about the relationship between academic C. S. Lewis (played by Anthony Hopkins) and Jewish American poet Joy Davidman (played by Debra Winger), her death from cancer, and how this challenged his Christianity. Run Time 2 hrs 11 mins.

Royal Nanny

Friday, January 31st, 6:30 p.m.

www.youtube.com/watch?v=xf_dPjncC4
Working undercover as a nanny, an MI5 agent must resist the charms of Prince Colin while keeping the royal family safe Run Time 1hr 24 mins.



Community Snapshots



Community Snapshots





TAYLOR COMMUNITY WELLNESS LACONIA FITNESS CLASS SCHEDULE

Monday

9:00 a.m. Strength & Stretch with Taylor
9:00 a.m. Tai Chi for balance with Russ in
Wet Craft Room
10:00 a.m. Balance with Taylor
10:00 a.m. Functional Strength with Russ
in Wet Craft Room
11:00 a.m. Strength & Stretch with Taylor
2:00 p.m. High Intensity Resistance
Training (H.I.R.T.) with Taylor
2:00 p.m. Aqua Fit with Becky
3:00 p.m. Line Dancing with Freda

Tuesday

9:00 a.m. Strength & Stretch with Becky
9:00 a.m. Aqua Fit with Taylor
10:00 a.m. Gentle Flexibility with Taylor
10:30 a.m. Balance with Taylor
11:00 a.m. Strength & Stretch with
Shannon
1:00 p.m. Low Impact Cardio Fit with
Shannon
2:00 p.m. Indoor Corn Hole

Wednesday

9:00 a.m. Strength & Stretch with Shannon
9:00 a.m. Tai Chi for Balance with Russ in
Wet Craft Room

Wednesday continued

10:00 a.m. Balance with Becky
10:00 a.m. Functional Strength with Russ in
Wet Craft Room
11:00 a.m. Strength & Stretch with Shannon
1:00 p.m. Aqua Fit with Shannon
1:00 p.m. Meditation Group in Woodside
Theatre with Linda
1:30 p.m. Mat Yoga with Russ in Wet Craft
Room
2:00 p.m. High Intensity Resistance Training
(H.I.R.T.) with Shannon
3:00 p.m. Line Dancing with Freda

Thursday

9:00 a.m. Strength & Stretch with Russ
9:00 a.m. Aqua Fit with Shannon
10:00 a.m. Gentle Flexibility with Russ
10:30 a.m. Tai Chi with Russ
11:00 a.m. Strength & Stretch with Shannon
1:00 p.m. Walking Group with Shannon
1:30 p.m. Mat Yoga with Russ in Wet Craft
Room

Friday

9:00 a.m. Strength & Stretch with Shannon
10:00 a.m. Low Impact Cardio Fit with
Shannon
11:00 a.m. Strength & Stretch with Shannon

Wellness

Woodside Pool Schedule

8:00 – 9:00 a.m.	Open pool	Open pool	Open pool	Open pool	Open pool	Open pool	Open pool
9:00 – 10:00 a.m.	Open pool	Aqua Fit	Open pool	Aqua Fit	Open pool	Open pool	Open pool
10:00 a.m. – 1:00 p.m.	Open pool	Open pool	Open pool	Open pool	Open pool	Open pool	Open pool
1:00 – 2:00 p.m.	Open pool	Open pool	Aqua Fit	Open pool	Open pool	Open pool	Open pool
2:00 – 3:00 p.m.	Aqua Fit	Resident swim only	Pool closes at 2:30 p.m. for cleaning	Resident swim only	Resident swim only	Resident swim only	Resident swim only
3:00 – 4:00 p.m.	Resident swim only	Resident swim only		Resident swim only	Resident swim only	Resident swim only	Resident swim only
4:00 – 7:00 p.m.	Open pool	Open pool		Open pool	Open pool	Open pool	Closes at 5:00 p.m.

Please note:

- The women’s locker room is cleaned from 1:00 - 1:30 p.m. on weekdays – please do not use the women’s locker room during that time.
- Always exit the pool during thunder and lightning storms!





Woodside Bistro

Woodside Bistro Contact Info

Jennifer Lutzen, Resident District Manager, (603) 366-1481
jlutzen@taylorcommunity.org

Greg Demers, Executive Chef, (603) 366-1481
gdemers@glendalediningservices.com

Woodside Bistro Hours

Monday - Friday

11:30a.m. - 1:30p.m.

Tuesday & Thursday Night Dinners

Call the Bistro to make your reservations or make your reservation on Touch Town



January Bistro Menu

Please ask about our specials every Tuesday & Thursday

Spinach Parmesan Stuffed Mushrooms

-OR-

Apple Cheddar Salad

Diced red and green apples with cubed Vermont Cabot Cheddar on baby greens. Tossed in a honey lime poppyseed vinaigrette

Entrees

Winter Pizza

Traditional pie shell topped with mashed sweet potatoes, shredded kale, garlic, shaved red onion, Maytag blue cheese & goat cheese with balsamic drizzle.
Served with a side of potato wedges

\$22.00

Chicken Pot Pie

All white chicken slow simmered with carrots, celery, onions, peas & potatoes. Topped with a flakey pie crust. Served with cranberry relish

\$26.00

Baked Cod

Oven baked with lemon garlic butter, served on a bed of white rice with bacon. Served with thyme roasted stew tomatoes & seasonal vegetables

\$29.00

Roasted Sirloin

Beef sirloin cooked medium rare then hand carved. Served with garlic mashed potatoes, Bordelaise & seasonal vegetables

\$29.00

* All entrees are served with two additional items

Appetizer | Salad | Dessert

*Before Placing Your Order, Please Inform Your Server If A Person In Your Party Has A Food Allergy

January TRA Social 2025

Hors d'oeuvres

Vegetable Egg Rolls with Sweet & Sour Sauce

Vegetable Crudite with Hummus

Roast Beef, Horseradish Mayo & Cheese Sliders

Appetizer

Sweet Potato Bisque

Entrees

Cheese Stuffed Pillow

With julienned vegetables tossed in a basil cream sauce

Haddock Florentine

Fresh haddock fillets,
topped with parmesan creamed spinach

Roast Turkey

Sage roasted turkey breast
& leg meat. Topped with pan gravy

Sides

Brown Sugar Glazed Carrots

Herbed Dressing

Dessert

Mocha Crepe

Coffee ice cream stuffed crepe,
with chocolate sauce & whipped cream

\$30

*Before Placing Your Order, Please Inform Your Server
If A Person In Your Party Has A Food Allergy

GRAB & GO

We'll do the cooking; you do the re-heating.

Purchase any two salads or delicious reheatable entrees any day of the week and receive a FREE Half Pint of ice Cream



Night
1/3

Men's Breakfast
1/8

TRA Social
1/18



Save the Date



Lunar New Year Celebration
1/29

Glendale.
DINING SERVICES

Bistro Breakfast
1/31



Recurring Campus Events | LACONIA

RSVP is required for most events and may be made via Community Apps in Events, or with Brenda Kean at (603) 366-1226 or bkean@taylorcommunity.org unless otherwise noted.

To make a reservation with Dial-A-Ride please call (603) 366-1234. Please be sure to make all transportation arrangements at least 24 hours in advance. Thank you!

MONDAYS:

Quilting Group with Gail Dyer
8:00 a.m.
Woodside Dry Craft Room

Women's Billiards
1:00 p.m. • Woodside Billiard Room

Line Dancing with Freda
3:00 p.m. • Woodside Fitness Ctr.

TUESDAYS:

Cracker Barrel Programming
10:00 a.m. • Woodside Elm Room

In Stitches (Needlework)
11:00 a.m. • Woodside Ladies Lounge

Caregivers Support Group
11:00 a.m. • Woodside Birch Room

Prayer Shawl Group
12:00 noon (2nd Tuesday)
Woodside Dry Craft Room

Cancer Support Group
12:00 p.m. (2nd and 4th
Tuesday of the month)
Woodside Birch Room

**Cancer Family/Friends
Support Group**
12:00 p.m. (1st and 3rd Tuesday
of the month) Woodside Birch Room

Current Events Discussion
1:00 p.m. (2nd Tuesday)
Woodside Wet Craft Room

Blood Pressure Clinic
2:00 - 3:00 p.m. • Woodside
Care Management Office

Altrusa
5:30 p.m. (2nd Tuesday)
Woodside Birch Room

**Prescription and NH Liquor
Store Pickup Services -**
Call Hank Offinger at
(603) 366-1207 by 5:00 p.m. Mon.
to request this service.

WEDNESDAYS:

Men's Breakfast
7:15 a.m. • January 8th
Woodside, Elm Room

Cribbage
10:00 a.m. • Woodside Card Room

Line Dancing with Freda
3:00 p.m. • Woodside Fitness Ctr.

Nurse Office Hours
2:00 - 3:00 p.m. • Woodside Care
Management Office

**Grocery Shopping Services
Ledges & Ledgeview**
Call Hank Offinger at (603) 366-1207 by
5:00 p.m. Tues. to request this service.

THURSDAYS:

Woodcarvers Group
9:00 a.m. (April - January)
Woodside Wet Craft Room

Shopping Bus
10:00 a.m. and 1:00 p.m.
Call Transportation (603) 366-1234

Mexican Train
10:00 a.m. • Woodside Card Room

Sew Sisters Quilting Group
10:00 a.m. • Woodside Dry Craft Room

Taylor Writing Group
10:00 a.m. • Woodside Fireside Room

Playreaders
1:30 p.m. (2nd and 4th Thursdays)
Woodside Birch Room

Billiards
1:00 p.m. • Woodside Billiard Room

Bridge
1:00 p.m. • Woodside Card Room

Pinochle
1:00 p.m. • Woodside Card Room

Taylor Community Chorus
2:45 p.m. (2nd, 3rd, 4th Thursdays)
Woodside Elm Room

Opera Viewing
7:00 p.m. (monthly-see date in

Gazette) Woodside Theater

Grocery Shopping Services
(TH & WS) Call Hank Offinger at
(603) 366-1207 by 5:00 p.m. Wed.
to request this service

FRIDAYS:

Headliners Portrait Group
10:00 a.m. (February-January)
Woodside Wet Craft Room

**French Group - Le Cercle de
Français de Laconia**
10:00 a.m. • Woodside Fireside Room

Woodside Book club with LPL
10:00 a.m. (3rd Friday of the month)
Woodside Elm Room

Friday Quilters
10:00 a.m. • Woodside Dry Craft Room

Ping Pong
1:00 p.m. • Woodside (3rd floor)

Rummikub
1:00 p.m. • Woodside Game Room

Oasis Pub Night
4:30 p.m. (1st Monday of the month)
Woodside Fireside & Dining Room

SATURDAYS:

Hand & Foot Card Game
9:30 a.m. • Woodside Card Room

Scrabble Group
1:00 p.m. • Woodside Card Room

TRA Social & Buffet
5:00 p.m.
(3rd Saturday of the month)
Woodside Elm Room

SUNDAYS:

Sunday Social
4:30 p.m. (last Sunday)
Woodside Fireside Room





Meredith News & Events



Pizza Nights

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Stars & Science

page 5

Great Courses Series

page 6



As we begin to enhance programming on the Meredith campus, we hope you will share your ideas and feedback to help us create the rich, vibrant Resident Life experience you are looking for. In the meantime, please note that Meredith residents are welcome to attend programming offered on our Laconia and Wolfeboro campuses, and that we will be increasing transportation to help our Meredith residents access programming on our other campuses.

Tour and Lunch at Taylor Community Laconia

Monday, January 13th • 10:30 a.m.



Join us as we tour the property of our sister campus - Laconia! Following the tour, our group will enjoy lunch in the dining room with selections from the menu.

The bus will leave Meredith Bay at 10:30 a.m.

Events | JANUARY 2025

Viewing of Phantom of the Opera

Wednesday, January 8th • 2:00 p.m. | Meredith Bay Community Room



“The Phantom of the Opera” tells the story of a disfigured musical genius, hiding beneath the Paris Opera House, who becomes obsessed with a young soprano named Christine Daaé, manipulating her career and terrorizing the opera house to keep her by his side, while she falls for a childhood friend, Raoul, leading to a tragic conflict fueled by jealousy and obsession.

RSVP required via Community Apps, or to Naella at nmclaughlin@taylorcommunity.org or (603) 366-1200.

Viewing of Hamilton

Wednesday, January 15th • 2:00 p.m. | Meredith Bay Community Room



“Hamilton: An American Musical” is a sung-and-rapped-through biographical musical with music, lyrics, and a book by Lin-Manuel Miranda about Alexander Hamilton and his involvement in the American Revolution and the political history of the early United States. It casts non-white actors as the Founding Fathers of the United States and other historical figures. Miranda described Hamilton as about “America then, as told by America now.”

Viewing of Wild Yellowstone

Wednesday, January 22nd • 2:00 p.m. | Meredith Bay Community Room



A unique and jaw-dropping location, Yellowstone is paradise. But for the animals that live there, life is often not easy. Filmed in both summer and winter, with remarkable close-range footage of Yellowstone’s wildlife, Wild Yellowstone captures the beauty and essence of the land and animals in a place that is like no other in the world, right here in the U.S.

Pizza Night



THURSDAYS IN JANUARY

January 2nd, 9th, 16th, 23rd, 30th | 5:00 p.m.
Meredith Bay Bistro

Join us for Pizza Night and a musical performance by Jackie Lee on the 2nd, 16th, 23rd, and 30th, and Alan Cook on the 9th.

TRIVIA by Raise the Bar Trivia

Thursday, January 16th • 12:30 – 1:30 p.m. | Meredith Bay Community Room



Put on your thinking caps and join us for this Trivia event! The Bistro will be serving lunch.

RSVP required via Community Apps, or to Naella at nmclaughlin@taylorcommunity.org or (603) 366-1200.

Bree Rossiter - The Forces that Shaped Lake Winnepesaukee

Monday, January 6th • 2:00 p.m. | 1:15 p.m. departure
Woodside Elm Room, Laconia Campus



This history, spanning hundreds of millions of years, has been shaped by ancient seas, volcanic eruptions, and the powerful forces of glaciation. Join us as Bree Rossiter discusses this interesting history. Bree is the conservation program manager for the Lake Winnepesaukee Association. She manages the water quality monitoring program, cyanobacteria monitoring initiatives, the Winni Blue/Lake Smart program, and assists with watershed management planning efforts.

ART APPRECIATION LECTURE SERIES with Jane Oneil Devil with a Brush: Caravaggio's Dramatic Masterpieces

Wednesday, January 8th • 2:00 p.m. | 1:15 p.m. departure
Woodside Elm Room, Laconia Campus



Caravaggio's turbulent life story reads like a crime thriller, making him one of art history's most captivating and controversial figures. He was a revolutionary Italian painter of the Baroque era, as famous for his violent temper and criminal behavior as he was for his groundbreaking artistic techniques. Caravaggio's paintings reflect his tumultuous life with dramatic lighting and intense realism. The program provides an overview of the artist's life and body of work. *Image: Caravaggio. The Taking of Christ, 1602. National Gallery of Ireland.*



Transportation will be provided to the Laconia campus for lectures and concerts listed here.
If you would like to attend an off-site event, please RSVP via Community Apps,
or to Naella McLaughlin at (603) 279-1506, via email at nmclaughlin@taylorcommunity.org,
or feel free to stop by and see her at the front desk!
We hope you enjoy our enhanced programming!



Healthy Aging Series – Post-Acute Services at the Concord Hospital Health System: Know the Options

Monday, January 13th • 2:00 p.m. | 1:15 p.m. departure
Woodside Elm Room, Laconia Campus

Please join us on Monday, January 13th for a presentation by Jane Cipriano, the Director of Post-Acute Services at the Concord Hospital Health System. She will be covering these services as they are offered at Concord Hospital-Franklin.

Concord Hospital-Franklin is a 25-bed hospital that is part of the Concord Hospital Health System. For many patients, it is important to stay within their community for care and to stay within a system that offers a seamless care experience. The Skilled and Restorative Care program located at Concord Hospital-Franklin has the unique opportunity to offer short-term skilled nursing and therapy services for patients needing a bridge between their hospitalization and discharge to home or alternative placement.

Moving from one setting to another can be overwhelming. The team of specialized care managers,

social workers, and the referral specialist team within the Concord Hospital Health System is able to provide guidance and answer questions about the transition to Skilled and Restorative Care at Concord Hospital-Franklin. The program provides an easy transition for patients, as health system providers provide continuity of care with access to the shared electronic medical record.

The Skilled and Restorative Care program focuses on patient-centered care, ensuring a team approach to goal setting that includes the patient and/or representative as part of the care team. The program offers a full complement of services that includes skilled nursing, physical therapy, occupational therapy, speech therapy, respiratory therapy, and recreation therapy—all focused on assisting patients to meet their individualized goals and return back to their prior living arrangements.



Lucia Brimer Stars & Science

Wednesday, January 15th • 2:00 p.m. | 1:15 p.m. departure
Woodside Elm Room, Laconia Campus

Experience the wonders of the night sky with Lakes Region Stars and Science. Join us as a Lakes Region Stars & Science-trained astronomy educator discusses all the wonders we see in the night sky above us!

Fish and Game's Haley Hine – Black Bears in New Hampshire

Wednesday, January 29th • 2:00 p.m. | Meredith Bay Bistro



You're welcome to join us as a New Hampshire Fish and Wildlife Steward shares information about black bears in the State. Learn about the natural history of these intriguing mammals, their habitat needs and ways to avoid potentially costly conflicts. Also, hear about the amazing federal funding mechanism that supports long-term research, and that is largely responsible for our country's abundant fish and wildlife.

GREAT COURSES SERIES • Led by David Provan

Arctic Sinkholes

Thursday, January 9th • 2:30 p.m. | Meredith Bay Community Room



This NOVA/PBS documentary depicts colossal explosions shaking a remote corner of the Siberian tundra, leaving behind massive sinkholes. In Alaska, a huge lake erupts with bubbles of methane flammable gas. Scientists are struggling to grasp the scale of this threat to our climate's future. Run Time 42mins.

To be followed by:



How M&M's are Made - Largest M&M's Factory Tour

Learn how M&M's are made from start to finish. Get an inside look at the production process in this "sweet" adventure. Run Time 15mins. **These are YouTube presentations and will be streamed to the Community Room at 2:30 p.m.**

Giant Aircraft - Manufacturing an Airbus A350

Thursday, January 16th • 2:30 p.m. | Meredith Bay Community Room



This documentary by Mega Manufacturing depicts how the Airbus A350 is made. See how 2.5 million parts are manufactured all over the world and assembled by 1,800 highly skilled specialists. Run Time 48mins. **This is a YouTube presentation and will be streamed to the Community Room at 2:30 p.m.**

The Great Chicago Fire - A Chicago Stories Special Documentary

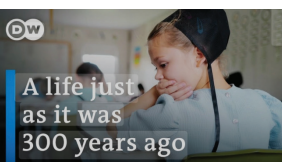
Thursday, January 23rd • 2:30 p.m. | Meredith Bay Community Room



On October 10, 1871, Chicago awoke to an unrecognized landscape. This documentary brings to life this seismic event with animations, and elaborate re-creations, including interviews with historians and descendants of eyewitnesses. Run Time 48mins. **This is a YouTube presentation and will be streamed to the Community Room at 2:30 p.m.**

The Lives of the Amish in the U.S.

Thursday, January 30th • 2:30 p.m. | Meredith Bay Community Room



Discover life as it was 300 years ago. The Amish follow their own rules, reject technological advances, drive horse-drawn carts and live a code that is rooted in their faith. Run Time 42mins. **This is a YouTube presentation and will be streamed to the Community Room at 2:30 p.m.**



Funding for our Music Series Programming is provided by Bank of New Hampshire and Individual Program Sponsors

MUSIC SERIES EVENT - Trio Oko

Sunday, January 5th • 3:00 p.m. | 2:15 p.m. departure
Woodside Elm Room, Laconia Campus

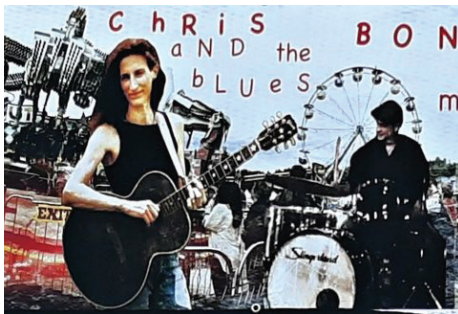


“Three accomplished individuals playing as a seamless ensemble”
– The Boston Musical Intelligencer

Based in Boston, Trio Oko consists of violinist Emma Powell, cellist Mina Kim, and harpist Charles Overton. The three musicians met at Tanglewood Music Center in 2016 and united with a mutual belief in the power of music to create meaningful human connections to form Trio Oko. The ensemble aims to expand the harp trio repertoire by commissioning new works and arrangements. Their intention is to showcase the diverse capabilities inherent to this distinctive instrumentation. Trio Oko shared the Japanese dish okonomiyaki (cooked by the master chef, Emma!) in their first rehearsal along with giggles (hence, Oko—) and happily committed to bringing joy to concert halls through their collaborations and friendship.

MUSIC SERIES EVENT - Chris Bonoli & The Blues Monsters

Monday, January 6th • 6:30 p.m. | 5:45 p.m. departure
Woodside Elm Room, Laconia Campus



The Taylor Community Concert Series is pleased to present Chris Bonoli and The Blues Monsters. Chris and her band play a selection of familiar songs including blues, folk, rock and possibly some originals. Her four-piece band features New Hampshire musicians Marty Wintje on electric lead guitar, Lowell Webber on drums and Taylor Community's very own John Clauson on electric bass. Her CDs “Out for the Night” and “I’ve got Dreams” feature half cover songs with half originals and will both be available by donation only Monday evening during and after the performance.

Transportation will be provided to the Laconia campus for lectures and concerts listed here.

If you would like to attend an off-site event, please RSVP via Community Apps, or to Naella McLaughlin at (603) 366-1200, via email at nmclaughlin@taylorcommunity.org, or feel free to stop by and see her at the front desk!

We hope you enjoy our enhanced programming!

MUSIC SERIES EVENT - Parker Eastman & the Blues Pirates

Wednesday, January 8th • 6:30 p.m. | 5:45 p.m. departure
Woodside Elm Room, Laconia Campus



Parker Eastman & The Blues Pirates are a blues trio that plays all kinds of music from artists such as Chuck Berry, Ray Charles, Herbie Hancock, Elvis, The Doors, and many other artists. The personalities and musicianship of the musicians cross over from another band in which they all played together. Since the musicians in The Blues Pirates mesh well both on and off stage, the music is always fun, exciting, and new every time they play together! No two performances are the same and that's what keeps their audiences coming back for more! Whether it's the trio or if they have a guest musician or vocalist, they always want to make sure that everyone in attendance is having a great time. Pay close attention to the smiles, looks, and non-verbal communication throughout The Blues Pirates' performances; a lot is said in a split second.

MUSIC SERIES EVENT - Rick Clogston and the Red Hat Band

Monday, January 13th • 6:30 p.m. | 5:45 p.m. departure
Woodside Elm Room, Laconia Campus



The Red Hat Band performs classic rock, country, blues, folk, funk, soul, oldies, newies, jazz-ish, their own original material, and anything else they feel like playing. Scrabble, Clue, canasta, whatever. They've been accused of instigating fun, smiling, dancing, and other enjoyable experiences. They have played all over New Hampshire, Maine, Massachusetts, and Vermont and even opened several times for Annie & the Orphans at the Sandwich Fair. The Red Hat Band has recorded one album, "They'll Never Shut Us Up," which can be found at redhatband1.bandcamp.com. Please join us for the Red Hat Band's first performance on our campus and welcome band members Jonathan "Combat Chaplain" Sindorf (bass and vocals), Ken "Capt. Paradiddle" Sharples (drums) and Rick "Not Pete" Clogston (guitar, vocals and red hat).

MUSIC SERIES EVENT - Bobby Keyes Trio

Monday, January 20th • 6:30 p.m. | 5:45 p.m. departure
Woodside Elm Room, Laconia Campus



Bobby Keyes is a guitarist whose career spans from American Roots to Pop Music, writing and performing with roots artists like Jerry Lee Lewis to pop artist Robin Thicke. Some of the songs he covers from other artists are Caravan, Brazil, Smile, Nightingale, Yellowbird. But it is with his Trio that Bobby composes and performs the music that he is most passionate about; and where he defines our American musical heritage by blending rhythm and blues, country, jazz, rock, pop and swing. Bobby's guitar playing is inspired and his sound is clean and refreshing. Along with drummer Marty Richards and bassist Marty Ballou, the Bobby Keyes Trio will surely delight audiences.

Paul Hubert and the Dreamers

Wednesday, January 22nd • 2:00 p.m. | 1:15 p.m. departure
Woodside Elm Room, Laconia Campus



The Dreamers, a husband-and-wife duo, hail from central New Hampshire's Lakes Region. Shows combine old-fashioned folk and pop with brand new original songs and arrangements. Kathi Sheer on flute, vocals, and percussion harmonizes with Paul Hubert's guitar, soulful voice, and harmonica seeking a perfect balance of lyric musicality. Many of the songs in their repertoire are originals written by Paul himself. Styles range from deep blues to simple folk-like compositions.

Miner & Ryan

Monday, January 27th • 6:30 p.m. | 5:45 p.m. departure
Woodside Elm Room, Laconia Campus



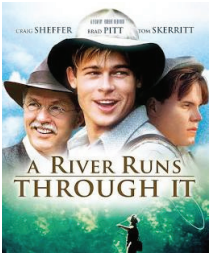
Miner & Ryan Musicians (Susan Ryan and Dan Miner) are a well-known duo playing all around New Hampshire and Maine featuring Folk, Classics ... and fun. Join us for their return visit to Taylor Community.

**Transportation will be provided to the Laconia campus
for lectures and concerts listed here.**

**If you would like to attend an off-site event,
please RSVP via Community Apps,
or to Naella McLaughlin at (603) 366-1200,
via email at nmclaughlin@taylorcommunity.org,
or feel free to stop by and see her at the front desk!
We hope you enjoy our enhanced programming!**

A River Runs Through It

Saturday, January 4th • 2:00 p.m. | Meredith Bay Community Room



The Maclean brothers, Paul (Brad Pitt) and Norman (Craig Sheffer), live a relatively idyllic life in rural Montana, spending much of their time fly fishing. The sons of a minister (Tom Skerritt), the boys eventually part company when Norman moves east to attend college, leaving his rebellious brother to find trouble back home. When Norman finally returns, the siblings resume their fishing outings, and assess both where they've been and where they're going. Run Time 2hrs 3mins. **This is an Amazon Prime Presentation.**

Grease

Saturday, January 18th • 2:00 p.m. | Meredith Bay Community Room



Experience the friendships, romances and adventures of a group of high school kids in the 1950s. Welcome to the singing and dancing world of "Grease," the most successful movie musical of all time. A wholesome exchange student (Olivia Newton-John) and a leather-clad Danny (John Travolta) have a summer romance, but will it cross clique lines? Run Time 1hr 45mins. **This is an Amazon Prime Presentation.**

Community Shapshots



Holiday Carolers



Community Shapshots



Gingerbread Workshop



Recurring Campus Events | MEREDITH

RSVP is required for most events and may be made via Community Apps in Events, or with Naella McLaughlin at (603) 366-1200 or nmclaughlin@taylorcommunity.org unless otherwise noted.

To make a reservation with Dial-A-Ride please call (603) 366-1234. Please be sure to make all transportation arrangements at least 24 hours in advance. Thank you!

MONDAYS:

Cracker Barrel Programming

10:00 a.m.
Bistro

Strength and Stretch with Becky

11:00 a.m.
Community Room

Rummy Group

1:00 p.m.
Bistro

Happy Hour

4:00 p.m.
Tavern

TUESDAYS:

Exercise (chair)

10:00 a.m.
Community Room

Bridge Group

1:00 p.m.
Tavern

Rummy Group

1:00 p.m.
Bistro

WEDNESDAYS:

Strength and Stretch with Becky

11:00 a.m.
Community Room

Rummy Group

1:00 p.m.
Bistro

Book Club

2:00 p.m.
Last Wednesday of the Month
First Floor Living Room

THURSDAYS:

Men's Breakfast

8:30 a.m.
Private Dining Room

Exercise (chair)

10:00 a.m.
Community Room

Rummy Group

1:00 p.m.
Bistro

Great Courses

2:30 p.m.
Community Room

Grocery Shopping Services

Call Megan at (603) 279-1500
to request this service

FRIDAYS:

Strength and Stretch with Becky

11:00 a.m.
Community Room

Bridge Group

1:00 p.m.
Tavern

Rummy Group

1:00 p.m.
Bistro

SATURDAYS:

Saturday at the Movies

1st and 3rd Saturday at 2:00 p.m.
Community Room

For additional information including contacts for various groups, please contact Brenda Kean at (603) 366-1226 or bkean@taylorcommunity.org unless otherwise noted.



Taylor Wolfeboro News & Events

Community

Comedian AJ Hapenny

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Rebuilding Notre Dame

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Market and Economic Outlook

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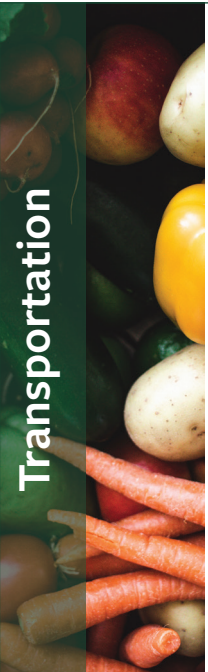


General Announcements



A friendly reminder that if you would like to attend an event, please remember to RSVP.

There are several ways of doing this – if you use a computer, the easiest way is via Community Apps. If you do not use a computer, you can call Caralyn Russell at (603) 294-1770, or you can let Michelle Albert know at the Sugar House front desk. It is very important to RSVP so Caralyn can ensure there are adequate numbers for programs and events. *Thank you!*



Transportation

Hannaford Supermarket

Please note transportation will be providing rides to Hannaford Supermarket in Alton every Tuesday at 9:00 a.m.

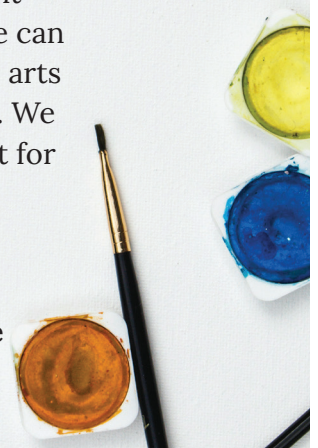
Please reach out to Gina Colantuono at (603) 319-1552 if you would like to be transported to Hannaford.

Sugar Hill Library

Would you like to exhibit your art in the Sugar House Library?

We are looking for resident artists to display artwork! We can display anything from textile arts to paintings to photography. We typically display each exhibit for two months at a time.

Please reach out to Caralyn Russell at (603) 294-1770 if you are interested in sharing your work. *Thank you!*



Resident Trips | JANUARY 2025

Candlepin Bowling at Funspot

Friday, January 3rd

The bus will depart Sugar Hill at 11:00 a.m. followed by pickup at Back Bay



Enjoy a delightful outing with candlepin bowling at Funspot in Laconia, NH—a wonderful way to have fun, stay active, and connect with friends!

Whether you're a seasoned bowler or just want to give it a try, this is a relaxed, enjoyable activity perfect for all skill levels. Come join the fun!

Cost: \$10 per person, which includes two strings of bowling and rental shoes. Lunch is available onsite (pizza, chicken tenders, etc.), or you are welcome to bring your own lunch.

The bus will begin picking up residents on the Sugar Hill campus at 11:00 a.m. followed by pickup at Back Bay. Please RSVP via Community Apps or to Caralyn Russell at (603) 294-1770.

Winter Wonders at Sandy Hill Farm

Friday, January 10th (rescheduled from November 22nd)
The bus will depart Sugar Hill at 3:30 p.m. followed by pickup at Back Bay



Winter Wonders 2024-25 is a world-class light show experience located in Eliot, Maine! With over two million lights, their engaging, creative, and unique 14-acre light display is the largest and most immersive walk-through light show display in New England.

The roughly one-mile trail winds through 14 acres of enchanting hardwood forest. Most of the trail is on gentle, rolling terrain with a few moderate elevation changes. It will take about an hour to see everything. You will be able to go around at your own pace.

The light displays and exhibits are illuminating, immersive, awesome, and some are interactive so that you can walk through them and experience them up close.

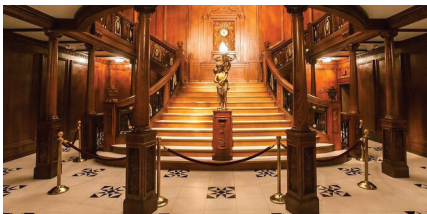
Note: trails are all compacted gravel so wheelchairs or devices with all-terrain wheels will be able to navigate the paths. Wheelchairs or devices with narrow wheels are not recommended. There are lots of areas to take pictures and videos and create memories that will last a lifetime!

The cost of admission is \$18 per person. There will be a picnic dinner available for purchase through Glendale Dining which you can bring into the farm to eat, or picnic afterwards on the bus. Sandy Hill Farm will also have a concession stand available with hot beverages, cider donuts, and other treats available. Once you sign up, a ticket is purchased for you and is non-refundable.

The bus will begin picking up residents on the Sugar Hill campus at 3:30 p.m. followed by pickup at Back Bay. Please RSVP via Community Apps or to Caralyn Russell at (603) 294-1770.

Titanic – The Artifact Exhibition (Boston, MA)

Friday, January 17th
The bus will depart Sugar Hill at 8:30 a.m. followed by pickup at Back Bay



Visitors embark on an interactive tour of the Titanic with incredible re-creations of the Ship's interior and exterior. Visitors receive a replica boarding pass, assume the role of a passenger, and follow a chronological journey through life on Titanic. Walk the halls, explore the galleries, peer into cabins, and meet passengers and crew throughout the voyage.

The 15,000-square-foot exhibition features replica interior rooms and a full-scale re-creation of the Grand Staircase. Visitors will be able to view authentic artifacts, respectfully recovered from two and a half miles below the surface of the North Atlantic, which tell the real story behind Titanic's journey from construction to eventual recovery.

Once you sign up, a ticket is purchased for you and is non-refundable. **Tickets are \$33.50 per person. The bus will begin picking up residents on the Sugar Hill campus at 8:30 a.m. followed by pickup at Back Bay. Please RSVP via Community Apps or to Caralyn Russell at (603) 294-1770.**

Campus Events and Lectures



Monday Morning Bible Study

Every Monday • 11:00 a.m.
Sugar House Maple Room

Join Susan Price, Melvin Village Community Church's Christian Education Committee Volunteer, for a seven-week Bible Study. She will be using the John Stott landmark book, *Basic Christianity*, which is not doctrine-based. All are welcome.



Monday Morning Social

Every Monday • 10:00 a.m.
Sugar House Bistro

Catch up with your neighbors
and friends over coffee and pastries.

"Cold Survivors" The Story of Wildlife in Winter with Naturalist Dan Gardoqui

Thursday, January 9th, 2:00 p.m. | Sugar House Maple Room



Can you imagine surviving the entire winter outdoors? What would it be like to have no fridge, pantry, or heat to help you make it through winter? Expert naturalist Dan Gardoqui of Lead with Nature will share stories and facts about the amazing adaptations that help animals thrive in the winter months. From moose to weasels, fish

to frogs, and much more – you'll be amazed at the remarkable abilities of your wild neighbors right outside your door.

Please RSVP via Community Apps or to Caralyn Russell at (603) 294-1770. There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Community Apps or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.

For all programming, please make reservations via Community Apps
or by calling Caralyn Russell at (603) 294-1770.

Campus Events and Lectures

Movie Matinee: Hello, My Name Is Doris

Monday, January 20th • 2:00 p.m.
Sugar House Maple Room



“Hello, My Name Is Doris” is a heartwarming and quirky comedy-drama about Doris Miller (Sally Field), a sixty-something woman navigating a new chapter in her life. After the passing of her mother, Doris finds herself drawn to a younger coworker, John (Max Greenfield), whose

kindness sparks an unexpected crush. As she tries to win his attention, Doris embarks on a hilarious and touching journey of self-discovery, shaking up her routine and surprising everyone around her—including herself.

With its blend, of humor and poignancy, “Hello, My Name Is Doris” explores themes of love, aging, and the courage it takes to step out of your comfort zone. Perfect for anyone who loves a good laugh and a meaningful story!

Run time 1 hr. 30 mins. / Comedy/Drama / Rated R / 2016 release

Please RSVP via Community Apps or to Caralyn Russell at (603) 294-1770.



Comedian AJ Hapenny

Wednesday, January 15th • 7:00 p.m.
Sugar House Maple Room

AJ Hapenny is a comedian with a sharp wit and a knack for connecting with his audience. Known for his clever wordplay and natural charm, AJ has built a strong following of over 200,000 fans online and performs an impressive 20 shows each month.

His comedy has taken him across the Northeast and beyond, with appearances in places as diverse as Hawaii, Los Angeles, and New York City. Along the way, AJ has shared the stage with legendary performers like Rob Schneider, Jim Breuer, Jeff Ross, Jay Leno, Sarah Silverman, and Lenny Clarke. If you enjoy a good laugh and an entertainer who knows how to engage a crowd, AJ Hapenny is sure to deliver!

Please RSVP via Community Apps or to Caralyn Russell at (603) 294-1770. There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Community Apps or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.



Book Club with Jeanne Mitchell

Tuesday, January 14th • 11:00 a.m. | Sugar Hill Library

Jeanne Mitchell from the Wolfeboro Public Library will host this book club meeting to discuss the most recent book selection, “The Barbizon” by Paulina Bren.

Please RSVP via Community Apps or to Caralyn Russell at (603) 294-1770.

Campus Events and Lectures

NOVA|PBS Documentary: Rebuilding Notre Dame

Thursday, January 16th • 2:00 p.m. | Sugar House Maple Room



Step inside one of the most ambitious restoration projects in history with “Rebuilding Notre Dame,” a captivating PBS special. This documentary chronicles the monumental effort to restore the iconic Notre Dame Cathedral after the devastating fire of April 2019. Using cutting-edge technology, archival footage, and interviews with skilled architects, engineers, and artisans, the film offers a behind-the-scenes look at the dedication, precision, and ingenuity required to revive this cultural and spiritual treasure.

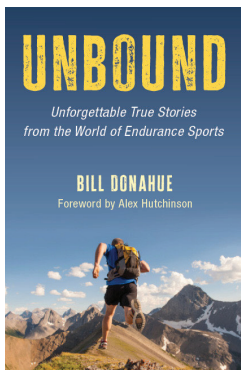
Witness the resilience of human craftsmanship as teams from around the world come together to preserve a symbol of heritage and hope for future generations.

The documentary has a runtime of approximately 54 minutes.

Please RSVP via Community Apps or to Caralyn Russell at (603) 294-1770. There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Community Apps or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.

Unbound: Unforgettable True Stories from the World of Endurance Sports with Journalist Bill Donahue

Wednesday, January 22nd • 3:00 p.m. | Sugar House Maple Room



Join us for an exciting and inspiring afternoon with renowned New Hampshire journalist Bill Donahue, whose work has been featured in *Outside*, *The Atlantic*, and *The New York Times Magazine*.

Bill will share insights and captivating tales from his new book, “Unbound”—a fascinating collection of endurance sports stories gathered from his adventures across five continents.

Don't miss this chance to hear firsthand about the extraordinary people and places he's encountered and discover what drives human endurance and determination.

Perfect for lovers of travel, adventure, and stories that inspire!

Please RSVP via Community Apps or to Caralyn Russell at (603) 294-1770. There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Community Apps or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.

Campus Events and Lectures

FL Putnam: Market and Economic Outlook

Thursday, January 23rd • 4:00 p.m. | Sugar House Maple Room



Join us for an enlightening discussion as the expert team from F.L. Putnam takes a look back at the financial markets over the past year and provides valuable insights into what we might expect under the next administration. Light refreshments will be served, so come and enjoy an afternoon of engaging conversation and thoughtful analysis.

Bring your questions and gain clarity on the trends and changes shaping your financial future!
Please RSVP via Community Apps or to Caralyn Russell at (603) 294-1770.



Cyber Seniors with Brewster Academy

Sunday, January 26th, 1:00 – 3:00 p.m. | Sugar House Dining Room

Bring your devices and small equipment to the Maple Room for help from Brewster Academy students who are very tech-savvy and can help you with any issue you might be having when it comes to tech!

Cyber-Seniors trains students to become technology mentors for older adults and provides them with the opportunity to receive practical experience while earning service hours. Through this experience, students develop important job skills that enhance opportunities for future employment.

Please RSVP via Community Apps or to Caralyn Russell at (603) 294-1770.



Taylor Community Christmas Tree at the Wolfeboro Festival of Trees.

Campus Events and Lectures

Discover the Fascinating History of Castle in the Clouds

Wednesday, January 29th • 2:00 p.m. | Sugar House Maple Room



At the dawn of the 20th century, Tom Plant made his fortune in the shoe industry and turned his ambitions to the scenic Ossipee Mountains in Moultonborough, New Hampshire. In 1913-1914, he and his wife, Olive, created a breathtaking country estate they named Lucknow.

This remarkable property spanned 6,300 acres and included a magnificent 16-room Arts and Crafts mansion, a stable and six-car garage, two gatehouses, a greenhouse, a golf course, a tennis court, a man-made lake, a boathouse on Lake Winnepesaukee, and miles of picturesque carriage and bridle trails. With state-of-the-art amenities, exquisite handmade furnishings, and a dedicated staff, the Plants enjoyed a life of luxury in this mountain paradise.

Join historian Debbi Finkelstein for an engaging lecture as she brings the history of Castle in the Clouds to life, uncovering the stories behind this iconic estate and its visionary creators.

Please RSVP via Community Apps or to Caralyn Russell at (603) 294-1770. There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Community Apps or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.

Block Print Tea Towel Class

Friday, January 31st • 2:00 p.m. | Sugar House Maple Room



Discover the joy of crafting with a block print tea towel class. In this easy and engaging workshop, you'll create beautiful, personalized tea towels using simple block printing techniques.

No experience is needed! All materials are provided, including two premium tea towels, vibrant paints, and tools to bring your designs to life. Caralyn Russell will be leading this class; she will guide you step-by-step, ensuring a fun and relaxing experience.

Take home not just your custom-made towels, but also a sense of accomplishment and a memory to cherish. Space is limited—reserve your spot today!

The cost of this workshop is \$20.

Please RSVP via Community Apps or to Caralyn Russell at (603) 294-1770. There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Community Apps or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.



Funding for our Music Series Programming is provided by Bank of New Hampshire and Individual Program Sponsors

The Joy of Music with Andy Campbell

Monday, January 6th • 2:00 p.m. | Sugar House Maple Room
Monday, January 20th and 27th • 2:00 p.m. | Back Bay Residences

Joy Of Music

We have heard about the benefits of music in our lives—how it can improve our emotional and cognitive lives and how it connects us with our long-term memory while bringing us closer to folks in the present. But don't just take our word for it—come and see how making music will help you to Voice Your Heart and Train Your Brain!

Please RSVP via Community Apps or to Caralyn Russell at (603) 294-1770. If you are RSVPing for the Back Bay event, please call Gina Colantuono at (603) 319-1552.

Music Series Event: Erin Harpe Country Blues Duo

Wednesday, January 8th • 2:00 p.m. | Sugar House Maple Room



Erin Harpe has been called "one of the most dynamic, talented and exciting roots rocking blues women on the scene," by Living Blues Magazine. The singer, songwriter, guitarist, and bandleader was named New England's "Blues Artist of the Year" in 2023.

Once described as, "Bonnie Raitt on modern performance-enhancing drugs," for her work with her award-winning electric blues band Erin Harpe & the Delta Swingers, more recently Erin has been gaining attention as a celebrated acoustic guitarist and purveyor of 1920's and 30's finger-style country blues. Erin grew up learning the style from her dad, Neil Harpe, and watching local Piedmont blues luminaries such as John Cephas & Phil Wiggins, Archie Edwards, John Jackson, Eleanor Ellis, and Warner Williams, at Washington DC's famed Archie's Barbershop.

Erin gets back to her roots in acoustic blues for her new Country Blues Duo (a.k.a. "CBD") with longtime partner/bassist Jim Countryman. Their energetic performances transport the audience to the Delta, with vintage classics by the likes of Memphis Minnie, Mississippi John Hurt, Tommy Johnson and Blind Blake — elevated by Erin's own interpretations, and mixed in seamlessly with original compositions and country blues takes on other popular songs.

Please RSVP via Community Apps or to Caralyn Russell at (603) 294-1770. There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Community Apps or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.

For all programming, please make reservations via Community Apps or by calling Caralyn Russell at (603) 294-1770.

Music Series Event: Katie Dobbins

Tuesday, January 14th • 2:00 p.m. | Sugar House Maple Room



Award winning singer-songwriter and light warrior Katie Dobbins seeks to share honest music that captivates listeners and brings light to the darkness. With a mastery of storytelling and the heart of a poet, this soulful songstress captures elements of life and relationships in ways that lift the spirit and challenge the soul. Her album “*There Is Light*,” produced by multi-award-winning producer Sean McLaughlin of 37 Productions, was awarded Album of the Year at the 2021 Limelight Music Awards. Her music has been featured on prominent radio stations like The River and “Boston’s Hottest Country,” with host Carolyn Kruse raving, “Sweet but bold, Katie’s voice is reminiscent of one of her heroes, Jewel, but only deeper... A fearless spirit with a gentle touch.” Dobbins’ fall single *Wild*, written on the rocks at Marginal Way in Maine, sings of wild love that compels her to step outside of her comfort zone and toward the wild dreams in her heart. The track was mixed and mastered by Emmy-nominated producer Brian Coombes of Rocking Horse Studio (NH), with whom Katie also produced her latest anthem *Giants*, and with whom she is currently recording more music to be released this year.

Please RSVP via Community Apps or to Caralyn Russell at (603) 294-1770. There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Community Apps or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.

Music Series Event: The Sweetbloods

Tuesday, January 21st • 7:00 p.m. | Sugar House Maple Room



The Sweetbloods are an acoustic duo based in Meredith, NH. Their music is well-known in the Lakes Region/White Mountains area. The Sweetbloods specialize in blending tight vocal arrangements with tasteful guitar accompaniment. The duo’s repertoire is varied and incorporates songs from several genres and time periods. Their music centers around acoustic versions of classic rock tunes, folk rock and country rock tunes intermingled with folk, bluegrass, reggae, calypso, blues and jazz tunes. The duo’s primary influences include the Grateful Dead, Bob Dylan, the Beatles, Pink Floyd, Led Zeppelin, the Band, Neil Young, Van Morrison, Emmy Lou Harris, and Joni Mitchell to name a few.

The Sweetbloods consist of Phil and Janet Sanguedolce. Phil is a multi-instrumentalist and vocalist who has been performing professionally for over 45 years. He has played guitar, keyboards, fiddle, bass, and pedal steel guitar in various bands in the Midwest and New England. Janet is talented visual and ceramic artist who has been performing professionally as a guitarist/vocalist for the past twelve years. Her solid rhythm arrangements provide a strong backdrop to Phil’s colorfully polished guitar artistry. Janet’s rich and captivating voice crystalizes the Sweetblood’s hypnotic harmonies.

Please RSVP via Community Apps or to Caralyn Russell at (603) 294-1770. There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Community Apps or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event.

Music Series Event: The Al Hospers Band

Tuesday, January 28th • 7:00 p.m | Sugar House Maple Room



Experience the extraordinary talent of Al Hospers, a seasoned musician who has been delighting the White Mountains community for over 20 years.

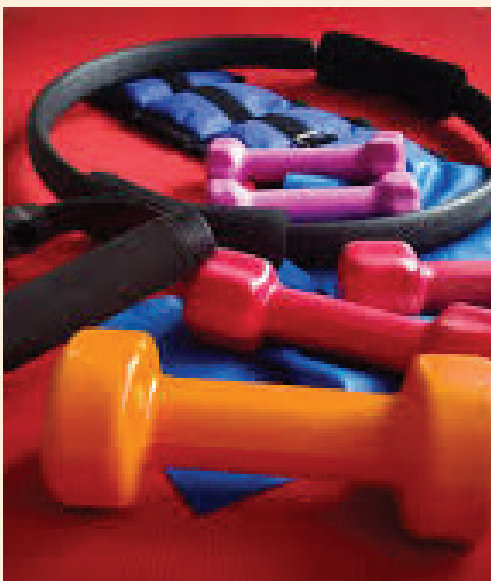
In the 1980s, while living in New York, Al toured with legendary acts like the Buddy Rich Big Band and Blood, Sweat & Tears—a testament to his incredible musical pedigree.

Today, Al leads The Al Hospers Band, delivering an eclectic mix of jazz, funk, and rock that keeps audiences tapping their toes and coming back for more. You may have seen him perform at beloved local venues like the Majestic Cafe, Tuckerman Brewing Company, The Wildcat Tavern, and many more.

Don't miss this opportunity to enjoy a captivating evening of live music from a true local legend!

Please RSVP via Community Apps or to Caralyn Russell at (603) 294-1770. There will be a bus provided from Back Bay; please note if you would like bus transportation when signing up via Community Apps or call Caralyn Russell to reserve a bus seat at least 48 hours prior to the event

Resident Groups | WOLFEBORO



Resident-Led Exercise Class

Every Saturday • 10:00 a.m.
Sugar House Maple Room

Every Saturday morning, join us for a resident-led exercise class. This class is a mix of chair and standing exercises and uses weights, bands, and most importantly—balance. There is a focus on targeting everything from your head down to your toes.

For all programming, please make reservations via Community Apps or by calling Caralyn Russell at (603) 294-1770.



Death Café

Monday, January 13th • 3:00 p.m.
Sugar House Maple Room

Death Cafés are currently held in 60 countries worldwide...and serve a valuable purpose!

What would you like to ask? Are you curious about Hospice, Palliative Care, Cremation and Green Burials practiced today, what a Legacy is, Celebration of Life events, how and when to talk with your family about your wishes, or where to find information on any aspect? We all acknowledge that “death” may be hard to talk about, but we also agree that it’s harder if you don’t!

And while we watch a Ted Talk and/or converse, we have a “café” of cookies and a beverage ... and we’d all confirm the fact that we love being

together and we DO have fun as well as a wee bit of enlightenment!

We meet in the Maple Room in a circle of trust and friendship as we explore this very important aspect of life by asking questions, talking, sharing our thoughts and feelings about all the different aspects of death and dying.

So please join this special gathering each month. We distribute a short newsletter and invitation each month. Looking forward to meeting you!

– Nancy Glowacki (*Sugar Hill resident*) and Anne Ulman (*Care Management*), Facilitators.

Sugar Hill Knitting Circle



Every Wednesday
2:00 p.m.
Sugar Hill
Dining Room
(by the fireplace)

An informal drop-in group for those who enjoy knitting or any other small handwork (even mending). All are welcome to join us. No registration required!

We are hopeful that this circle will continue to meet, knit, and to share ideas, get help and inspire one another.

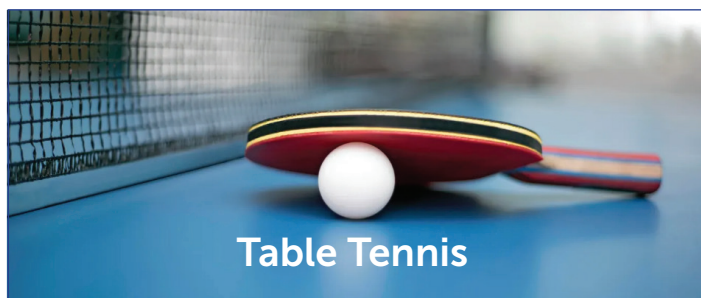


Table Tennis

Every Saturday • 9:00 a.m.
Sugar House Game Room

Residents will be gathering every Saturday morning in the Sugar House Game Room to play.

If you are interested in playing outside of the Saturday morning scheduled hours, you can also call Harry Liedtke at (603) 581-8313 to arrange to play table tennis at a mutually convenient time.

For all programming, please make reservations via Community Apps or by calling Caralyn Russell at (603) 294-1770.

American Mahjongg



**Every Tuesday and Saturday
1:00 p.m. at the Back Bay RAC**

**Every Friday • 1:00 p.m.
Sugar House Maple Room**

Please reach out to Penny Keith at (774) 722-7992 or Shirley Felong at (603) 569-3097 if you are interested in learning and playing at the Back Bay RAC. Please reach out to Betty Lathrop at (603) 515-1181 if you are interested in playing at Sugar Hill. This fascinating game is excellent for brain plasticity! "A Beginner's Guide to American Mahjongg" is available at the RAC on a sign-out basis.

A card that shows the hands that can be created with the tiles is necessary to play, and new cards are sent out every year. The current card can be ordered at Nationalmahjonggleague.org \$14/\$15.

Drum Circle



**Every Thursday
11:00 a.m.
Sugar House
Maple Room**

How can a drum circle be healing?

Drum therapy is an ancient approach that uses rhythm to promote healing and self-expression. Therapeutic rhythm techniques have been used for thousands of years to create and maintain physical, mental, and spiritual health. Recent research indicates that drumming accelerates physical healing, boosts the immune system, produces feelings of well-being, and helps release emotional trauma.

Drumming also induces deep relaxation, lowers blood pressure, and reduces stress. Led by Sugar Hill resident Steve Reinhart.

No experience is necessary! We encourage you to join the circle and express yourself!

BRIDGE

**Every Saturday • 1:00 p.m.
Sugar Hill**

Please contact Clyde Coscia, Sugar Hill resident and group organizer for more information at (603) 515-1055.

Mexican Train

**Every Saturday • 1:00 p.m.
Back Bay RAC**



Easy to learn and lots of laughs! 25¢/game. Warning: this game is addictive! Just show up with your quarters and play!



Men's Group

**Every other Tuesday • 9:00 a.m.
Sugar House Maple Room**

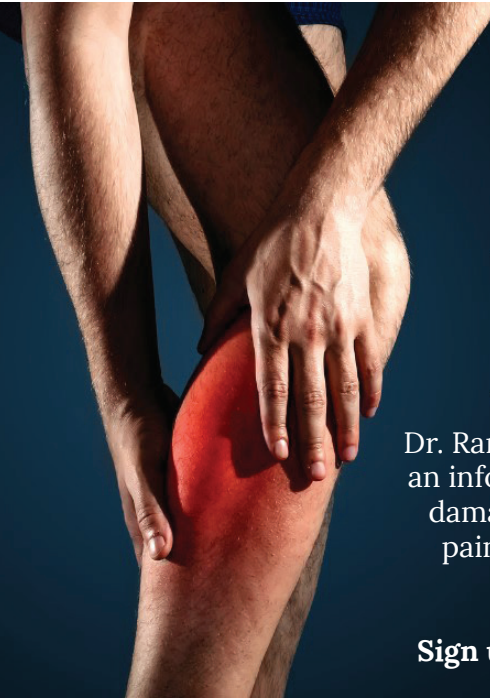
The Men's Group represents a unique opportunity for men to unite, offering each other the support to share their stories and talk amongst friends without judgment. It provides a dedicated space for empowerment. In the company of peers, men offer each other meaningful camaraderie, mentorship, harness each other's strengths, and collectively confront their fears.

Stephen Reinhart is an Energy Healer, Reiki Master Teacher, Akashic Records Consultant, Hypnotherapist, Shamanic Reiki Master Teacher, Crystal Healer, Sound Healer, Gaia Nic Healer, Personal, Executive and Spiritual Coach, and has been doing mindful meditation for over 50 years.


Wellness

Recreation and Aquatic Center Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30 - 9:00 a.m.	Resident swim only	Resident swim only	Resident swim only	Resident swim only	Resident swim only	Closed	Closed
9:00 a.m. - 12:00 p.m.	Open swim	Open swim	Open swim	Open swim	Open swim	Opening 9:30 a.m. Water aerobics (10:00 – 11:00 a.m.)	Opening 9:30 a.m. Open Swim
12:00 -1:00 p.m.	Open swim	Resident swim only	Open swim	Resident swim only	Resident swim only	Open Swim	Open Swim
1:00 - 3:00 p.m.	Open swim	Water Aerobics (1:00 - 2:00 p.m.)	Resident only water volleyball	Water Aerobics (1:00 - 2:00 p.m.)	Open swim	Open Swim	Open Swim
3:00 - 4:30 p.m.	Open swim	Open swim	Pool closes at 3:00 p.m. for maintenance	Open swim	Open swim	Open Swim	Open Swim
4:30 – 7:00 p.m.	Open swim	Open swim	Closed	Open swim	Open swim	Open Swim Closes at 5:00 p.m.	Open Swim Closes at 5:00 p.m.



Nerve Damage Informational Event by Healing Frontiers



Tuesday, January 7th
4:30 p.m.
Sugar House Maple Room

Dr. Raney from Healing Frontiers Chiropractic Wellness Center will give an informational session with dinner by Glendale for people with nerve damage and neuropathy, including numbness, sharp pain, cramping, pain with walking, balance problems, prickling or tingling feelings, aching, and difficulty sleeping due to discomfort.

Sign up with Taylor or register on Community Apps by January 2nd!



TAYLOR COMMUNITY WELLNESS
WOLFEBORO
FITNESS CLASS SCHEDULE

Monday

9:00 a.m. Functional Fitness with Shannon
10:00 a.m. Strength & Stretch with Shannon
11:00 a.m. Balance Class with Shannon
1:00 p.m. Strength Training Class with Shannon

Tuesday

9:00 a.m. Chair Yoga with Russ
10:00 a.m. Mat Yoga with Russ
11:00 a.m. Tai Chi with Russ
1:00 p.m. Water Aerobics with Russ

Wednesday

9:00 a.m. Functional Fitness with Taylor
10:00 a.m. Strength & Stretch with Taylor
11:00 a.m. Balance with Taylor
2:00 p.m. Low-Impact Cardio Fit with Taylor

Thursday

11:00 a.m. Chair Yoga with Becky
1:00 p.m. Water Aerobics with Taylor
2:15 p.m. Walking Group with Taylor

Friday

9:00 a.m. Functional Fitness with Taylor
10:00 a.m. Strength & Stretch with Taylor
11:00 a.m. Tai Chi

Saturday

10:00 a.m. Water Aerobics with Amanda

Recurring Campus Events | WOLFEBORO

RSVP is required for most events and may be made via Community Apps in Events, or with Caralyn Russell at (603) 294-1770 or crussell@taylorcommunity.org unless otherwise noted.

MONDAYS:

Billiards

10:00 a.m.
Sugar House

Monday Morning Social

10:00 a.m.
Sugar House Bistro
(coffee & pastries)

Bible Study

11:00 a.m.
Sugar House Maple Room

TUESDAYS:

Men's Group

9:00 a.m.
Sugar House Maple Room
(every other Tuesday)

Mexican Train

1:00 p.m., Back Bay RAC

American Mahjongg

1:00 p.m., Back Bay RAC

WEDNESDAYS:

Billiards

10:00 a.m.
Sugar House

Knitting Group

2:00 p.m.
Sugar House Dining Room
area by fireplace

THURSDAYS:

Cracker Barrel Coffee Hour

10:00 a.m.
Sugar House Maple Room
(outdoors under the Sugar House
tent in the warmer months)

FRIDAYS:

Billiards

10:00 a.m.
Sugar House

American Mahjongg

1:00 p.m.
Sugar House Maple Room

SATURDAYS:

Table Tennis

9:00 a.m.
Sugar House

Resident-led exercise

10:00 a.m.
Sugar House Maple Room

American Mahjongg

1:00 p.m.
Back Bay RAC

Bridge

1:00 p.m.
Sugar Hill
contact Clyde Coscia

Mexican Train

1:00 p.m.
Back Bay RAC

SUNDAYS:

Board Games

1:00 – 3:00 p.m.
Sugar House Dining Room

Care Management Nurse

Care Management Nurse Anne Ulman, RN and Samantha Jones, LNA will be leading Blood Pressure Clinics every Tuesday from 1:00 - 2:00 p.m. in the Sugar House Library, and every Wednesday from 2:00 - 3:00 p.m. at Back Bay Recreation and Aquatic Center.

For more information, please contact:
aulman@taylorcommunity.org
or (603) 569-8485, ext. 4240.

Dining at Sugar Hill

The Sugar House Bistro and Dining Room are open for dining in or take out pick-up at the Sugar House, Monday – Friday, 12:00 noon – 6:30 p.m.

If you would like to order takeout, please call (603) 569-8485. If you would like to order dinner to go, please call 24 hours in advance whenever possible, so we can have your order ready for you at 5:00 p.m.